

# Gravitational Neutrino Reheating



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In Collaboration with: Rajesh, Riajul,

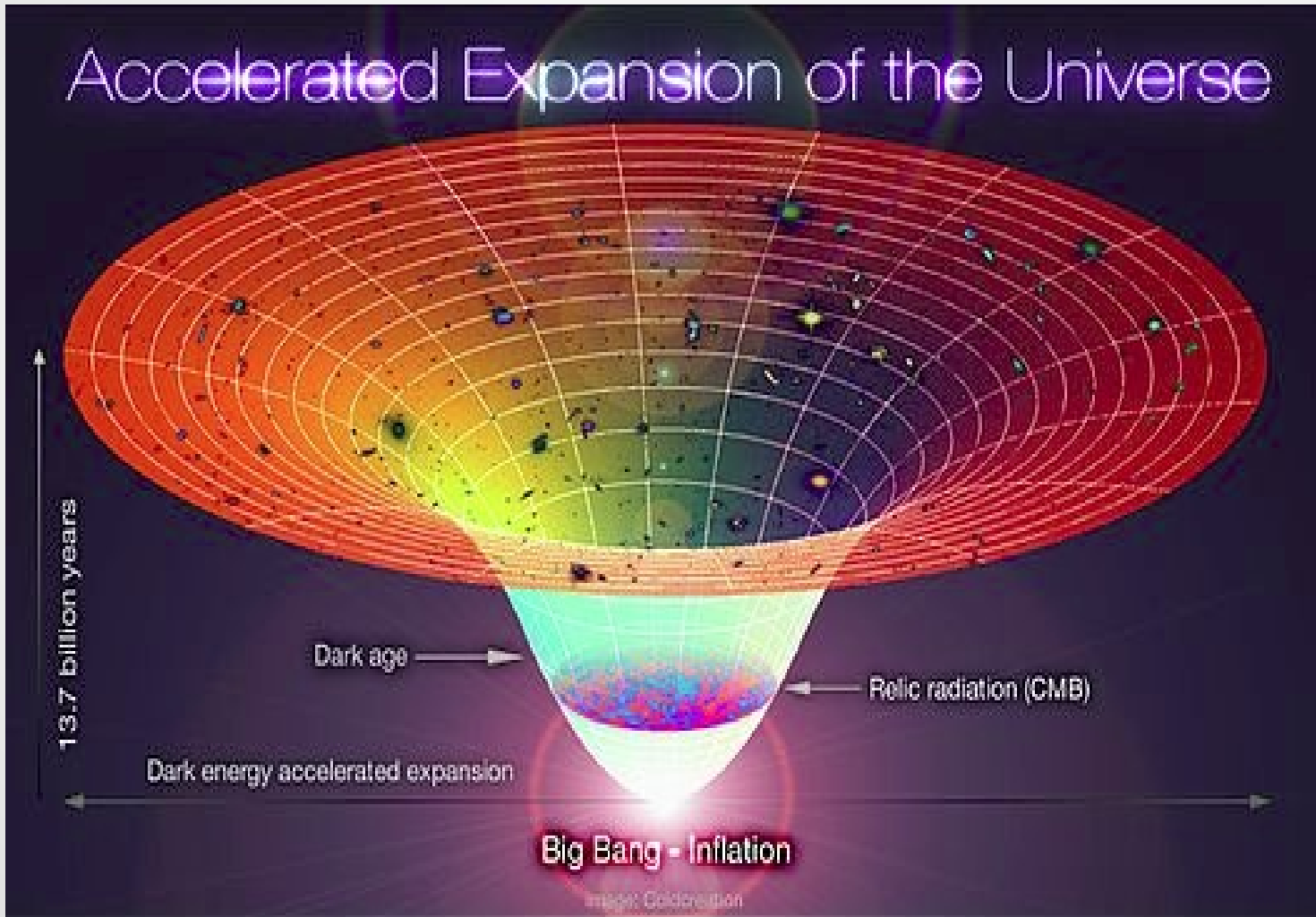






# Time evolving cosmos

Based on large number of observations



Cosmological constant

Matter

Radiation

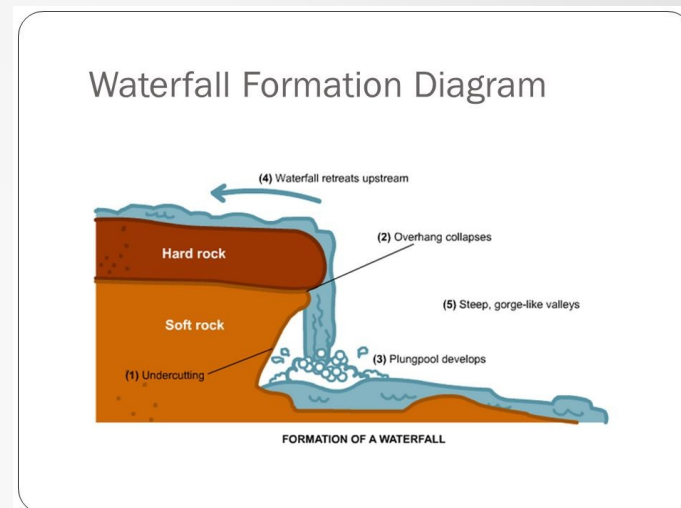
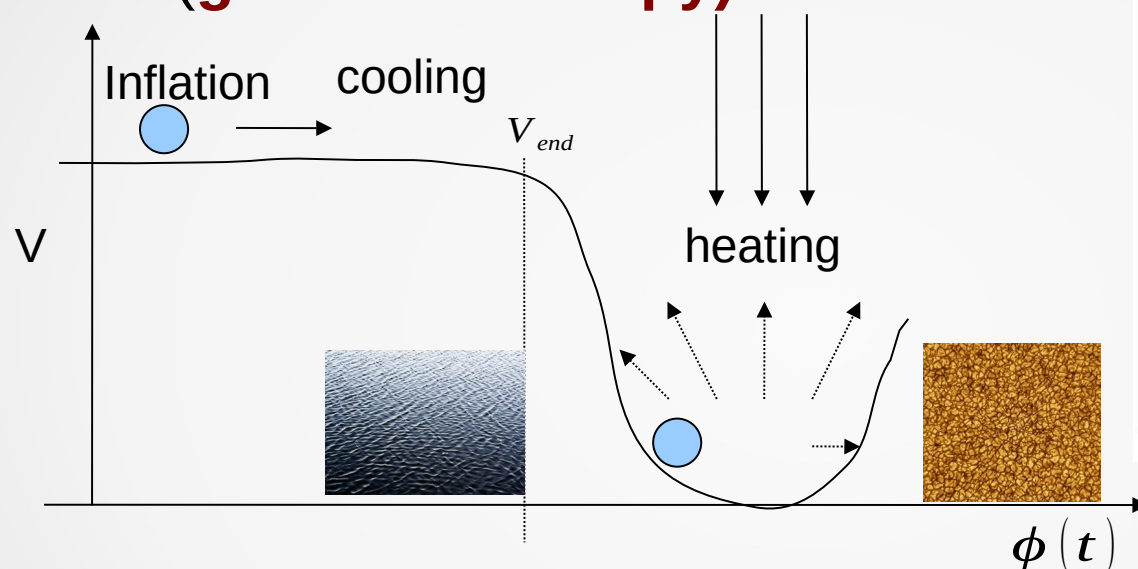
Reheating

Inflation

# What is reheating phase?

Lev Kofman, Andrei Linde, Alexei Starobinsky, Phys.Rev.D56:3258-3295,1997; Phys.Rev.Lett. 73 (1994) 3195-3198

- Inflation: creates huge empty space which needs to be filled with matters (**generate entropy**).



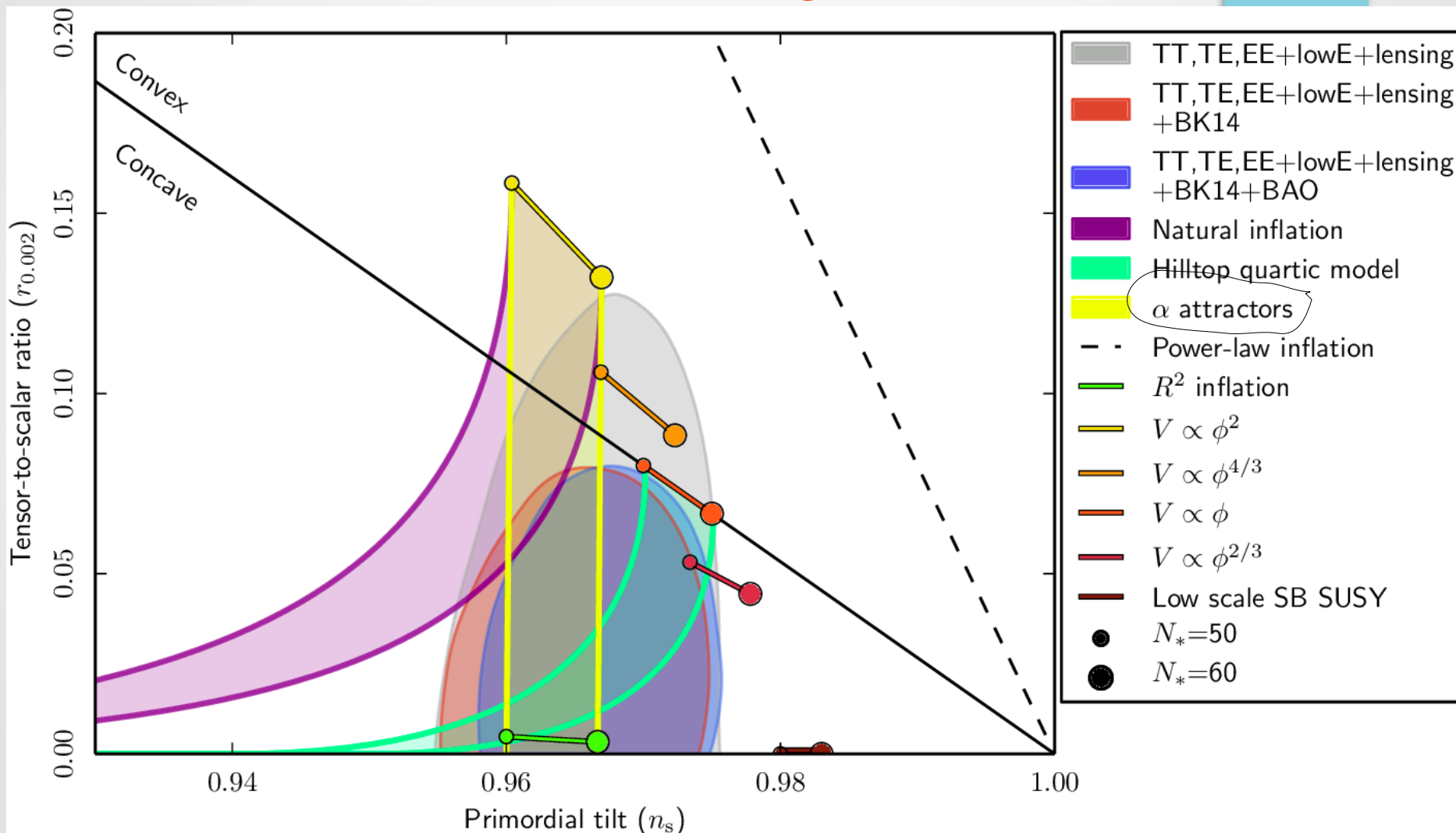
Conventional Reheating mechanism: **Non-perturbative, Perturbative decay of inflaton,**

**From the observational perspective:**

Difficulties: Direct observation, equilibration processes assumed to erase information, large possibilities of inflaton decay channels (unknown physics), difficult to identify **observables**

# Where do we stand in terms of inflation?

Planck 2018 results. X. Constraints on inflation@arXiv :1807.0621



Planck-2018

# Facts, Questions and Plan

1. Reheating happens, Inflaton energy transferred into all the visible fields such that we obtain present state of the universe
2. Such information must be imprinted into Back ground+fluctuation that we see today in some way.

**Questions:** Where and how such information are imprinted?

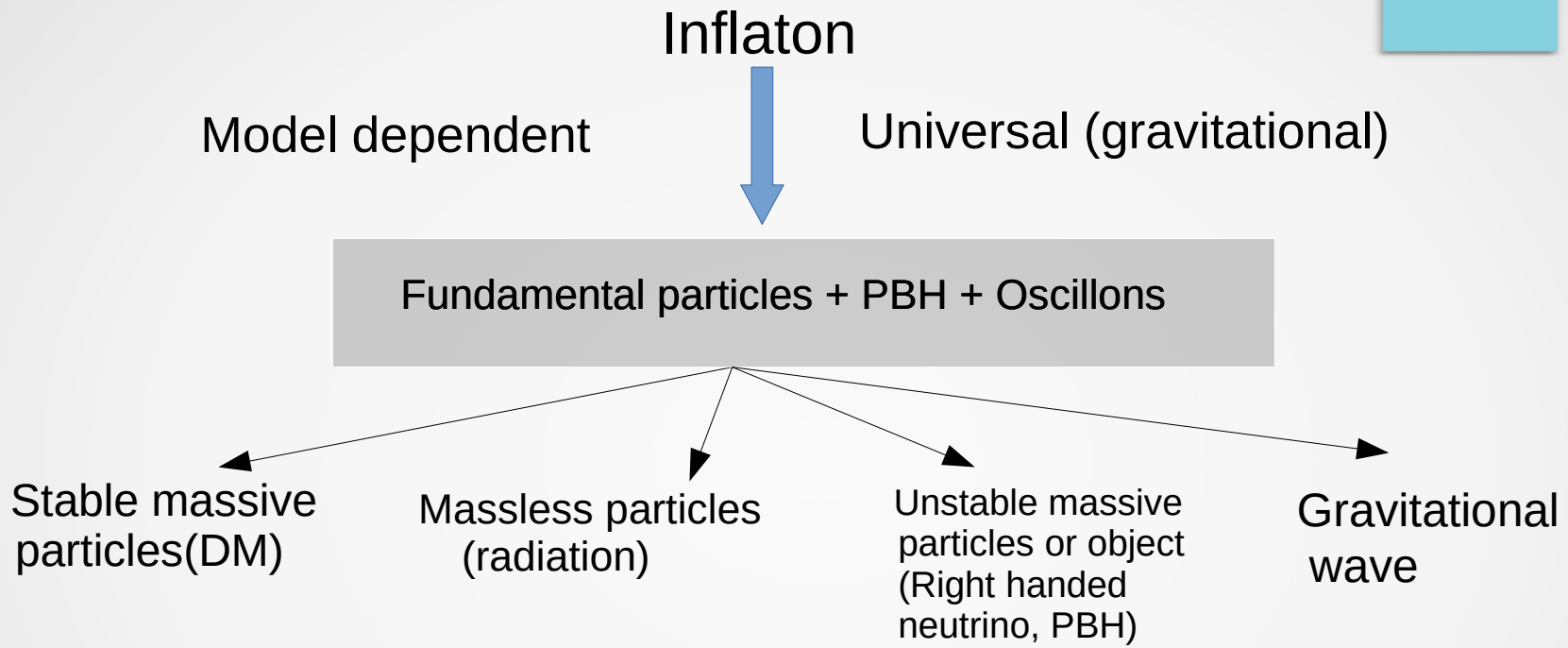
How do we proceed to identify that?

May help us understand **inflation models, DM puzzle, Baryogenesis ...**

- Reheating phenomenology: Identifying parameter space of reheating
- Universal reheating, predictions and constraints
- Reheating through unstable particles/objects: Neutrino, PBH
- Conclusions

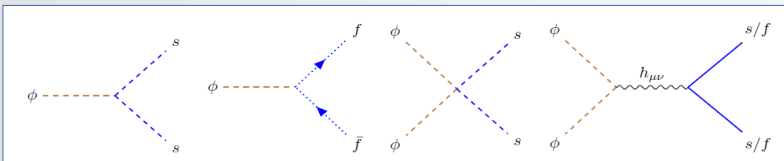
Talk by  
Riajul

# Reheating phenomenology: Different possibilities



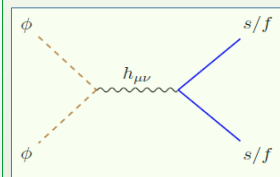
## Non-Gravitational Reheating

$$g_1 \phi s^3, g_2 \phi^2 s^2, h \phi \bar{f} f \dots$$



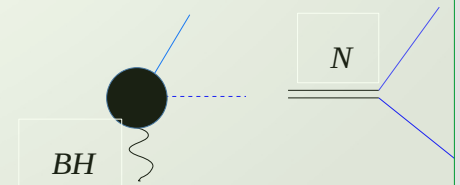
## Gravitational Reheating

$$\sim \frac{1}{M_P} h_{\mu\nu} T^{\mu\nu}_i, i=s, f, DM, \phi$$



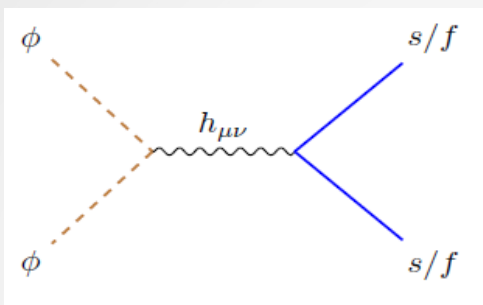
## PBH Reheating, Neutrino reheating

$$\beta, M$$



# Gravitational Rheating (GRe) in brief

## Gravitational decay



$$\sim \frac{1}{M_P} h_{\mu\nu} T_i^{\mu\nu}, i=s, f$$

No unstable object  
or particles

- Gravitational decay channel was always ignored because of obvious reason. Actually, such a possibility was never looked at!!

Important to remember that at the time of reheating typical energy scale of the problem is

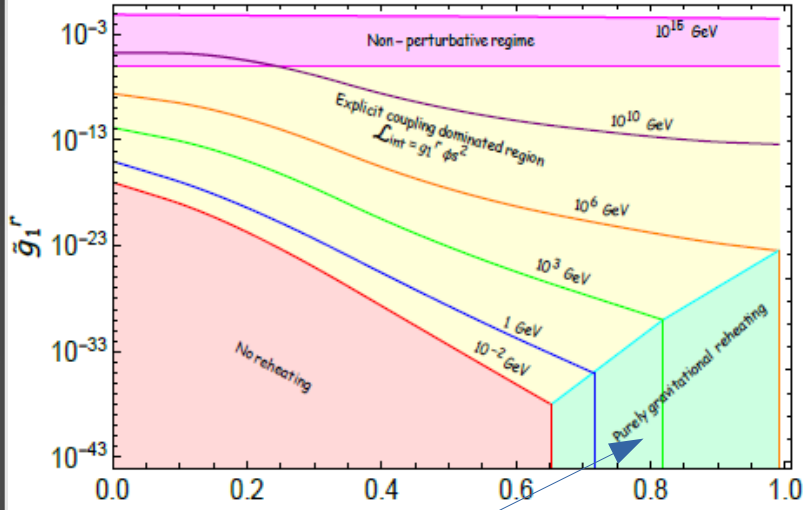
Y. Mambrini and K. A. Olive, PRD 103, 115009 (2021);  
Riajul Haque, DM, 2201.02348;  
S. Clery, et al, Phys.Rev.D 105 (2022) 7, 075005

$$\sim 10^{13} - 10^{15} \text{ GeV}$$



# Greeze zone: GRe

R. Haque, DM, PRD 107 (2023) 4, 043531

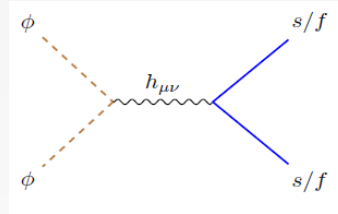


$$\sim g_1 \phi s^3, g_2 \phi^2 s^2, h \phi \bar{f} f \dots$$

**Negligible**

$$\begin{aligned} \dot{\rho}_\phi + 3H(1 + \omega_\phi)\rho_\phi + \Gamma_\phi^T \rho_\phi(1 + \omega_\phi) &= 0, \\ \dot{\rho}_R + 4H\rho_R - \Gamma_{\phi\phi \rightarrow RR}^{Rad} \rho_\phi(1 + \omega_\phi) &= 0, \\ \dot{n}_Y + 3Hn_Y - \frac{\Gamma_{\phi\phi \rightarrow YY}^{DM}}{m_\phi} \rho_\phi(1 + \omega_\phi) &= 0 \end{aligned}$$

Dominating channel



Y. Mambrini and K. A. Olive, Phys. Rev. D 103, 115009 (2021); A. Ahmed, B. Grzadkowski, A Socha, 2207.11218

$$\begin{aligned} \Gamma_{\phi\phi \rightarrow SS} &= \frac{\rho_\phi m_\phi}{1024 \pi M_p^4} \left( 1 + \frac{m_S^2}{2m_\phi^2} \right) \sqrt{1 - \frac{m_S^2}{m_\phi^2}}, \\ \Gamma_{\phi\phi \rightarrow ff} &= \frac{\rho_\phi m_f^2}{4096 \pi M_p^4 m_\phi} \left( 1 - \frac{m_f^2}{m_\phi^2} \right)^{3/2}, \\ \Gamma_{\phi\phi \rightarrow XX} &= \frac{\rho_\phi m_\phi}{32768 \pi M_p^4} \left( 4 + 4 \frac{m_X^2}{m_\phi^2} + 19 \frac{m_X^4}{m_\phi^4} \right) \sqrt{1 - \frac{m_X^2}{m_\phi^2}}. \end{aligned} \quad (0.1)$$

$$S_{\beta\alpha}^{(2)} = \frac{(-i)^2}{2!} \frac{1}{M_{Pl}^2} \int d^4x \int d^4y \langle \beta_0 | T [ h^{\mu\nu}(x) h^{\alpha\beta}(y) ( T_{\mu\nu}^\phi(x) T_{\alpha\beta}^F(y) + T_{\mu\nu}^F(x) T_{\alpha\beta}^\phi(y) ) ] | \alpha_0 \rangle$$

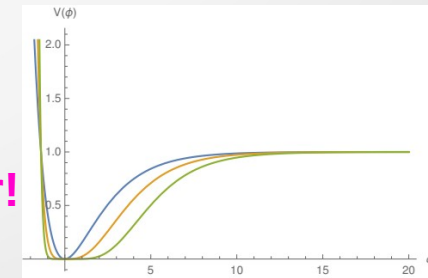
## Universal reheating scenario

Y. Mambrini and K. A. Olive, PRD 103, 115009 (2021); Rijal Haque, DM, 2201.02348;

$$\alpha, \omega_\phi, \cancel{g}, \cancel{h}$$

**Important Point**  
**No extra reheating parameter!**

$$\omega_\phi = \frac{(n-1)}{(n+1)} ; V(\phi) \sim \phi^{2n}$$

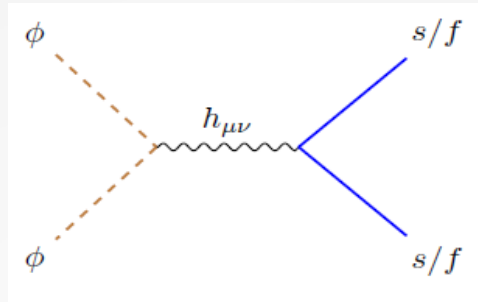
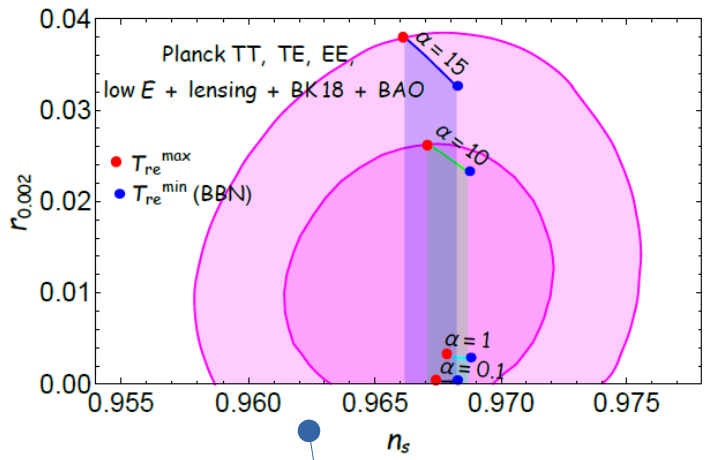


alpha-  
attractor

$$V(\phi) = \Lambda^4 \left[ 1 - e^{-\sqrt{\frac{2}{3\alpha}} \phi / M_p} \right]^{2n}$$

# GRe: Where are we in $n_s-r$ plane?

R. Haque, DM, PRD 107 (2023) 4, 043531



Dominating channel

$$V(\phi) = \Lambda^4 \left[ 1 - e^{-\sqrt{\frac{2}{3\alpha}} \phi / M_p} \right]^{2n}$$

**Important Point**  
No extra reheating parameter!

$$T_{re} = \left( \frac{43}{11 g_*^{re}} \right)^{1/3} \left( \frac{a_0 H_{end}}{k} \right) e^{-(N_k + N_{re})} T_0,$$

$$T_{re} = \left( \frac{9(1+\gamma) H_{end}^3 m_\phi^{end} (1+\omega_\phi)}{512 \beta \pi (1+15\omega_\phi)} e^{-4N_{re}} \right)^{1/4}$$

Large scale scalar & tensor fluctuation

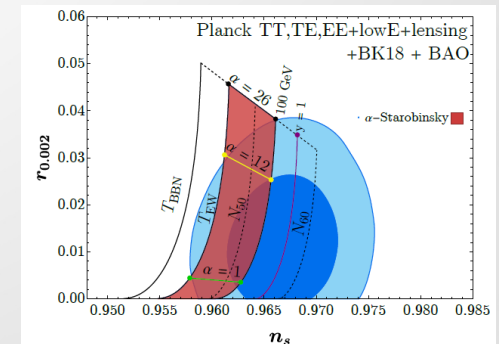
$$\alpha = 1 \rightarrow 0.9681 \leq n_s \leq 0.9687$$

$$w_\phi \geq 0.6 ; N_{inf} \sim 64$$

$$H_{end} \sim 5 \times 10^{13} \text{ GeV} \rightarrow T_{re} < 10^6 \text{ GeV}$$

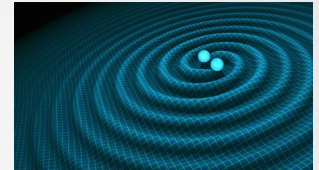
**Important Result**  
Reheating temperature completely fixed by the  
inflationary parameter

John Ellis et al, PRD 105, 4 (2022): 2112.04466



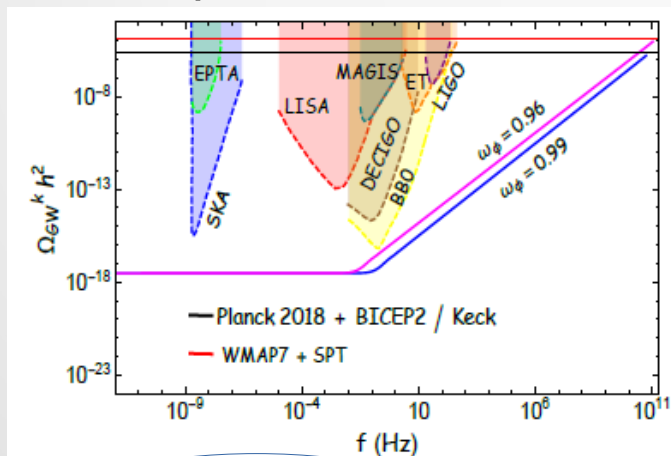
# Probing GRe: Small scale tensor fluctuations(PGW)

1. Gravitational wave is one of the best known probes
2. Large scale Tensor fluctuation provides the upper limit on “r”
3. Strongest constraints come from small scale tensor fluctuations



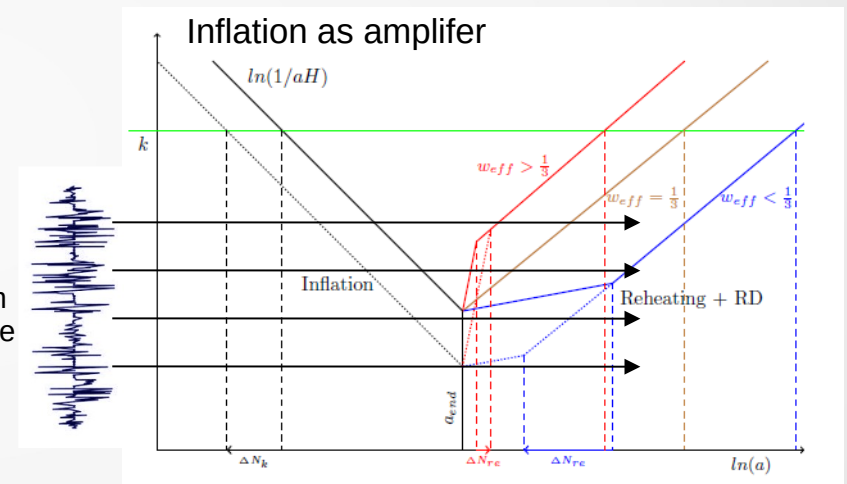
$$\Omega_{Gw} h^2 \propto \left(\frac{k}{k_{re}}\right)^{n_w}$$

GW spectrum



**Final Conclusion**  
 Rule out almost all except  
 $\alpha = 1, \omega_\phi \rightarrow 1$  **Kinetic**

Quantum  
GW noise



The existence of primordial gravitational waves (GWs) is one of the profound predictions of inflation. Originated from Quantum vacuum



# Type-I extension:

$\nu$ GRe

Inflaton sector

Strong coupling

SM sector

Baryogenesis,  $\nu$ - mass  
Dark matter

Guiding principle:

Model dependence

Observations and unresolved issues

Assumption: a) Inflaton couples only gravitationally

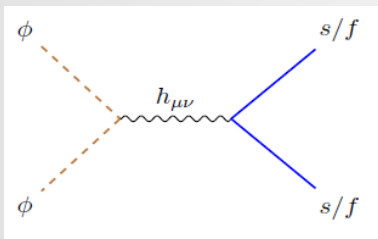
b) Three right handed neutrinos + SM (Type-I sea saw)

Produce Baryogenesis, active neutrino mass

All are unstable: Injecting additional entropy

$$\mathcal{L} = \mathcal{L}_\phi + \mathcal{L}_{\text{SM}} - \frac{1}{2} M_{ij} \bar{\nu}_R^{ci} \nu_R^j - y_{ij} \bar{\nu}_R^i \tilde{H}^\dagger L_j + h.c..$$

$$\alpha, \omega_\phi, m_N, \beta \propto \sqrt{(y^\dagger y)_{33}}$$



$$\sim \frac{1}{M_P} h_{\mu\nu} T_i^{\mu\nu}, i=s, f=\nu$$

Can enhance the reheating temperature for a given EoS, and reduces

$$\Omega_{Gw} h^2 \propto \left(\frac{k}{k_{re}}\right)^{n_w} \downarrow$$

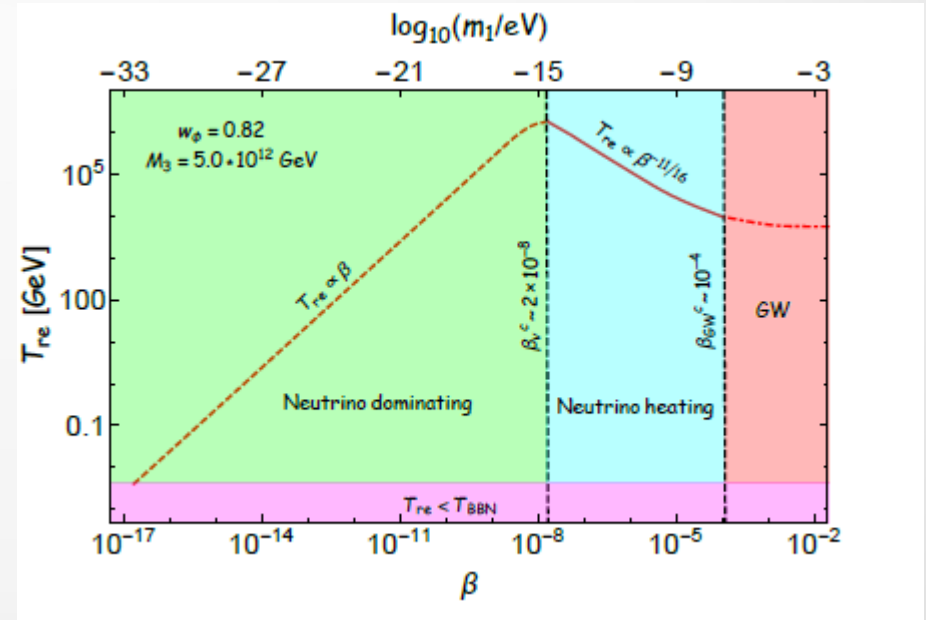
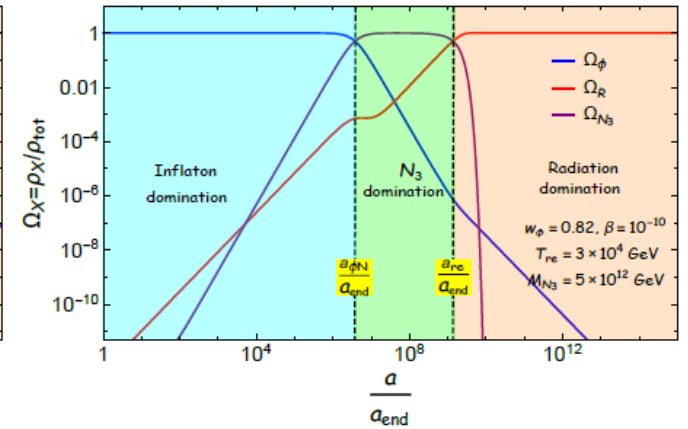
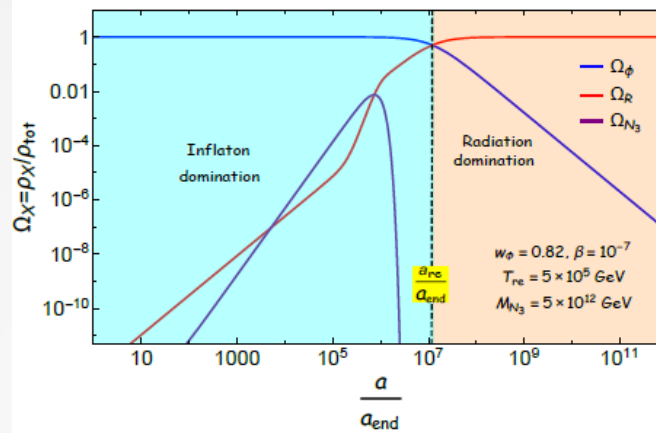
# $\nu GRe$ : Evolution of different energy components

Neutrinos: behave as matter, decays to radiation

$$\rho_\phi \propto a^{-3(1+w_\phi)}$$

$$\rho_\nu \propto a^{-3}$$

$$\rho_R \propto a^{-3(1-w)/2}$$



$$\begin{aligned} \dot{\rho}_\phi + 3H(1+w_\phi)\rho_\phi + \Gamma_\phi^T(1+w_\phi)\rho_\phi &= 0, \\ \dot{\rho}_r + 4H\rho_r - \Gamma_{\phi\phi \rightarrow hh}^{gr}(1+w_\phi)\rho_\phi - \Gamma_3 E_3 n_3 &= 0, \\ \dot{n}_1 + 3Hn_1 - R_\phi^1 + \Gamma_1 n_1 &= 0, \\ \dot{n}_3 + 3Hn_3 - R_\phi^3 + \Gamma_3 n_3 &= 0, \\ \dot{n}_{B-L} + 3Hn_{B-L} - \epsilon\Gamma_1 n_1 + \Gamma_{ID} n_{B-L} &= 0, \end{aligned}$$

Lightest active neutrino mass

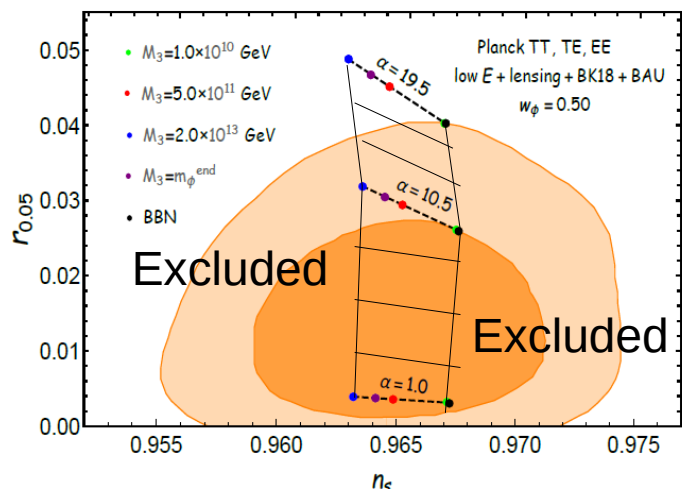
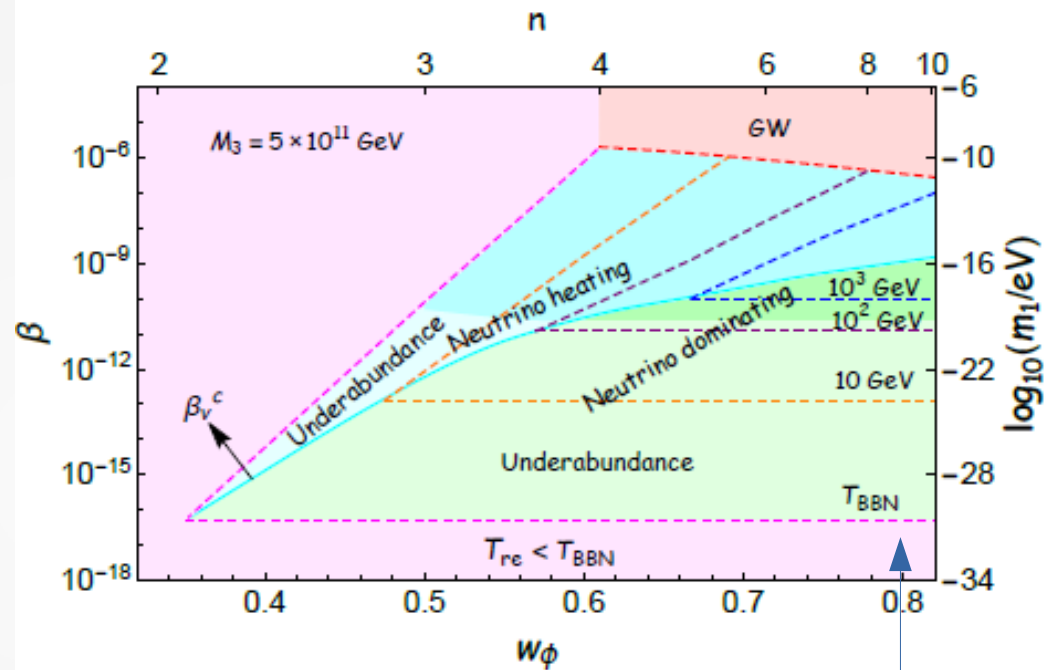
$$m_1 \sim \frac{\beta^2 v^2}{M_3}$$

# $\nu$ GRe: Parameter space

## Where are we in $n_s - r$ plane?

$$Y_B = \frac{n_B}{s} = \frac{28}{79} \epsilon_{\Delta L} \frac{n_1(T_{re})}{s(T_{re})}$$

$$\sim 8.7 \times 10^{-11}$$

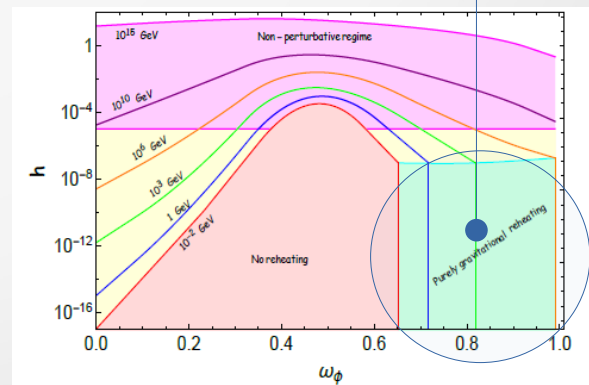


$$M_\nu^1 \sim 10^{13} \text{ GeV}$$

$$M_\nu^3 \sim 10^{10} - 10^{13} \text{ GeV}$$

$$w_\phi \sim 0.5 - 1$$

$$m_\nu^{low} < 10^{-6} \text{ eV}$$



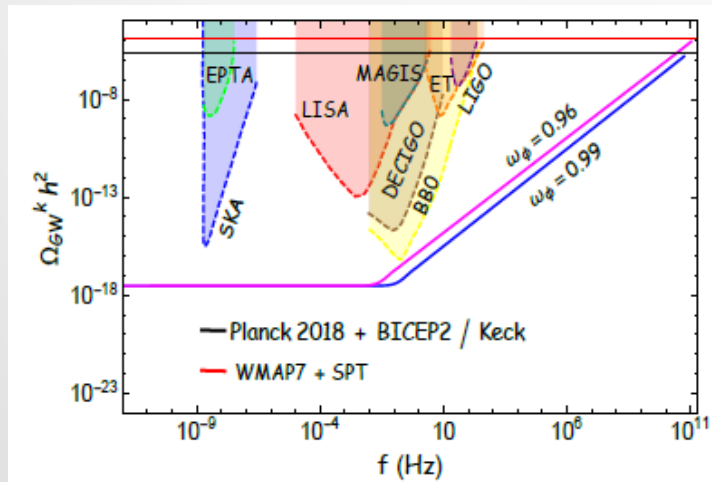
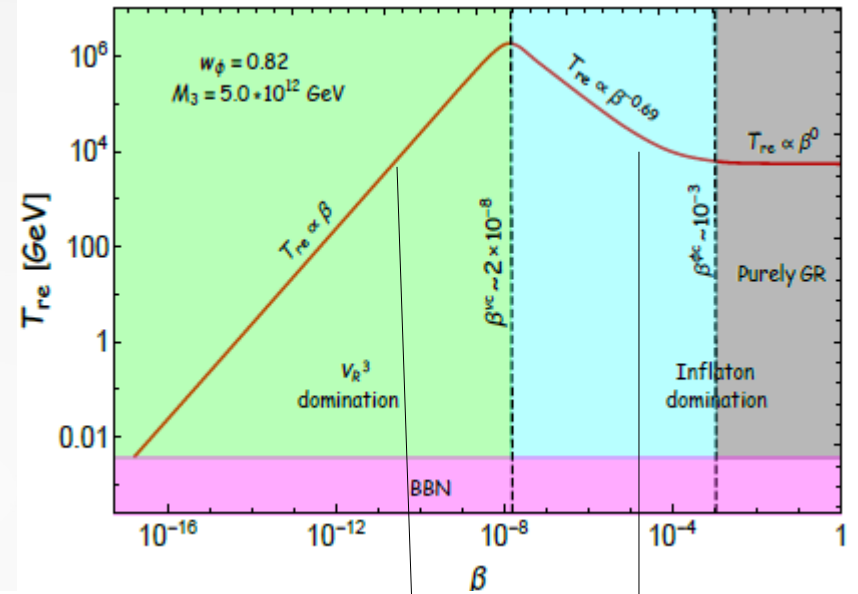


# $\nu$ GR : Gravitational wave (Primary)

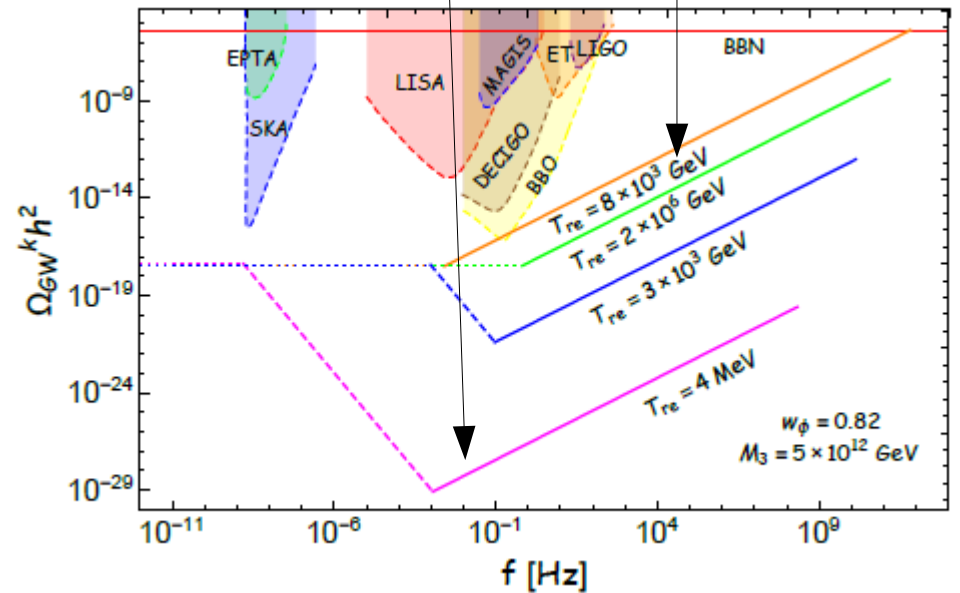
$$\rho_\phi \propto a^{-3(1+w_\phi)}$$

$$\rho_\nu \propto a^{-3}$$

$$\rho_R \propto a^{-4}$$



GRe



$\nu$ GRe

# Conclusions and future directions



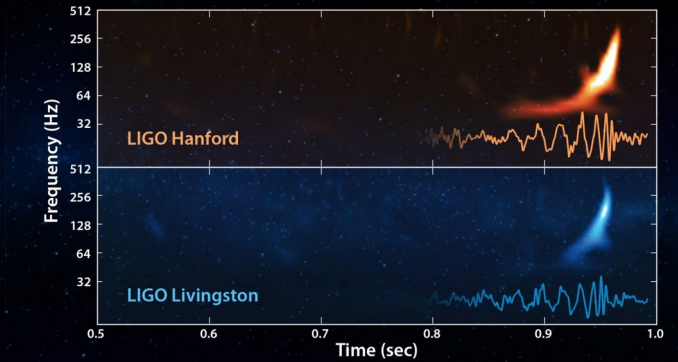
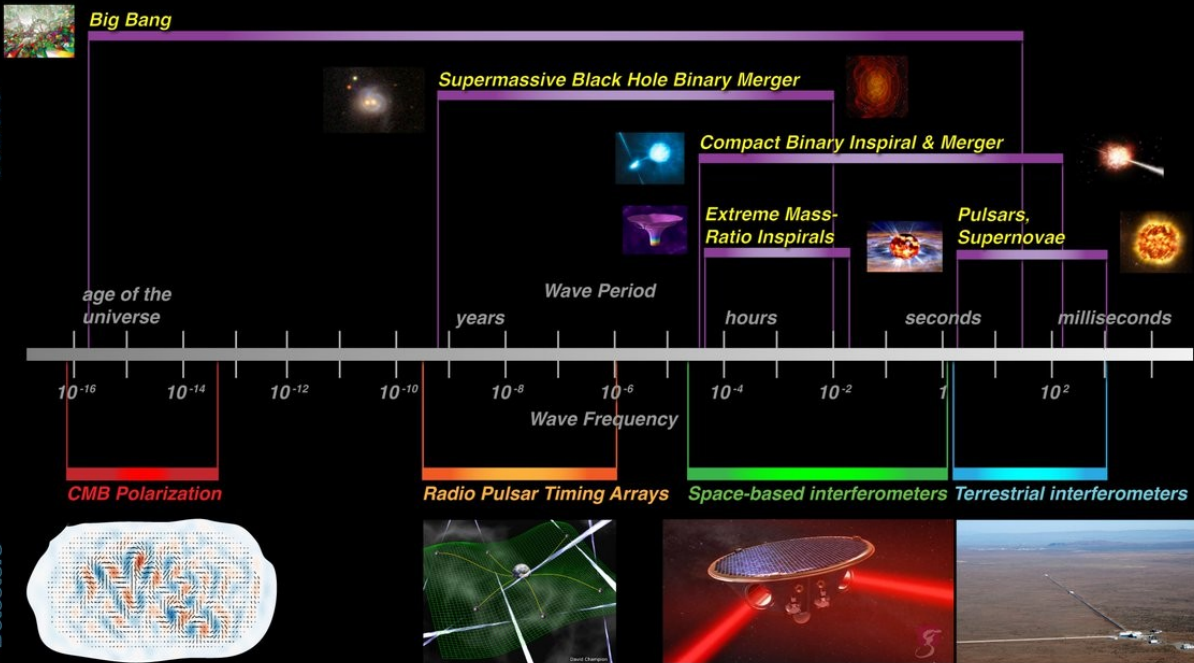
Reheating:

- It is BSM physics which happens at very high energy scale beyond the scope of laboratory experiments
- Cosmology behaves as laboratory system where experiments has already been performed, observables need to be defined, explained.
- **We identified Gravitational reheating scenario with definite predictions**
  - i) **Selects limited class of inflaton models with  $e$ -folding number within 62-63, and narrow range of  $n_s$  value, unique GW spectrum leading Kination**
  - ii) **Generalization to Neutrino reheating is an extremely interesting possibility. Particle responsible for baryogenesis and active neutrino mass also taking part in reheating.**
- **Secondary GW, thermalization, evolution of small scale perturbations,**

Ripples in the spacetime can travel maximum path without getting disturbed

Thank you

The Gravitational Wave Spectrum





# Probing GRe: Small scale tensor fluctuation(PGW)

R. Haque, DM, S. T. Paul, L. Sriramkumar, Phys.Rev.D 104 (2021) 6, 063513, Riajul Haque, DM, 2201.02348

Reheating phase leads to significant effect on the gravitational waves (GWs)

$$\Omega_{GW}^k h^2 \simeq \Omega_R h^2 P_T(k) \frac{4\mu^2}{\pi} \Gamma^2 \left( \frac{5 + 3\omega_\phi}{2 + 6\omega_\phi} \right) \left( \frac{k}{2\mu k_{re}} \right)^{n_{GW}}$$

$$\mu = \frac{1}{2}(1 + 3\omega_\phi)$$

$$P_T(k) = \dot{H}_{end}^2 / 12\pi^2 M_p^2.$$

$$\omega_\phi = (0.6, 0.99)$$

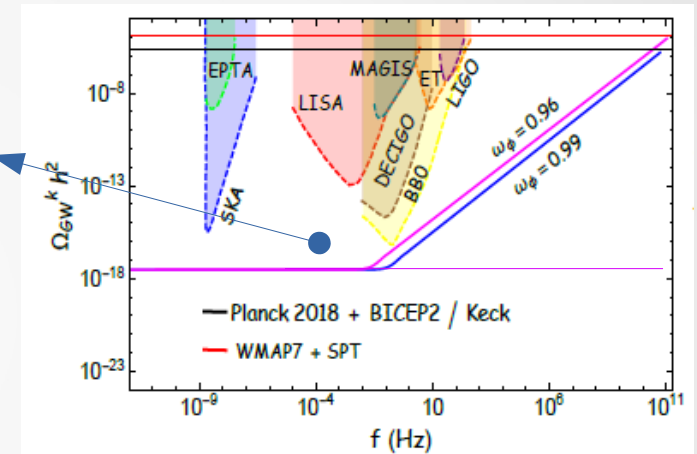
Index of the GW spectrum:

$$n_{GW} = \frac{(6\omega_\phi - 2)}{(3\omega_\phi + 1)} \longrightarrow 0.57 \leq n_{GW} \leq 0.99$$

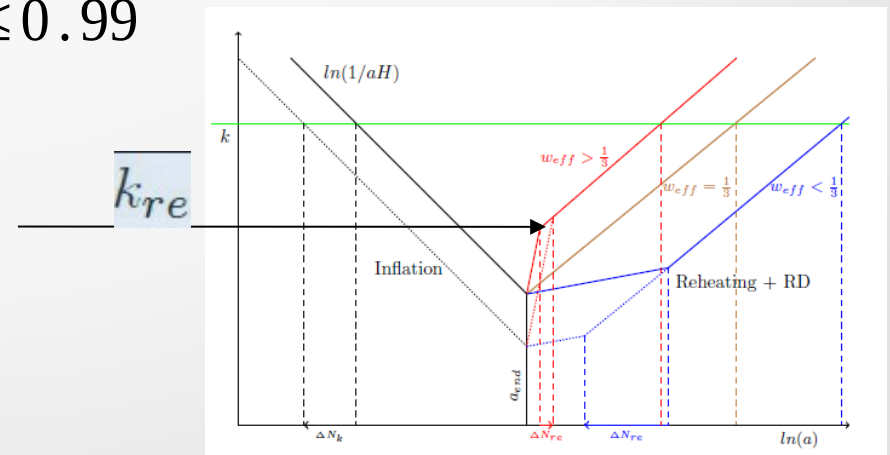
Smaller the reheating temperature

Smaller  $k_{re}$

Larger the value of  $\Omega_{GW}^k h^2$



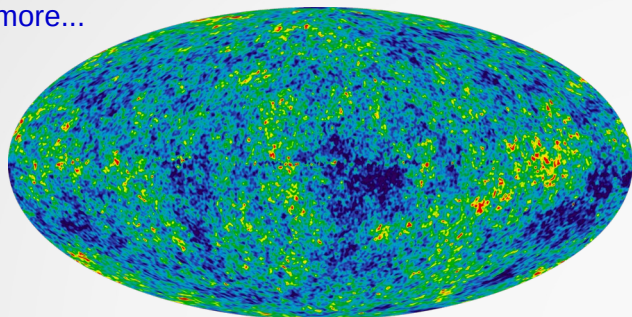
If GRe is true: prediction of the Tensor sector,



# Given the inflationary phase: What do we observe today?

P.A.R Ade et. al. ArXiv:1502:01589

Extremely homogeneous Universe  
Many more...



Background + Fluctuations of all  
fundamental fields

## Scalar type

Density(curvature) fluctuations,  
Dark Matter, Dark energy...

CMB

## FermionType

Baryonic Matter, Dark  
matter ?

DM

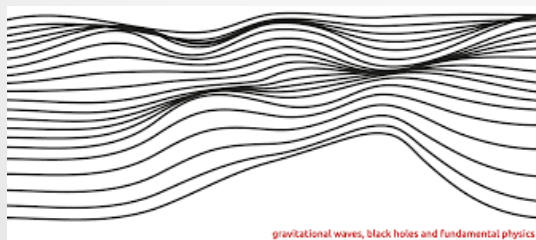
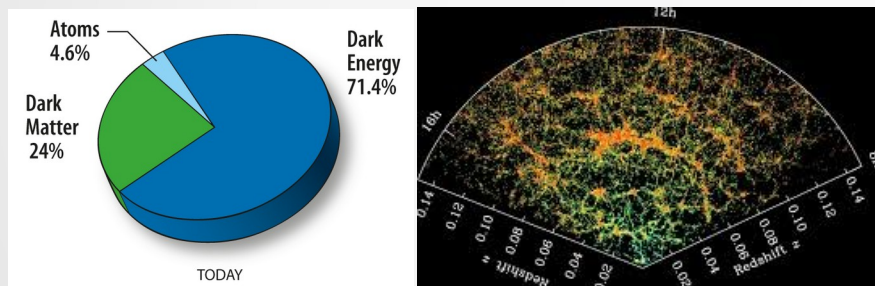
## Vector type

Large/small scale  
magnetic field, EM  
radiation...

PGW

## Tensor type

Primordial Graviational  
wave(PGW), Higher spin,  
Kalb Ramond...

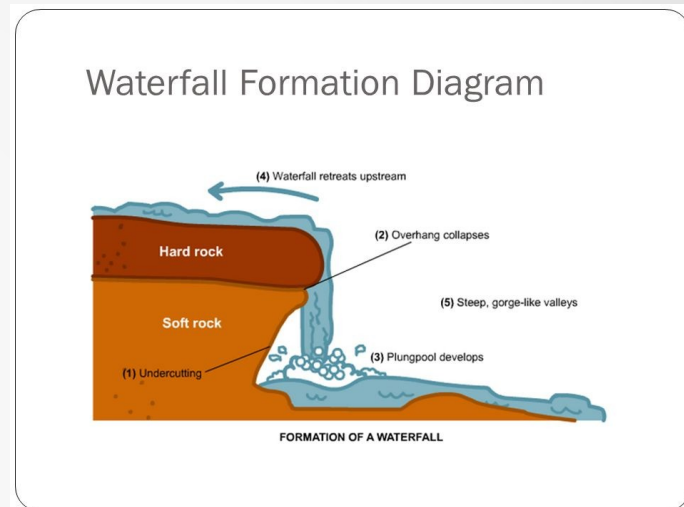
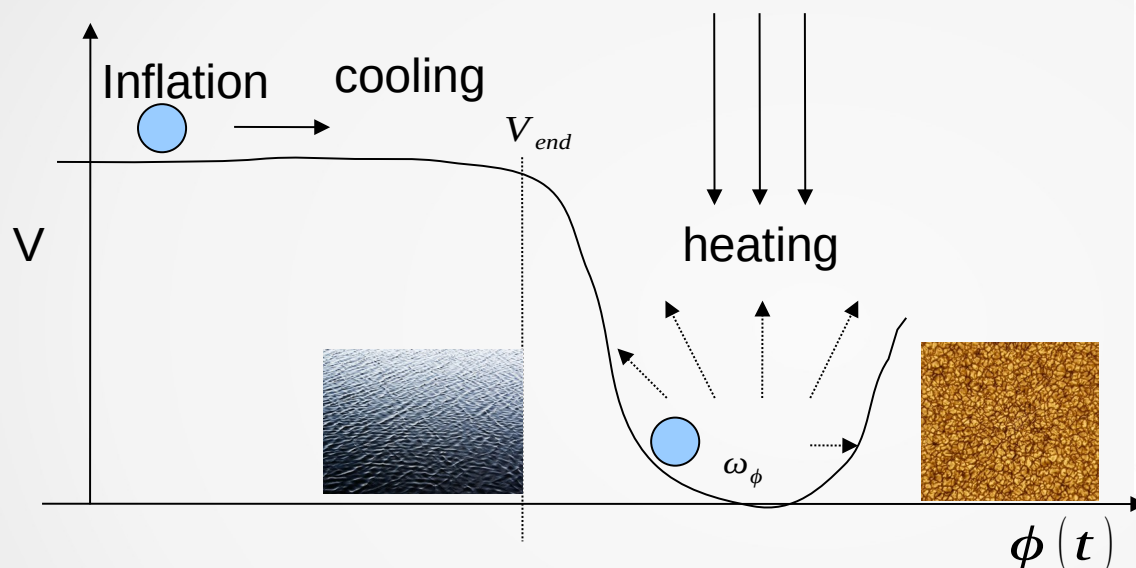


Reheating gives us right proportion of all these  
and this information must be imprinted into  
Background+fluctuation that we see today in  
some way

# Reheating phenomenology: Conventional starting point

Lev Kofman, Andrei Linde, Alexei Starobinsky, *Phys.Rev.D56:3258-3295,1997*; *Phys.Rev.Lett. 73 (1994) 3195-3198*

- The process of Inflaton energy transferring into any other fields.



Quantum inflaton coupled with all the fundamental fields, tuning the couplings and get successful reheating.

**Standard approach: Introduce effective theory operators**

$$g_1 \phi s^3, g_2 \phi^2 s^2, h \phi \bar{f} f \dots$$

**Non-perturbative (resonance) + Perturbative decay**



# Set up: Reheating (perturbative)

## Dynamical eqs + Boundary conds + constraints

L. Dai, M. Kamionkowski and J. Wang, PRL. 113, 041302 (2014), J. L. Cook, etal JCAP 1504 (2015) 047; J. Ellis etal, JCAP 1507 (2015,, 050; Y. Ueno and K. Yamamoto, PRD 93 (2016), 083524; M. Eshaghi etal, PRD 93 (2016), 123517, A. Di Marco, etal, PRD 95 (2017),, 103502, S. Bhattacharya etal, PRD 96 (2017), 083522, DM, arXiv:1709.00251; DM, P. Saha, PRD 2018, ...

Unique Initial conditions:

$$\rho_\phi^{in} = 3 M_p^2 H_{end}^2, \quad \rho_R = \rho_{DM} = 0$$

Constraints:

Present state of our universe

1. Entropy conservation

$$T_{re} = \left( \frac{43}{11 g_*^{re}} \right)^{1/3} \left( \frac{a_0 H_{end}}{k} \right) e^{-(N_k + N_{re})} T_0,$$

With  $k/a_0 = 0.05 \text{ Mpc}^{-1}$  and  $T_0 = 2.725^0 \text{ K}$

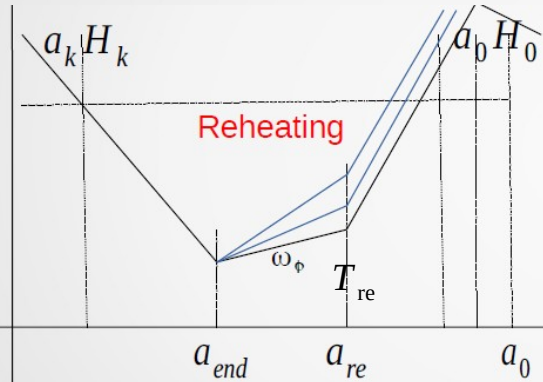
2. Present DM abundance  $\Omega_Y h^2 = 0.12$

3. Universe must be radiation dominated for

$$T_{re} > T_{BBN} \sim 10 \text{ MeV}$$

4. Upper limit on Inflationary energy scale

$$H_{end}^{max} > \pi M_p \sqrt{r A_s / 2} \sim 5 \times 10^{13} \text{ GeV}$$



$$\begin{aligned} \dot{\rho}_\phi + 3H(1 + w_\phi)\rho_\phi + (\Gamma_{s/f} + \Gamma_{\phi\phi \rightarrow RR}^{gr})(1 + w_\phi)\rho_\phi &= 0, \\ \dot{\rho}_{s/f}^r + 4H\rho_{s/f}^r - \Gamma_{s/f}(1 + w_\phi)\rho_\phi &= 0 \\ \dot{\rho}_{gr}^r + 4H\rho_{gr}^r - \Gamma_{\phi\phi \rightarrow RR}^{gr}(1 + w_\phi)\rho_\phi &= 0. \end{aligned}$$

$$\Gamma_{s/f} = \begin{cases} \Gamma_{\phi \rightarrow ss} = \frac{(g_1^r)^2}{8\pi m_\phi(t)} (1 + 2f_B(m_\phi/2T)), & \text{for } g_1^r \phi s^2 \\ \Gamma_{\phi\phi \rightarrow ss} = \frac{(g_2^r)^2 \rho_\phi(t)}{8\pi m_\phi^3(t)} (1 + 2f_B(m_\phi/T)), & \text{for } g_2^r \phi^2 s^2 \\ \Gamma_{\phi \rightarrow \bar{f}f} = \frac{(h^r)^2}{8\pi} m_\phi(t) (1 - 2f_F(m_\phi/2T)), & \text{for } h^r \phi \bar{f}f \end{cases}$$

$$\Gamma_{\phi\phi \rightarrow ss}^{gr} = \frac{\rho_\phi m_\phi}{1024\pi M_p^4} (1 + 2f_B(m_\phi/T)),$$

$$\Gamma_{\phi\phi \rightarrow ff}^{gr} = \frac{\rho_\phi m_f^2}{4096\pi M_p^4 m_\phi} (1 - 2f_F(m_\phi/T)),$$

Present state of the universe is completely fixed by  $H_{end}, \omega_\phi, M_{DM}, g, h$

# Boltzmann dynamics + Boundary conds + constraints

L. Dai, M. Kamionkowski and J. Wang, PRL. 113, 041302 (2014), J. L. Cook, etal JCAP 1504 (2015) 047; J. Ellis etal, JCAP 1507 (2015), 050; Y. Ueno and K. Yamamoto, PRD 93 (2016), 083524; M. Eshaghi etal, PRD 93 (2016), 123517, A. Di Marco, etal, PRD 95 (2017), 103502, S. Bhattacharya etal, PRD 96 (2017), 083522, DM, arXiv:1709.00251; DM, P. Saha, PRD 2018, ...

Unique Initial conditions:

$$\rho_\phi^{in} = 3 M_p^2 H_{end}^2, \quad \rho_R = \rho_{DM} = 0$$

Constraint conditions:

Present state of our universe

1. Entropy conservation

$$T_{re} = \left( \frac{43}{11 g_*^{re}} \right)^{1/3} \left( \frac{a_0 H_{end}}{k} \right) e^{-(N_k + N_{re})} T_0,$$

With  $k/a_0 = 0.05 \text{ Mpc}^{-1}$  and  $T_0 = 2.725^0 \text{ K}$

2. Present DM abundance  $\Omega_Y h^2 = 0.12$

3. Universe must be radiation dominated for  $T_{re} > T_{BBN} \sim 10 \text{ MeV}$

4. Upper limit on Inflationary energy scale

$$H_{end}^{max} > \pi M_p \sqrt{r A_s / 2} \sim 5 \times 10^{13} \text{ GeV}$$

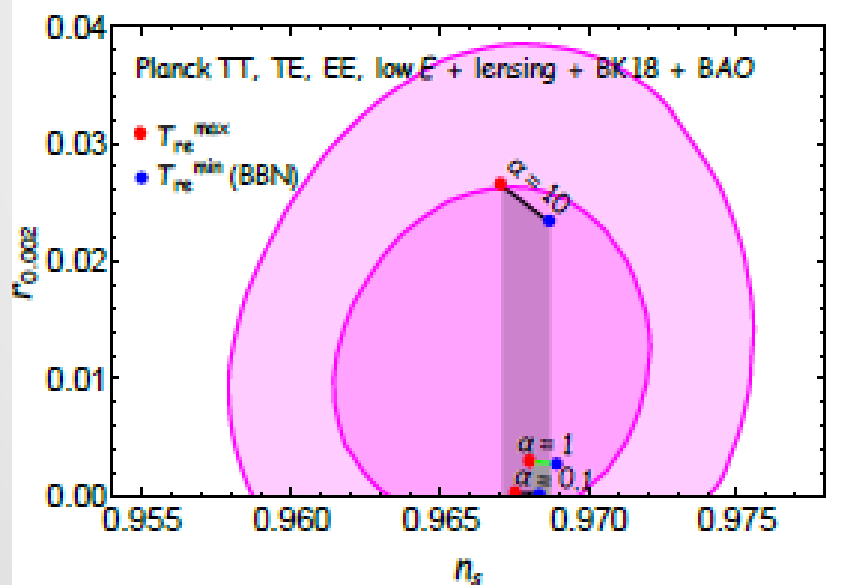
$$\begin{aligned} \dot{\rho}_\phi + 3H(1 + \omega_\phi)\rho_\phi + \Gamma_\phi^T \rho_\phi(1 + \omega_\phi) &= 0, \\ \dot{\rho}_R + 4H\rho_R - \Gamma_{\phi\phi \rightarrow RR}^{Rad} \rho_\phi(1 + \omega_\phi) &= 0, \\ \dot{n}_Y + 3Hn_Y - \frac{\Gamma_{\phi\phi \rightarrow YY}^{DM}}{m_\phi} \rho_\phi(1 + \omega_\phi) &= 0 \end{aligned}$$

Present state of the universe is completely fixed by  $H_{end}, \omega_\phi, M_{DM}$

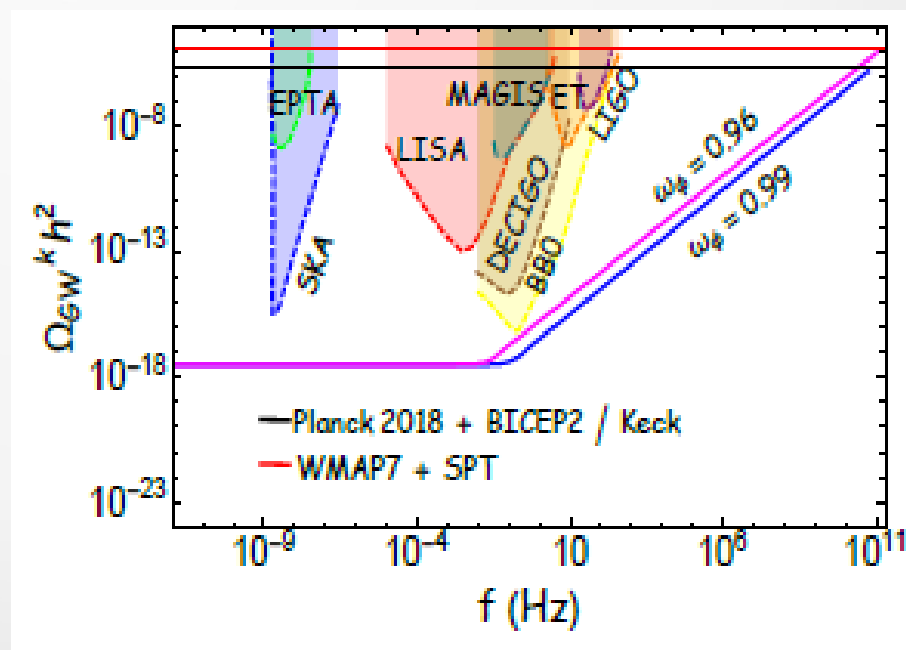
# GRe: Conclusions

- Selects limited class of inflaton models which must provide **efolding number within 62-63**, Very narrow range of  $n_s$  value.
- Predicts: Low reheating temperature, Stiff reheating equation of state ( $w \sim 1$ ), **unique GW spectrum**.

Riajul Haque, DM, 2201.02348,  
R. Haque, DM, Rajesh Mondal,  
2301.01641



Can we relax such tight constraint on  $w$ , being in the framework of GRe?



# Brief account on Type-I seesaw

Minkowski; Yanagida; Gell-Mann, Ramond, Slansky; Glashow; Senjanovic, Mohapatra.

1. Standard Model: Neutrinos are massless
2. Observation of Neutrino oscillation: massive Neutrinos
3. Simple Dirac Mass requires

$$\mathcal{L} = \mathcal{L}_\phi + \mathcal{L}_{\text{SM}} - \frac{1}{2} M_{ij} \bar{\nu}_R^{ci} \nu_R^j - y_{ij} \bar{\nu}_R^i \tilde{H}^\dagger L_j + h.c.$$

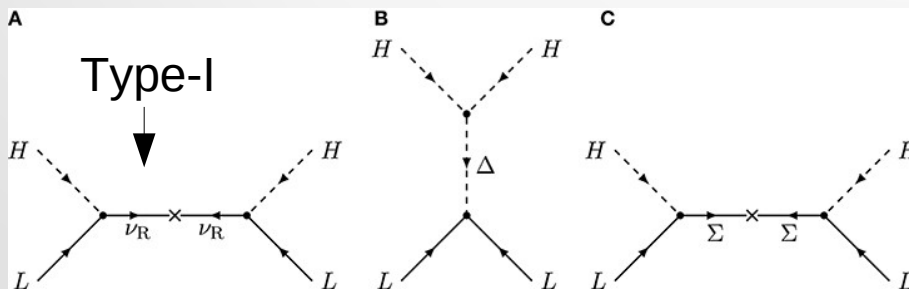
Assumed to be unnatural compared to other Yukawa couplings

$$=0 \quad y \sim 10^{-12}$$

4. Suppression may be due to new physics (Majorana mass)

Weinberg Operator:  $\frac{d^{ij}}{M} (H \cdot \bar{L}_i^c) (L_j \cdot H) + h.c$

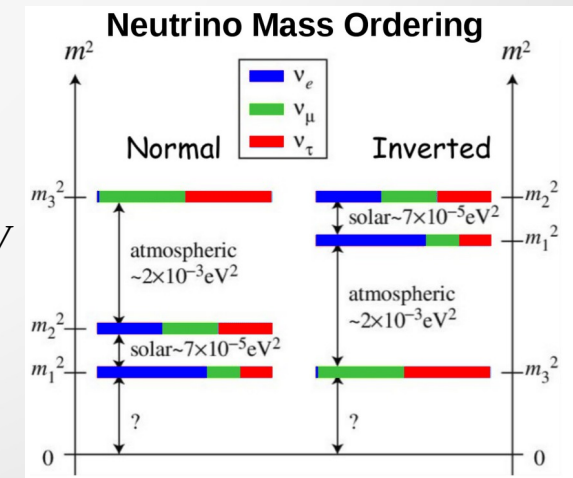
Opening up the above operator :



Example

$$m_\nu \sim 0.1 \text{ eV}, \langle H \rangle \sim 10^2 \text{ GeV}$$

$$M \sim 10^{14} \text{ GeV}$$



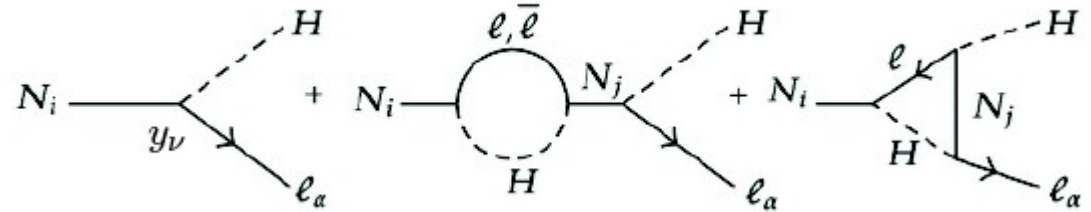
Mediator is heavy right handed SM singlet Neutrinos



# Leptogenesis/Baryogenesis

**L, C, CP violation:**

$$\Gamma(N \rightarrow \ell H) \neq \Gamma(N \rightarrow \bar{\ell} H^*)$$

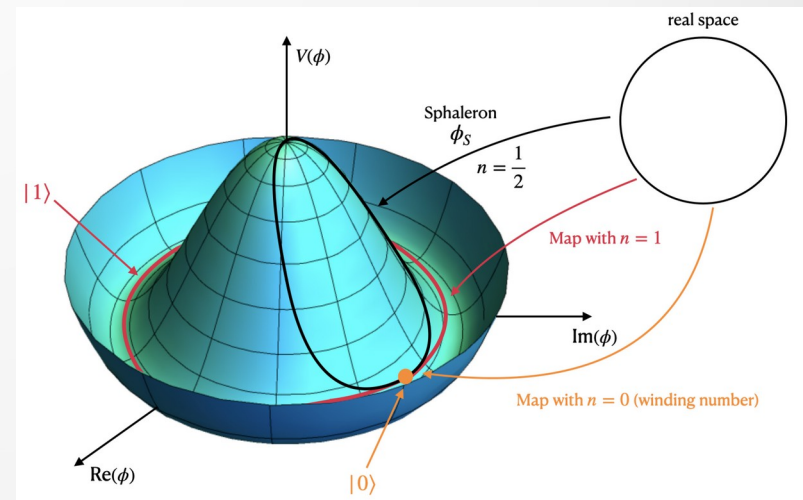


Our of equilibrium decay of neutrinos leading to non-zero (**Sakharov Conditions**)

$$\epsilon = \frac{\sum_j [\Gamma(N_1 \rightarrow l_j H) - \Gamma(N_1 \rightarrow \bar{l}_j H^*)]}{\sum_j [\Gamma(N_1 \rightarrow l_j H) + \Gamma(N_1 \rightarrow \bar{l}_j H^*)]}$$

Non-perturbative process: called **Sphaleron**

$$Y_{B-L} \sim \epsilon \eta Y^{eq} \sim 8.7 \times 10^{-11}$$



Taken from, Galaxies 2022, 10(6), 116  
<https://doi.org/10.3390/galaxies10060116>

# GRe: Gravitational DM (scalar/fermion)

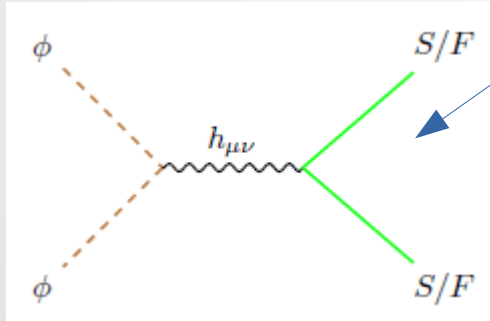
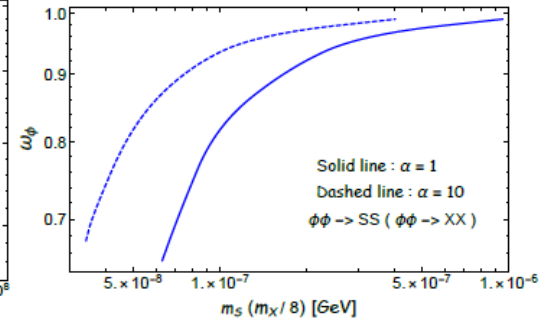
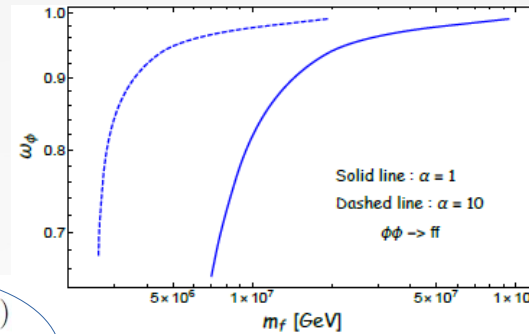
**Gravitational DM:** Produced through gravitational interaction only

$$M_{DM}$$

Riajul Haque, DM, 2201.02348; Phys.Rev.D 106 (2022) 2, 023506

$$\dot{n}_x + 3Hn_x = \frac{\Gamma_x^\phi \rho_\phi}{\langle E_x \rangle \phi}$$

$$\Gamma_x^\phi = \begin{cases} \frac{\rho_\phi m_\phi}{1024\pi M_p^4} \left(1 + \frac{m_x^2}{2m_\phi^2}\right)^2 \sqrt{1 - \frac{m_x^2}{m_\phi^2}} & \text{for } h_{\mu\nu}(T_S^{\mu\nu} + T_\phi^{\mu\nu}) \\ \frac{\rho_\phi m_f^2}{4096\pi M_p^4 m_\phi} \left(1 - \frac{m_x^2}{m_\phi^2}\right)^{3/2} & \text{for } h_{\mu\nu}(T_F^{\mu\nu} + T_\phi^{\mu\nu}) \end{cases}$$



$\alpha=1$   
 $7 \times 10^6 < m_f < 9 \times 10^7 \text{ GeV}$   
 $60 < (m_S, (1/8)m_X) < 1000 \text{ eV}$

$\alpha=10$   
 $3 \times 10^6 < m_f < 2 \times 10^7 \text{ GeV}$   
 $30 < (m_S, (1/8)m_X) < 400 \text{ eV}$

$$\Gamma_{\phi\phi \rightarrow ss}^{gr} = \frac{\rho_\phi m_\phi}{1024\pi M_p^4} (1 + 2f_B(m_\phi/T)),$$

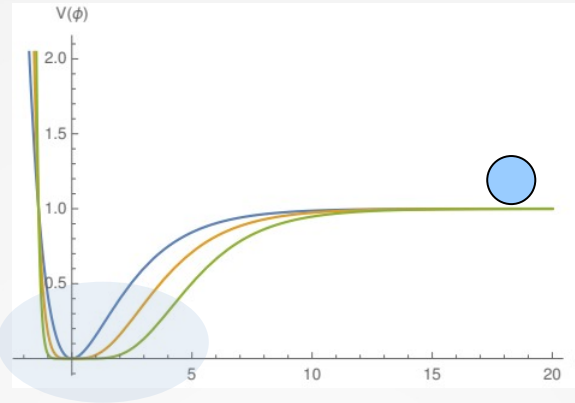
$$\Gamma_{\phi\phi \rightarrow ff}^{gr} = \frac{\rho_\phi m_f^2}{4096\pi M_p^4 m_\phi} (1 - 2f_F(m_\phi/T))$$

$$\Omega_Y h^2 = \frac{m_Y n_Y (A_{re}) A_{re}^3}{\rho_R (A_{re}) A_{re}^4} \frac{A_{re} T_{re}}{T_0} \Omega_R h^2 = 0.12$$

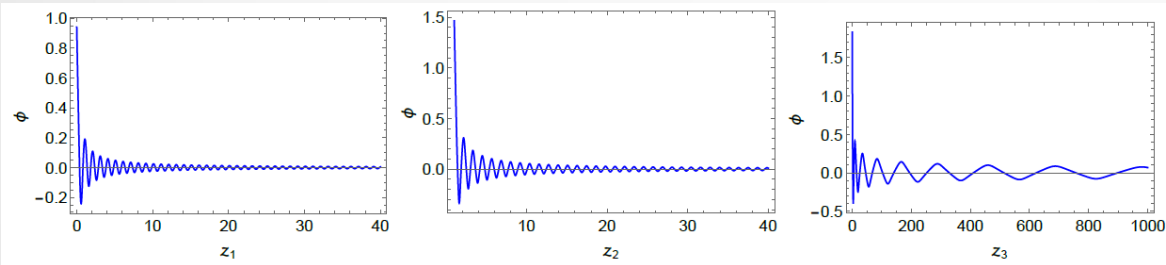
# Set up: Inflation (Alpha-attactor model)

Linde et al ; JHEP 11 (2013) 198

$$V(\phi) = \Lambda^4 \left[ 1 - e^{-\sqrt{\frac{2}{3\alpha}} \phi / M_P} \right]^{2n}$$

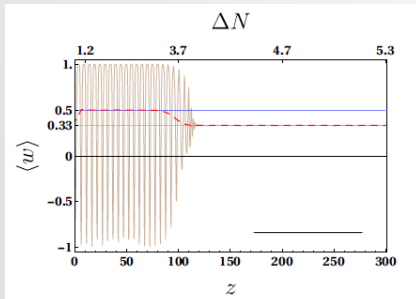


$$1 - n_s \simeq 2/N_k, \quad r \simeq 12\alpha/N_k^2$$



Reheating can distinguish

$$\Lambda, \alpha, n$$



Distinguishing parameter

$$\omega_\phi = \frac{P_\phi}{\rho_\phi} = \frac{\langle \phi V'(\phi) \rangle - \langle 2V \rangle}{\langle \phi V'(\phi) \rangle + \langle 2V \rangle} = \frac{n-1}{n+1} \quad ; \quad V(\phi) \sim \phi^{2n}$$

