Quantum gases of polar molecules

Mara Meyer zum Alten Borgloh Leibniz Universität Hannover, Germany





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- Why quantum gases of molecules?
- How to prepare?
- Collisions and collisional control
- Outlook

Our research

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Quantum degenerate gases







Perspectives: Quantum physics

Polar molecules: Electric dipoles



d ~ Debye

$$\frac{\text{(Debye)}^2}{\text{(Bohr magneton)}^2} \cdot c^2 = 10^4$$

Atoms: Magnetic dipoles

9 R

d ~ Bohr magneton

Quantum phases and dynamics of many-body systems with finite range interactions

Contact interactions



Dipole-dipole interactions



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Dipole dipole interactions length selected atoms/molecules



Perspectives: Collisions

Collisions and collisional control



- Collisions and collisional control
- Quantum chemistry
- Complex formation and sticky collisions

Preparing ultracold molecules



Complicates

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Interaction with light

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Collisional processes

Two approaches to ultracold molecules

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Direct laser cooling of molecules



Association of ultracold atoms to bialkali molecules

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Association of atoms to molecules

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Controlled chemistry at ultracold temperatures



Advantage: Start ultracold

Challenge: Staying ultracold



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- 15 000 molecules in rovibrational ground state
- 300 nK in cODT at 1064 nm
- ρ~0.6

Quantum gas of bosonic polar ²³Na³⁹K molecules



Phys. Rev. Lett. 125, 083401 (2020) New J. Phys. 21, 123034 (2019)



Preparation of ultracold bialkali molecules

Preparation follows the three-step process from the pioneering ⁴⁰K⁸⁷Rb JILA experiment. Ni, Ospelkaus et al. Science 322, 231 (2008), Ospelkaus, Ni et al. Faraday Discussions 142, 351 (2009).









Energy scale

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Molecule-molecule collisions



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Chemically reactive



Chemically reactive molecules: Exoergic chemical reaction

$$XY + XY \rightarrow X_2 + Y_2 + M$$

Non-chemically reactive molecules: Endoergic exchange reaction Forbidden at ultracold temperature

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Chemically reactive



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Chemically reactive



Chemically reactive molecules: Exoergic chemical reaction

$$XY + XY \rightarrow X_2 + Y_2 +$$



- 2010: Fast two-body loss at universal limit due to exoergic exchange reaction in KRb
- 2019: Direct observation using VMI



Two-body loss

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$$n(t) = -\beta n(t)^2$$

$$n(t) = \frac{n_0}{1 + n_0 \beta t}$$

S.Ospelkaus et al., Science **327**, 853 (2010)

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Chemical reactions rate – simple model

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Long-range: e.g.

- van der Waals interaction
- Dipole-dipole interactions
- Centrifugal energy barriers



Reaction coordinate

Chemical reactions rate – simple model

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Reaction coordinate

S. Ospelkaus et al., Science 327, 853 (2010)

Temperature (µK)

0,6

0,8

1,0

0,4

0└<u></u> 0,0

0,2

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Chemically reactive



Non-chemically reactive molecules: Endoergic exchange reaction Forbidden at ultracold temperature



Non-chemically reactive molecules - simplified

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• RRKM theory:
$$\tau = \frac{2\pi\hbar \eta}{N}$$

	²³ Na	^{39}K	$^{87}\mathrm{Rb}$	^{133}Cs
$^{7}\mathrm{Li}$	0,25µs	0,67µs	1,17µs	3,3µs
23 Na		6µs	12,9µs	40µs
$^{39}\mathrm{K}$			23µs	72µs
$^{87}\mathrm{Rb}$				253µs

Adapted from Phys. Rev. A 100, 032708 (2019)





Similar observations Takekoshi et al., Phys. Rev. Lett., **113**, 205301 (2014); Park et al., Phys. Rev. Lett., **114**, 205302 (2015); Guo et al., Phys. Rev. Lett., **116**, 205303 (2016); Gregory et al., Nat Commun, **10**, 3104 (2019);

Two-body decay

$$\dot{n}(t) = -\beta n^2(t)$$

 β from fit of two-body decay including the effect from antievaporation

 $\beta_{exp} = 4.5(1.2) \times 10^{-10} \, \text{cm}^3 \, \text{s}^{-1}$

→ Close to the universal limit (~7 × 10^{-10} cm³ s⁻¹)

Measure complex lifetime





	23 Na	$^{39}\mathrm{K}$	$^{87}\mathrm{Rb}$	^{133}Cs
⁷ Li	0,25µs	0,67µs	1,17µs	3,3µs
23 Na		6µs	12,9µs	40µs
³⁹ K			23µs	72µs
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A. Christianen et al. Phys. Rev. Lett. 123, 123402 (2019)

Collisions of nonreactive molecules -RbCs

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First evidence for photoinduced loss by Durham group with RbCs



Chopped trap



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 Measured complex lifetime ~500µs within a factor of two of predicted lifetime!

Collisions of nonreactive molecules - NaK

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→ Short expected complex lifetime of ~6µs; $t_d >> \tau$ → Molecule number should double in chopped trap!







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P. Gersema et al., Phys. Rev. Lett. 127, 163401 (2021)

fermionic NaK (Munich): no enhancement at low trap intensities

Bause et al., Phys. Rev. Res., **3**, 033013 (2021)

Related results

 trimer complex lifetime of ⁴⁰K⁸⁷Rb²* much longer than expected

Nichols et al., Phys. Rev. X 12, 011049 (2022)

• RbCs: $\tau^c \approx 0.5 \text{ ms} \approx \tau^{cth}$ for spin-stretched state but

disagreement for other states

Gregory et al., Phys. Rev. Lett. **124**, 163402 (2020) Gregory et al., New J. Phys. 23, 125004 (2021)

 Anomalous lifetimes of ultracold complexes with few open channels

Croft et al., Phys. Rev. A 107, 023304 (2023)

- Severely underestimated DOS? Nuclear spin changes? Jachymski et al. Phys. Rev. A106, L041301 (2022)
- Roaming pathways in real-time collisional simulations Kłos et al., Sci Rep 11, 10598 (2021)





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Interpretation

Subject of ongoing debate:

- Parameters relevant for lifetime estimate using RRKM theory (DOS, outgoing channels, ...)?
- Relevant couplings?
- Applicability of RRKM theory?

Christianen et al., Phys. Rev. A 100, 032708 (2019)

Jachymski et al. Phys. Rev. A106, L041301 (2022)

Croft et al., Phys. Rev. A 107, 023304 (2023)





Controlling collisions





Science **370**, 1324 (2020)

 $r(a_0)$

|E| (kV/cm)

Controlling collisions – blue shielding



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Controlling collisions – blue shielding



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Controlling collisions – blue shielding



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MW blue shielding of collisions

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Molecules: Blue shielding of collisions using microwave coupling within the rotational structure Experiment with CaF molecules



MPQ with fermionic NaK: Schindewolf et al., Nature **607**, 677 (2022)

HongKong with bosonic NaRb Lin et al., arXiv:2304.08312

Cornell university with bosonic NaCs Bigali et al., arxiv: 2303.16845

Figure 2: Microwave shielding of CaF collisions The grey trace (10.8 ms) shows the bare two body loss of unshielded ground state collisions. The blue trace (64 ms) shows the shielded loss rate at a Rabi frequency of 23 MHz, and magnetic field of 27 G while blue detuned. The red trace (2.7 ms) shows the loss rate while red detuned with a Rabi frequency of 20 MHz, and magnetic field of 27 G.

Anderegg et al., Science 373, 779 (2022)

Optical shielding of collisions



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Optical shielding of collisions

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- adiabatic elimination ⇒ effective 2-level coupling
- difference: need to couple states with same parity





Atom-molecule collisions







Atom-molecule collisions for the NaK molecule

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NaK+Na



Exoergic chemical reaction NaK+Na \rightarrow Na₂+K+

NaK+Na: β_{exp} = 1.25(14) × 10⁻¹⁰ cm³ s⁻¹ \rightarrow consistent the universal limit (~1.3 × 10⁻¹⁰ cm³ s⁻¹)

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Atom-molecule collisions for the NaK molecule

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NaK+K

Endoergic chemical reaction NaK+K \rightarrow K₂+Na forbidden at ultracold temperatures

ρ~2x10⁻⁵/μK (arxiv: 200805439)





• Surprising: NaK + K in |1,-1> state

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- Very low loss coefficient
- $\beta < 10^{-14} \text{ cm}^3/\text{s}$
- Much lower than universal loss of ~10⁻¹⁰cm³/s

Atom-molecule Feshbach resonances

Preliminary!!



Theory of atom-molecule Feshbach resonances: M. Frye, J. Hutson arxiv:221208030

- J.W. Pan: Fermionic NaK
- W. Ketterle: Triplet LiK
- Tuning of elastic atommolecule interactions?

Outlook



Collisional control: Two-photon shielding Long-lived molecular BEC?



Tunable strongly interacting atom-molecule mixtures?



Trimer and tetramer states



Understanding collisions? Ultracold polyatomic molecules?

Dipolar many-body physics in lattices



Thank you!

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O. Dulieu



C. Karam R. Vexiau, M. Lepers, N. Bouloufa-Maafa

The experimental team at LUH



E. Tiemann



Funding

DFG Deutsche Forschungsgemeinschaft German Research Foundation



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