

Inflation, preheating, reheating: signatures and codes

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1. Perturbative reheating



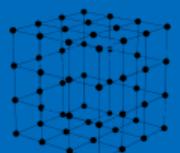
2. Thermalization



3. Preheating

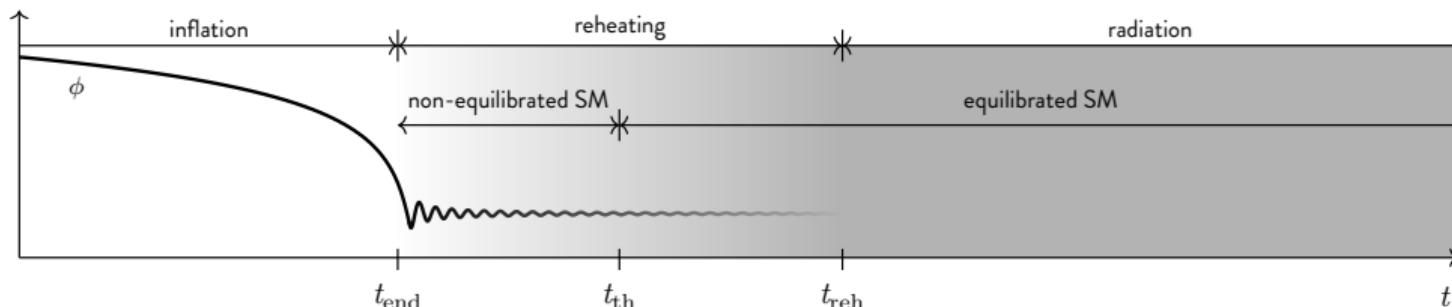


4. Backreaction



5. Signals

Introducing reheating



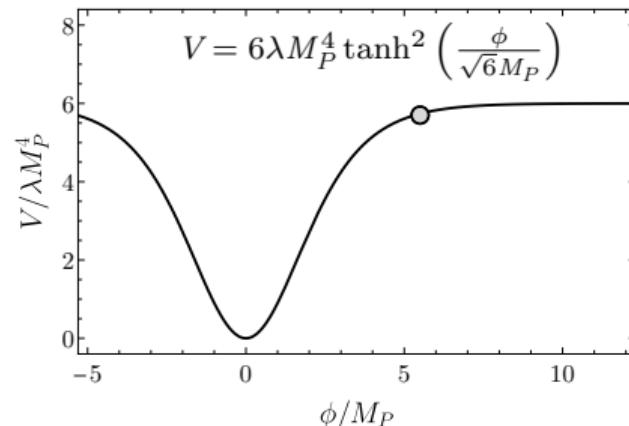
Inflation: a slowly-rolling scalar in FRW, $ds^2 = dt^2 - a(t)^2 dx^2$

$$\ddot{\phi} + 3H\dot{\phi} + V'(\phi) = 0$$

$$H \equiv \frac{\dot{a}}{a} = \left(\frac{\rho_\phi}{3M_P^2} \right)^{1/2}$$

$$\frac{1}{2}\dot{\phi}^2 + V(\phi) = \rho_\phi$$

$$\frac{1}{2}\dot{\phi}^2 - V(\phi) = p_\phi$$



R. Kallosh and A. Linde,
JCAP10(2013), 033

1. Perturbative reheating



2. Thermalization



3. Preheating

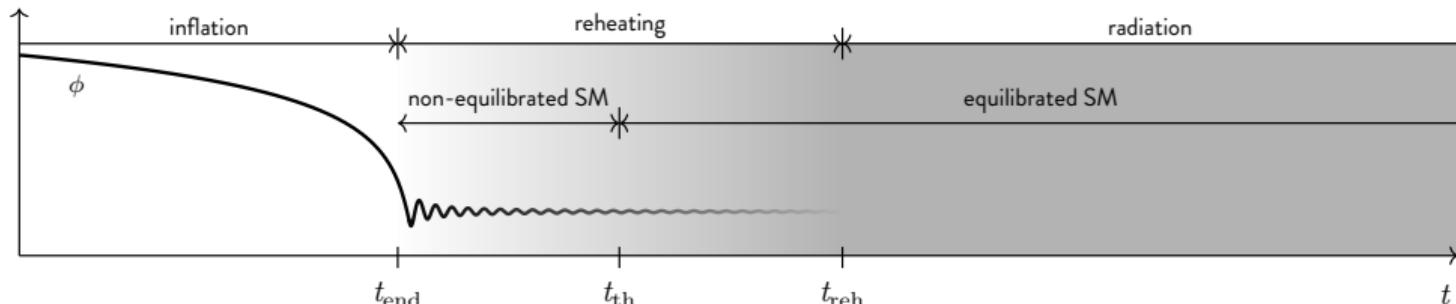


4. Backreaction

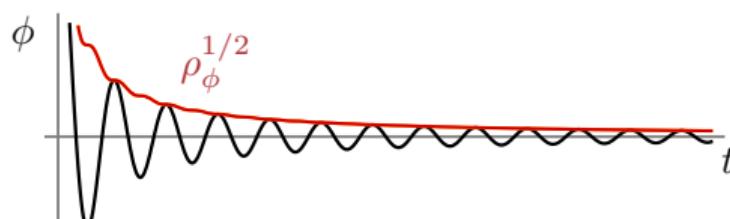


5. Signals

Introducing reheating



$$\text{The end of inflation: } \ddot{a} = 0 \Leftrightarrow w = -1/3 \Leftrightarrow \dot{\phi}^2 = V(\phi)$$



quadratic minimum \approx matter

$$\phi(t) \simeq \phi_0(t)\mathcal{P}(t) = \phi_0(t) \sum_n \mathcal{P}_n e^{-in\omega t}$$

$$\langle \dot{\phi}^2 \rangle \simeq \langle \phi V'(\phi) \rangle$$

$$\rho_\phi \simeq 2\langle V(\phi) \rangle = V(\phi_0)$$

$$p_\phi \simeq 0$$

1. Perturbative reheating



2. Thermalization



3. Preheating

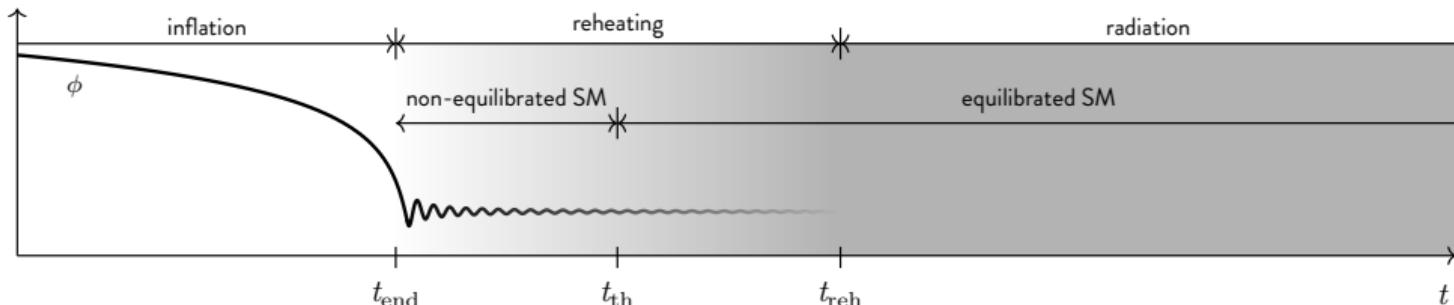


4. Backreaction



5. Signals

Introducing reheating



Perturbative reheating: energy exchange between ideal fluids

$$\ddot{\phi} + (3H + \Gamma_\phi)\dot{\phi} + V'(\phi) = 0 \quad \Rightarrow \quad \dot{\rho}_\phi + 3H\rho_\phi = -\Gamma_\phi\rho_\phi$$

$$\begin{aligned} T^{\mu\nu} &= T_\phi^{\mu\nu} + T_R^{\mu\nu} \\ &= \rho_\phi \text{diag}(1, 0, 0, 0) + \rho_R \text{diag}(1, \frac{1}{3}, \frac{1}{3}, \frac{1}{3}) \end{aligned}$$

$$\nabla_\mu T^{\mu\nu} = 0 \quad \Rightarrow \quad \dot{\rho}_R + 4H\rho_R = \Gamma_\phi\rho_\phi$$

1. Perturbative reheating



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3. Preheating

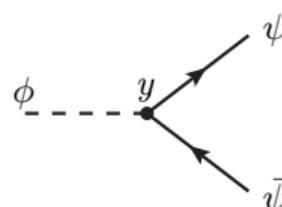
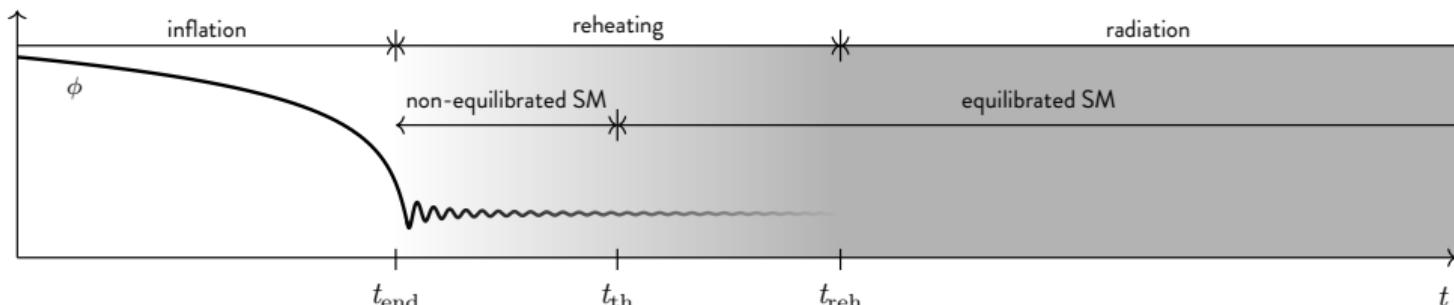


4. Backreaction

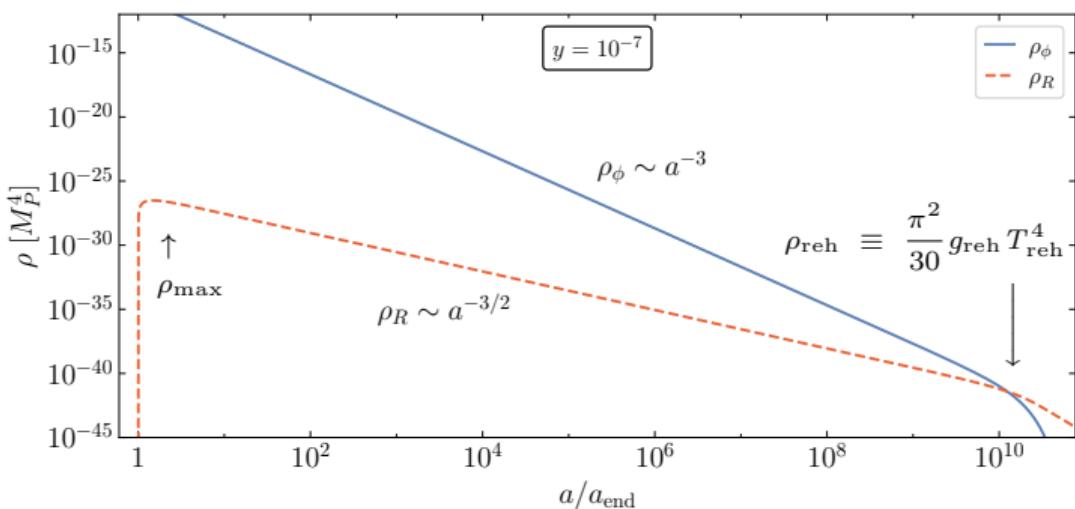


5. Signals

Introducing reheating



$$\Gamma_\phi = \frac{y^2}{8\pi} m_\phi$$



1. Perturbative reheating



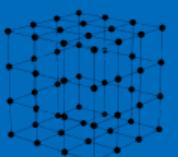
2. Thermalization



3. Preheating

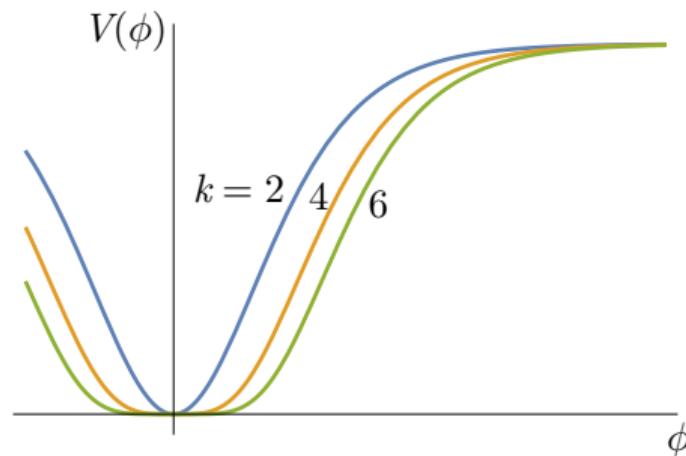


4. Backreaction



5. Signals

Non-quadratic minimum



$$V(\phi) = \lambda M_P^4 \left[\sqrt{6} \tanh \left(\frac{\phi}{\sqrt{6} M_P} \right) \right]^k$$
$$\xrightarrow{\phi \ll M_P} \lambda \frac{\phi^k}{M_P^{k-4}}$$

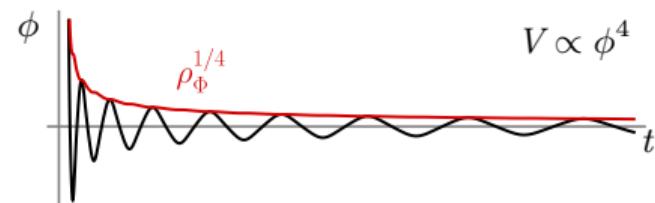
R. Kallosh and A. Linde, JCAP 07 (2013), 002

$$\phi(t) \simeq \phi_0(t) \mathcal{P}(t)$$

$$= \phi_0(t) \sum_n \mathcal{P}_n e^{-i n \omega t}$$

$$\rho_\phi \simeq \frac{k+2}{2} \langle V(\phi) \rangle = V(\phi_0)$$

$$p_\phi \simeq \frac{k-2}{k+2} V(\phi_0)$$



quartic minimum \approx radiation

1. Perturbative reheating



2. Thermalization



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Non-quadratic minimum

More careful Boltzmann treatment:

$$\begin{aligned} \frac{\partial f_R}{\partial t} - H|\mathbf{P}| \frac{\partial f_R}{\partial |\mathbf{P}|} &= \frac{1}{P^0} \sum_{n=1}^{\infty} \int \frac{d^3 \mathbf{K}}{(2\pi)^3 n_\phi} \frac{d^3 \mathbf{P}'}{(2\pi)^3 2P'^0} (2\pi)^4 \delta^{(4)}(K_n - P - P') |\overline{\mathcal{M}_n}|^2 \\ &\times [f_\phi(K)(1 \pm f_R(P))(1 \pm f_R(P')) - f_R(P)f_R(P')(1 + f_\phi(K))] \end{aligned}$$

condensate PSD

$$f_\phi(P, t) = (2\pi)^3 n_\phi(t) \delta^{(3)}(\mathbf{P})$$

oscillation mode energy

$$K_n = (E_n, \mathbf{0}) = (n\omega_\phi(t), \mathbf{0})$$

$$\dot{\rho}_\phi + 3H(1 + w_\phi)\rho_\phi = -\Gamma_\phi(1 + w_\phi)\rho_\phi$$

$$\dot{\rho}_R + 4H\rho_R = \Gamma_\phi(1 + w_\phi)\rho_\phi$$

$$\Gamma_\phi = \frac{1}{8\pi(1 + w_\phi)\rho_\phi} \sum_{n=1}^{\infty} \left\langle |\mathcal{M}_n|^2 E_n \beta_n \right\rangle, \quad \beta_n = \sqrt{\left(1 - \frac{(m_1 + m_2)^2}{E_n^2}\right) \left(1 - \frac{(m_1 - m_2)^2}{E_n^2}\right)}$$

5. Signals

1. Perturbative reheating



2. Thermalization



3. Preheating



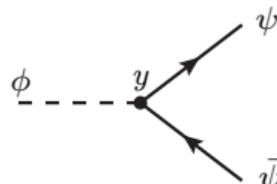
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5. Signals

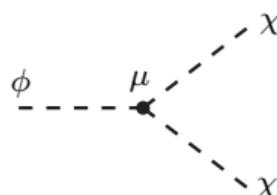
Nature of final state matters!

$$\mathcal{L} \supset y \phi \bar{\psi} \psi$$



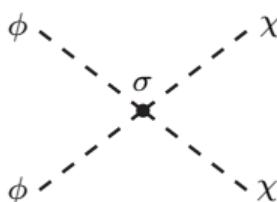
$$\Gamma_\phi = \frac{y(k)^2}{8\pi} m_\phi(t)$$

$$\mathcal{L} \supset \mu \phi \chi \chi$$



$$\Gamma_\phi = \frac{\mu(k)^2}{8\pi m_\phi(t)}$$

$$\mathcal{L} \supset \frac{1}{2} \sigma \phi^2 \chi^2$$



$$\Gamma_\phi = \frac{\sigma(k)^2 \rho_\phi(t)}{32\pi m_\phi(t)^3}$$

MG, K. Kaneta, Y. Mambrini, K. A. Olive, PRD 101 (2020), 123507

MG, K. Kaneta, Y. Mambrini, K. A. Olive, JCAP 04 (2021), 012

MG, M. Pierre, S. Verner, arXiv:2206.08940 [hep-ph]

$$\left. \Gamma_\phi(t) \propto \left(\frac{\rho_\phi}{M_P^4} \right)^\ell \right\}$$

1. Perturbative reheating



2. Thermalization



3. Preheating



4. Backreaction

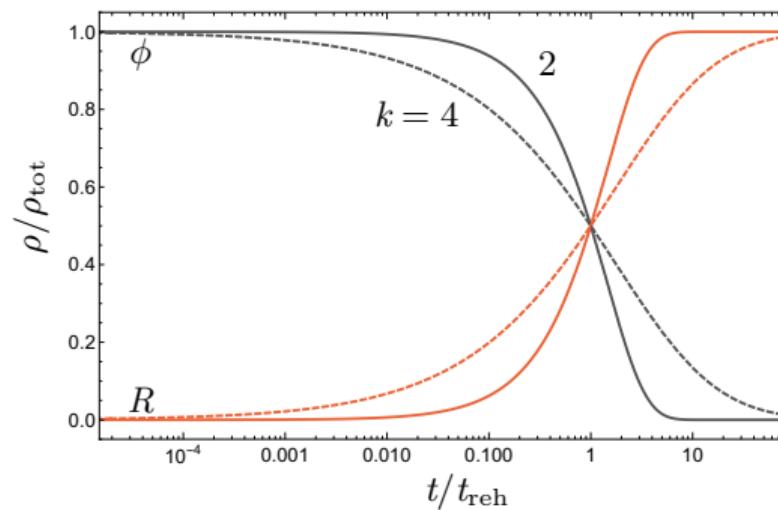


5. Signals

Nature of final state matters!



$$\Gamma_\phi = \frac{y(k)^2}{8\pi} m_\phi(t)$$



$$\rho_\phi \propto \begin{cases} e^{-\Gamma_\phi t}, & k = 2 \\ t^{\frac{2k}{2-k}}, & k \neq 2 \end{cases}$$

1. Perturbative reheating



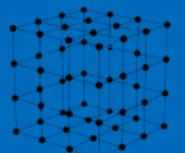
2. Thermalization



3. Preheating



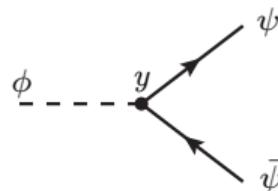
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Nature of final state matters!

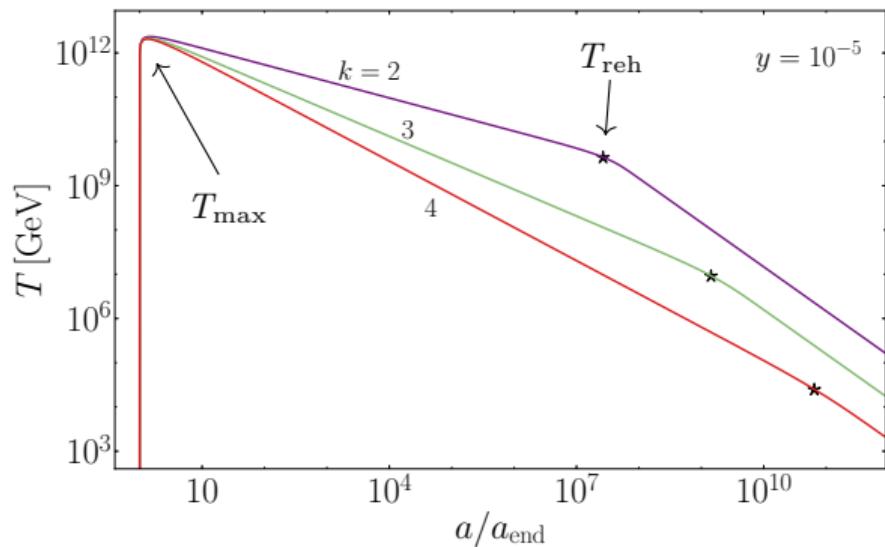
$$\mathcal{L} \supset y \phi \bar{\psi} \psi$$



$$\Gamma_\phi = \frac{y(k)^2}{8\pi} m_\phi(t)$$

$$T = \left(\frac{30\rho_R}{\pi^2 g_*} \right)^{1/4}$$

$$\propto a^{-\frac{3}{2} \frac{k-3}{k+4}}$$



1. Perturbative reheating



2. Thermalization



3. Preheating



4. Backreaction



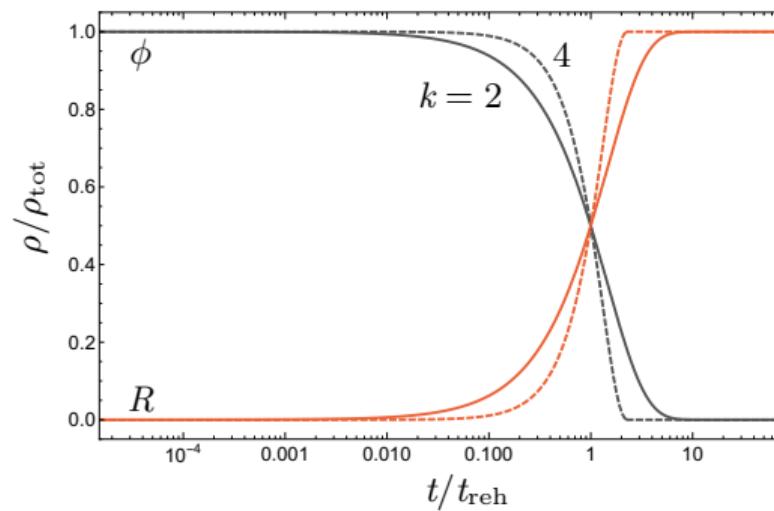
5. Signals

Nature of final state matters!

$$\mathcal{L} \supset \mu \phi \chi \chi$$



$$\Gamma_\phi = \frac{\mu(k)^2}{8\pi m_\phi(t)}$$



$$\rho_\phi \propto \begin{cases} e^{-\Gamma_\phi t}, & k = 2 \\ ??, & k \neq 2 \end{cases}$$

1. Perturbative reheating



2. Thermalization



3. Preheating

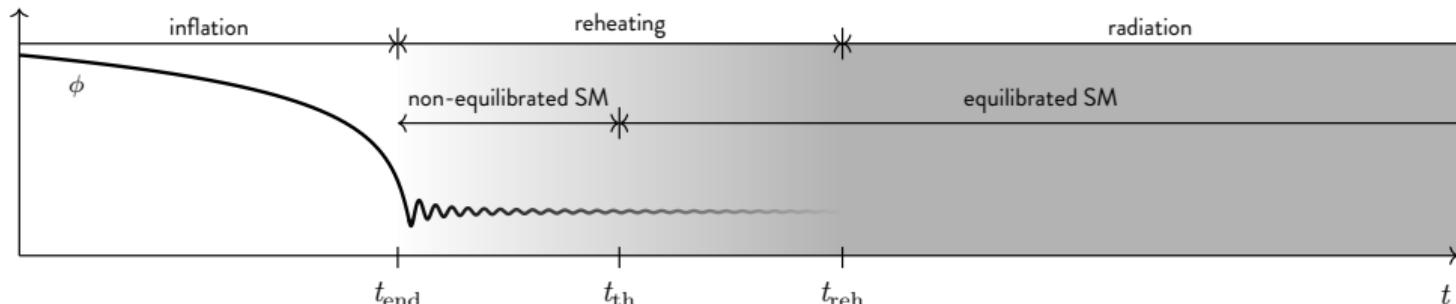


4. Backreaction



5. Signals

The path to thermal equilibrium



Low occupation number, direct decay: $\mathcal{C}[f_R(p, t)] = \frac{8\pi^2}{m_\phi^2} n_\phi \Gamma_\phi \delta(p - m_\phi/2)$

$$f_R(p, t) = \frac{16\pi^2 \Gamma_\phi}{m_\phi^3} \int_{t_{\text{end}}}^t dt' \frac{n_\phi(t')}{H(t')} \delta(t' - t_0), \quad \frac{a(t)}{a(t_0)} = \frac{m_\phi}{2p}$$

$$\simeq \frac{24\pi^2 n_R(t)}{m_\phi^3} \left(\frac{m_\phi}{2p} \right)^{3/2} \theta(m_\phi/2 - p), \quad (t \ll t_{\text{reh}})$$

$$n_R(t) \simeq \frac{\rho_{\text{end}}}{m_\phi} \left(1 - e^{-\Gamma_\phi(t - t_{\text{end}})} \right) \left(\frac{a(t)}{a_{\text{end}}} \right)^{-3} \text{ (count produced quanta)}$$

1. Perturbative reheating



2. Thermalization



3. Preheating

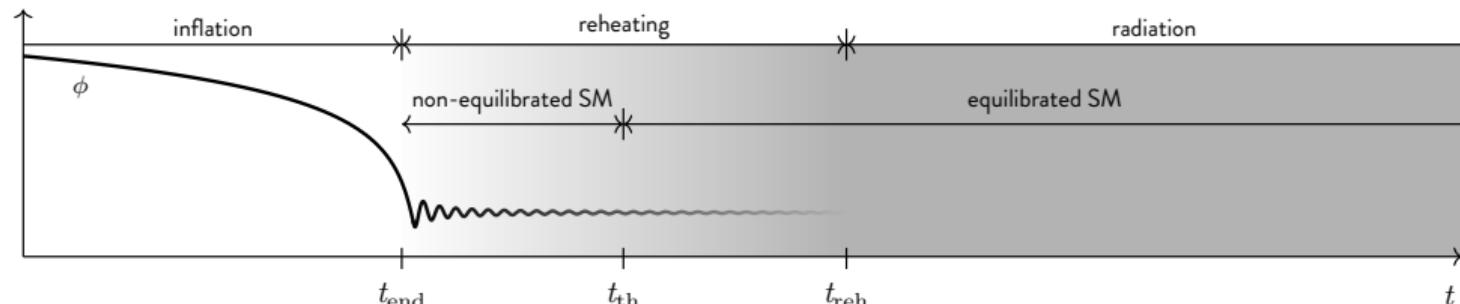


4. Backreaction

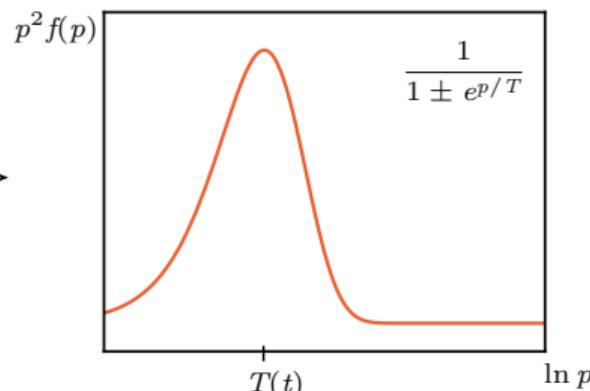
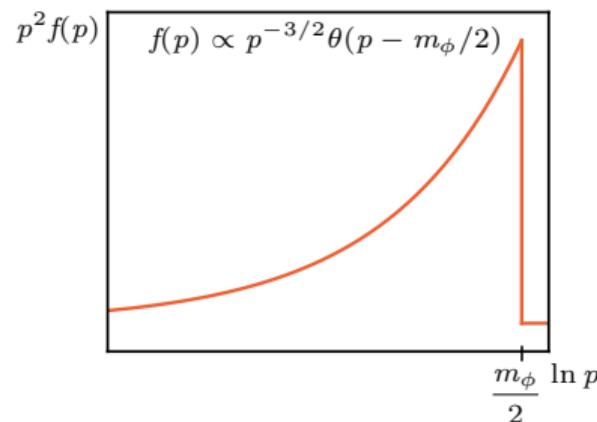


5. Signals

The path to thermal equilibrium



Thermal equilibrium: decay products need to *slow-down* and *multiply*



1. Perturbative reheating



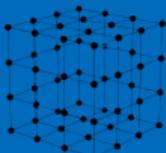
2. Thermalization



3. Preheating



4. Backreaction



5. Signals

The path to thermal equilibrium

A. Kurkela, G. Moore, 1107.5050

$$\frac{\partial f_\chi}{\partial t} - H p \frac{\partial f_\chi}{\partial p} = \left| \text{---} \begin{matrix} | \\ | \\ | \\ | \\ | \end{matrix} \text{---} \right|^2 + \left| \text{---} \begin{matrix} | & | & | & | & | & | \end{matrix} \text{---} \right|^2 + \dots$$
$$\equiv -\mathcal{C}^{2 \leftrightarrow 2}[f_\chi] - \mathcal{C}^{“1 \leftrightarrow 2”}[f_\chi] + \dots,$$

1. Perturbative reheating



2. Thermalization



3. Preheating



4. Backreaction



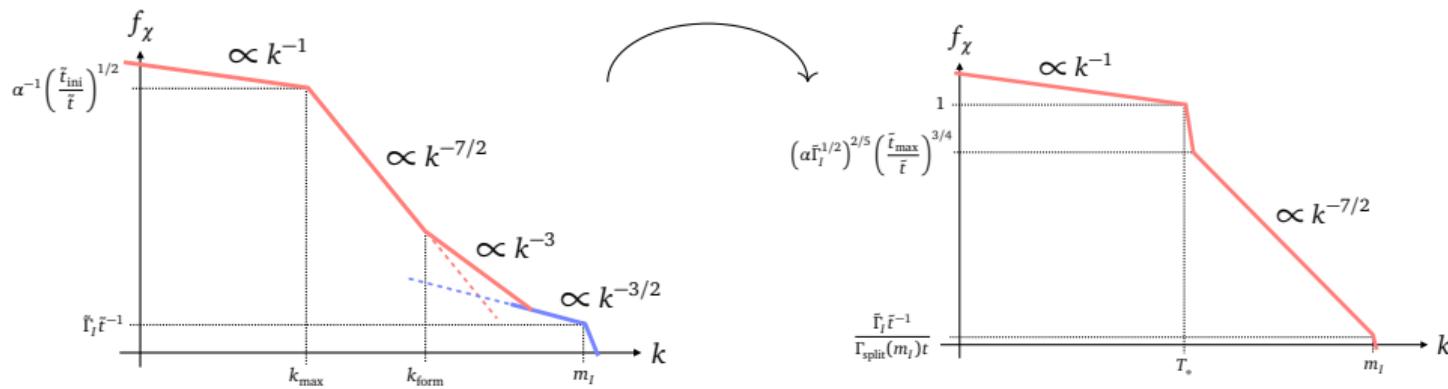
5. Signals

The path to thermal equilibrium

A. Kurkela, G. Moore, 1107.5050

$$\frac{\partial f_\chi}{\partial t} - H p \frac{\partial f_\chi}{\partial p} = \left| \begin{array}{c} \text{---} \\ | \\ \text{---} \end{array} \right. \left| \begin{array}{c} \text{---} \\ | \\ \text{---} \end{array} \right|^2 + \left| \begin{array}{c} \text{---} \\ | \\ \text{---} \end{array} \right. \left| \begin{array}{c} \text{---} \\ | \\ \text{---} \end{array} \right|^2 + \dots$$

K. Harigaya, K. Mukaida, 1312.3097; K. Mukaida, M. Yamada, 1506.07661



1. Perturbative reheating



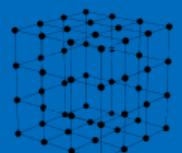
2. Thermalization



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4. Backreaction



5. Signals

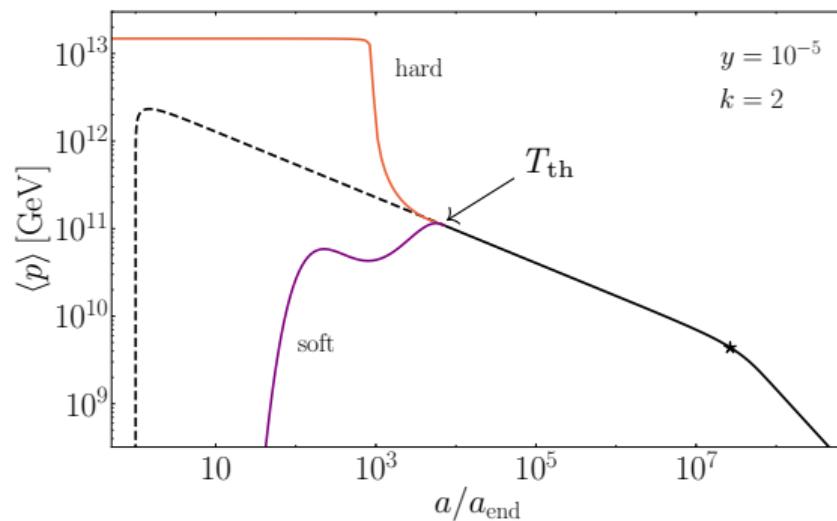
The path to thermal equilibrium

A. Kurkela, G. Moore, 1107.5050

$$\frac{\partial f_\chi}{\partial t} - H p \frac{\partial f_\chi}{\partial p} = \left| \begin{array}{c} \text{---} \\ | \\ \text{---} \end{array} \right|^2 + \left| \begin{array}{c} \text{---} \\ | \\ \text{---} \end{array} \right|^2 + \dots$$
$$\equiv -\mathcal{C}^{2 \leftrightarrow 2}[f_\chi] - \mathcal{C}^{\text{"}1 \leftrightarrow 2\text{"}}[f_\chi] + \dots,$$

$$\Gamma_\phi t_{\text{th}} \simeq \alpha_{\text{SM}}^{-16/5} \left(\frac{\Gamma_\phi m_\phi^2}{M_P^3} \right)^{2/5}$$

$$T_{\text{th}} \simeq \alpha_{\text{SM}}^{4/5} m_\phi \left(\frac{24}{\pi^2 g_{\text{reh}}} \right)^{1/4} \times \left(\frac{\Gamma_\phi M_P^2}{m_\phi^3} \right)^{2/5}$$



1. Perturbative reheating



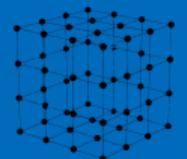
2. Thermalization



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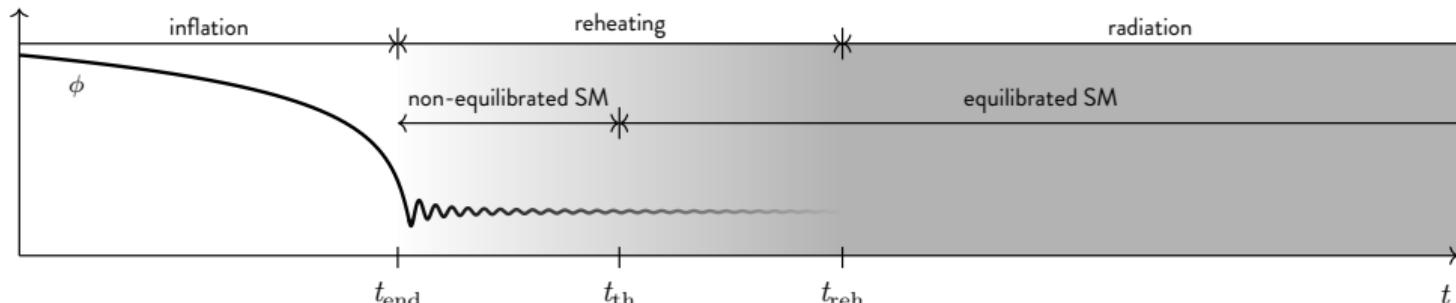


4. Backreaction

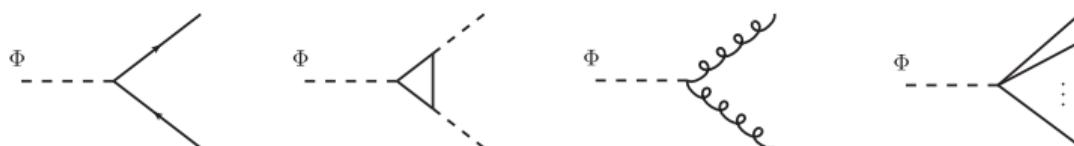


5. Signals

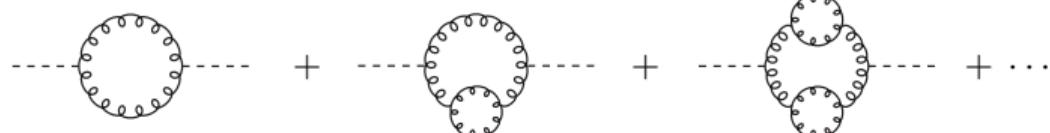
Thermalization for generic potential



The nature of the final state matters a lot



Condensate and pre-thermal in-medium effects cannot be neglected



If you know the answer let me know 😊

1. Perturbative reheating



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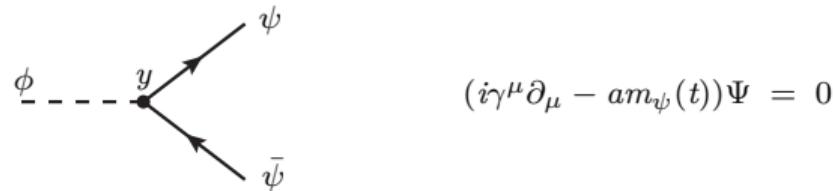
4. Backreaction



5. Signals

Beyond perturbation theory: fermions

$$\mathcal{L} \supset y \phi \bar{\psi} \psi$$



Introducing $\Psi \equiv a^{3/2}\psi$,

$$\Psi(\tau, \mathbf{x}) = \sum_{r=\pm} \int \frac{d^3 p}{(2\pi)^{3/2}} e^{-ip \cdot x} \left[u_p^{(r)}(\tau) \hat{a}_p^{(r)} + v_p^{(r)}(\tau) \hat{b}_{-p}^{(r)\dagger} \right]$$

with

$$u_p^{(r)}(\tau) = \frac{1}{\sqrt{2}} \begin{pmatrix} U_1(\tau) \xi_r(\mathbf{p}) \\ U_2(\tau) \frac{\sigma \cdot \mathbf{p}}{p} \xi_r(\mathbf{p}) \end{pmatrix}$$

and

$$U'_1(\tau) = -ip U_2(\tau) - iam_\psi U_1(\tau)$$

$$U'_2(\tau) = -ip U_1(\tau) + iam_\psi U_2(\tau)$$

1. Perturbative reheating



2. Thermalization



3. Preheating



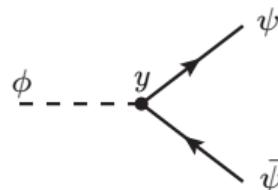
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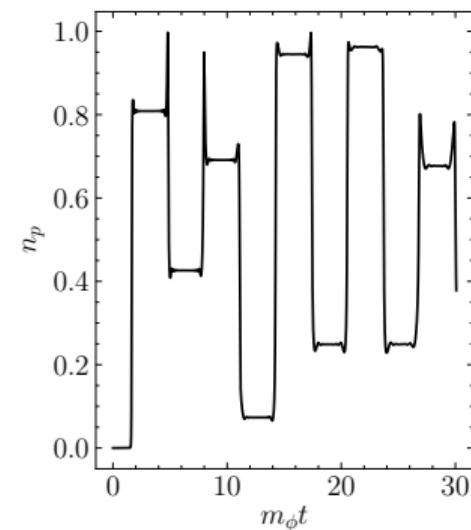
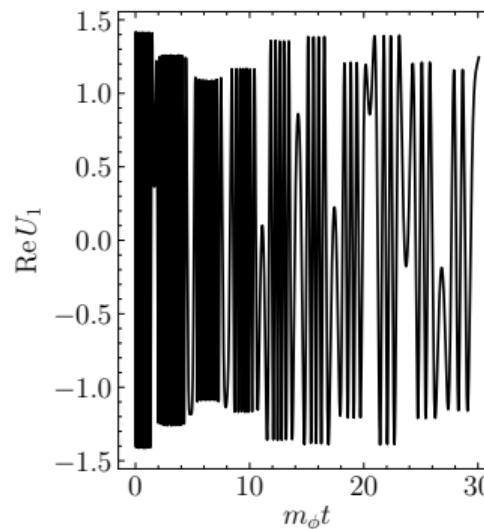
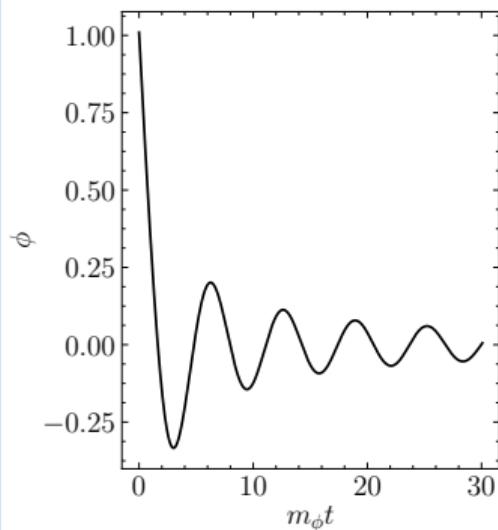
5. Signals

Beyond perturbation theory: fermions

$$\mathcal{L} \supset y \phi \bar{\psi} \psi$$



$$(i\gamma^\mu \partial_\mu - am_\psi(t))\Psi = 0$$



1. Perturbative reheating



2. Thermalization



3. Preheating



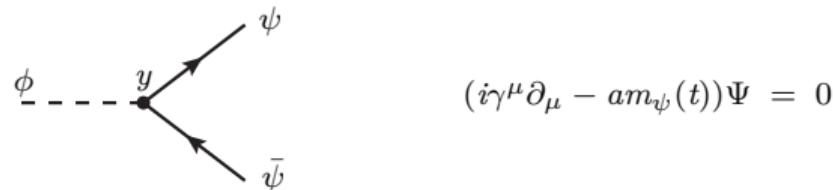
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Beyond perturbation theory: fermions

$$\mathcal{L} \supset y \phi \bar{\psi} \psi$$



$$(i\gamma^\mu \partial_\mu - am_\psi(t))\Psi = 0$$

The UV-convergent energy density is

$$\rho_\psi = \frac{1}{(2\pi)^3 a^4} \int d^3 p \omega_p n_p$$

with the occupation number (PSD)

$$n_p = \frac{1}{2} \left| \left(1 + \frac{am_\psi}{\omega_p}\right)^{1/2} U_2 - \left(1 - \frac{am_\psi}{\omega_p}\right)^{1/2} U_1 \right|^2 = f_\psi(p, t)$$

1. Perturbative reheating



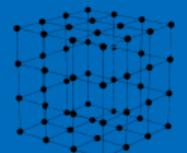
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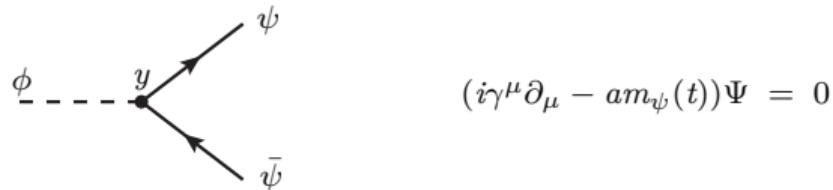
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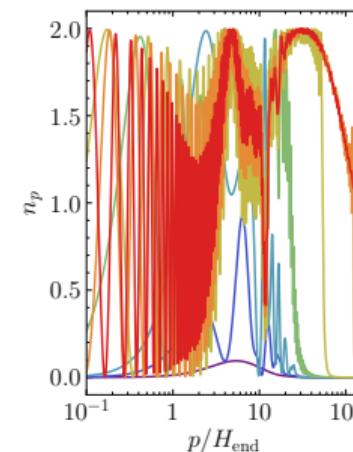
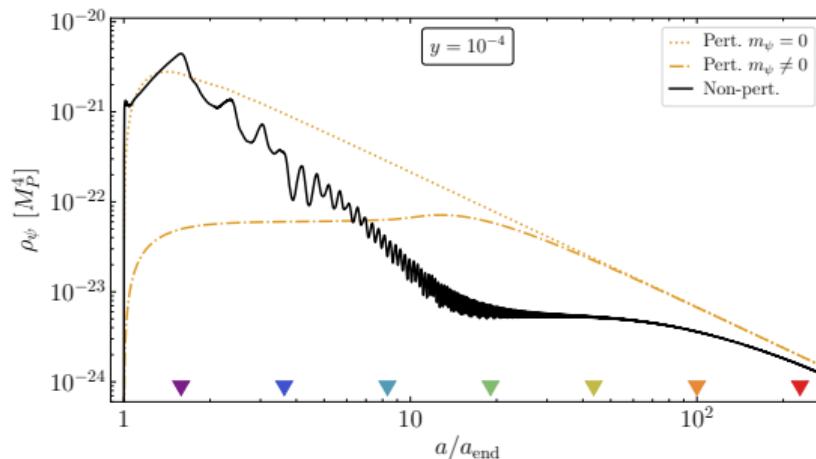
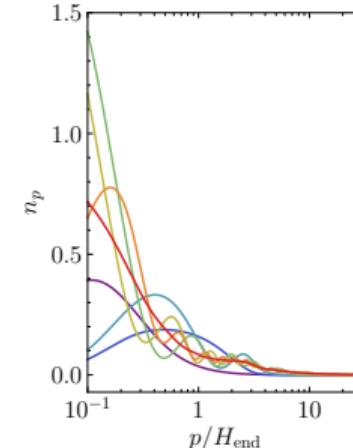
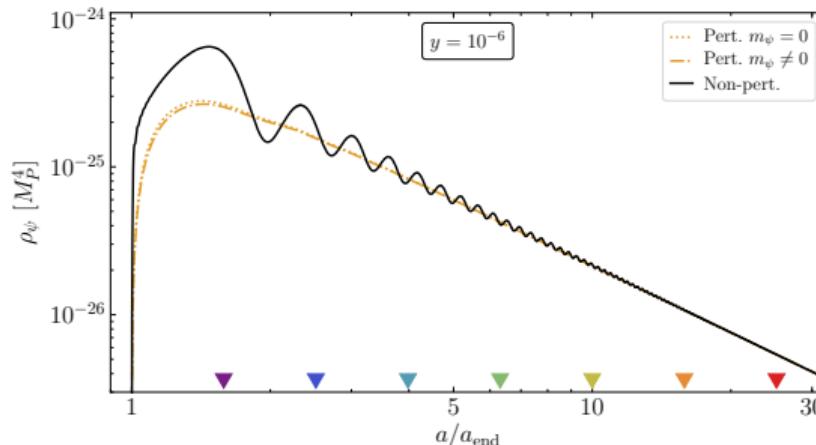
3. Preheating



4. Backreaction



5. Signals



1. Perturbative reheating



2. Thermalization



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5. Signals

Beyond perturbation theory: scalars

$$\mathcal{L} \supset \frac{1}{2}\sigma\phi^2\chi^2$$



$$\ddot{\chi} + (3H + \Gamma_\chi)\dot{\chi} - a^{-2}\nabla^2\chi + m_\chi^2(t)\chi = 0$$

Using the quantization-friendly variable $X_p \equiv a \exp\left(\frac{1}{2} \int a\Gamma_\chi d\tau\right) \chi_p$

$$X_p'' + \omega_p^2 X_p = 0$$

$$\rho_f' + 4\mathcal{H}\rho_f = a\Gamma_\chi\dot{\chi}^2$$

where

$$\omega_p^2 \equiv p^2 + a^2 m_\chi^2 - \frac{a''}{a} - \frac{1}{4}(a\Gamma_\chi)^2 - \frac{3}{2}a\mathcal{H}\Gamma_\chi$$

and the UV-convergent energy density (and occupation number) are

$$\rho_\chi = \frac{e^{-\int a\Gamma_\chi d\tau}}{(2\pi)^3 a^4} \int d^3 p \omega_p n_p, \quad n_p = \frac{1}{2\omega_p} |\omega_p X_p - iX_p'|^2$$

1. Perturbative reheating



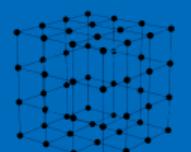
2. Thermalization



3. Preheating



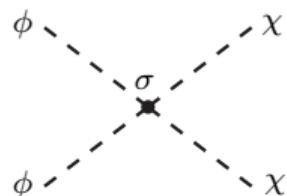
4. Backreaction



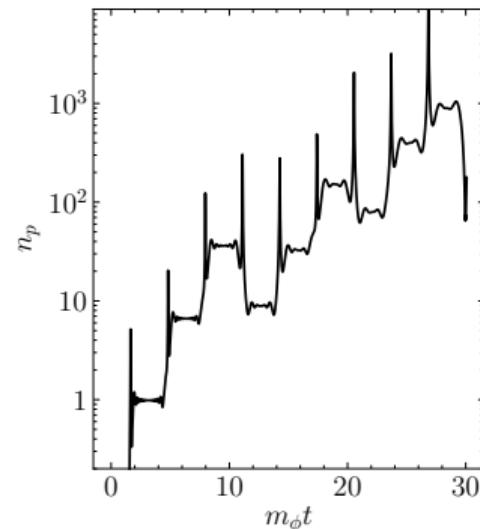
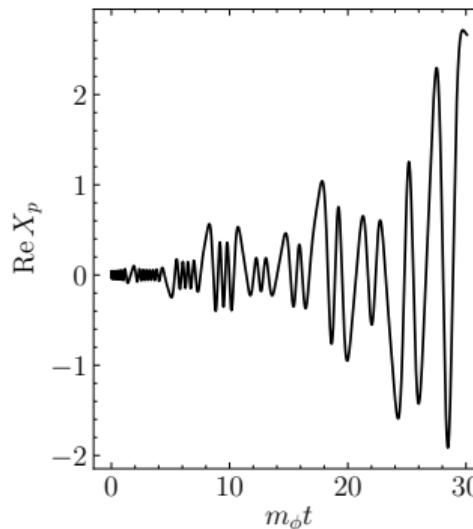
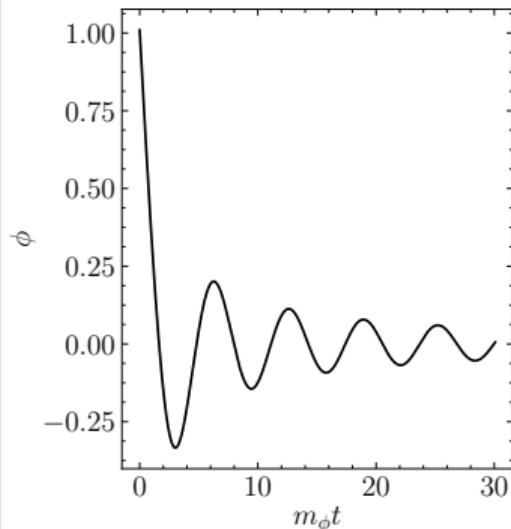
5. Signals

Beyond perturbation theory: scalars

$$\mathcal{L} \supset \frac{1}{2}\sigma\phi^2\chi^2$$



$$\ddot{\chi} + (3H + \Gamma_\chi)\dot{\chi} - a^{-2}\nabla^2\chi + m_\chi^2(t)\chi = 0$$



1. Perturbative
reheating



2. Thermalization



3. Preheating



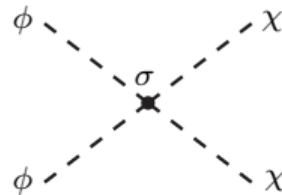
4. Backreaction



5. Signals

Beyond perturbation theory: scalars

$$\mathcal{L} \supset \frac{1}{2}\sigma\phi^2\chi^2$$



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1. Perturbative reheating



2. Thermalization



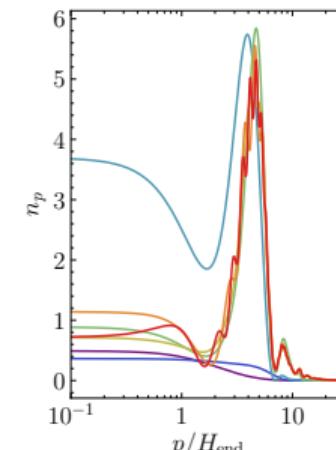
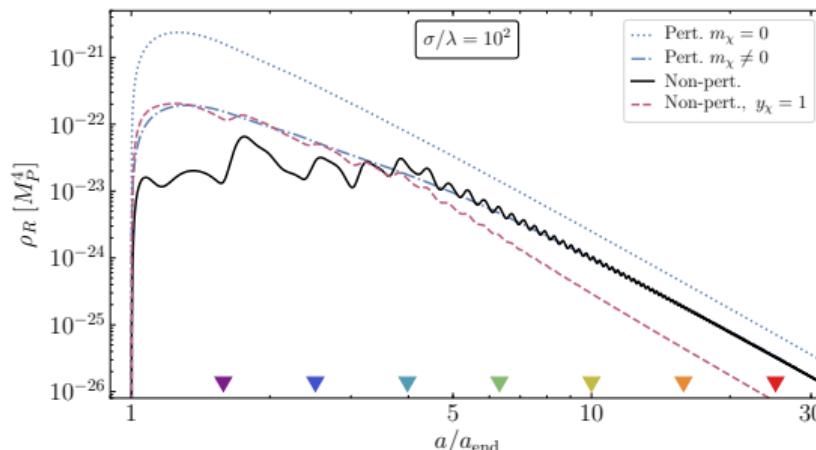
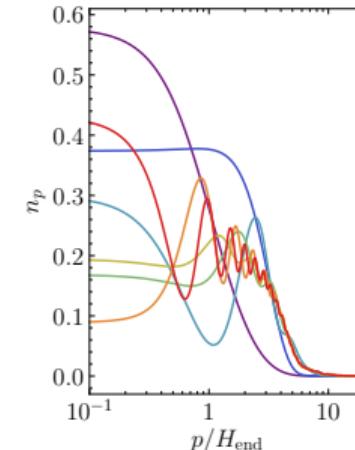
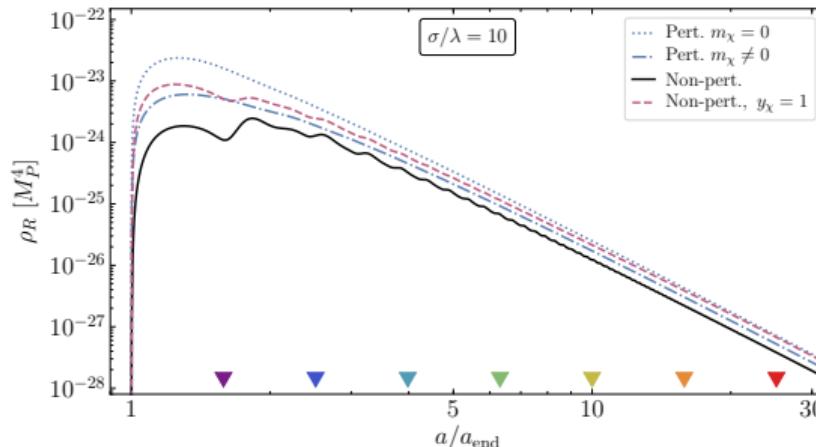
3. Preheating



4. Backreaction



5. Signals



1. Perturbative reheating



2. Thermalization



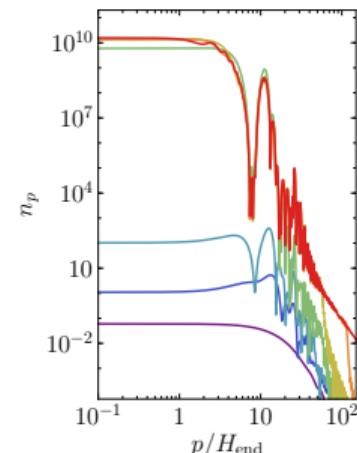
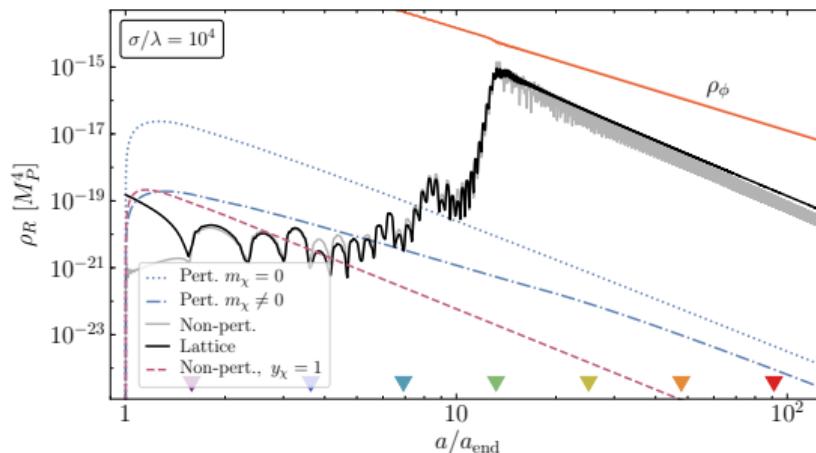
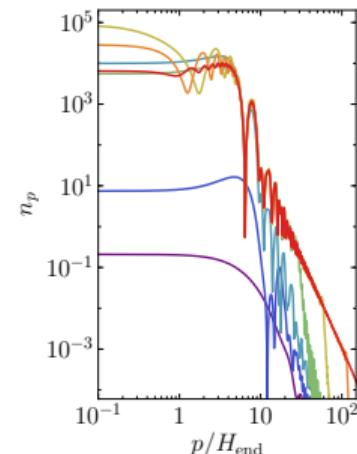
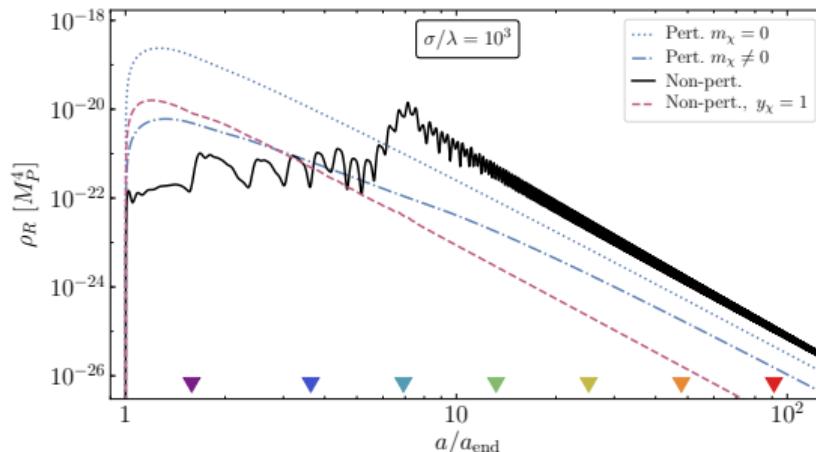
3. Preheating



4. Backreaction



5. Signals



1. Perturbative reheating



2. Thermalization



3. Preheating



4. Backreaction



5. Signals

Backreaction

For $\rho_\chi \lesssim 0.1\rho_\phi$, the Hartree approximation is sufficient

$$\ddot{\phi} + 3H\dot{\phi} + V_\phi + \sigma\langle\chi^2\rangle\phi = 0, \quad \langle\chi^2\rangle = \frac{1}{(2\pi)^3 a^2} \int d^3 p \left(|X_p|^2 - \frac{1}{2\omega_p} \right)$$

L. Kofman, A. Linde, A. Starobinsky, PRD 56 (1997) 3258

For $\rho_\chi \gtrsim 0.1\rho_\phi$ re-scattering of χ in ϕ fragments the inflationary condensate.

Spectral methods are insufficient and lattice codes in configuration space are necessary

$$\ddot{\phi} + 3H\dot{\phi} - \frac{\nabla^2\phi}{a^2} + V_{,\phi} = 0$$

$$\ddot{\chi} + 3H\dot{\chi} - \frac{\nabla^2\chi}{a^2} + V_{,\chi} = 0$$

Software of choice: CosmoLattice (v1.0)

D. Figueroa, et al., arXiv:2102.01031 [astro-ph.CO]

1. Perturbative re-heating



2. Thermalization



3. Preheating



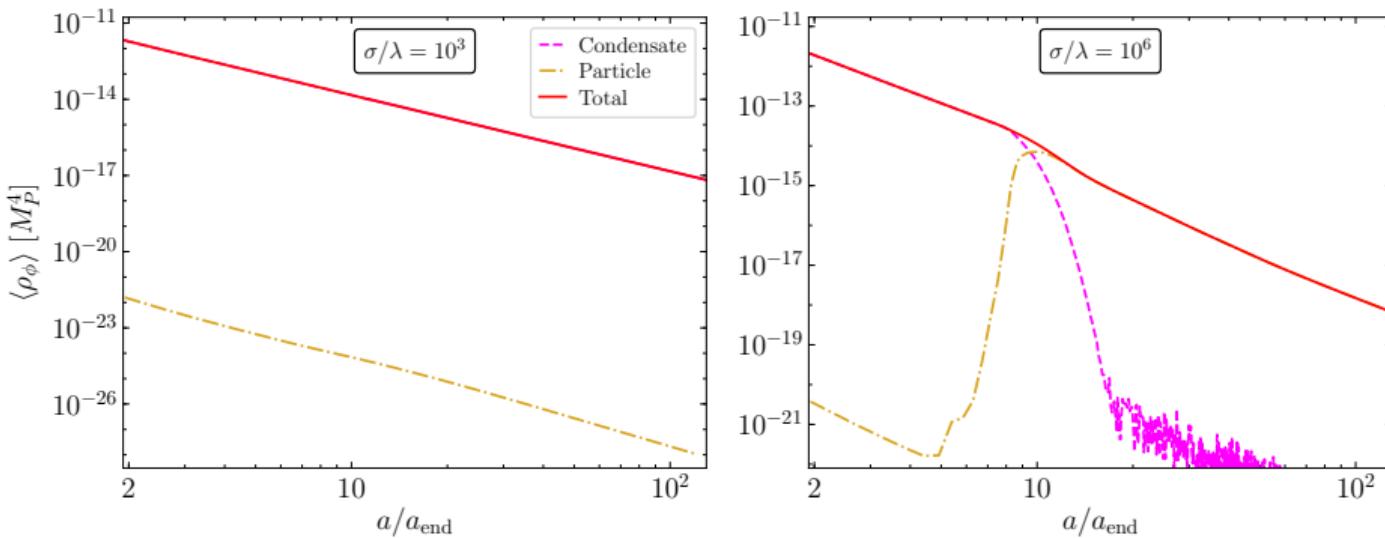
4. Backreaction



5. Signals

Backreaction

For $\rho_\chi \gtrsim 0.1\rho_\phi$ re-scattering of χ in ϕ fragments the inflationary condensate



1. Perturbative reheating



2. Thermalization



3. Preheating



4. Backreaction

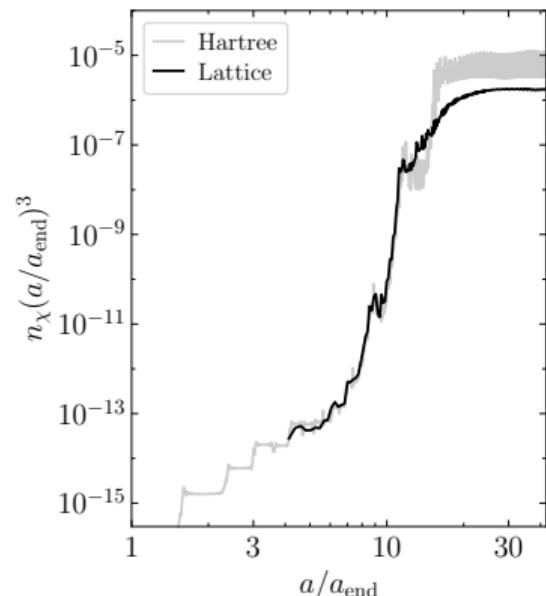
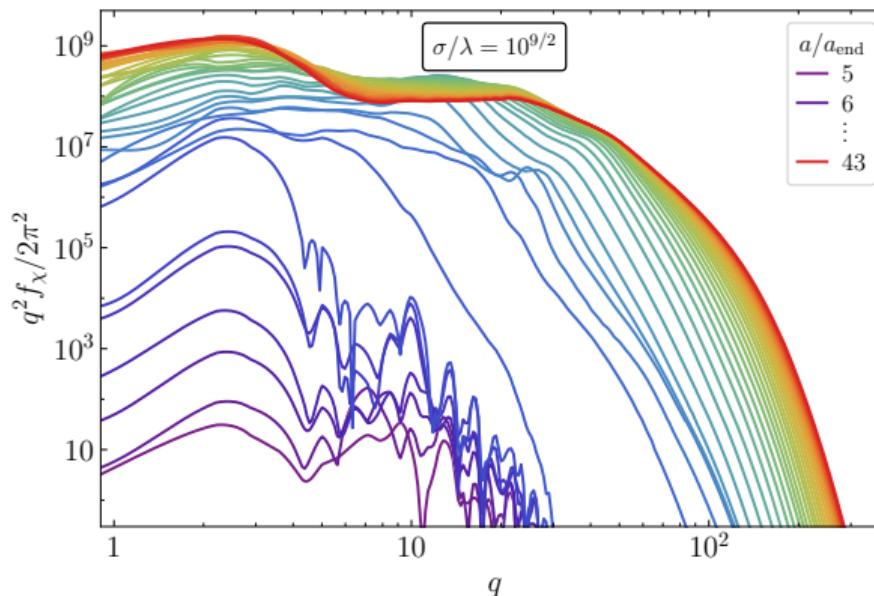


5. Signals

Backreaction

For $\rho_\chi \gtrsim 0.1 \rho_\phi$ re-scattering of χ in ϕ fragments the inflationary condensate

$$f_\chi \sim e^{-\alpha(\sigma/\lambda; t)q} \quad \text{in the UV}$$



1. Perturbative reheating



2. Thermalization



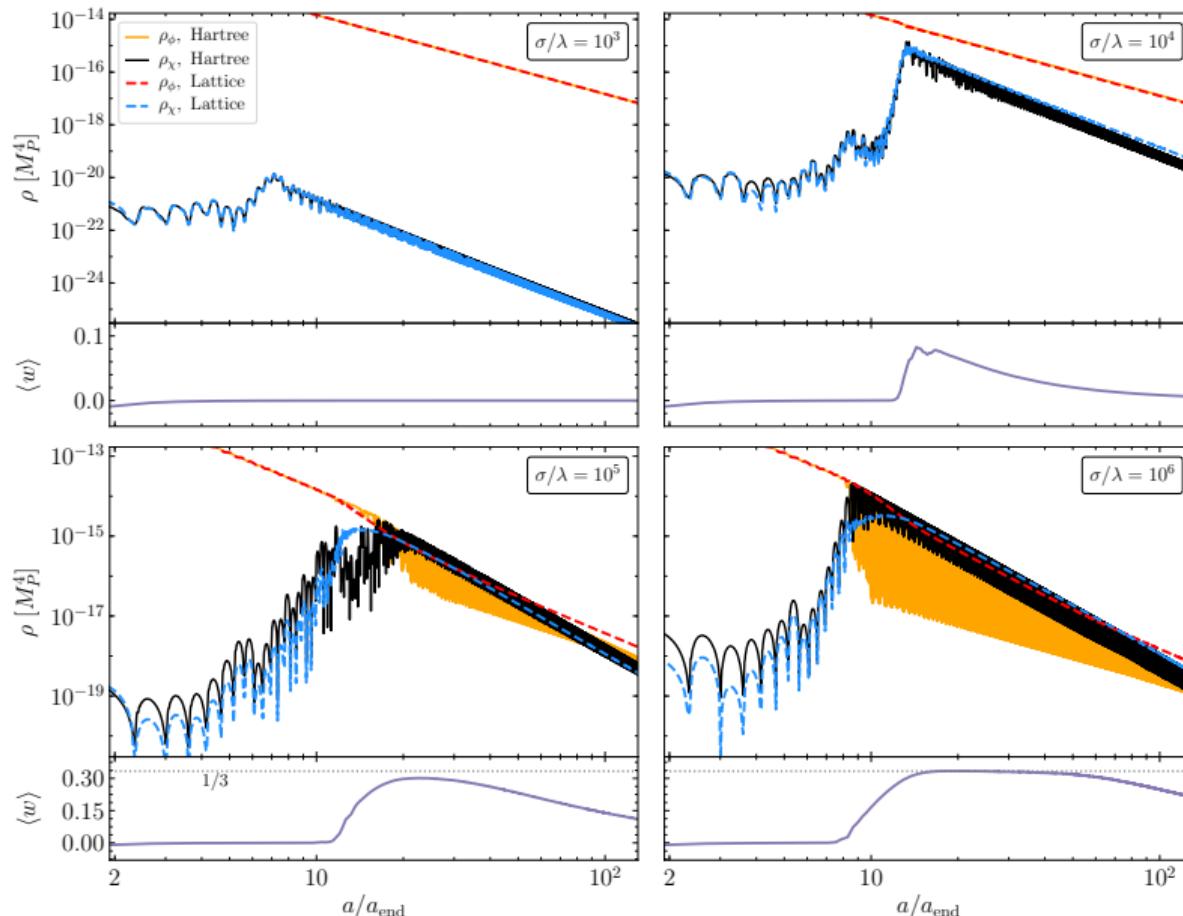
3. Preheating



4. Backreaction



5. Signals



1. Perturbative reheating



2. Thermalization



3. Preheating

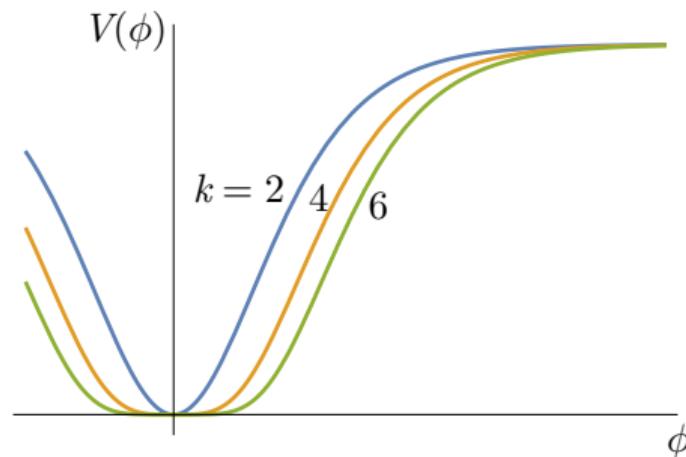


4. Backreaction



5. Signals

Inflaton self-resonance



$$V(\phi) = \lambda M_P^4 \left[\sqrt{6} \tanh \left(\frac{\phi}{\sqrt{6} M_P} \right) \right]^k$$
$$\xrightarrow{\phi \ll M_P} \lambda \frac{\phi^k}{M_P^{k-4}}$$

R. Kallosh and A. Linde, JCAP 07 (2013), 002

Non-adiabaticity is encountered for most of the parameter space
⇒ preheating cannot be ignored!

The homogeneous inflaton can pump energy into its own fluctuations (self-resonance)

⇒ lattice codes are indispensable

1. Perturbative reheating



2. Thermalization



3. Preheating

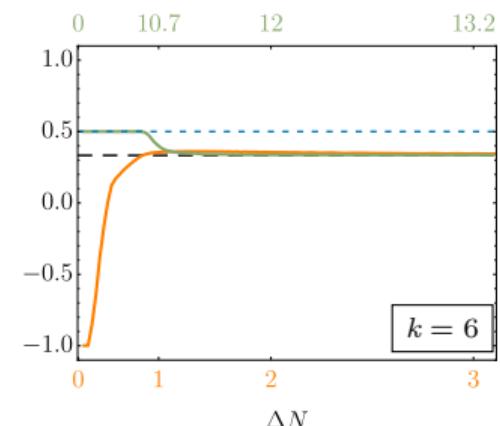
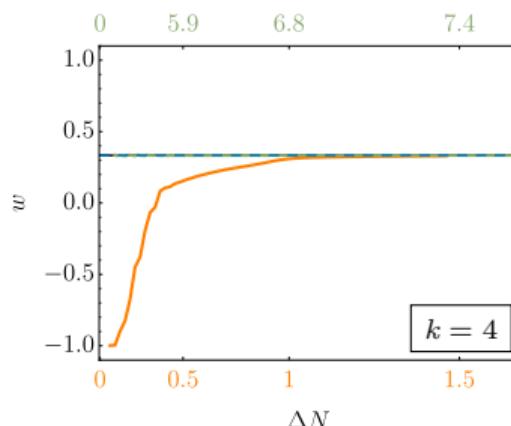
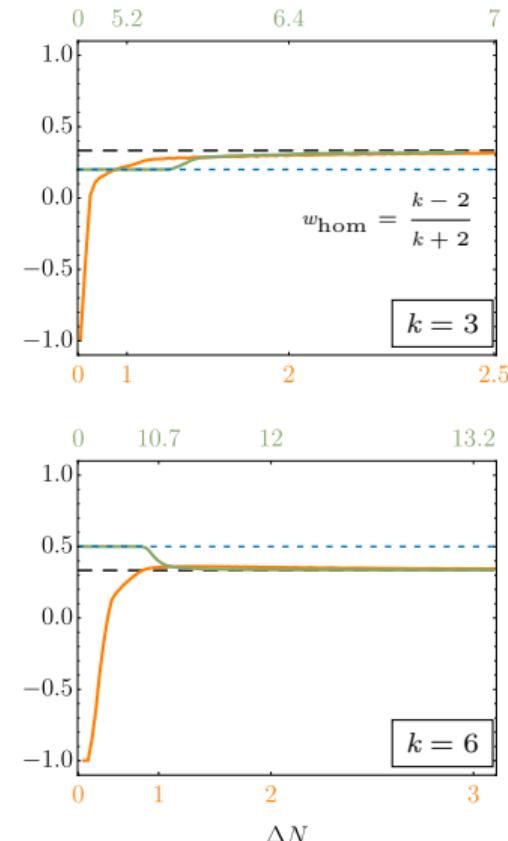
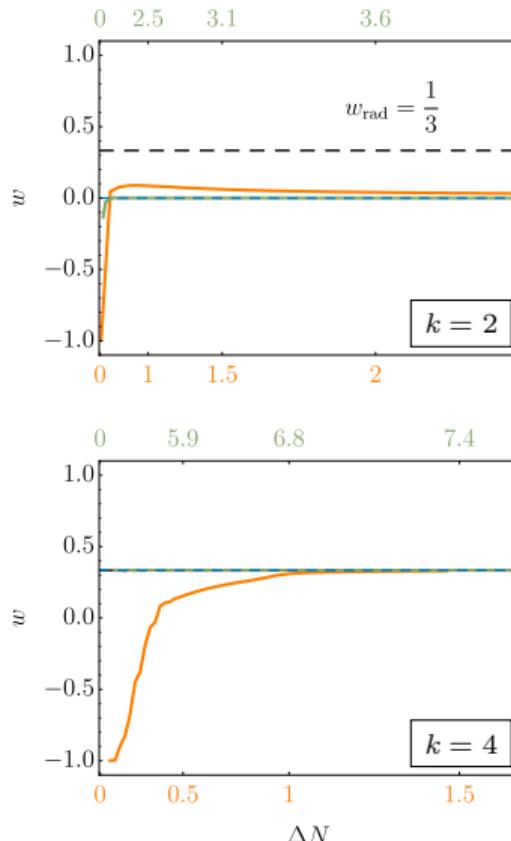


4. Backreaction



5. Signals

Inflaton self-resonance



1. Perturbative reheating



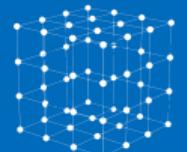
2. Thermalization



3. Preheating



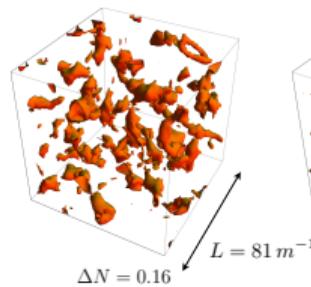
4. Backreaction



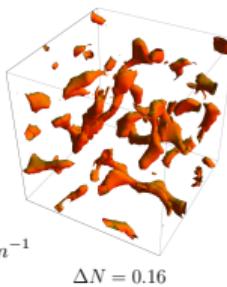
5. Signals

Fragmentation

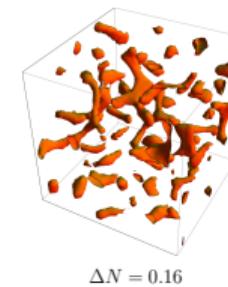
$k = 2$



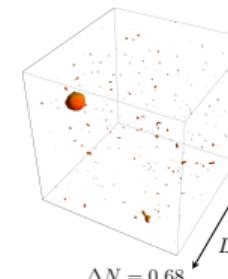
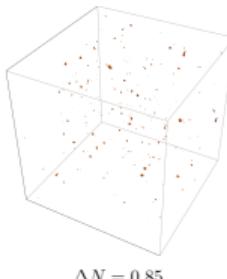
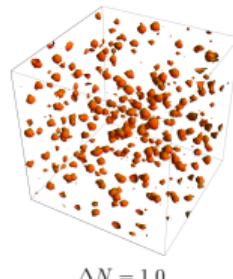
$k = 4$



$k = 6$



oscillons



transients

1. Perturbative
reheating



2. Thermalization



3. Preheating



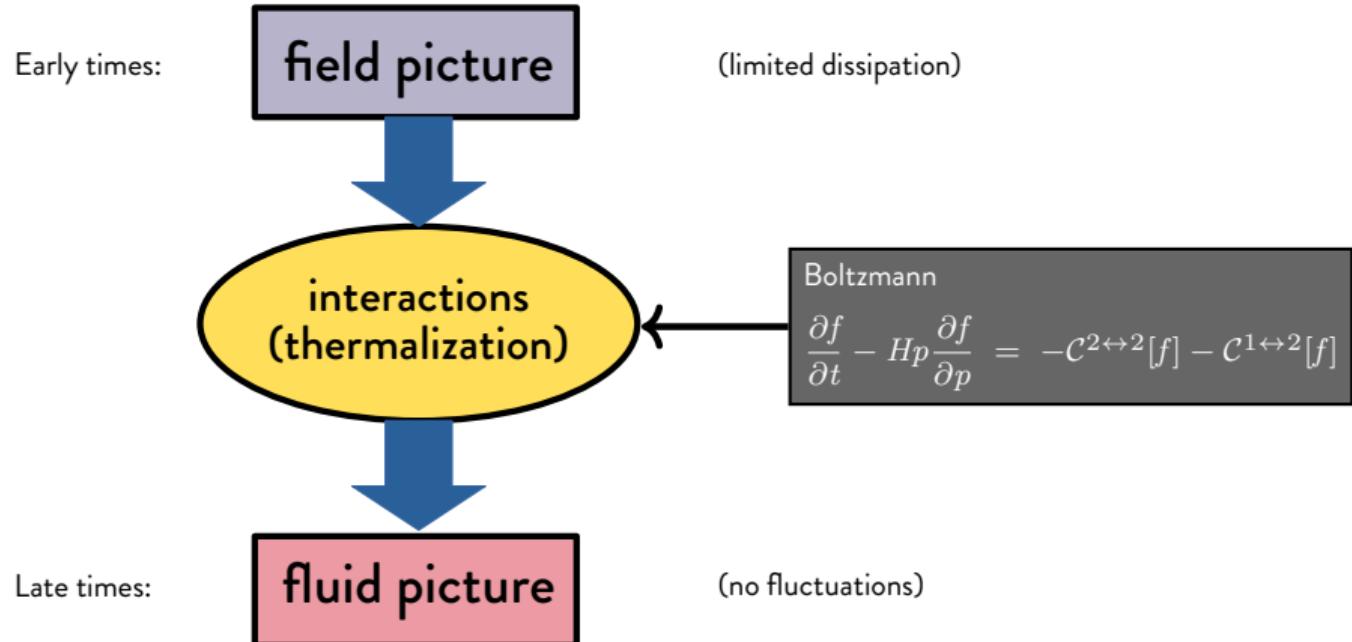
4. Backreaction



5. Signals

From preheating to reheating

Perturbative pipeline:



1. Perturbative reheating



2. Thermalization



3. Preheating



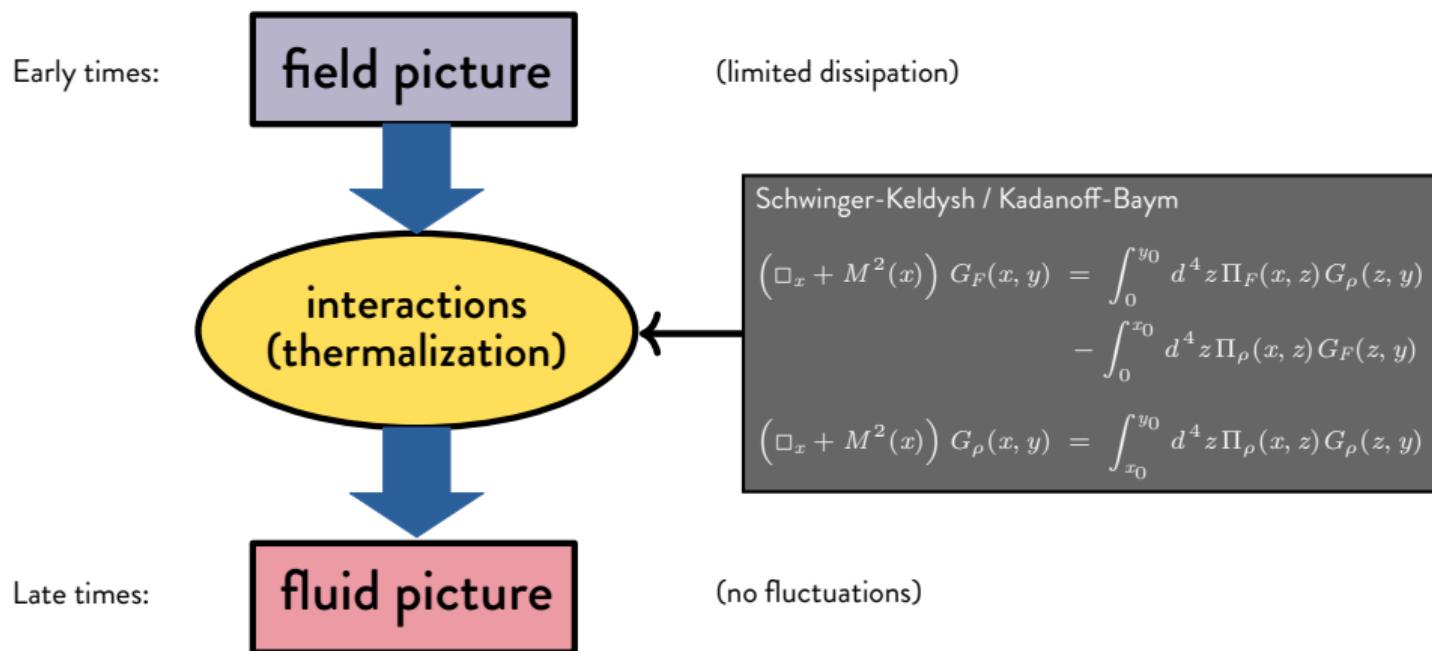
4. Backreaction



5. Signals

From preheating to reheating

Non-perturbative pipeline:



1. Perturbative
reheating



2. Thermalization



3. Preheating



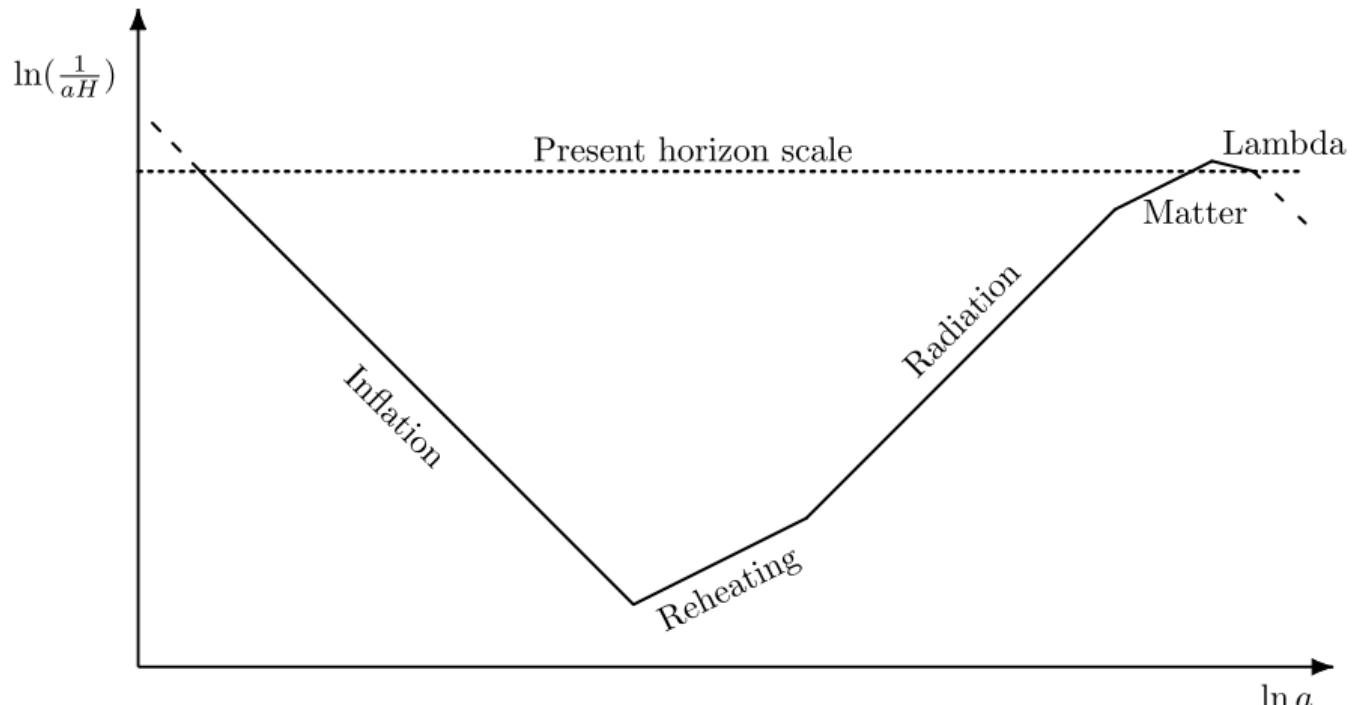
4. Backreaction



5. Signals

Signals 1: the CMB

The number of e -folds ($N \equiv \ln a$) after the comoving scale k_* crosses the horizon



1. Perturbative
reheating



2. Thermalization



3. Preheating



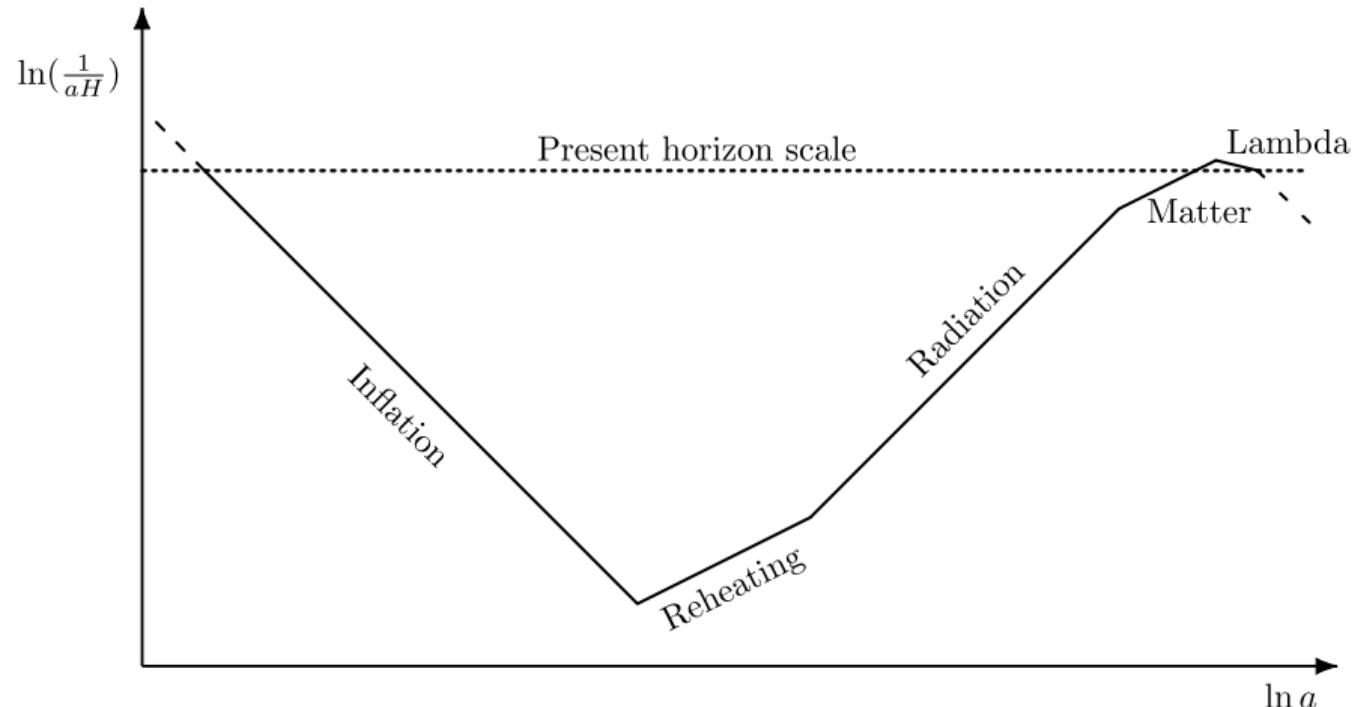
4. Backreaction



5. Signals

Signals 1: the CMB

$$N_* = 66.9 - \ln\left(\frac{k_*}{a_0 H_0}\right) + \frac{1}{4} \ln\left(\frac{V_*^2}{\rho_{\text{end}} M_P^4}\right) + \ln\left[\frac{a_{\text{end}}}{a_{\text{reh}}} \left(\frac{\rho_{\text{end}}}{\rho_{\text{reh}}}\right)^{1/4}\right] - \frac{1}{12} \ln g_{\text{reh}}$$



1. Perturbative reheating



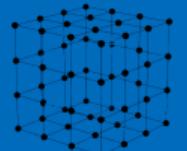
2. Thermalization



3. Preheating



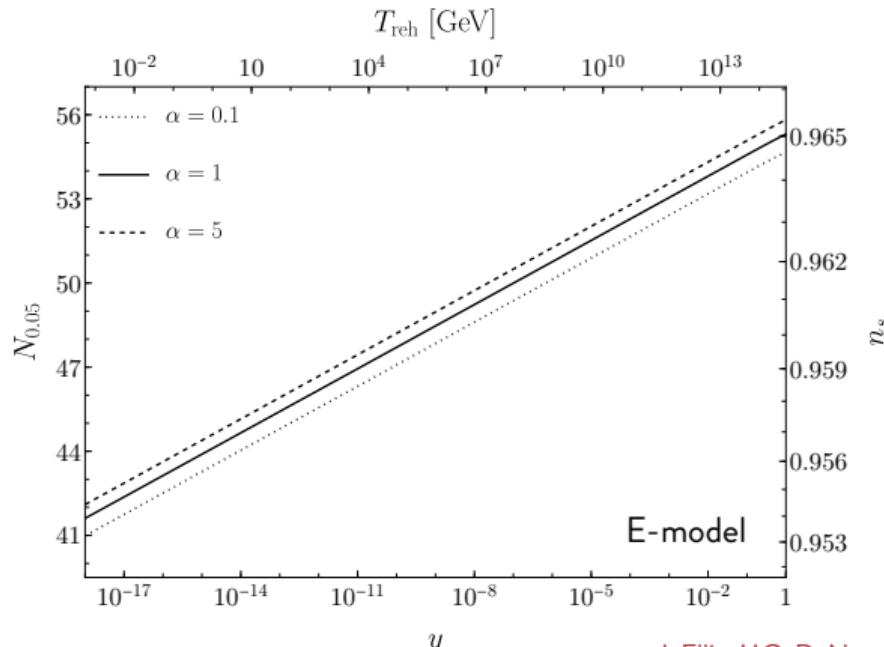
4. Backreaction



5. Signals

Signals 1: the CMB

Perturbative decay: $\ln \left[\frac{a_{\text{end}}}{a_{\text{reh}}} \left(\frac{\rho_{\text{end}}}{\rho_{\text{reh}}} \right)^{1/4} \right] \simeq \frac{1}{6} \ln \left(\frac{\Gamma_\phi}{H_{\text{end}}} \right)$



Planck pivot scale: $k_* = 0.05 \text{ Mpc}^{-1}$

$$N_{0.05} \simeq 57.68 - \frac{1}{2} \ln N_{0.05} + \frac{1}{3} \ln y - \frac{1}{12} \ln g_{\text{reh}}$$

1. Perturbative reheating



2. Thermalization



3. Preheating



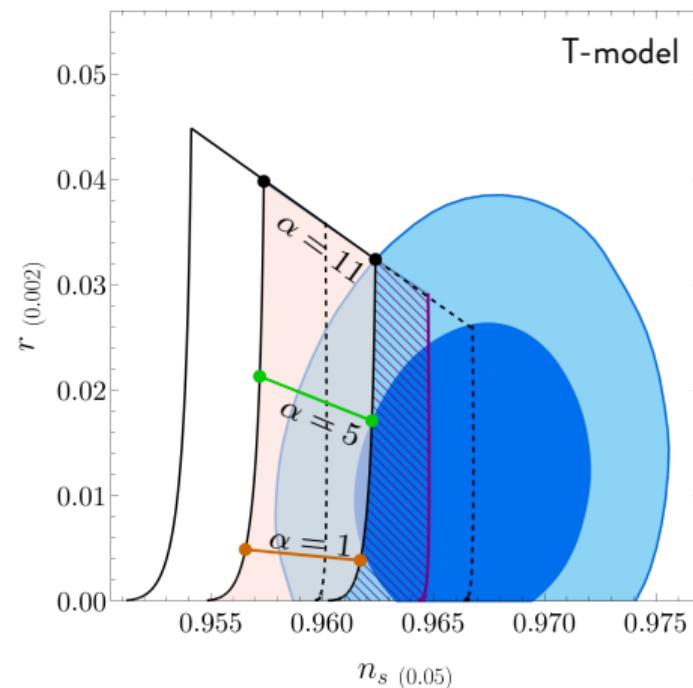
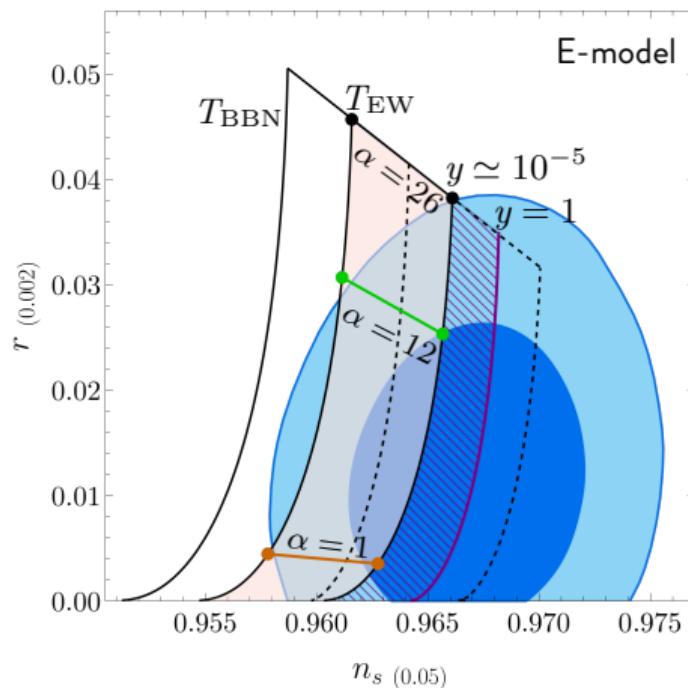
4. Backreaction



5. Signals

Signals 1: the CMB

Planck18+lowE+lensing+BKP18+BAO (fixed τ , no B corr., $n_T = 0$) (2110.00483)



1. Perturbative reheating



2. Thermalization



3. Preheating

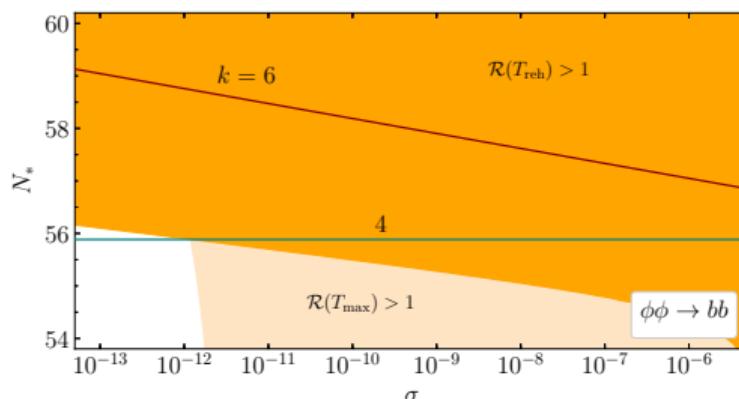
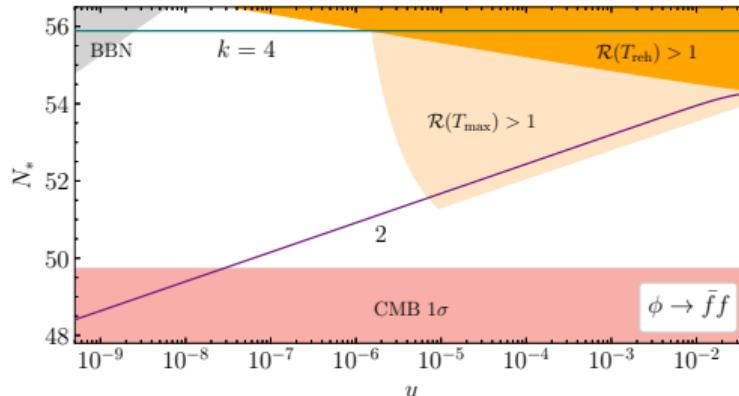


4. Backreaction



5. Signals

Signals 1: the CMB



Equation of state during reheating

$$w = \frac{k-2}{k+2}$$

For $k=4$, $w_{\text{int}} \simeq 1/3 \Rightarrow N_* = 55.9$

For $k > 4$, $N_* \gtrsim 55.9$,
(highly dependent on interactions)

1. Perturbative reheating



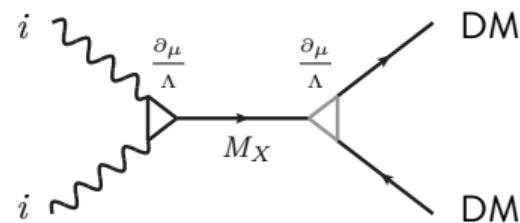
Signals 2: dark matter

$$\frac{\partial f_{\text{DM}}}{\partial t} - H p \frac{\partial f_{\text{DM}}}{\partial p} = \frac{1}{16p} \int \frac{d^3 p'}{(2\pi)^3 p'_0} \frac{d^3 k}{(2\pi)^3 k_0} \frac{d^3 k'}{(2\pi)^3 k'_0} (2\pi)^4 \delta(\mathbf{p} + \mathbf{p}' - \mathbf{k} - \mathbf{k}') |\mathcal{M}|^2 f_i(k) f_i(k')$$

2. Thermalization



3. Preheating



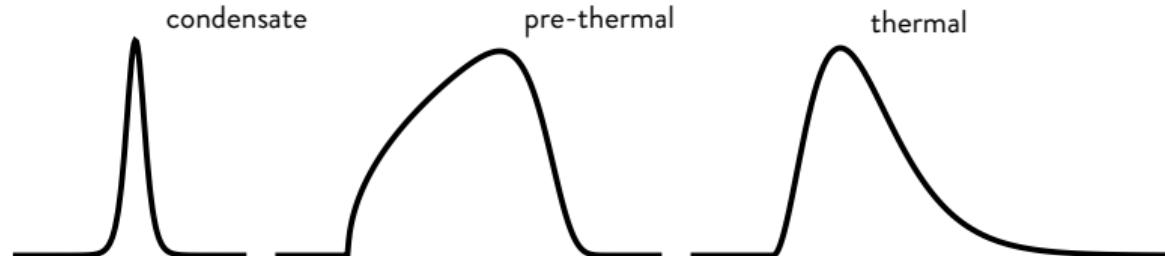
$$|\mathcal{M}|^2 = 16\pi \frac{s^{\frac{n}{2}+1}}{\Lambda^{n+2}}$$

$$\sigma(s) = \frac{s^{\frac{n}{2}}}{\Lambda^{n+2}}$$

4. Backreaction



$$k^2 f_i(k) :$$



5. Signals

1. Perturbative reheating



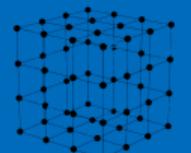
2. Thermalization



3. Preheating

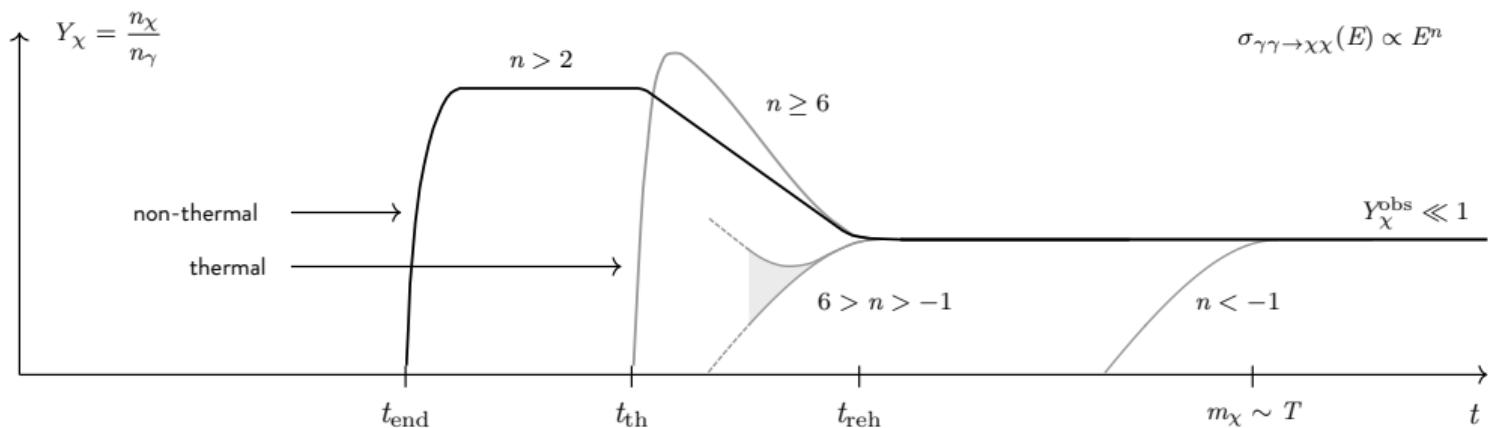
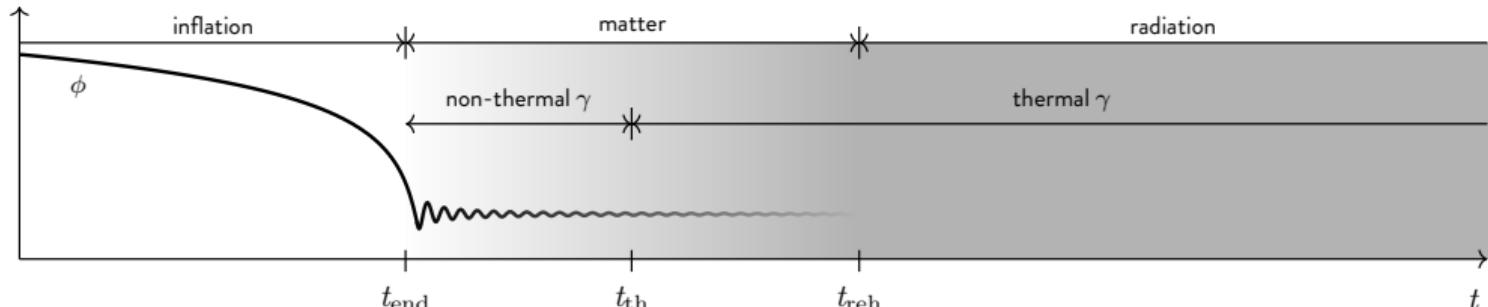


4. Backreaction



5. Signals

Signals 2: dark matter



1. Perturbative reheating



2. Thermalization



3. Preheating



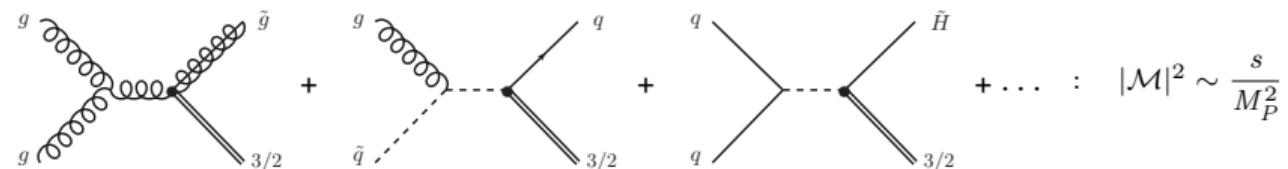
4. Backreaction



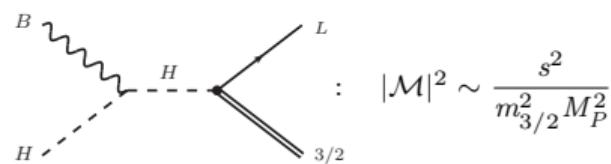
5. Signals

Signals 2: dark matter

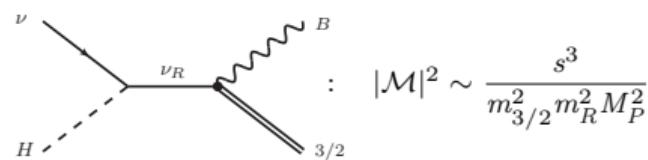
Low scale susy breaking, $m_{\text{susy}} \ll m_\phi$



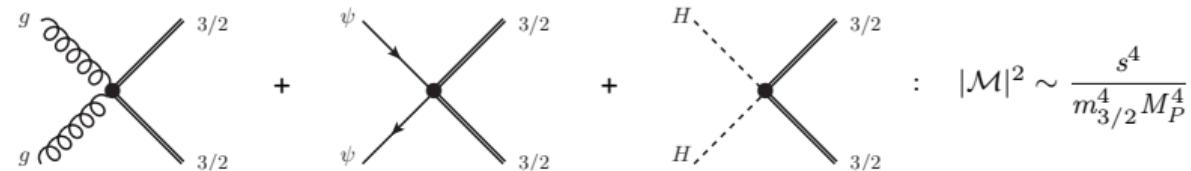
No susy, SM + ν_R + 3/2



MG, Y. Mambrini, K. Olive, S. Verner, PRD 102 (2020), 083533



High scale susy breaking, $m_{\text{susy}} \gg m_\phi$



1. Perturbative reheating



2. Thermalization



3. Preheating



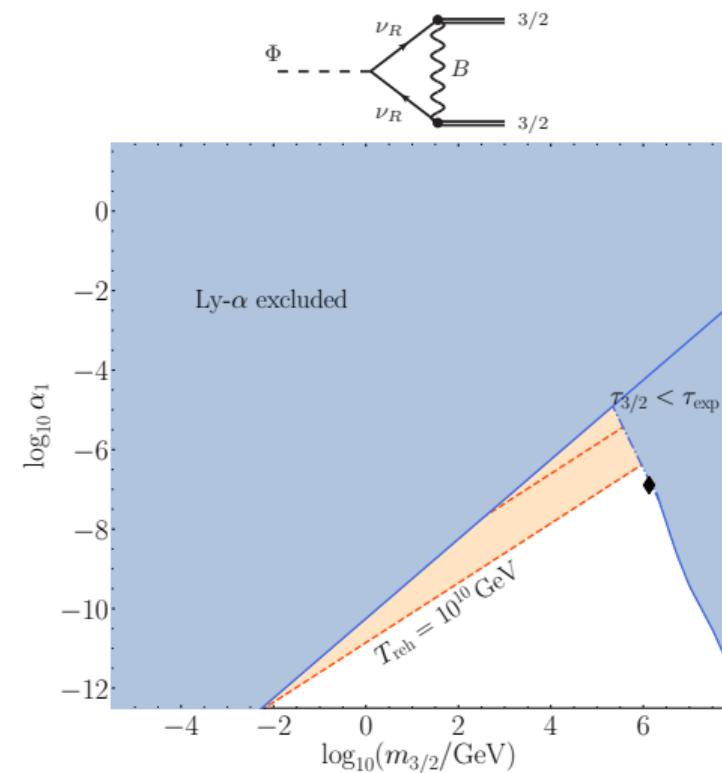
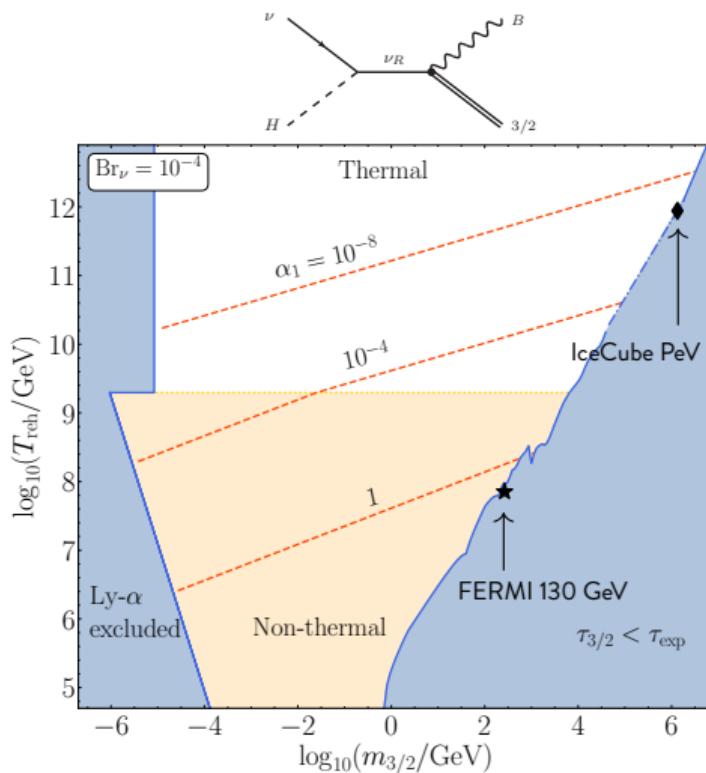
4. Backreaction



5. Signals

Signals 2: dark matter

Minimal non-susy spin-3/2 dark matter



1. Perturbative reheating



2. Thermalization



3. Preheating

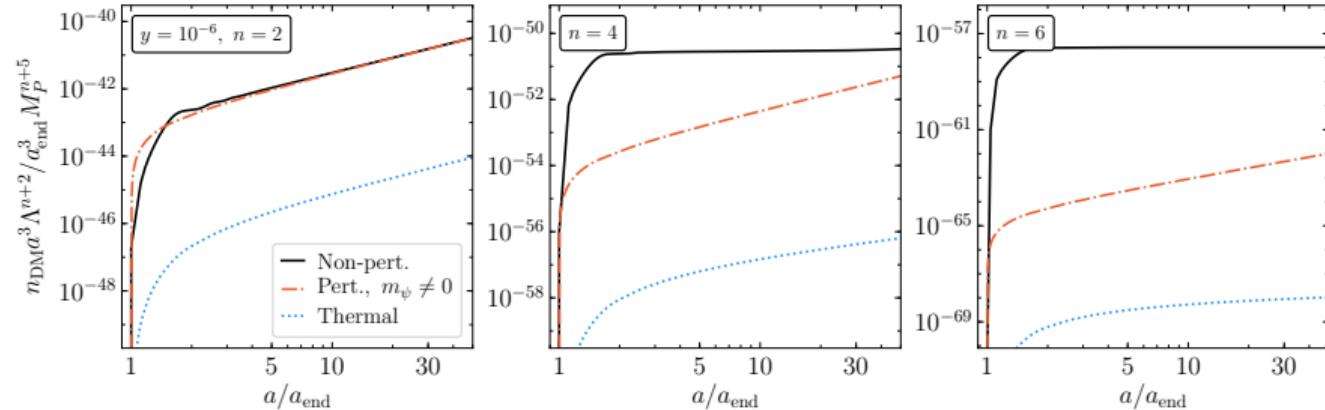


4. Backreaction



5. Signals

Signals 2: dark matter + $\phi \rightarrow \bar{\psi}\psi$ preheating



1. Perturbative reheating



2. Thermalization



3. Preheating

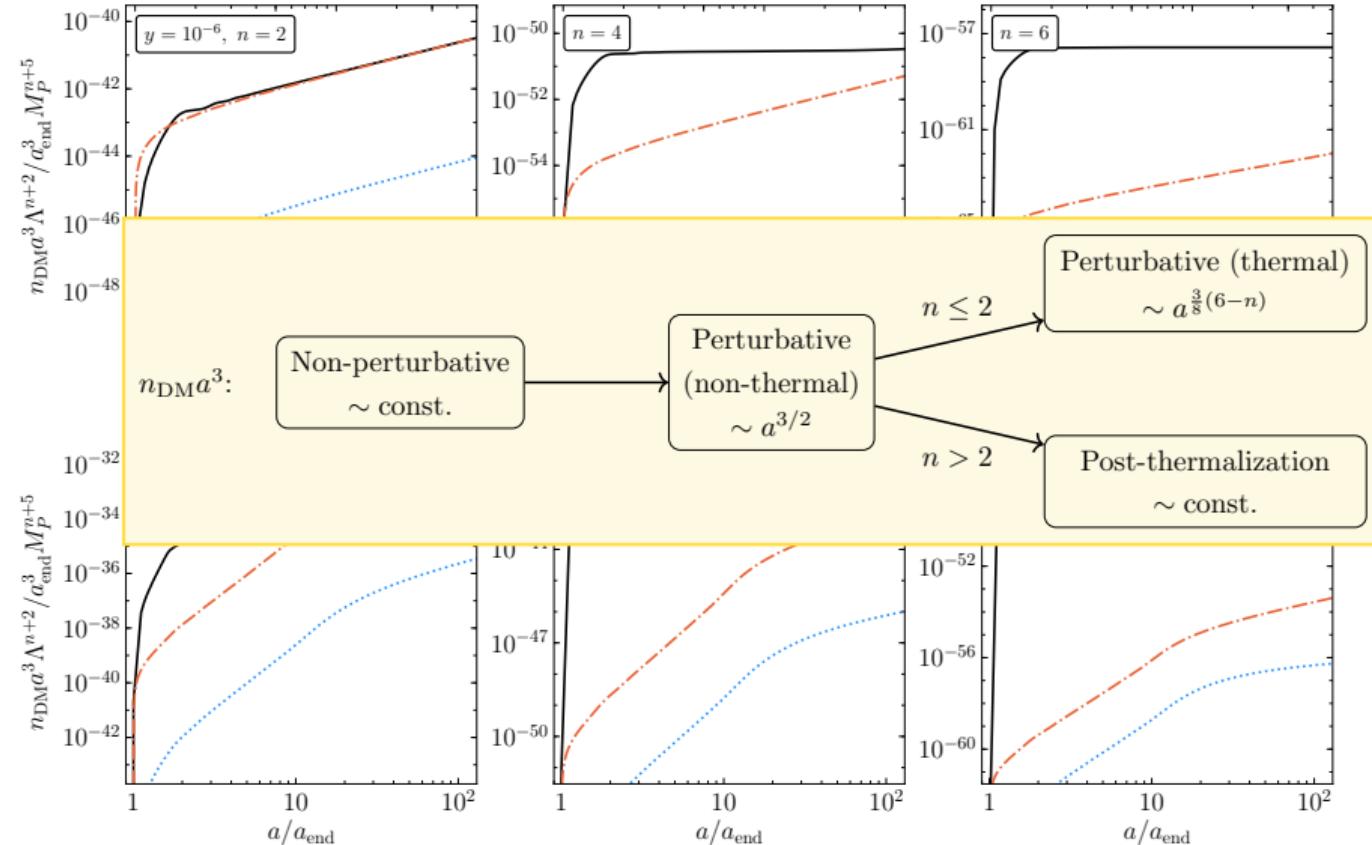


4. Backreaction



5. Signals

Signals 2: dark matter + $\phi \rightarrow \bar{\psi}\psi$ preheating



1. Perturbative reheating



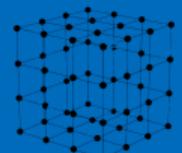
2. Thermalization



3. Preheating



4. Backreaction



5. Signals

Signals 2: dark matter + $\phi\phi \rightarrow \chi\chi$ preheating

