

Modified gravity

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18 June 2024

Tests de la relativité générale et théories alternatives, IJCLab



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Introduction : Singularities & Quantum gravity

- Several deep issues of the high energy description of gravitational systems :
 - **Hawking-Penrose theorems** : Under realistic physical conditions, the solutions of General Relativity generically suffer from **geodesic incompleteness and curvature divergences** ;
E.g. black holes and cosmological models :

$$ds^2 = - \left(1 - \frac{2M}{t}\right) dr^2 + \frac{dt^2}{1 - \frac{2M}{t}} + t^2 (d\theta^2 + \sin^2 \theta d\phi^2) \quad ; \quad t \rightarrow 0 \quad (1)$$
$$ds^2 = -dt^2 + a_0^2 t^{\frac{4}{3(w+1)}} (dx^2 + dy^2 + dz^2) \quad ; \quad t \rightarrow 0$$

- **Information loss** : What happens to the information trapped inside black holes ? What is the final stage of Hawking evaporation ? Possible stable black hole remnants accounting for part of dark matter ;
- **Quantum gravity** (QG) (or Emergent gravity, or modifications of quantum theory ?) : Gravity is perturbatively non-renormalizable, i.e. not possible to quantize like all the other fundamental fields
 - Path integral : Asymptotic Safety & Causal Dynamical Triangulations ; ... ?
 - Hamiltonian : Wheeler-DeWitt equation ; Loop Quantum Gravity ;
 - Higher dimensions : String theory ; Supergravity ; ... ?
 - Higher order gravities : Stelle gravity ; Conformal gravity ; Non-local gravity ; Horava-Lifshitz ;

Introduction : Modified gravity and infrared issues

- Whatever the high energy completion of GR is, it should have an expansion in terms of **high energy corrections** as an effective field theory ;
- To distinguish between those corrections, make use of known principles :
 - **Second order field equations** ; no ghosts & unitarity ;
 - Stability ;
 - Renormalizable/quantum gravity inspired corrections ;
 - **Symmetry** principles ; etc ...
- **Other issues at large scales** :
 - Dark energy (Λ ?)
 - Dark matter (primordial black holes, right-handed neutrino ?)
 - Hubble tension

Formalisms of General Relativity : "Gravity = Geometry of spacetime"

- What action should be modified ? General Relativity is a peculiar theory which can be expressed in terms of completely different fields ;
- Assuming that gravity is described in terms of the geometry of space-time means that it depends on a metric field (or a frame) and an affine connection ;
- Theorem : The most general affine connection decomposes as (cf Unicity of Levi-Civita connection) :

$$\bar{\Gamma}^{\sigma}_{\mu\nu} = \Gamma^{\sigma}_{\mu\nu} + K^{\sigma}_{\mu\nu} + L^{\sigma}_{\mu\nu} = \Gamma^{\sigma}_{\mu\nu} + \delta\Gamma^{\sigma}_{\mu\nu} \quad (2)$$

where

$$\begin{aligned} \Gamma^{\sigma}_{\mu\nu} &= \frac{1}{2} g^{\sigma\rho} (\partial_{(\mu} g_{\nu)\rho} - \partial_{\rho} g_{\mu\nu}) && \text{Levi-Civita connection} \\ K^{\sigma}_{\mu\nu} &= \frac{1}{2} (T^{\sigma}_{\mu\nu} + T_{(\mu}{}^{\sigma}{}_{\nu)}) && \text{Contorsion} \\ L^{\sigma}_{\mu\nu} &= \frac{1}{2} (Q^{\sigma}_{\mu\nu} - Q_{(\mu}{}^{\sigma}{}_{\nu)}) && \text{Disformation} \end{aligned} \quad (3)$$

in terms of the fundamental geometric quantities (and metric field) :

$$\begin{aligned} T^{\sigma}_{\mu\nu} &= \bar{\Gamma}^{\sigma}_{[\mu\nu]} && \text{Torsion} \\ Q_{\sigma\mu\nu} &= \bar{\nabla}_{\sigma} g_{\mu\nu} && \text{Non-metricity} \end{aligned} \quad (4)$$

- These quantities give rise to the (post-Riemannian) curvature

$$\bar{R}^\gamma{}_{\sigma\mu\nu} = \partial_{[\mu}\bar{\Gamma}^\gamma{}_{\nu]\sigma} + \bar{\Gamma}^\gamma{}_{[\mu|\rho}\bar{\Gamma}^\rho{}_{|\nu]\sigma} = R^\gamma{}_{\sigma\mu\nu}(g) + \nabla_{[\mu}\delta\Gamma^\gamma{}_{\nu]\sigma} + \delta\Gamma^\gamma{}_{[\mu|\rho}\delta\Gamma^\rho{}_{|\nu]\sigma} \quad (5)$$

- Geometrical interpretations :

- Riemann Curvature R : Given three vectors U, V, W : parallel transport W along closed parallelogram $\{U, V\}$, then

$$\delta W^\mu = R_{\mu\nu\rho\sigma} W^\nu U^\rho V^\sigma \quad (6)$$

- Torsion (% Lie Derivative) : Given two vectors U, V : the parallelogram made of parallel transports (% flows) closes only up to a translation ;

$$T(U, V) = \bar{\nabla}_U V - \bar{\nabla}_V U - [U, V] \quad (7)$$

- Non-metricity : parallel transport changes length :

$$U^\mu \bar{\nabla}_\mu (V^\nu V_\nu) = -V^\mu V^\nu U^\sigma Q_{\sigma\mu\nu} \neq 0 \quad (8)$$

Formalisms of General Relativity

- Further motivations : If gravity is emergent (cf no sense to quantize Navier-Stokes), similar to elastic media with microstructure. E.g. In continuum theory of lattice defects (see Hehl (94)) :
 - Non-metricity emerges from density of point defects ;
 - Torsion emerges from density of line defects ;
- In order to know which theory to modify, need to make a choice between the following equivalent formalisms :
- Metric formalism (historical) : Gravity = Riemann Curvature ;

$$I [g_{\mu\nu}] = \int d^4x \sqrt{-g} (R - 2\Lambda), \quad (9)$$

- Palatini formalism (metric-compatible) ;

$$I [g_{\mu\nu}, \bar{\Gamma}_{\mu\nu}^\sigma] = \int d^4x \sqrt{-g} (g^{\sigma\nu} \delta_\gamma^\mu \bar{R}^\gamma_{\sigma\mu\nu} - 2\Lambda), \quad (10)$$

- Enjoy an additional local symmetry % GR, projective invariance :

$$\bar{\Gamma}_{\mu\nu}^\sigma \rightarrow \bar{\Gamma}_{\mu\nu}^\sigma + A_\mu \delta_\nu^\sigma, \quad \bar{R}_{\mu\nu} \rightarrow \bar{R}_{\mu\nu} + F_{\mu\nu}(A) \quad (11)$$

- Necessary (in first order formalism) in Loop Quantum Gravity (Immirzi parameter $\gamma^{-1} \epsilon^{\mu\nu\rho\sigma} \bar{R}_{\mu\nu\rho\sigma}$) ;

- Teleparallel equivalents of GR (\parallel transport does not depend on path) :

$$I_{\text{GR}} [g_{\mu\nu}, \bar{\Gamma}_{\mu\nu}^{\sigma}] = \int d^4x \sqrt{-g} (\bar{R} + \delta\Gamma) = \int d^4x \sqrt{-g} (R + \nabla_{\mu} (\delta\Gamma^{\mu\nu}{}_{\nu} - \delta\Gamma_{\nu}{}^{\nu\mu})) \quad (12)$$

where

$$\delta\Gamma = \delta\Gamma^{\mu\nu}{}_{\sigma} \delta\Gamma^{\sigma}{}_{\mu\nu} - \delta\Gamma^{\sigma}{}_{\sigma\nu} \delta\Gamma^{\nu\mu}{}_{\mu}, \quad \delta\Gamma^{\sigma}{}_{\mu\nu} = K^{\sigma}{}_{\mu\nu} + L^{\sigma}{}_{\mu\nu} = \frac{1}{2} (T^{\sigma}{}_{\mu\nu} + T_{(\mu}{}^{\sigma}{}_{\nu)}) + Q^{\sigma}{}_{\mu\nu} - Q_{(\mu}{}^{\sigma}{}_{\nu)}) \quad (13)$$

- Teleparallel equivalent of GR : Gravity = Torsion ($\bar{R} = Q = 0$) ;
- Symmetric Teleparallel equivalent of GR : Gravity = Non-metricity ($\bar{R} = T = 0$) ;
- Features :

- ★ Quadratic actions not unique ;

$$L = \alpha^{\mu\nu\alpha\beta\gamma\delta} (g) Q_{\mu\nu\alpha} Q_{\beta\gamma\delta} + \beta^{\mu\nu\alpha\beta\gamma\delta} (g) T_{\mu\nu\alpha} T_{\beta\gamma\delta} \quad (14)$$

- ★ The actions are Lorentz invariant only up to boundary terms ;
- ★ Coupling with matter field : More complicated prescription are needed ;

- Purely affine (Eddington (1923)) ($Q=0$) : Solve $g(\Gamma)$ in Palatini ;

$$I [\Gamma_{\mu\nu}^{\sigma}] = \frac{1}{\Lambda} \int d^4x \sqrt{-\det(\bar{R}_{(\mu\nu)})} \quad (15)$$

Modified gravity

- General action for modified gravity ;

$$I = \int \underbrace{d^D x}_{\text{Dimensionality}} L \left[\underbrace{\{g_{\mu\nu}, \Gamma_{\mu\nu}^\alpha\}}_{\text{Geometrical fields}}, \underbrace{\{\psi, \phi, A_\mu, A_\mu^a\}}_{\text{Matter fields}}, \underbrace{\{\phi, v_\mu, f_{\mu\nu}\}}_{\text{Background structures}}, \underbrace{\{\lambda\}}_{\text{Lagrange multipliers}}, \underbrace{\{\partial^n\}}_{\text{Higher-order \& non-locality}} \right] \quad (16)$$

- Geometrical fields : metric & affine connection ;
- Matter fields : scalar, vector, gauge field, spinor, higher rank tensors, other spins ;
- Background structures : time coordinate, aether, fiducial metric ;
 - Can break Lorentz & diffeomorphism invariances ;
 - Although it is possible to restore symmetries by Stuckelberg fields (cf artificial/substantial gauge symmetries, Dirac (55), Francois (2023)) ;
- Notice that same form of corrections in different formalisms can be widely inequivalent $f(R)$, $f(Q)$, $f(T)$, Born-Infeld type action :

$$I [g_{\mu\nu}, \Gamma_{\mu\nu}^\sigma] = \int d^4 x \sqrt{-\det (g_{\mu\nu} + \bar{R}_{(\mu\nu)})} \quad (17)$$

which is Ghost free in Palatini and has a ghost in the metric formalism ;

Theoretical criterions

- Unicity
- Stability : positive energy (no ghosts : $a > 0$) and no gradient instability ($b > 0$):

$$L = a\dot{\phi}^2 - bg^{ij}\partial_i\phi\partial_j\phi \quad (18)$$

- All classical field theories in physics have second order equations of motion
- Have some kind of internal symmetries or participate (gauge fields, charged particle, Higgs, etc). In particular Conformal Invariance :

$$I[g_{\mu\nu}] = I[e^\phi g_{\mu\nu}] \quad (19)$$

- Unification : cf metric affine, Kaluza Klein
- Similar exact solutions structure as GR & primary % secondary hair
- Simplicity : scalar fields are good theoretical labs because they are the simplest possible modifications : just 1 additional degree of freedom % GR.

Theoretical criterion : Lovelock unicity theorem

- Lovelock-Lanczos gravity (LLG) is the only purely metric (UV) extension of GR w. diffeomorphism invariance and 2^{sd} order field equations ;

$$I = \frac{1}{2\kappa} \int_{\mathcal{M}} d^D x \sqrt{-g} \sum_{p=0}^{[D/2]} \alpha_p \mathcal{L}_p, \quad \mathcal{L}_p = \frac{1}{2^p} \delta_{\sigma_1 \rho_1 \dots \sigma_p \rho_p}^{\mu_1 \nu_1 \dots \mu_p \nu_p} \prod_{r=1}^p R_{\mu_r \nu_r}^{\sigma_r \rho_r}, \quad (20)$$

where $R_{\sigma\rho}^{\mu\nu} = g^{\gamma\mu} R_{\sigma\rho\gamma}{}^{\nu}$ and $\delta_{\sigma_1 \dots \nu_p}^{\mu_1 \dots \mu_p} = \delta_{[\nu_1}^{\mu_1} \dots \delta_{\nu_p]}^{\mu_p}$,

$$\mathcal{L}_0 = 1, \quad \mathcal{L}_1 = R, \quad \mathcal{L}_2 = R^2 - 4R_{\nu}^{\mu} R_{\mu}^{\nu} + R_{\mu\nu}^{\sigma\rho} R_{\sigma\rho}^{\mu\nu}, \quad (21)$$

- Topological in $D = 2p$, because \propto to the Euler characteristic $\chi(\mathcal{M})$ (= genus of closed orientable manifolds) ; Trivial in $D < 2p$;
- Unique purely gravitational theory whose Palatini formalism always admits a Levi-Civita solution ;
- Appears in the low-energy effective action of String Theory ;
- Related to Chern-Simons and Born-Infeld theories of gravity ;

Theoretical criterions : quantum gravity predictions

Although we do not have a consensus on a quantum gravity theory, there are many results regarding the description of gravitating systems at small scales which can be obtained in quantum field theory in curved spacetimes and semi-classical gravity ;

- What is the gravitational field of an electron, of an atom, etc... ?
- What is the effect of quantum fields on black hole horizons, on an expanding Universe ?
 - Hawking radiation : black hole evaporate ;
 - Particle production in an expanding universe ;
- Semi-classical gravity \iff (Classical gravity + Quantum matter + backreaction)

$$G_{\mu\nu} = \frac{8\pi G}{c^4} \langle \hat{T}_{\mu\nu} \rangle \quad (22)$$

Valid for $E \ll E_{\text{Planck}} \approx 10^{19} \text{ GeV}$ and small quantum fluctuations.

Two predictions for high energy gravity

- QFTCST and semi-classical gravity yields the Trace Anomaly :
 - Quantum Conformal Field Theories (CFT) are rigorously defined QFTs (cf. "cut-off free") ; Quantum Conformal Invariance implies :

$$\eta^{\mu\nu} \langle 0 | \hat{T}_{\mu\nu} | 0 \rangle_{\text{ren}} = 0 \quad (23)$$

- When considered in (classical) ($d = 2p$)-dimensional curved spacetime, a so-called Trace Anomaly appears :

$$g^{\mu\nu} \langle 0 | \hat{T}_{\mu\nu} | 0 \rangle_{\text{ren}} = a \mathcal{E}_p + \dots = a \left(\frac{1}{2^p} \delta_{\sigma_1 \rho_1 \dots \sigma_p \rho_p}^{\mu_1 \nu_1 \dots \mu_p \nu_p} \prod_{r=1}^p R_{\mu_r \nu_r}^{\sigma_r \rho_r} \right) + \dots \quad (24)$$

The Quantum Conformal Invariance is broken by the so-called Euler densities/Critical Lovelock gravity ;

- In two spacetime dimensions, the Hawking effect is due entirely to the trace anomaly, [Christensen and Fulling, Phys.Rev.**D15**(1977)].

Therefore, the (quantum) effective equation for gravity should account for that term :

$$G_{\mu\nu} + \zeta \mathfrak{G}_{\mu\nu} + \dots = \kappa T_{\mu\nu} , \quad g^{\mu\nu} \mathfrak{G}_{\mu\nu} = \mathcal{E}_p \stackrel{4D}{=} \mathcal{G} = R^2 - 4R^{\mu\nu} R_{\mu\nu} + R_{\mu\nu\rho\sigma} R^{\mu\nu\rho\sigma} \quad (25)$$



Universal correction to the Bekenstein-Hawking Entropy found in many QG approaches :

- Perturbative quantum gravity [Solodukhin, Phys.Rev.**D51**, 618 (1995)]
- String theory [Maldacena, Strominger, Witten, JHEP 9712:002,(1997)]
- Loop quantum gravity [Engle, Noui, Perez, Phys.Rev.Lett. 105, (2010)].

$$S = \frac{A}{4} + \zeta \log(A) + \dots \quad (26)$$

Is it possible to find local effective field theories of d -dimensional gravity with these (quantum) properties ?

2^{sd} order field equations : 1. Unicity theorems - Horndeski

- Scalar-tensor theory : Horndeski (1974)

$$I_{\text{Horndeski}} [g_{\mu\nu}, \phi] = \int d^4x \sqrt{-g} \sum_{n=2}^5 \mathcal{L}_n^{\text{H}} \quad X = -g^{\mu\nu} \phi_\mu \phi_\nu, \quad \phi_\mu = \nabla_\mu \phi, \quad \phi_{\mu\nu} = \nabla_\mu \nabla_\nu \phi \quad (27)$$

$$\begin{aligned} \mathcal{L}_2^{\text{H}} &:= G_2(\phi, X), \quad \mathcal{L}_3^{\text{H}} := G_3(\phi, X) \square \phi, \quad \mathcal{L}_4^{\text{H}} := G_4(\phi, X) R + G_{4,X} \delta_{\mu\nu}^{\alpha\beta} \phi_\alpha^\mu \phi_\beta^\nu \\ \mathcal{L}_5^{\text{H}} &:= G_5(\phi, X) G_\nu^\mu \phi_\mu^\nu - \frac{1}{6} G_{5,X} \delta_{\mu\nu\sigma}^{\alpha\beta\rho} \phi_\alpha^\mu \phi_\beta^\nu \phi_\rho^\sigma. \end{aligned} \quad (28)$$

- U(1)-tensor theory : Horndeski (1976)

$$I_{\text{U(1)}} [g_{\mu\nu}, A_\mu] = \int d^4x \sqrt{-g} \left(R + \mathcal{L}(F_{\mu\nu} F^{\mu\nu}, {}^* F_{\mu\nu} F^{\mu\nu}) + \gamma {}^* F_{\sigma\rho} {}^* F^{\mu\nu} R_{\mu\nu}^{\sigma\rho} \right), \quad (29)$$

where ${}^* F^{\rho\sigma} = \frac{1}{2} \varepsilon^{\mu\nu\rho\sigma} F_{\mu\nu}$ and $R_{\sigma\rho}^{\mu\nu} = g^{\gamma\mu} R_{\sigma\rho\gamma}{}^\nu$

Horndeski theories accounting for the trace anomaly : 2D

- In two dimensions, a scalar-tensor theory with these properties has been found from a *dimensional regularization of Einstein gravity* (the first Critical Lovelock theory) ; (Mann, (1993)) :

Consider a conformal metric $\bar{g}_{\mu\nu} = e^{\phi} g_{\mu\nu}$,

$$\mathfrak{L}_{(1)} = \lim_{d \rightarrow 2} \frac{\sqrt{-\bar{g}}\bar{R} - \sqrt{-g}R + \dots}{d-2} = \frac{\phi}{2} \left(R - \frac{1}{2}\square\phi \right) \quad (30)$$

so that half-onshell, it reduces to the famous two-dimensional *Polyakov quantum gravity action* (Polyakov, (1981))

$$2 \frac{\delta \mathfrak{L}_1}{\delta \phi} = R - \square\phi = 0 \implies \phi = \frac{1}{\square}R \implies \mathfrak{L}_1 = \frac{1}{4}R \frac{1}{\square}R \quad (31)$$

This theory accounts for the trace anomaly :

$$\mathcal{E}_1 = R = \kappa T_{\mu\nu}g^{\mu\nu} \quad (32)$$

Horndeski theories accounting for the trace anomaly : 4D

- In four dimensions, a scalar-tensor theory with these properties has been found from :
 - ★ Renormalization Group flows Komargodski (2011)
 - ★ Compactification of higher-dimensional Lovelock gravity Van Acoleyen (2011), Charmousis (2015)
 - ★ Dimensional regularization of Gauss-Bonnet gravity Hennigar (2020), Fernandes (2020)

The theory is given by the (ghost-free) theory (w. $\phi_{;\mu} = \partial_{\mu}\phi$) :

$$I = \int d^4x \sqrt{-g} \left[R + \zeta \left(\frac{\phi}{2} \mathcal{L}_2 - G_{\nu}^{\mu} \phi_{;\mu} \phi^{;\nu} - \frac{1}{2} \phi^{;\zeta} \phi_{;\zeta} \square \phi - \frac{(\phi^{;\zeta} \phi_{;\zeta})^2}{8} \right) \right] \quad (33)$$

and account from the trace anomaly and the logarithmic correction to the entropy :

$$R + \frac{\zeta}{2} \mathcal{E}_2 = \kappa T_{\mu\nu} g^{\mu\nu}, \quad S = \frac{A}{4} + 2\pi\zeta \log \frac{A}{A_0} \quad (34)$$

2^{sd} order field equations : Conformally invariant theories in 4D

- Exact solutions, identical to that of Lovelock (for FLRW, spherically symmetric and slowly rotating black hole) but in lower dimensions, e.g. for regularization of Gauss-Bonnet gravity,

$$ds^2 = -f(r)dt^2 + \frac{dr^2}{f(r)} + r^2 d\Omega_2^2, \quad f(r) = 1 + \frac{r^2}{2\alpha} \left(1 - \sqrt{1 + 4\alpha \left(\frac{2M}{r^3} + \frac{\Lambda}{3} \right)} \right), \quad (35)$$

$$\phi_{\pm}(t, r) = qt - 2 \log \left(\frac{r}{r_0} \right) \pm \int dr \frac{\sqrt{q^2 r^2 + 4f(r)}}{r f(r)} \rightarrow \text{secondary hair } q$$

- This theory is closely related to conformal invariance, assuming only conformal invariant field equation of the scalar field (Fernandes (2020)), the unique four-dimensional scalar-tensor action with second order equations of motion is :

$$\begin{aligned} I &= \int d^4x \sqrt{-g} (R - 2\Lambda) + \int d^4x \sqrt{-\tilde{g}} (\beta \tilde{R} - 2\lambda) + \gamma \lim_{D \rightarrow 4} \frac{1}{D-4} \int d^Dx \left(\sqrt{-\tilde{g}} \tilde{\mathcal{G}} - \sqrt{-g} \mathcal{G} \right) \\ &= \int d^4x \left(R - 2\Lambda + \beta \left(\frac{R}{6} \phi^2 + g^{\mu\nu} \phi_{\mu} \phi_{\nu} \right) - 2\lambda \phi^4 + \alpha \left(\frac{\phi}{2} \mathcal{L}_2 - G_{\nu}^{\mu} \phi_{\mu} \phi^{\nu} - \frac{1}{2} \phi^{\zeta} \phi_{\zeta} \square \phi - \frac{(\phi^{\zeta} \phi_{\zeta})^2}{8} \right) \right) \end{aligned} \quad (3)$$

Higher-order : 1. UV improved theories

- One way to bypass Lovelock theorem is to allow interactions with higher (than two) order field equations ;
- Properties and features :
 - Yields additional degrees of freedom (more initial conditions needed) ;
 - Improves the UV behaviour of the fields (higher powers of momentum in integrals) ;
 - In some cases, equivalent to Pauli-Villars regularization ;
- Examples :
 - Stelle Gravity (77) : Renormalizable ; scale and conformal invariant UV corrections ;

$$I = \int d^4x \sqrt{-g} (R + \alpha R^2 + \beta C^{\mu\nu\rho\sigma} C_{\mu\nu\rho\sigma}) \quad (37)$$

- Bopp-Podolsky action (40, 42)

$$I_{BP} = \int d^4x \left(-\frac{1}{4} F_{\mu\nu} F^{\mu\nu} - \frac{a^2}{2} \partial_\mu F^{\mu\nu} \partial^\rho F_{\rho\nu} \right) \quad (38)$$

- One photon and one ghost-like "Pauli-Villars" massive photon (a Proca field) of mass $1/a^2$
- Non-singular modified Coulomb potential for specific boundary cdt: $V(r) = \frac{q}{r} (1 - e^{-r/a})$

Higher-order : 2. Ostrogradski ghost

- Higher order derivatives generically implies additional degrees of freedom and usually have negative kinetic energy for these. Consider the Pais-Uhlenbeck oscillator,

$$L = \ddot{q}^2 + \alpha \dot{q}^2 - \beta q^2 \iff L_{\text{equiv}} = \phi^2 + \alpha \dot{q}^2 - \beta q^2 + \lambda (\ddot{q} - \phi) \quad (39)$$

$$= \phi^2 + \alpha \dot{q}^2 - \beta q^2 - (\dot{\lambda} \dot{q} + \lambda \phi) + \text{b.t.}$$

- At the level of the Lagrangian, solving $\delta L_{\text{equiv}}/\delta \phi = 2\phi - \lambda = 0$, in ϕ and defining we obtain

$$L_{\text{equiv}}|_{\phi(\lambda)} = \alpha \dot{\gamma}^2 - \frac{\dot{\lambda}^2}{4\alpha} + V(\lambda, \gamma), \quad \text{with} \quad \gamma = q - \frac{\lambda}{2\alpha} \quad (40)$$

so the kinetic energy has the wrong sign ;

- At the level of the Hamiltonian, considering instead

$$\tilde{L}_{\text{equiv}} = \dot{\phi}^2 + \alpha \phi^2 - \beta q^2 + \lambda (\dot{q} - \phi), \quad \text{with} \quad \{p, \psi\} = \frac{\partial \tilde{L}_{\text{equiv}}}{\partial \partial_t \{q, \phi\}} \quad (41)$$

we obtain,

$$H = p\dot{q} + \psi\dot{\phi} - \tilde{L}_{\text{equiv}} = -\frac{1}{4}\psi^2 + \phi p + \tilde{V}(q, \phi) \quad (42)$$

Higher-order : 3. Ostrogradski theorem and caveats

- Ostrogradski theorem : A non-degenerate theory with higher order equations of motion yields a Hamiltonian that is linear in one of the momenta and so is unbounded from below ;
- This does not necessarily yield classical instability :
- Theorem (Liapunov) : If $V(q, \dot{q})$ is an integral of motion with a strict minimum at the equilibrium position $q = \dot{q} = 0$, then this equilibrium point is stable.
- In some cases, the associated quantum theory has negative norm states and the theory suffers from a quantum instability ;
- However, we will see that there are some caveats :
 - In quantum field theories : examples of non-perturbative QED and Non-local gravity
 - Different Hamiltonians can yields same classical field equations : some can be bounded from below : $f(R)$ theory ;
 - More generally, the energy in (metric) gravity is a very subtle notion ;
 - Degenerate theories ;

Higher-order : 2. Ghosts in quantum field theories

- Klein-Gordon, propagator and particle production $I = \frac{1}{2} \int d^4x \phi (\square - m^2) \phi \rightarrow G(q) = \frac{1}{q^2 - m^2}$
- Effective (quantum) actions are usually non-local, for example for QED :

$$\Gamma_0 = -\frac{1}{4} \int d^4x F_{\mu\nu} P(\square) F^{\mu\nu}, \quad P(q^2) = 1 - \frac{\alpha}{3\pi} \log\left(\frac{q^2 - 4m_e^2}{4m_e^2}\right) \quad \text{at one loop} \quad (43)$$

It vanishes (Landau pole) at $q \approx 10^{227} \text{ GeV}$ ($q \approx 10^{34} \text{ GeV}$ for the standard model) : Perturbative theory breaks down. It can be seen as a ghost.

- However, non-perturbative (resummation of loops) form-factor $P(\square)$ can solve the issue and be ghost-free, even though they have ghosts (artifacts) in perturbation (see Platania 2020)
- Generalization for gravity : Non-local gravity (see Beneito 2022)

$$I = \int d^4x \sqrt{-g} (R + R\gamma_0(\square) R + R_{\mu\nu} \gamma_1(\square) R^{\mu\nu}) \quad (44)$$

- Finally, some theories with Ostrogradski ghost can be quantized and are unitary (no ghost) (see Donoghue 2021)

$$I = \frac{1}{2} \int d^4x \left(\partial_\mu \phi \partial^\mu \phi - m^2 \phi^2 - \frac{1}{M^2} (\square \phi)^2 \right) \quad (45)$$

Higher-order : 3. The case of $f(R)$

- Not all higher order theories have ghosts, even if (one of the many forms of) their Hamiltonian is linear in one of the momenta ;
- Consider the case of $f(R)$ gravity :

$$S = \int d^4x \sqrt{-g} f(R) \equiv \int d^4x \sqrt{-g} \left(f(\phi) + \frac{df(\phi)}{d\phi} (R - \phi) \right) \quad (46)$$

whose field equations are indeed higher order :

$$F(R)R_{\mu\nu} - \frac{1}{2}f(R)g_{\mu\nu} - \nabla_\mu \nabla_\nu F(R) + g_{\mu\nu} \square F(R) = 0, \quad F(R) = \partial f / \partial R \quad (47)$$

- Under a conformal transformation, it reduces to a ghost-free minimally coupled scalar-tensor theory ;
- For instance, the Starobinsky model of inflation given by

$$S = \int d^4x \sqrt{-g} \left(R + \frac{\lambda}{16} R^2 \right) \quad (48)$$

yields after the above redefinition followed by a conformal transformation :

$$S \equiv \int d^4x \sqrt{-g} \left(R - \frac{1}{2} \partial_\mu \phi \partial^\mu \phi - V(\phi) \right), \quad V(\phi) = \frac{1}{\lambda} \left(1 - \exp(-\phi/\sqrt{3}) \right)^2 \quad (49)$$

Higher-order : 4. Energy of (metric) gravitational theories

- The gravitational energy (Hamiltonian of GR) is vanishing onshell for manifold without boundary ;
- Hamiltonian formalism of General Relativity : For any non-null vector n (ie $g_{\mu\nu}n^\mu n^\nu \neq 0$),

$$R + 2\delta_{\sigma\rho}^{\mu\nu}\nabla_\mu\left[\frac{n^\sigma\nabla_\nu n^\rho}{n_\gamma n^\gamma}\right] = \delta_{\zeta\sigma\rho}^{\xi\mu\nu}\left(\frac{n_\xi n^\zeta}{n_\gamma n^\gamma}\right)\left[\frac{1}{2}R_{\mu\nu}^{\sigma\rho} + 2\frac{\nabla_\mu n^\sigma\nabla_\nu n^\rho}{n_\gamma n^\gamma}\right] \quad (50)$$

- If we define the projector orthogonal to n ,

$$h_\nu^\mu = \delta_\nu^\mu - \frac{n^\mu n_\nu}{n_\gamma n^\gamma}, \quad \text{which implies } h_{\mu\nu}n^\nu = 0, \quad \text{and } \delta_{\zeta\sigma\rho}^{\xi\mu\nu}\left(\frac{n_\xi n^\zeta}{n_\gamma n^\gamma}\right) = h_{\sigma\rho}^{\mu\nu} = h_\sigma^\mu h_\rho^\nu - h_\rho^\mu h_\sigma^\nu \quad (51)$$

- With this method, the extrinsic curvature appears naturally as an algebraic object. Defining

$$K_\nu^\mu = h_\alpha^\mu h_\nu^\beta \nabla_\beta n^\alpha, \quad (52)$$

and noting that $G_\zeta^\xi = -\frac{1}{4}\delta_{\zeta\sigma\rho}^{\xi\mu\nu}R_{\mu\nu}^{\sigma\rho}$, we obtain

$$R + 2\delta_{\sigma\rho}^{\mu\nu}\nabla_\mu\left[\frac{n^\sigma\nabla_\nu n^\rho}{n_\gamma n^\gamma}\right] = -2\left(\frac{n^\mu n^\nu}{n_\gamma n^\gamma}\right)G_{\mu\nu} + \frac{2}{n_\gamma n^\gamma}h_{\sigma\rho}^{\mu\nu}K_\mu^\sigma K_\nu^\rho \quad (53)$$

- We obtain for a manifold without boundary

$$I = \int d^4x \sqrt{-g} R = \int d^4x \sqrt{-g} (-H_{\perp} + 2K_{\nu}^{\mu} \pi_{\mu}^{\nu}) \quad (54)$$

where

$$H_{\perp} = 2 \left(\frac{n^{\mu} n^{\nu}}{n_{\gamma} n^{\gamma}} \right) G_{\mu\nu} \quad , \quad \pi_{\sigma}^{\mu} = \frac{1}{n_{\gamma} n^{\gamma}} h_{\sigma\rho}^{\mu\nu} K_{\nu}^{\rho} \quad \iff \quad K_{\nu}^{\rho} = n_{\gamma} n^{\gamma} h^{(-1)\sigma\rho}_{\mu\nu} \pi_{\sigma}^{\mu} \quad (55)$$

- Introducing a ADM foliation adapted to the vector n , ie $M = R \times \Sigma$ where $h_{\mu\nu}$ is the projector to Σ and n_{μ} is its normalized normal (set $n^2 = -1$)

$$ds^2 = g_{\mu\nu} dx^{\mu} dx^{\nu} = -N^2 dt^2 + h_{ab} (dx^a + N^a dt) (dx^b + N^b dt) \quad , \quad n_{\mu} = -\frac{\delta_{\mu}^0}{N} \quad (56)$$

- Latin indices are spatial $a, b = 1, 2, 3$
- N and N^a are respectively the lapse and the shift
- D the covariant derivative compatible with h_{ab}

- Using the decompositions of extrinsic curvature and 4D determinant,

$$K_{ab} = \frac{1}{2N} (\partial_0 h_{ab} - D_{(a} N_{b)}) , \quad \sqrt{-g} = N \sqrt{|h|} \quad (57)$$

we obtain

$$\begin{aligned} I &= \int d^4x \sqrt{-g} (-H_{\perp} + 2K_{\nu}^{\mu} \pi_{\mu}^{\nu}) \\ &= \int dt \int_{\Sigma} d^3x \sqrt{|h|} \left[\pi^{ab} \partial_0 h_{ab} - NH_{\perp} - N_a H^a \underbrace{-D_{(a} (N_{b)} \pi^{ab})}_{\text{Spatial boundary term}} \right] = \int dt L \end{aligned} \quad (58)$$

where the vector constraint and scalar constraint (using the Gauss-Codazzi equation (*)) are given by

$$H_a = -2D_b \pi_a^b, \quad H_{\perp} = 2 \left(\frac{n^{\mu} n^{\nu}}{n_{\gamma} n^{\gamma}} \right) G_{\mu\nu} = -\frac{1}{2} h_{\sigma\rho}^{\mu\nu} R_{\mu\nu}^{\sigma\rho} \stackrel{*}{=} -R^{(3)} + h_{\sigma\rho}^{\mu\nu} K_{\mu}^{\sigma} K_{\nu}^{\rho} = H_{\perp} [h_{ab}, \pi^{ab}] \quad (59)$$

Therefore, π_{ab} is the momentum density, N , N^a are Lagrange multipliers and the Hamiltonian vanishes onshell,

$$H = \int_{\Sigma} d^3x (\sqrt{h} \pi^{ab} \partial_0 h_{ab} - L) = \int_{\Sigma} d^3x \sqrt{h} [NH_{\perp} + N_a H^a] \stackrel{\text{onshell}}{=} 0 \quad (60)$$

Degenerate theories : Invertible disformal transformations

- It is possible to obtain equivalent theories from the previous second order Lagrangians by performing any invertible field transformations :

$$\tilde{g}_{\mu\nu} = \Phi g_{\mu\nu} + f_{(\mu\nu)}, \quad \text{with} \quad \det \left(\frac{\delta \tilde{g}_{\rho\sigma}}{\delta g_{\mu\nu}} \right) \neq 0 \quad (61)$$

- Although, the Einstein and Jordan frames are equivalent : eg

$$\int d^4x \sqrt{-g} (R - 2\Lambda) + I_M[\psi, g] \equiv \int d^4x \sqrt{-\tilde{g}} (\tilde{R} - 2\Lambda) + I_M[\psi, \tilde{g}] \quad (62)$$

- This is no longer the case when the matter action couples to the Einstein frame metric :

$$\int d^4x \sqrt{-\tilde{g}} (\tilde{R} - 2\Lambda) + I_M[\psi, g] \quad (63)$$

- Disformal transformation : contains derivative of a scalar and so generates higher-order equations of motion while preserving the degrees of freedom :

$$\tilde{g}_{\mu\nu} = \Phi(\phi, X) g_{\mu\nu} + \Psi(\phi, X) \phi_\mu \phi_\nu \quad (64)$$

- In addition, it is a very useful solution-generating-technique enabling to obtain exact solutions in highly non-trivial theories (see eg Babichev (2020)) ;

Degenerate theories : Pais-Uhlenbeck oscillator

- Why these higher order field equations have no ghost ? : Degenerate coupled Pais-Uhlenbeck oscillator

$$L = \ddot{q}^2 + \alpha \dot{q}^2 + a \dot{Q}^2 + 2b\ddot{q}\dot{Q} + c\dot{q}\dot{Q} - V(q, Q)$$

$$\iff$$

$$L_{\text{equiv}} = \dot{\phi}^2 + \alpha \phi^2 + a \dot{Q}^2 + 2b\dot{\phi}\dot{Q} + c\phi\dot{Q} - V(q, Q) + \lambda(\dot{q} - \phi)$$

(65)

- Phase space : $\{p, q\} = \{\psi, \phi\} = \{P, Q\} = 1$ and momenta :

$$p = \frac{\partial L_{\text{equiv}}}{\partial \partial_t q} = \lambda, \quad \psi = \frac{\partial L_{\text{equiv}}}{\partial \partial_t \phi} = 2(b\dot{Q} - \dot{\phi}), \quad P = \frac{\partial L_{\text{equiv}}}{\partial \partial_t Q} = 2(a\dot{Q} + b\dot{\phi}) + c\phi$$

(66)

- If $a + b^2 \neq 0$, it is possible to express the velocities in terms of the momenta

$$\lambda = p, \quad \dot{Q} = \frac{1}{2(a + b^2)} (P + b\psi - c\phi), \quad \dot{\phi} = \frac{1}{2(a + b^2)} (bP - a\psi - bc\phi)$$

(67)

so we end up with 3 degrees of freedom with a ghost.

- If $a + b^2 = 0$, we have a constraint among the momenta and the Lagrangian becomes

$$C = P + b\psi - c\phi = 0, \quad L_{\text{equiv}} = (\dot{\phi} - b\dot{Q})^2 + c\phi\dot{Q} - V(q, Q) + \lambda(\dot{q} - \phi) + \alpha\phi^2$$

(68)

- 6-dimensional phase space : $\{p, q\} = \{\psi, \phi\} = \{P, Q\} = 1$, with coordinate q_i and momenta p_i , and primary constraint :

$$p = \lambda, \quad \psi = 2(b\dot{Q} - \dot{\phi}), \quad C = P + b\psi - c\phi \approx 0 \quad (69)$$

- Adding the constraint to the theory via a Lagrange multiplier γ enables invert the velocities

$$\begin{aligned} H_{\text{tot}} &= p\dot{q} + \psi\dot{\phi} + P\dot{Q} - L_{\text{equiv}} + \left(\gamma - \dot{Q} - \frac{1}{4b^2}C\right)C \\ &= -\frac{1}{4}\psi^2 + p\phi - a\phi^2 + V(q, Q) + \gamma C = H_0 + \gamma C \end{aligned} \quad (70)$$

- The secondary and tertiary constraint (time evolution of the primary) yields,

$$\dot{C} = \{C, H_{\text{tot}}\} = \sum_{i=1}^3 \left(\frac{\delta C}{\delta q_i} \frac{\delta H_{\text{tot}}}{\delta p_i} - \frac{\delta C}{\delta p_i} \frac{\delta H_{\text{tot}}}{\delta q_i} \right) = -bp + \frac{c}{2}\psi + 2ab\phi - V_Q \approx 0 \quad (71)$$

$$\ddot{C} = \{\dot{C}, H_{\text{tot}}\} = \{\dot{C}, H_0\} + \gamma\{\dot{C}, C\} \approx 0$$

where

$$\{\dot{C}, H_{\text{tot}}\} = -\frac{c}{2}p - ab\psi + ac\phi, \quad \{\dot{C}, C\} = 2ab^2 + \frac{c^2}{2} - V_{QQ} \quad (72)$$

□ If $\{\dot{C}, C\} \neq 0$, this fixes the Lagrange multiplier γ . (Otherwise keep going with quaternary etc)

- Using the secondary constraint, we obtain the physical Hamiltonian which is quadratic in the momentum :

$$H_{\text{physical}} = -\frac{P^2}{4b^2} + \left(\alpha + \frac{c^2}{4b^2}\right)\phi^2 - \frac{\phi V_Q}{b} + V \quad (73)$$

- The theory possesses $(6 - 2)/2 = 2$ degrees of freedom and the Ostrogradski ghost has disappeared.

Degenerate theories : Classifications of higher order theories

- Non-perturbative one-loop slowly varying approximation in QED : Euler-Heisenberg Lagrangian and its extensions ;
- Scalar-tensor (DHOSTs) Langlois, Noui (2016), B. Achour (2016)

$$I_{\text{quadratic}} = \int d^4x \sqrt{-g} (f(\phi, X) R + C^{\mu\nu\rho\sigma}(g, \phi, \phi_\alpha) \phi_{\mu\nu} \phi_{\rho\sigma}) \quad (74)$$

$$I_{\text{cubic}} = \int d^4x \sqrt{-g} (h(\phi, X) \phi^\mu \phi^\nu G_{\mu\nu} + C^{\mu\nu\rho\sigma\gamma\delta}(g, \phi, \phi_\alpha) \phi_{\mu\nu} \phi_{\rho\sigma} \phi_{\gamma\delta}) \quad (75)$$

- U(1)-tensor theory :

$$I_{\text{quadratic}} = \int d^4x \sqrt{-g} \left(\mathcal{L}(F^2, *FF) + \frac{1}{4} \mathcal{A}^{\mu\nu\rho\sigma}(F, g) R_{\mu\nu\rho\sigma} + \mathcal{B}^{\gamma\mu\nu, \delta\rho\sigma}(F, g) \nabla_\gamma F_{\mu\nu} \nabla_\delta F_{\rho\sigma} \right), \quad (76)$$

where \mathcal{A} and \mathcal{B} are the most general tensors built from $F_{\rho\sigma}$ with the corresponding symmetries.

Degenerate theories

- For quadratic scalar-tensor, degeneracy conditions obtained imposing

$$\mathcal{L}_{\text{kin}} = \mathcal{K}^{ijkl} K_{ij} K_{kl} + \mathcal{B}^{ij} \ddot{\phi} K_{ij} + \mathcal{A} \ddot{\phi}^2 + V(\dot{\phi}) = \mathcal{K}^{ijkl} (K_{ij} + \mathcal{E}_{ij} \ddot{\phi}) (K_{kl} + \mathcal{E}_{kl} \ddot{\phi}) + V(\dot{\phi}) \quad (77)$$

where $\{\mathcal{K}, \mathcal{B}, \mathcal{A}, \mathcal{E}\}$ come from $\{f, C\}$ and depend on $\phi, \dot{\phi}, \partial_i \phi$.

- Similarly for quadratic U(1)-tensor, degeneracy conditions obtained imposing

$$\begin{aligned} \mathcal{L}_{\text{kin}} &= \mathcal{K}^{ijkl} K_{ij} K_{kl} + \mathcal{B}^{ijk} \dot{E}_k K_{ij} + \mathcal{A}^{ij} \dot{E}_i \dot{E}_j + V(E, B) \\ &= \mathcal{K}^{ijkl} (K_{ij} + \mathcal{F}_{ij}^a \dot{E}_a) (K_{kl} + \mathcal{F}_{kl}^b \dot{E}_b) + V(E, B) \end{aligned} \quad (78)$$

where $\{\mathcal{K}, \mathcal{B}, \mathcal{A}, \mathcal{F}\}$ and depend on E, B .

- Beyond Horndeski (obtained from disformal transformation of the Horndeski action)

$$\int d^4x \sqrt{-g} F_4(\phi, X) \varepsilon^{\mu\nu\rho\sigma} \varepsilon^{\alpha\beta\gamma}{}_{\sigma} \phi_{\mu} \phi_{\alpha} \phi_{\nu\beta} \phi_{\rho\gamma} \quad (79)$$

- Lovelock's unique purely metric action with third order field equations

$$\int d^4x \sqrt{-g} \star R_{\alpha\beta}^{\mu\nu} \star R_{\mu\nu}^{\rho\sigma} \star R_{\rho\sigma}^{\alpha\beta} \quad (80)$$

Thank you for your attention !