

Primordial Black Holes from Dissipation During Inflation

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+ G. Ballesteros, A. P rez Rodr guez, M. Pierre and J. Rey

arXiv:2208.14978 [astro-ph.CO]



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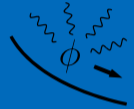
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1. PBHs from inflation



2. Background



3. (Random) fluctuations

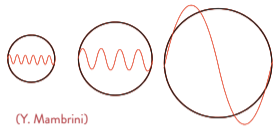


4. GWs



5. Conclusion

Black holes from inflation



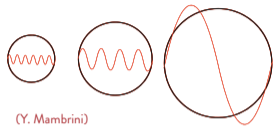
(Y. Mambrini)

Quantum fluctuations in ϕ, g , are stretched by expansion

$$\langle \mathcal{R}(k) \mathcal{R}^*(k') \rangle = \frac{2\pi^2}{k^3} \mathcal{P}_{\mathcal{R}} \delta(k - k') \quad \longrightarrow \quad \text{single field: } \mathcal{P}_{\mathcal{R}}(k_*) \simeq \frac{H_*^4}{4\pi^2 \dot{\phi}_*^2}$$

1. PBHs from inflation

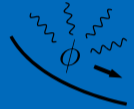
Black holes from inflation



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2. Background



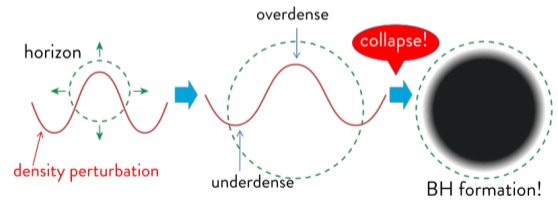
3. (Random) fluctuations



4. GWs



5. Conclusion

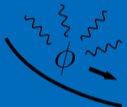


(N. Kitajima)

1. PBHs from inflation



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3. (Random) fluctuations

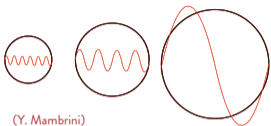


4. GWs



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Quantum fluctuations in ϕ, g , are stretched by expansion

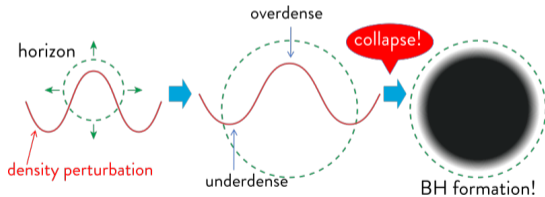
$$\langle \mathcal{R}(k) \mathcal{R}^*(k') \rangle = \frac{2\pi^2}{k^3} \mathcal{P}_{\mathcal{R}} \delta(k - k') \quad \rightarrow \quad \text{single field: } \mathcal{P}_{\mathcal{R}}(k_*) \simeq \frac{H_*^4}{4\pi^2 \dot{\phi}_*^2}$$

Given critical threshold, $\delta_c \approx 0.5$, the fraction of BHs of mass M is

$$\beta(M) = \int_{\delta_c}^{\infty} d\delta P(\delta, M)$$

Typically $P \propto e^{-\delta^2/2\sigma^2(M)}$, and

$$\sigma^2(M(k)) = \frac{16}{81} \int \frac{dq}{q} \left(\frac{q}{k}\right)^4 \mathcal{P}_{\mathcal{R}}(q) W(q/k)^2$$

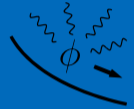


(N. Kitajima)

1. PBHs from inflation



2. Background



3. (Random) fluctuations

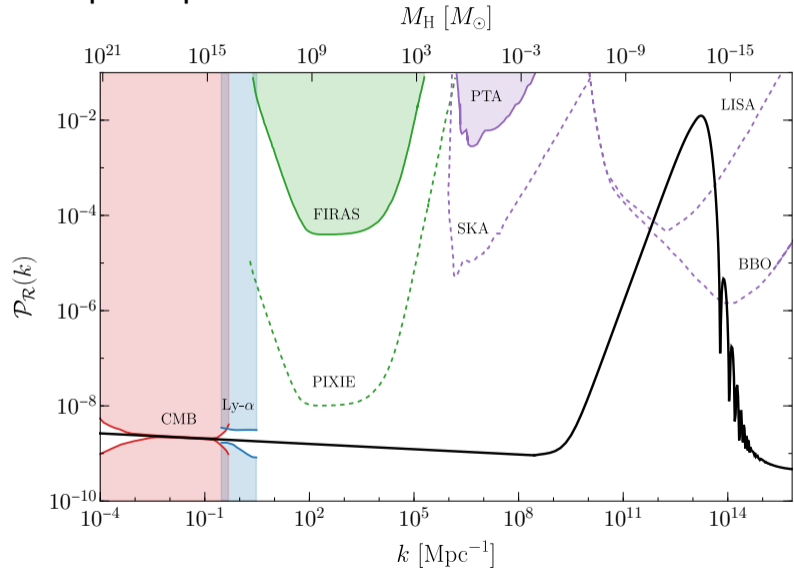


4. GWs



5. Conclusion

Peaks in the power spectrum

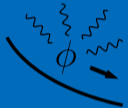


A. Green, B. Kavanagh, J. Phys. G 48 (2021), 043001

1. PBHs from inflation



2. Background



3. (Random) fluctuations

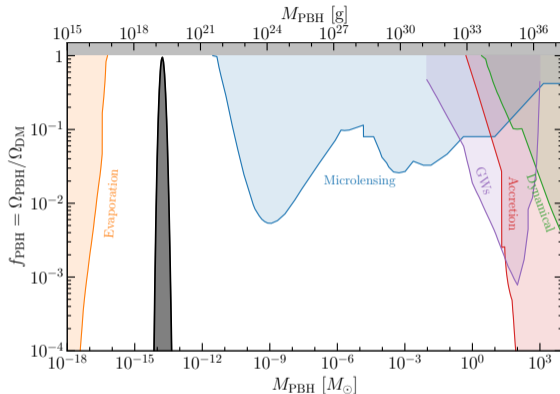


4. GWs



5. Conclusion

Peaks in the power spectrum



A. Green, B. Kavanagh, J. Phys. G 48 (2021), 043001

Simplest mechanism: *ultra* slow-roll, $\mathcal{P}_{\mathcal{R}} \propto \dot{\phi}^{-2}$

$$M(k) \approx 10^{18} \text{ g} \left(\frac{k}{7 \times 10^{13} \text{ Mpc}^{-1}} \right)^{-2}$$

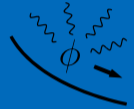
$$\frac{\Omega_{\text{PBH}}(M)}{\Omega_{\text{DM}}} \approx \frac{\beta(M)}{8 \times 10^{-16}} \left(\frac{M}{10^{18} \text{ g}} \right)^{-1/2}$$

$$\Omega_{\text{PBH}} = \int d \log M \Omega_{\text{PBH}}(M)$$

1. PBHs from inflation



2. Background



3. (Random) fluctuations



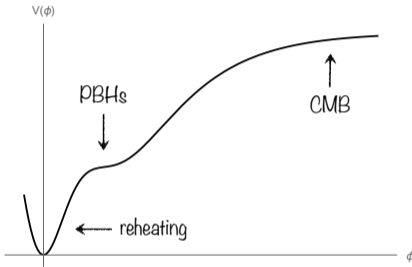
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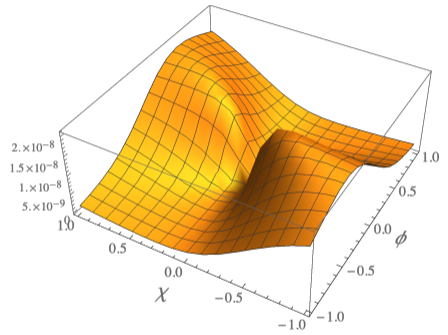
Peaks in the power spectrum

Single field



G. Ballesteros, M. Taoso, PRD 97 (2018), 023501

Multifield



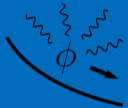
S. Geller et al., PRD 106 (2022), 063535

Simplest mechanism: *ultra* slow-roll, $\mathcal{P}_{\mathcal{R}} \propto \dot{\phi}^{-2}$

1. PBHs from inflation



2. Background



3. (Random) fluctuations



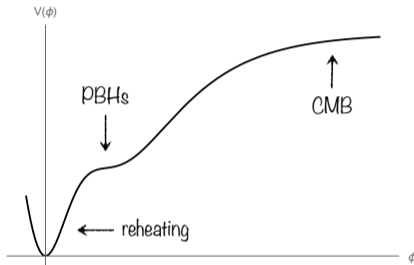
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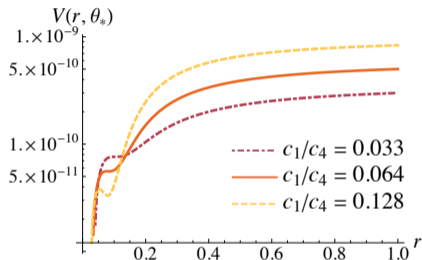
Peaks in the power spectrum

Single field



G. Ballesteros, M. Taoso, PRD 97 (2018), 023501

“Multifield”



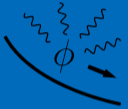
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1. PBHs from inflation



2. Background



3. (Random) fluctuations



4. GWs

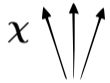


5. Conclusion

Slow roll from particle production

Non-adiabatic, non-thermalized production

$$\mathcal{L} \supset -\frac{1}{2}g^2 \sum_i (\phi - \phi_i)^2 \chi_i^2$$

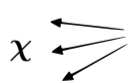


ϕ

(trapped inflation)

D. Green *et al.*, PRD 80 (2009), 063533

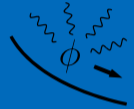
L. Pearce, M. Peloso, L. Sorbo, JCAP 11 (2016), 058



1. PBHs from inflation



2. Background



3. (Random) fluctuations



4. GWs



5. Conclusion

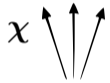
Slow roll from particle production

Non-adiabatic, non-thermalized production

$$\mathcal{L} \supset -\frac{1}{2}g^2 \sum_i (\phi - \phi_i)^2 \chi_i^2$$



$$\ddot{\phi} + 3H\dot{\phi} + V'(\phi) + \int^t \frac{g^{5/2}}{\Delta(2\pi)^3} (\dot{\phi}(t'))^{5/2} \frac{a(t')^3}{a(t)^3} dt' = 0$$

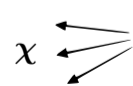


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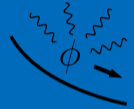
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1. PBHs from inflation



2. Background



3. (Random) fluctuations



4. GWs

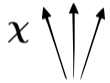


5. Conclusion

Slow roll from particle production

Adiabatic, thermalized production

$$\ddot{\phi} + (3H + \Gamma)\dot{\phi} + V_{\phi} = 0$$

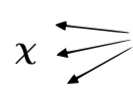
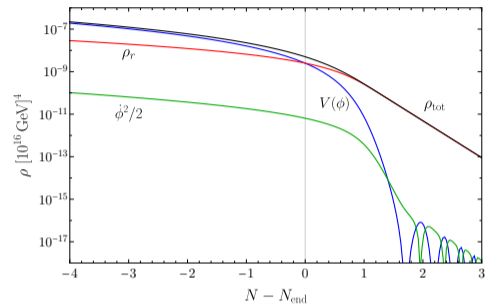


ϕ

(warm inflation)

A. Berera, PRL 75 (1995), 3218

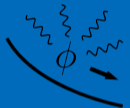
A. Berera, I. Moss, R. Ramos, Rept. Prog. Phys. 72 (2009), 026901



1. PBHs from inflation



2. Background



3. (Random) fluctuations

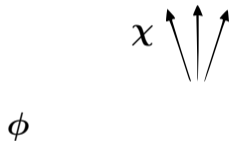
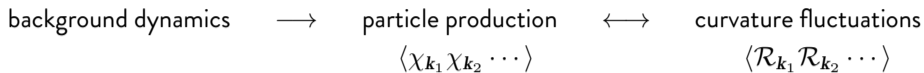


4. GWs



5. Conclusion

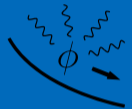
Curvature perturbations from particle production



1. PBHs from inflation



2. Background



3. (Random) fluctuations



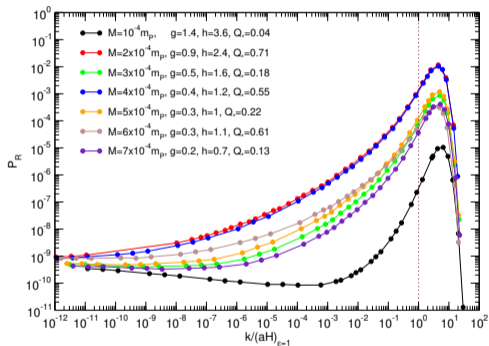
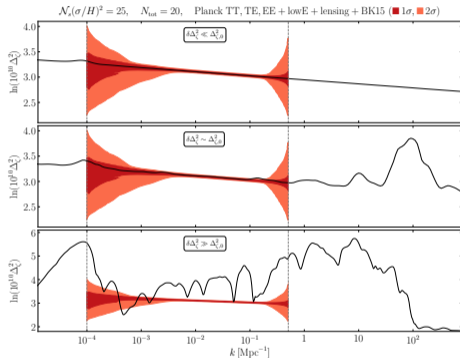
4. GWs



5. Conclusion

Curvature perturbations from particle production

background dynamics \longrightarrow particle production \longleftrightarrow curvature fluctuations



$$\pi'' + 2\mathcal{H}\pi' - \nabla^2\pi = -\frac{a}{2c} \frac{dm^2}{d\tau} \chi^2$$

MG, M. Amin, D. Green, JCAP 06 (2020), 039

$$\ddot{\delta\phi}_k + (3H + \Gamma)\dot{\delta\phi}_k = \xi_k + \dots$$

M. Bastero-Gil, M. Díaz-Blanco, JCAP 12 (2021), 052

1. PBHs from inflation



2. Background



3. (Random) fluctuations



4. GWs



5. Conclusion

Dissipation during inflation

The total (inflaton+radiation) stress-energy tensor is conserved, $\nabla_\mu T^{\mu\nu} = 0$, but individually,

$$\nabla_\mu T_{(\phi)}^{\mu\nu} = Q^\nu$$

$$\nabla_\mu T_{(r)}^{\mu\nu} = -Q^\nu$$

where

(M. Gleiser, R. Ramos, PRD 50 (1994) 2441; M. Bastero-Gil et.al., JCAP 05 (2014) 004)

$$Q_\mu = \underbrace{-\Gamma u^\nu \nabla_\nu \phi \nabla_\mu \phi}_{\text{dissipation}} + \underbrace{\sqrt{\frac{2\Gamma T}{a^3}} \xi_t \nabla_\mu \phi}_{\text{fluctuation}}$$

ξ_t denotes a normalized white-noise process, $\xi_t = dW_t/dt$, with dW_t a Wiener increment,

$$\langle \xi_t(\mathbf{x}) \xi_{t'}(\mathbf{x}') \rangle = \delta^{(3)}(\mathbf{x} - \mathbf{x}') \delta(t - t')$$

Only dissipation affects the background

1. PBHs from inflation



2. Background



3. (Random) fluctuations



4. GWs



5. Conclusion

Background dynamics

$$\ddot{\phi} + (3H + \Gamma)\dot{\phi} + V_{\phi} = 0$$

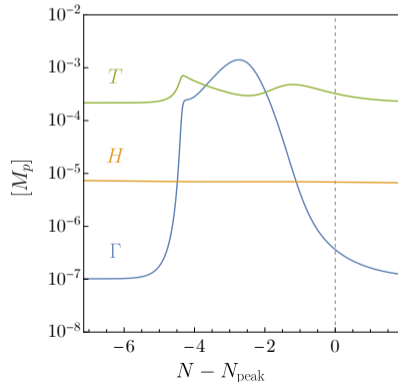
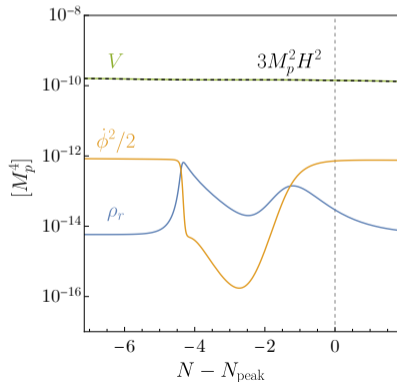
$$\dot{\rho}_r + 4H\rho_r = \Gamma\dot{\phi}^2$$

$$\rho_r + \frac{1}{2}\dot{\phi}^2 + V = 3M_P^2 H^2$$

$$V = \frac{1}{4}\lambda\phi^4$$

$$\Gamma = \frac{T^3}{m^2 + M^2 \tanh^2\left(\frac{\phi - \phi^*}{\Lambda}\right)}$$

$$\rho_r = \frac{\pi^2}{30} g_* T^4$$



1. PBHs from inflation



2. Background



3. (Random) fluctuations



4. GWs



5. Conclusion

Localized dissipation?

Inflaton coupled to a d.o.f. χ connected or part of the thermal bath

$$V(\phi, \chi) = V(\phi) + f(\phi)g(\chi)$$

Integration over χ and an ensemble averaging,

$$\partial_\mu \frac{\partial \mathcal{L}_{\text{eff},r}[\phi]}{\partial (\partial_\mu \phi)} - \frac{\partial \mathcal{L}_{\text{eff},r}[\phi]}{\partial \phi} - i \frac{\partial f}{\partial \phi} \int d^4 x' \theta(t-t') [f(\phi(x')) - f(\phi(x))] \langle [g(\chi(x)) - g(\chi(x')))] \rangle = 0$$

↓ adiabaticity $\dot{\phi}/\phi \ll \tau^{-1} \rightarrow$ locality

$$\ddot{\phi} + (3H + \Gamma)\dot{\phi} + \frac{\partial V_{\text{eff}}}{\partial \phi} = 0$$

with

$$\Gamma = -i \int d^4 x \left(\frac{\partial f}{\partial \phi} \right)^2 \theta(t-t') \langle [g(\chi(x)) - g(\chi(x')))] \rangle (t-t')$$

1. PBHs from inflation



2. Background



3. (Random) fluctuations



4. GWs



5. Conclusion

Localized dissipation?

Thermal corrections to the potential can be suppressed via heavy field exchange, $\phi \rightarrow \chi \rightarrow \sigma$

$$\mathcal{L} = \frac{1}{2\mathcal{K}(\varphi)} \partial^\mu \varphi \partial_\mu \varphi + \frac{1}{2} \partial^\mu \chi \partial_\mu \chi + \frac{1}{2} \partial^\mu \sigma \partial_\mu \sigma - \frac{1}{2} g^2 \varphi^2 \chi^2 - \frac{1}{2} \tilde{g}^2 \varphi \chi \sigma^2 - V(\varphi)$$

With ϕ the canonically normalized field,

$$\begin{aligned} \Gamma &= \frac{g^4 (\partial_\phi \varphi^2)^2}{2T} \int \frac{d^4 p}{(2\pi)^4} n(\omega) [n(\omega) + 1] \rho_\chi^2(\omega) \\ &\simeq \frac{40g^4 (\partial_\phi \varphi^2)^2 \Gamma_{\chi,0}^2 T^3}{(2\pi)^3 m_\chi^6} \quad (T \ll m_\chi) \end{aligned}$$

where

$$\begin{aligned} \rho_\chi &= \frac{4\omega_p \Gamma_\chi}{(\omega^2 - \omega_p^2)^2 + 4\omega_p^2 \Gamma_\chi^2} \\ n(\omega) &= \left(e^{\omega T} - 1 \right)^{-1} \\ \Gamma_\chi &\simeq \frac{\tilde{g}^4 \varphi^2}{8\pi \omega_p(\mathbf{p})} \end{aligned}$$

1. PBHs from inflation



2. Background



3. (Random) fluctuations



4. GWs

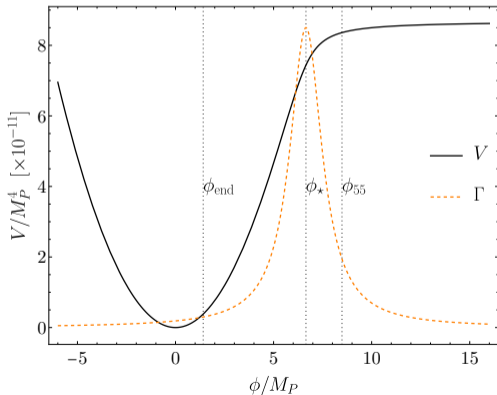


5. Conclusion

Localized dissipation?

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$$\mathcal{L} = \frac{1}{2\mathcal{K}(\varphi)} \partial^\mu \varphi \partial_\mu \varphi + \frac{1}{2} \partial^\mu \chi \partial_\mu \chi + \frac{1}{2} \partial^\mu \sigma \partial_\mu \sigma - \frac{1}{2} g^2 \varphi^2 \chi^2 - \frac{1}{2} \tilde{g}^2 \varphi \chi \sigma^2 - V(\varphi)$$



$$\mathcal{K}(\varphi) = \frac{4\varphi^4}{(1+\varphi^2)^2}$$

$$V(\varphi) = \lambda(\varphi + \beta)^2$$



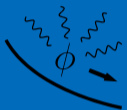
$$V(\phi) = \lambda \left(\phi - \sqrt{(\phi - \phi_*)^2 + 1} + \sqrt{1 + \phi_*^2} \right)^2$$

$$\Gamma = \frac{5}{16\pi^5} \left(\frac{\tilde{g}}{g} \right)^4 \frac{T^3}{1 + (\phi - \phi_*)^2}$$

1. PBHs from inflation



2. Background



3. (Random) fluctuations



4. GWs



5. Conclusion

Scalar fluctuations

Introduce the set of linear fluctuations in the Newtonian gauge, $\delta\phi$, $\delta\rho_r$, $\delta q_r = \frac{4}{3}\rho_r\delta v_r$, and

$$ds^2 = (1 + 2\psi)dt^2 - a^2(1 - 2\psi)\delta_{ij}dx^i dx^j$$

Einstein's equations lead to

$$3H(\dot{\psi} + H\psi) + \frac{k^2}{a^2}\psi = -\frac{1}{2M_p^2} \left[\delta\rho_r + \dot{\phi}(\delta\dot{\phi} - \dot{\phi}\psi) + V_\phi\delta\phi \right]$$

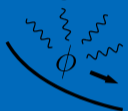
$$\dot{\psi} + H\psi = -\frac{1}{2M_p^2} \left(\delta q_r - \dot{\phi}\delta\phi \right)$$

$$\ddot{\psi} + 4H\dot{\psi} + (2\dot{H} + 3H^2)\psi = \frac{1}{2M_p^2} \left[\frac{1}{3}\delta\rho_r + \dot{\phi}(\delta\dot{\phi} + \dot{\phi}\psi) - V_\phi\delta\phi \right]$$

1. PBHs from inflation



2. Background



3. (Random) fluctuations



4. GWs



5. Conclusion

Scalar fluctuations

Introduce the set of linear fluctuations in the Newtonian gauge, $\delta\phi$, $\delta\rho_r$, $\delta q_r = \frac{4}{3}\rho_r\delta v_r$, and

$$ds^2 = (1 + 2\psi)dt^2 - a^2(1 - 2\psi)\delta_{ij}dx^i dx^j$$

Continuity equations in turn give

(M. Bastero-Gil et al., JCAP 05 (2014) 004)

$$\delta\ddot{\phi} + (3H + \Gamma)\delta\dot{\phi} + \left(\frac{k^2}{a^2} + V_{\phi\phi} + \dot{\phi}\Gamma_{\phi}\right)\delta\phi + \Gamma_T\frac{\dot{\phi}T}{4\rho_r}\delta\rho_r - 4\dot{\psi}\dot{\phi} + (2V_{\phi} + \Gamma\dot{\phi})\psi = \sqrt{\frac{2\Gamma T}{a^3}}\xi_t$$

$$\delta\dot{\rho}_r + \left(4H - \Gamma_T\frac{\dot{\phi}^2 T}{4\rho_r}\right)\delta\rho_r - \frac{k^2}{a^2}\delta q_r + \Gamma\dot{\phi}^2\psi - 4\rho_r\dot{\psi} - (\Gamma_{\phi}\delta\phi - 2\Gamma\delta\dot{\phi})\dot{\phi} = -\sqrt{\frac{2\Gamma T}{a^3}}\dot{\phi}\xi_t$$

$$\delta\dot{q}_r + \frac{4}{3}\rho_r\psi + 3H\delta q_r + \frac{1}{3}\delta\rho_r + \Gamma\dot{\phi}\delta\phi = 0$$

Solutions reach an attractor, so initial conditions may be chosen as

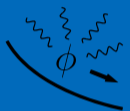
$$\delta q_r = 0, \quad \delta\rho_r = 0, \quad \psi = 0, \quad \delta\phi = -\frac{\dot{\phi}e^{-ik\tau}}{2M_p aH\sqrt{k\epsilon}}$$

Difficult to find their gauge-invariant versions!

1. PBHs from inflation



2. Background



3. (Random) fluctuations

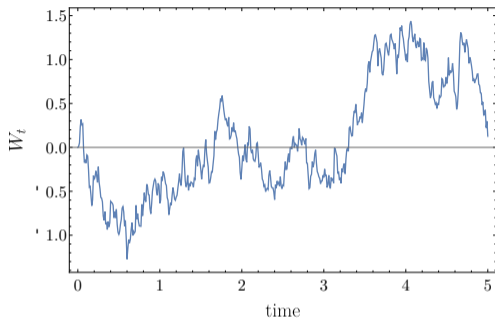


4. GWs



5. Conclusion

Frequentist vs deterministic



W_t is continuous but not differentiable

$$W_{t+\Delta t} - W_t \sim \mathcal{N}(0, \Delta t)$$

Take $\Phi \equiv (\psi, \delta\rho_r, \delta\dot{\phi}, \delta\phi)^T$

$$\begin{aligned} \dot{\Phi} + \mathbf{A}\Phi &= \mathbf{B}\xi_t \\ &\approx \mathbf{B} \sum_i \xi_i \delta(t - t_i) \end{aligned}$$

with $\langle \xi_i \rangle = 0$, $\langle \xi_i \xi_j^* \rangle = \Delta t \delta(t - t')$

$$\int_{t_i^-}^{t_i^+} dt \left(\dot{\Phi} + \mathbf{A}\Phi \right) = \Phi_i^+ - \Phi_i^- = \mathbf{B}_i \xi_i$$

$$\Rightarrow \Phi(t + \Delta t) \simeq \mathbf{A}(t)\Phi(t)\Delta t + \mathbf{B}(t)\xi_i$$

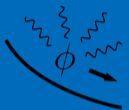
(Euler-Maruyama)

(we use a stochastic RK method)

1. PBHs from inflation



2. Background



3. (Random) fluctuations



4. GWs



5. Conclusion

Frequentist vs deterministic

Itô's lemma:

$$\begin{aligned}dX &= aX dt + b dW_t \\dX^2 &= (2aX^2 + b^2) dt + 2bX dW_t\end{aligned} \quad \Rightarrow \quad \begin{aligned}\frac{d\langle X \rangle}{dt} &= a\langle X \rangle \\ \frac{d\langle X^2 \rangle}{dt} &= 2a\langle X^2 \rangle + b^2\end{aligned}$$

For cosmological perturbations,

$$\frac{d\langle \Phi \Phi^\dagger \rangle}{dt} = -\mathbf{A}\langle \Phi \Phi^\dagger \rangle - \langle \Phi \Phi^\dagger \rangle \mathbf{A}^T + \mathbf{B}\mathbf{B}^T$$

The curvature power spectrum is

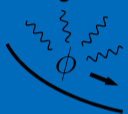
$$\langle \mathcal{P}_{\mathcal{R}} \rangle = \frac{k^3}{2\pi^2} \mathbf{C}^T \langle \Phi \Phi^\dagger \rangle \mathbf{C} \Big|_{k \ll aH}$$

with $\mathcal{R} = \mathbf{C}^T \Phi$

1. PBHs from inflation



2. Background



3. (Random) fluctuations

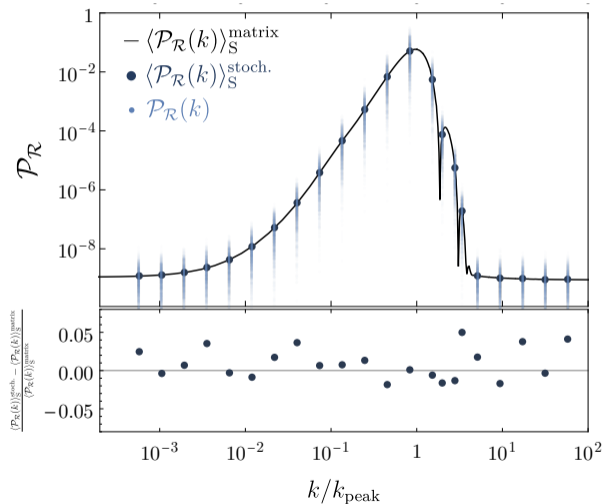


4. GWs



5. Conclusion

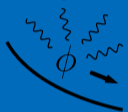
Frequentist vs deterministic



1. PBHs from inflation



2. Background



3. (Random) fluctuations

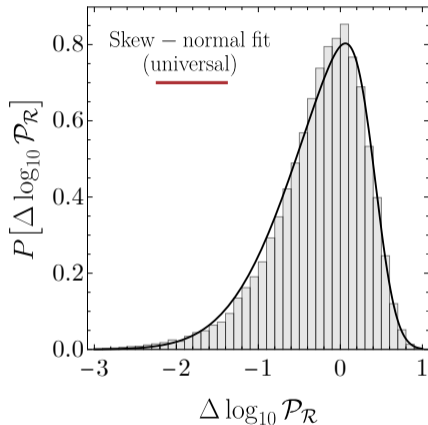
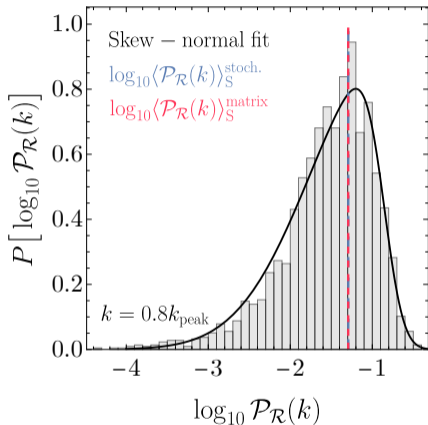


4. GWs



5. Conclusion

Distribution of the power spectrum



$$P_{\text{SKN}}(x | \mu, \sigma, \alpha) = \frac{1}{\sqrt{2\pi}\sigma} e^{-\frac{(x-\mu)^2}{2\sigma^2}} \operatorname{erfc} \left[-\frac{\alpha(x-\mu)}{\sqrt{2}\sigma} \right]$$

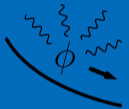
$$\Delta \log_{10} \mathcal{P}_{\mathcal{R}} \equiv \log_{10} \mathcal{P}_{\mathcal{R}} - \log_{10} \langle \mathcal{P}_{\mathcal{R}} \rangle$$

$$\{\mu, \sigma, \alpha\} = \{0.42, 0.87, -4.15\}$$

1. PBHs from inflation



2. Background



3. (Random) fluctuations



4. GWs



5. Conclusion

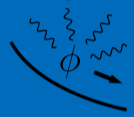
Analytical approximation

- Decouple $\delta\phi$: $\delta\ddot{\phi} + (\delta\dot{\phi}, \delta\phi, \text{background}) = f_{\phi}(t)\xi_t$
- Approximate $\mathcal{R} \approx -\frac{\delta\phi}{\phi'}$
- Parametrize background as piecewise constants
- Solve homogeneous equation, $\delta\ddot{\phi} + (\delta\dot{\phi}, \delta\phi, \text{background}) = 0$, and find Green's function
- Formally solve, $\delta\phi(t) = \delta\phi^{(h)}(t) + \int dt' G(t, t') f_{\phi}(t')\xi_{t'}$
- $\mathcal{P}_{\delta\phi} = \mathcal{P}_{\delta\phi}^{(h)}(t) + \int dt' G(t, t')^2 f_{\phi}(t')^2 \longrightarrow \mathcal{P}_{\mathcal{R}}$

1. PBHs from inflation



2. Background



3. (Random) fluctuations

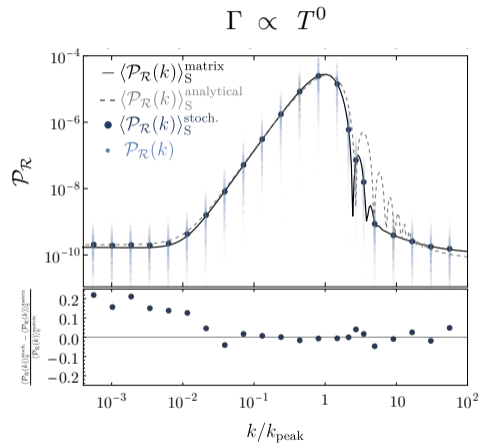
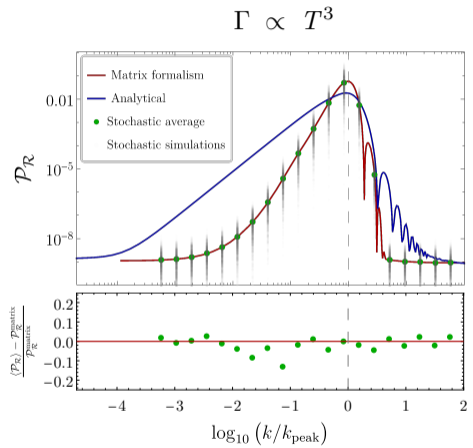


4. GWs



5. Conclusion

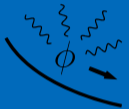
Analytical approximation



1. PBHs from inflation



2. Background



3. (Random) fluctuations



4. GWs



5. Conclusion

Induced gravitational waves

Second order induced GWs,

($s = (+, \times)$)

$$h_k^{s''} + 2\mathcal{H}h_k^{s'} + k^2 h_k^s = S_k^s$$

$$S_k^s = \int \frac{3p}{(2\pi)^3} \mathbf{e}_{ij}^s(\mathbf{k}) p_i p_j \left[8\psi_p \psi_{k-p} + \frac{16\rho}{3(\rho+p)} \left(\psi_p + \frac{1}{\mathcal{H}} \psi'_p \right) \left(\psi_{k-p} + \frac{1}{\mathcal{H}} \psi'_{k-p} \right) \right]$$

Y. Lu et al., PRD 102 (2020), 083503

The source needs to be tracked during and after inflation,

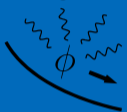
$$S_{k(\text{pre})}^s = \frac{4}{3} \left(\frac{\rho}{\rho+p} \right) \left(\frac{\phi'^2}{\mathcal{H}^2 M_p^4} \right) \int \frac{3p}{(2\pi)^3} \mathbf{e}^s(\mathbf{k}, \mathbf{p}) \delta\phi_p \delta\phi_{k-p}$$

$$S_{k(\text{post})}^s = \int \frac{3p}{(2\pi)^3} \mathbf{e}^s(\mathbf{k}, \mathbf{p}) \left[8\psi_p \psi_{k-p} + 4 \left(\psi_p + \frac{1}{\mathcal{H}} \psi'_p \right) \left(\psi_{k-p} + \frac{1}{\mathcal{H}} \psi'_{k-p} \right) \right]$$

1. PBHs from inflation



2. Background



3. (Random) fluctuations

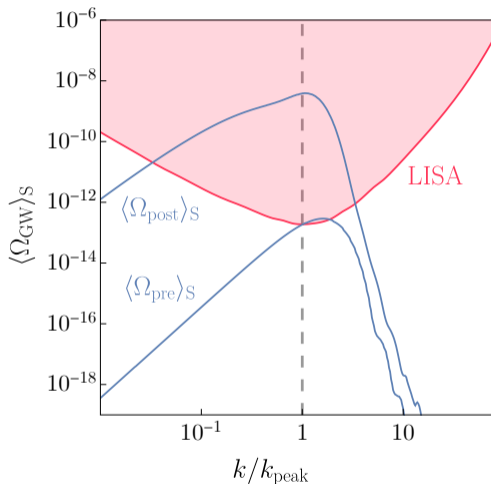


4. GWs



5. Conclusion

Signals



$$\langle h_k(\eta) h_{k'}(\eta) \rangle = \frac{2\pi^2}{k^3} \mathcal{P}_h(k, \eta) \delta(k - k')$$

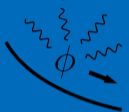
$$\langle \mathcal{P}_h(k, \eta) \rangle = \langle \mathcal{P}_{\text{pre}}(k, \eta) \rangle + 2\langle \mathcal{P}_{\text{mix}}(k, \eta) \rangle + \langle \mathcal{P}_{\text{post}}(k, \eta) \rangle$$

$$\langle \Omega_{\text{GW}}(T_0, k) \rangle_S = \frac{\Omega_\gamma(T_0)}{24} \frac{g_{*,T}}{g_{*,T_0}} \left(\frac{g_{*,T_0}}{g_{*,T}} \right)^{4/3} \times \left(\frac{k}{\mathcal{H}} \right)^2 \overline{\langle \mathcal{P}_h(\eta, k) \rangle}_S$$

1. PBHs from inflation



2. Background



3. (Random) fluctuations



4. GWs



5. Conclusion

Conclusion

- Localized dissipation can be realized with non-minimal kinetic terms
- Dissipation affects the background, but does not drive the enhancement in $\mathcal{P}_{\mathcal{R}}$
- Thermal fluctuations are the main source for a peaked $\mathcal{P}_{\mathcal{R}}$
- Thermal attractor allows for analytical estimates
- First full determination of the stochastic GW signal
- Induced growth of fluctuations during reheating?

Thank you