A brief review of inflation





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Large scale structures

Inflation: Accelerated expansion in the very early Universe

Physical scales grows exponentially faster than Hubble radius



- Observable universe contained in one Hubble patch —> Homogeneity of CMB

- Spatial curvature is 'diluted' $\Omega_K(t) \sim 1/(aH)^2$ -> exponentially suppressed



- High-energetic phenomenon

Time

 $N_{inf} = H \times \Delta t$ $\implies H \simeq 10^{16} \,\mathrm{km} \cdot \mathrm{s}^{-1} \mathrm{Mpc}^{-1} = 10^{10} \,\mathrm{GeV}$

t~13.8 Gyr.

Hubble radius

Physical distances



Inflation & the origin of cosmic structures

Inhomogeneities extracted out of the quantum fluctuations of density & gravitational fields

- Linearize Einstein's equation: density waves and gravitational waves - QFT in an expanding Universe: initial vacuum for fluctuations



Why studying inflation: -

Instability at horizon radius crossing $\omega_k^2(t) \sim k^2/a^2(t) - H^2$



Cosmological observables

-N-pt correlation functions - Abundance of structures - Full PDF of cosmic fluctuations

Sets up initial conditions for structure formation: detailed statistics High-energy physics beyond SM: number of fields, nature, couplings Laboratory for QM: QFT in curved spaces, 'classicalization', linear quantum gravity



The origin of cosmic structures: what we know



Complemented with LSS (SDSS, BOSS, DES)

Eisenstein et al 05 Delubac et al. 15 Colas et al. 19 Doux et al. 22 D'Amico et al. 22 Cabass et al. 22 Riquelme et al. 22 Planck: Aghanim et al. 20 Planck: Akrami et al. 20

Density inhomogeneities:

✓ Superhorizon
 ✓ Adiabatic
 ✓ Almost scale-invariant
 ✓ Gaussian

 $P_{\zeta}(k) \sim (2 \times 10^{-1})$

$$(\frac{k}{k_{\star}})$$

 $f_{\rm NL}^{\rm local} = -0.9 \pm 5.1$ $f_{\rm NL}^{\rm equil} = -26 \pm 47$ $f_{\rm NL}^{\rm ortho} = -38 \pm 68$

Primordial gravitational waves:

✓ Not yet detected✓ Upper bound

 $\overline{P_{GW}}(k) \le 10^{-10}$

-> Single-field model in slow-roll





The origin of cosmic structures: what we know

✓ <u>Type</u>: Gravitational waves not detected yet
 ✓ <u>Scales</u>: ~4 observed over ~26 predicted
 ✓ <u>Amplitude</u>: large-fluctuation regime not explored
 ✓ <u>Character</u>: quantumness not tested yet



Current upper bounds Projected upper bounds (after 2030)

1-field slow-roll inflation1-field ultra-slow-roll inflation

Adapted from S. Renaux-Petel





LiteBIRD, SPTpol, S4, etc.



Large-scale structures: *Prim. NG Parity-odd N-pt*

CMB: B-mode Spectral distorsions

Gravitational waves:

Stochastic background Search for PBHs



Stochastic inflation & large fluctuations



Test scalar field in inflation:

Inflow of quantum fluctuations (UV) towards large-scale perturbations (IR)

-> Quantum modifications of the superhorizon dynamics

Stochastic inflation: Effective classical and stochastic theory for coarse-grained fields

Coarse-grained field

Gaussian white noise (Inflow of UV quantum fluct. to IR)

Classical drift (Homog. & isotrop. evolution but *non-linear*)

 $\frac{\mathrm{d}}{\mathrm{d}t} \begin{pmatrix} \phi \\ \pi \end{pmatrix} = \begin{pmatrix} \pi/a^2(t) \\ -a^4(t)V_{\phi}(\phi) \end{pmatrix} + \begin{pmatrix} \xi_{\phi} \\ \xi_{\pi} \end{pmatrix}$

Nakao et al. 88 Habib 92



Stochastic inflation & large fluctuations



Many superhorizon regions evolving like <u>separate universes</u> but *randomly* corrected by quantum fluctuations

Quantum-to-classical transition: Quantum fluctuations treated as classical noise



Fokker-Planck Eq.: $\frac{\partial P(\varphi)}{\partial N} = \left[\mathscr{L}_{drift} + \mathscr{L}_{diff} \right] \cdot P(\varphi)$

Non-linear dynamics

« Quantum » diffusion

Separate universe approximation: Inhomog. & anisotropic perturbations matched to homogeneous & isotropic variations at large scales

 $P[N(\varphi)]$ PDF of duration of inflation within patches given an initial value for the inflaton

→ Full PDF of curvature perturbation $\zeta = N - \langle N \rangle$

Starobinsky 83 wands et al uu Fujita et al 13 Vennin, Starobinsky 15 Pattison et al. 19 Pinol, Renaux-Petel, Tada 19, 21 Tanaka, Urakawa 21 Artigas, Grain, Vennin 22







Stochastic inflation & large fluctuations

In the large-fluctuation regime: <u>exponential tails</u> instead of Gaussian ➡Generic prediction (*i.e.* valid in SR and Non-SR inflation) ➡More important in models with boosts in the *P(k)* ➡Impact on abundance of collapse objects (PBHs and DM haloes)

Gravitational collapse: $\delta \rho > \delta_c$ $\beta = \operatorname{Prob}(\delta \rho > \delta_c) \Longrightarrow \frac{dn}{d \ln M}$

Ezquiaga, Garcia-Bellido, Vennin 22

Ezquiaga, Garcia-Bellido, Vennin 20 Figueroa et al. 21, 22 Biagetti et al. 21



Num. haloes M>10¹⁵ Sol.Mass.

Explore inflationary models
N-pt correlators of LSS (halo model)
Interplay with low-*z vs.* high-*z* tensions
Other structures in the cosmic web



Multiple fields in inflation

Planck: 1-field inflation

High-energetic building: multiple fields, large couplings



Renaux-Petel, Turzynski 16 Fumagalli et al. 19 Garcia-Saenz, Pinol, Renaux-Petel 20 Pinol 20 Pinol, Aoki, et al. 21

Unobservable quantum Curved-field-space:

$$S_{mat} = \int d^4x \sqrt{-g} \left[-G_{IJ}(\phi^K) g^{\mu\nu} \partial_{\mu} \phi^I \partial_{\nu} \phi^J - \right]$$

Covers a large class of HE constructions Use to explore the rich phenomenology of multi-field inflation

Boosts in the bower spectrum (small scales):

- Curvature pert. coupled to entropic mode
- Q_S: Transient instability for bended trajectories
- Transferred to curvature perturbations

 $\mathscr{L}_{int} \sim \dot{\zeta} Q_s$ $m_s^2 = V_{,s,s} - H^2 \eta_{\perp}^2 + \epsilon H^2 M_{Pl}^2 R_{fs}$

Broad turn: featureless peak (enhance the production of

Fumagali, Renaux-Petel et al. 20

Sharp turn: peak and oscillatory features (excited states) —> Transfer to secondary GW Fumagali, Renaux-Petel et al. 21, 21, 22



Multiple fields in inflation

Many approches: 1-field effective theory, cosmological collider & bootstraps →Open quantum system techniques



- Keep track of quantum properties - Explore decoherence channels -Resum secular effects Promising theoretical tool: cosmological observables & quantum properties

m_{heavy} Not excited by inflation



m_{light} Excited by inflation Unobservable quantum environment

ctive, non-unitary couplings

Observable quantum system

Boyanovsky 15 Martin, Vennin 18, 18 Colas, Grain, Vennin, 21, 22, 22 Martin, Micheli, Vennin 22 **Burgess et al. 22** Bartolo, Daddi Hamou 22



Parity violation during inflation

 $C_{\ell}^{XB} \sim \left[\mathrm{d}k\Delta(k) \left[P_l(k) - P_r(k) \right] \right]$ **Scalar-field:** parity-invariant *N*-pt functions —> *TB* and *EB* are vanishing

Parity violation: magnetic fields, vector perturbations, Chern-Simons couplings, exchange of particles etc.

A simple model: right-handed GW only w. r=0.05



Scalar perturbations: 4-pt correlation (Parity [2-pt & 3-pt] = rotation) 2.9-sigma detection in BOSS

 $\mathscr{L}_{CS} \sim f(\phi) \left| F_{\mu\nu} F^{\mu\nu} - \gamma F_{\mu\nu} \widetilde{F}^{\mu\nu} \right|$

 ρ_E / ρ_ϕ <**10**-13 -CMB spectrum Shiraishi 16 -CMB bispectrum <10-16 <10-19 Philcox 22 - Odd trispectrum

Lue et al. 99 Alexander, Yunes 09 Bartolo et al. 15 Bordin, Cabass 20 Shiraishi 12 Cook, Sorbo 12 Arkani-Hamed, Maldacena 15 Gluscevic, Kamionkowski 10 Schmidt et al. 15

Rotation of the polarization plane - L.O.S. effect (magnetic fields, Chern-Simons) - Miscalibration of pol. angle of detector \Rightarrow E mixes into B: non-zero TB and EB

At CMB scales: no detection with power spectrum unless a full knowledge of angle and observed from space

At small scales: direct detection of GW bumps at *k~10¹¹⁻¹³* Mpc.⁻¹

Ferte, Grain 15 Thorne et al. 18 Eskilt, Komatsu 22







Conclusion

-Why inflation

Cosmology: Initial conditions for LSS High-energy physics: beyond SM Quantum mechanics: beyond lab-based exp.

-Theoretical constructions anchored on Planck obs. BUT -Obs. limited to large scales and small amplitude

-Anchor to be complemented with GW (energy scale of inflation)

-Many models w. rich phenomenology (Multi field, axion-inflation) -New theoretical tools are developed (Open EFT, bootstraps, non-pertur.)





LISA,

