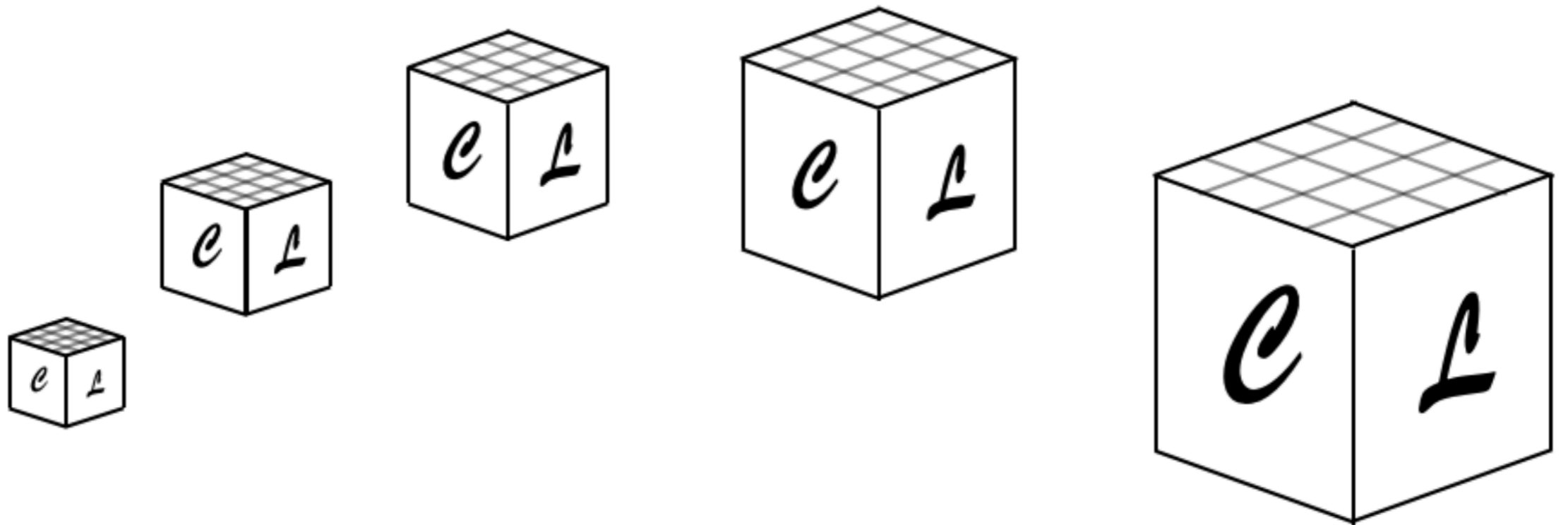


Strong Backreaction in Axion-Inflation



DANIEL G. FIGUEROA
IFIC, Valencia, Spain

Strong Backreaction Regime in Axion Inflation

Daniel G. Figueroa^{1,*} , Joanes Lizarraga^{2,3,†} , Ander Uribe^{2,3,‡}  and Jon Urrestilla^{2,3,§} 

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(Received 29 April 2023; accepted 8 September 2023; published 13 October 2023)

We study the nonlinear dynamics of axion inflation, capturing for the first time the inhomogeneity and full dynamical range during strong backreaction, till the end of inflation. Accounting for inhomogeneous effects leads to a number of new relevant results, compared to spatially homogeneous studies: (i) the number of extra efoldings beyond slow-roll inflation increases very rapidly with the coupling, (ii) oscillations of the inflaton velocity are attenuated, (iii) the tachyonic gauge field helicity spectrum is smoothed out (i.e., the spectral oscillatory features disappear), broadened, and shifted to smaller scales, and (iv) the nontachyonic helicity is excited, reducing the chiral asymmetry, now scale dependent. Our results are expected to impact strongly on the phenomenology and observability of axion inflation, including gravitational wave generation and primordial black hole production.

DOI: [10.1103/PhysRevLett.131.151003](https://doi.org/10.1103/PhysRevLett.131.151003)

(e-Print: [2303.17436](https://arxiv.org/abs/2303.17436) [astro-ph.CO])

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First *exact calculation of non-linear dynamics of axion inflation (till the end of inflation)**

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Axion-Inflation

Freese, Frieman, Olinto '90; ...

Shift symmetry $\phi \rightarrow \phi + \text{const.}$

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Shift symmetry $\phi \rightarrow \phi + \text{const.}$

$$\frac{\phi}{4\Lambda} F\tilde{F}$$

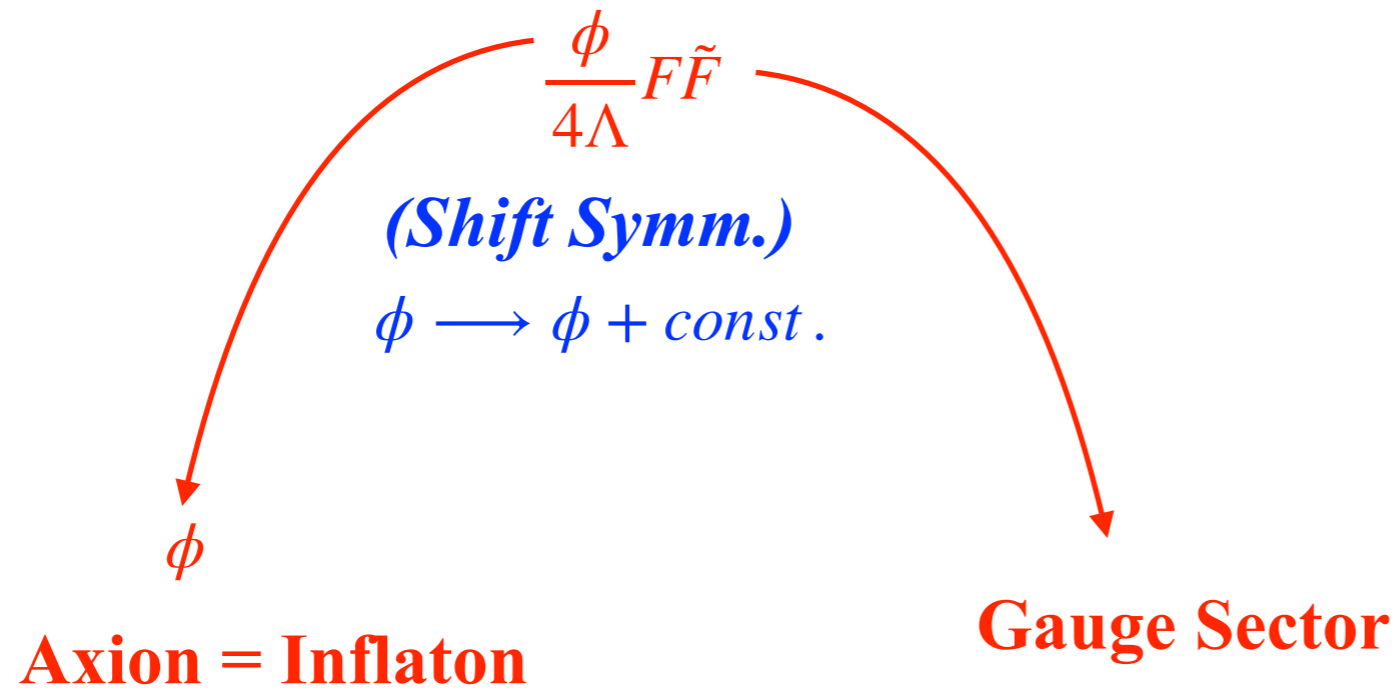
(Shift Symm.)

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Axion-Inflation

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Potential

$$V(\phi) + \frac{\phi}{4\Lambda} F\tilde{F}$$

(Shift Symm.)

$$\phi \longrightarrow \phi + \text{const.}$$

*Due to
Non-Perturbative
effects*

Axion-Inflation

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Shift symmetry $\phi \rightarrow \phi + \text{const.}$

$$V(\phi) + \frac{\phi}{4\Lambda} F\tilde{F} \quad \Rightarrow \quad A_{\pm}'' + \left(k^2 \pm \frac{k\dot{\phi}}{\Lambda H\tau} \right) A_{\pm} = 0$$

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**L.Sorbo et al
2006-2012**

Chiral instability

$$A_+ \propto e^{\pi\xi}, \quad |A_-| \ll |A_+|$$

A_+ exponentially amplified

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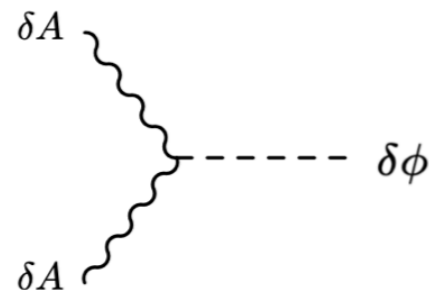
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Inflaton perturbations $\delta\phi$
through inverse decay
(highly non-Gaussian)



Barnaby, Peloso '10
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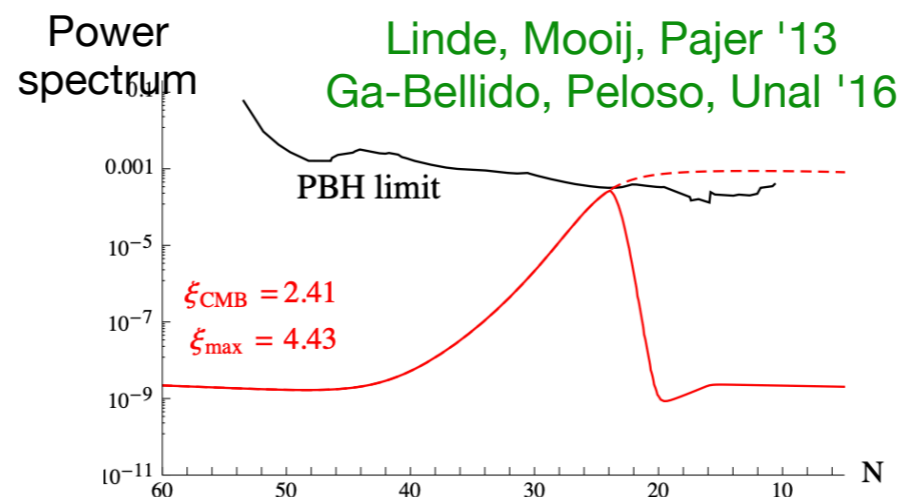


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**Amplitude $\delta\phi$ must be bounded
Otherwise too many
Primordial Black Holes (PBH) !**



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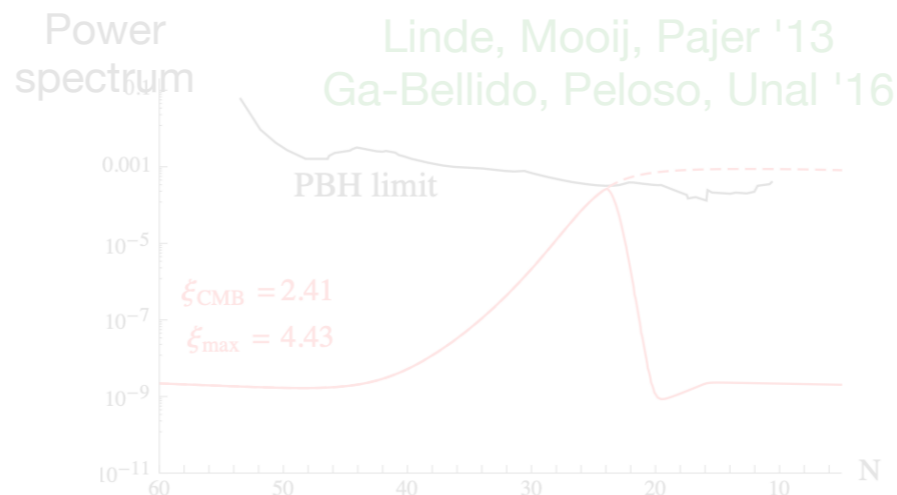
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Only
one chirality
of gauge field
then... **chiral GWs !**



Barnaby, Peloso '10
Planck '15



$$\{E_i E_j + B_i B_j\}^{TT}$$

$$h_L, \quad \cancel{h_R}$$

Cook & Sorbo '11
Amber & Sorbo '12

Axion-Inflation

Freese, Frieman, Olinto '90; ...

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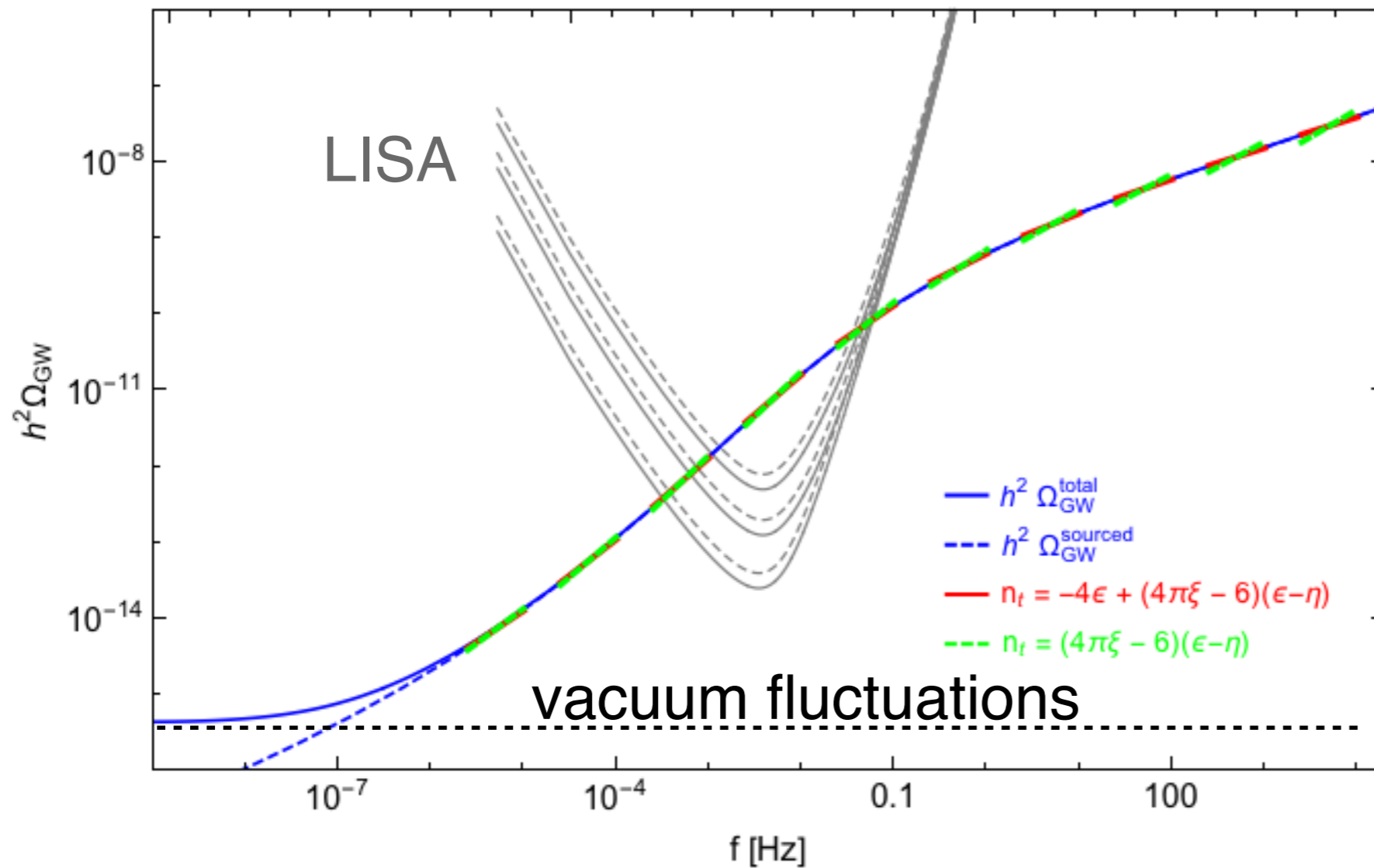
$$h''_{ij} + 2\mathcal{H}h'_{ij} - \nabla^2 h_{ij} = 16\pi G \Pi_{ij}^{TT} \propto \{E_i E_j + B_i B_j\}^{TT}$$

GW left-chirality only !

A_{μ} Chiral

Axion-Inflation

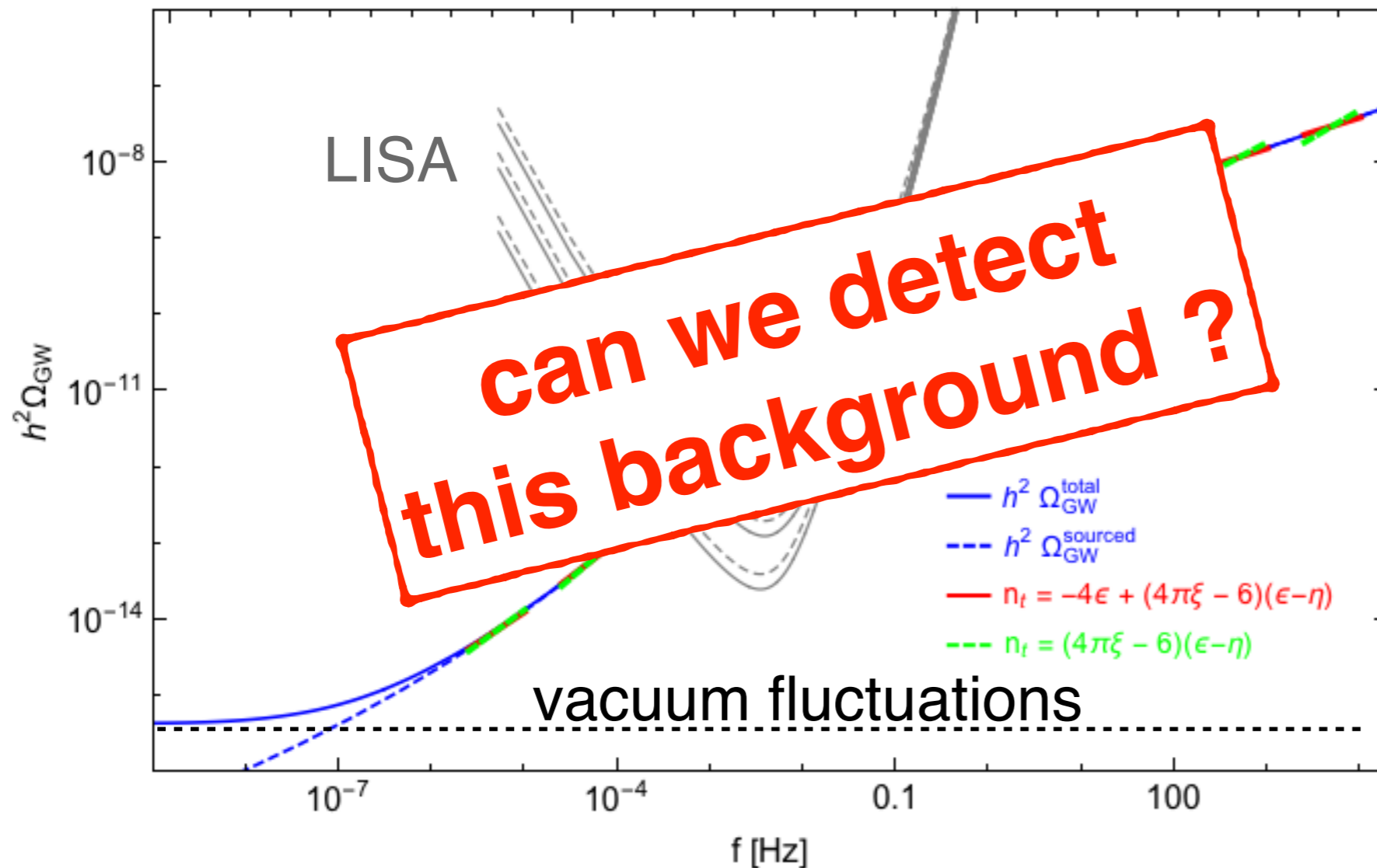
GW energy spectrum today



Blue-Tilted
+ Chiral
+ Non-G
GW background

Axion-Inflation

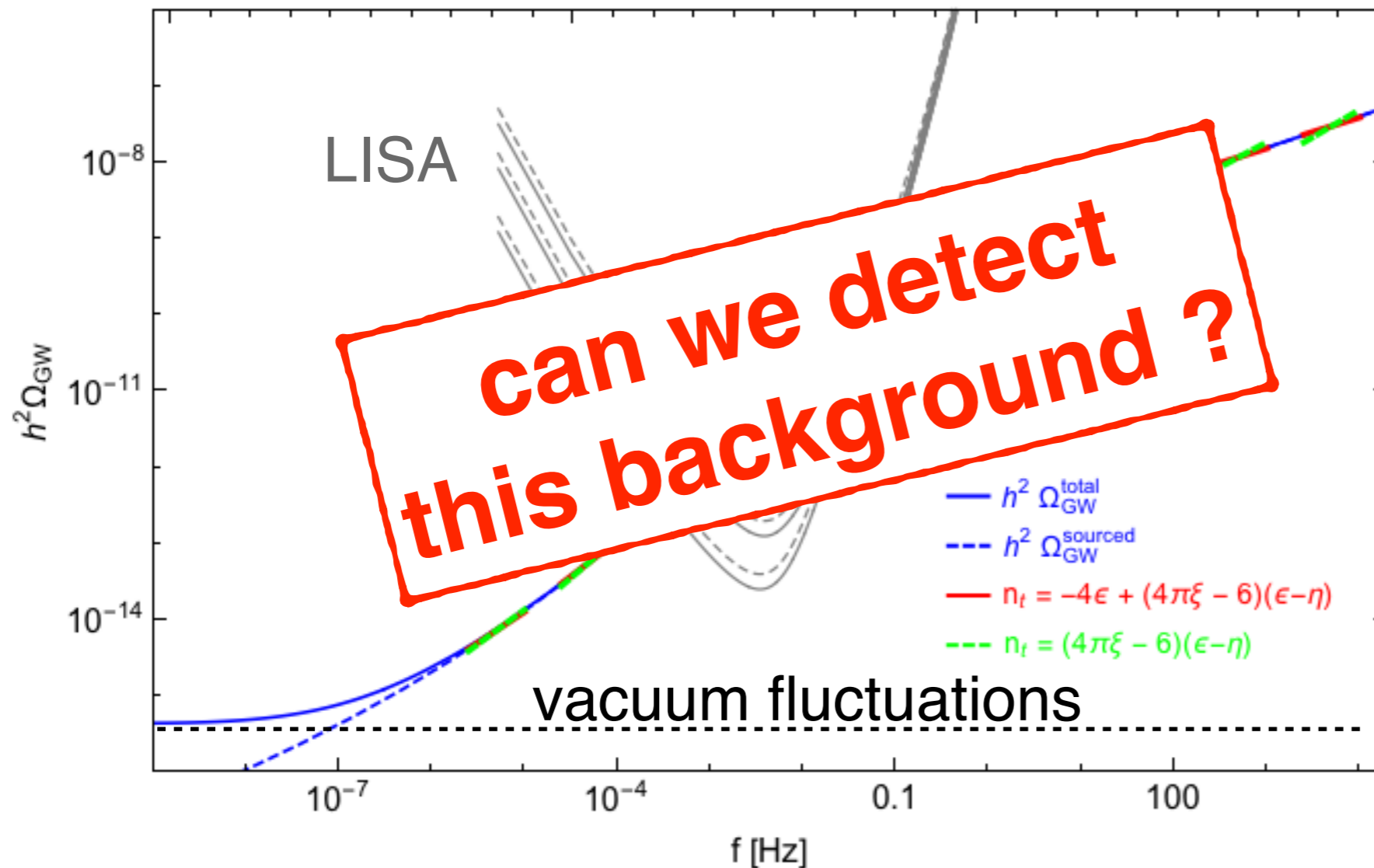
GW energy spectrum today



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Axion-Inflation

GW energy spectrum today



Blue-Tilted
 + Chiral
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 GW background

As $A_+ \propto e^{\phi}$, GWs very sensitive to choice of $V(\phi)$ and calculation details

Axion-Inflation

PROBLEM: PNG, GW and PBH  Analytical approximations !

Axion-Inflation

PROBLEM: PNG, GW and PBH \longrightarrow Analytical approximations !

**Let's have a look to
the full problem !**

$$\left(V(\phi) = \frac{1}{2} m^2 \phi^2 \right)$$

Axion-Inflation

PROBLEM: PNG, GW and PBH \longrightarrow Analytical approximations !

$$\pi_\phi \equiv \dot{\phi}, \quad E_i \equiv \dot{A}_i, \quad B_i \equiv \epsilon_{ijk} \partial_j A_k$$

$$\tilde{\pi}_\phi = a^3 \pi_\phi, \quad \tilde{\vec{E}} = a \vec{E}, \quad \pi_a \equiv \dot{a}$$

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Local
EoM
(\vec{x}, t)

$$\left\{ \begin{array}{l} \dot{\tilde{\pi}}_\phi = a \vec{\nabla}^2 \phi - a^3 m^2 \phi + \frac{1}{a\Lambda} \tilde{\vec{E}} \cdot \vec{B}, \\ \dot{\tilde{\vec{E}}} = -\frac{1}{a} \vec{\nabla} \times \vec{B} - \frac{1}{a^3 \Lambda} \tilde{\pi}_\phi \vec{B} + \frac{1}{a\Lambda} \vec{\nabla} \phi \times \tilde{\vec{E}}. \end{array} \right.$$

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EoM

**Hom.
EoM
(t)**

$$\dot{\pi}_a = -\frac{a}{6m_{pl}^2} (\rho + 3p) = \frac{a}{3m_{pl}^2} \left\langle \begin{array}{cccc} -2K_\phi & +V & -K_A & -G_A \end{array} \right\rangle$$

(Kin) (Pot) (Elec) (Mag)

$$\left(\begin{array}{l} K_\phi \equiv \frac{1}{2} \pi_\phi^2 = \frac{1}{2a^6} \tilde{\pi}_\phi^2, \quad G_\phi \equiv \frac{1}{2a^2} \sum (\partial_i \phi)^2, \quad V \equiv \frac{1}{2} m^2 \phi^2, \\ K_A \equiv \frac{1}{2} \sum_i \frac{E_i^2}{a^2} = \frac{1}{2} \sum_i \frac{\tilde{E}_i^2}{a^4}, \quad G_A \equiv \frac{1}{2} \sum_i \frac{B_i^2}{a^4} \end{array} \right)$$

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EoM

**Non-Linear
dynamics**

**Hom.
EoM
(t)**

$$\dot{\pi}_a = -\frac{a}{6m_{pl}^2} (\rho + 3p) = \frac{a}{3m_{pl}^2} \left\langle \underbrace{-2K_\phi}_{\text{(Kin)}} + \underbrace{V}_{\text{(Pot)}} - \underbrace{K_A}_{\text{(Elec)}} - \underbrace{G_A}_{\text{(Mag)}} \right\rangle$$

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Axion-Inflation

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EoM

**Linear
Regime**

**Hom.
EoM
(t)**

$$\dot{\pi}_a = -\frac{a}{6m_{pl}^2} (\rho + 3p) = \frac{a}{3m_{pl}^2} \left\langle \underbrace{-2K_\phi}_{\text{(Kin)}} + \underbrace{V}_{\text{(Pot)}} - \underbrace{K_A}_{\text{(Elec)}} - \underbrace{G_A}_{\text{(Mag)}} \right\rangle$$

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Axion-Inflation

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EoM

**Linear
Regime**

**Hom.
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Axion-Inflation

PROBLEM: PNG, GW and PBH \longrightarrow **Analytical approximations !**

$$\pi_\phi \equiv \dot{\phi}, \quad E_i \equiv \dot{A}_i, \quad B_i \equiv \epsilon_{ijk} \partial_j A_k$$

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EoM

**Back-
Reaction**

**Hom.
EoM
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$$\dot{\pi}_a = -\frac{a}{6m_{pl}^2} (\rho + 3p) = \frac{a}{3m_{pl}^2} \left\langle \underbrace{-2K_\phi}_{\text{(Kin)}} + \underbrace{V}_{\text{(Pot)}} - \underbrace{K_A}_{\text{(Elec)}} - \underbrace{G_A}_{\text{(Mag)}} \right\rangle$$

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**Hom. (t)
Approx.**

EoM

**Back-
Reaction
(Homog.
Approx.)**

**Hom.
EoM
(t)**

$$\dot{\pi}_a = -\frac{a}{6m_{pl}^2} (\rho + 3p) = \frac{a}{3m_{pl}^2} \left(\underbrace{\langle -2K_\phi + V \rangle}_{\text{(Kin) (Pot)}} - \underbrace{\langle K_A + G_A \rangle}_{\text{(Elec) (Mag)}} \right)$$

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Axion-Inflation

PROBLEM: PNG, GW and PBH \longrightarrow **Analytical approximations !**

$$\langle \vec{E} \vec{B} \rangle = -\frac{\lambda}{a^4} \int \frac{dk}{4\pi} k^3 \frac{d}{d\tau} |A_{-\lambda}(\tau, \vec{k})|^2 ;$$

$$\langle K_A + G_A \rangle \equiv \left\langle \frac{E^2 + B^2}{2} \right\rangle = \frac{1}{a^4} \int \frac{dk}{4\pi^2} k^2 \left(\left| \frac{dA_{-\lambda}(\tau, \vec{k})}{d\tau} \right|^2 + k^2 |A_{-\lambda}(\tau, \vec{k})|^2 \right) ;$$

$\lambda = \pm$

$\nearrow \lambda = +, \text{ if } \phi > 0$
 $\searrow \lambda = -, \text{ if } \phi < 0$

Local EoM
(\vec{x}, t)

$$\left\{ \begin{array}{l} \dot{\tilde{\pi}}_\phi = \cancel{a \vec{\nabla}^2 \phi} - a^3 m^2 \phi + \frac{1}{a\Lambda} \langle \vec{E} \cdot \vec{B} \rangle \\ \dot{\vec{E}} = -\frac{1}{a} \vec{\nabla} \times \vec{B} - \frac{1}{a^3 \Lambda} \tilde{\pi}_\phi \vec{B} + \cancel{\frac{1}{a\Lambda} \vec{\nabla} \phi \times \vec{E}} \end{array} \right.$$

Hom. (t) Approx.

Back-Reaction (Homog. Approx.)

EoM

Hom. EoM
(t)

$$\dot{\pi}_a = -\frac{a}{6m_{pl}^2} (\rho + 3p) = \frac{a}{3m_{pl}^2} \left(\underbrace{\langle -2K_\phi + V \rangle}_{\text{(Kin) (Pot)}} - \underbrace{\langle K_A + G_A \rangle}_{\text{(Elec) (Mag)}} \right)$$

$$\left(\begin{array}{l} K_\phi \equiv \frac{1}{2} \pi_\phi^2 = \frac{1}{2a^6} \tilde{\pi}_\phi^2, \quad G_\phi \equiv \frac{1}{2a^2} \sum (\partial_i \phi)^2, \quad V \equiv \frac{1}{2} m^2 \phi^2, \\ K_A \equiv \frac{1}{2} \sum_i \frac{E_i^2}{a^2} = \frac{1}{2} \sum_i \frac{\tilde{E}_i^2}{a^4}, \quad G_A \equiv \frac{1}{2} \sum_i \frac{B_i^2}{a^4} \end{array} \right)$$

Axion-Inflation

PROBLEM: PNG, GW and PBH \longrightarrow **Analytical approximations !**

$$\langle \vec{E} \vec{B} \rangle = -\frac{\lambda}{a^4} \int \frac{dk}{4\pi} k^3 \frac{d}{d\tau} |A_{-\lambda}(\tau, \vec{k})|^2 ;$$

$$\langle K_A + G_A \rangle \equiv \left\langle \frac{E^2 + B^2}{2} \right\rangle = \frac{1}{a^4} \int \frac{dk}{4\pi^2} k^2 \left(\left| \frac{dA_{-\lambda}(\tau, \vec{k})}{d\tau} \right|^2 + k^2 |A_{-\lambda}(\tau, \vec{k})|^2 \right) ;$$

$\lambda = \pm$

$\nearrow \lambda = +, \text{ if } \phi > 0$
 $\searrow \lambda = -, \text{ if } \phi < 0$

**Local
EoM
(\vec{x}, t)**

$$\left\{ \begin{array}{l} \dot{\tilde{\pi}}_\phi = \cancel{a \vec{\nabla}^2 \phi} - a^3 m^2 \phi + \frac{1}{a\Lambda} \langle \vec{E} \cdot \vec{B} \rangle \text{ Hom. (t) Approx.} \\ \frac{d^2 A_\pm(\tau, \vec{k})}{d\tau^2} + [k^2 \pm 2\lambda \xi k a H] A_\pm(\tau, \vec{k}) = 0 \end{array} \right.$$

EoM

**Hom.
EoM
(t)**

$$\dot{\pi}_a = -\frac{a}{6m_{pl}^2} (\rho + 3p) = \frac{a}{3m_{pl}^2} \left(\underbrace{\langle -2K_\phi \rangle}_{\text{(Kin)}} + \underbrace{\langle V \rangle}_{\text{(Pot)}} - \underbrace{\langle K_A \rangle}_{\text{(Elec)}} - \underbrace{\langle G_A \rangle}_{\text{(Mag)}} \right)$$

**Back-
Reaction
(Homog.
Approx.)**

Dall'Agata et al 2019, Domcke et 2020 \longrightarrow **Elaborated Iterative scheme !**

Axion-Inflation

PROBLEM: PNG, GW and PBH \longrightarrow **Analytical approximations !**

$$\langle \vec{E} \vec{B} \rangle = -\frac{\lambda}{a^4} \int \frac{dk}{4\pi} k^3 \frac{d}{d\tau} |A_{-\lambda}(\tau, \vec{k})|^2 ;$$

$$\langle K_A + G_A \rangle \equiv \left\langle \frac{E^2 + B^2}{2} \right\rangle = \frac{1}{a^4} \int \frac{dk}{4\pi^2} k^2 \left(\left| \frac{dA_{-\lambda}(\tau, \vec{k})}{d\tau} \right|^2 + k^2 |A_{-\lambda}(\tau, \vec{k})|^2 \right) ;$$

$\lambda = \pm$

$\nearrow \lambda = +, \text{ if } \phi > 0$
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**Local
EoM
(\vec{x}, t)**

$$\left\{ \begin{array}{l} \dot{\tilde{\pi}}_\phi = \cancel{a \vec{\nabla}^2 \phi} - a^3 m^2 \phi + \frac{1}{a\Lambda} \langle \vec{E} \cdot \vec{B} \rangle \\ \frac{d^2 A_\pm(\tau, \vec{k})}{d\tau^2} + [k^2 \pm 2\lambda \xi k a H] A_\pm(\tau, \vec{k}) = 0 \end{array} \right.$$

**Hom. (t)
Approx.**

**Back-
Reaction
(Homog.
Approx.)**

**Hom.
EoM
(t)**

$$\dot{\pi}_a = -\frac{a}{6m_{pl}^2} (\rho + 3p) = \frac{a}{3m_{pl}^2} \left(\underbrace{\langle -2K_\phi \rangle}_{\text{(Kin)}} + \underbrace{\langle V \rangle}_{\text{(Pot)}} - \underbrace{\langle K_A \rangle}_{\text{(Elec)}} - \underbrace{\langle G_A \rangle}_{\text{(Mag)}} \right)$$

Gorbar et al 2021



Correlator Gradient Expansion

Axion-Inflation

PROBLEM: PNG, GW and PBH \longrightarrow Analytical approximations !

Can we do better than homogeneous backreaction ?

**Local
EoM
(\vec{x}, t)**

$$\left\{ \begin{array}{l} \dot{\tilde{\pi}}_\phi = \cancel{a \nabla^2 \phi} - a^3 m^2 \phi + \frac{1}{a\Lambda} \langle \tilde{\vec{E}} \cdot \vec{B} \rangle \\ \frac{d^2 A_\pm(\tau, \vec{k})}{d\tau^2} + [k^2 \pm 2\lambda\xi k a H] A_\pm(\tau, \vec{k}) = 0 \end{array} \right.$$

EoM

**Hom.
EoM
(t)**

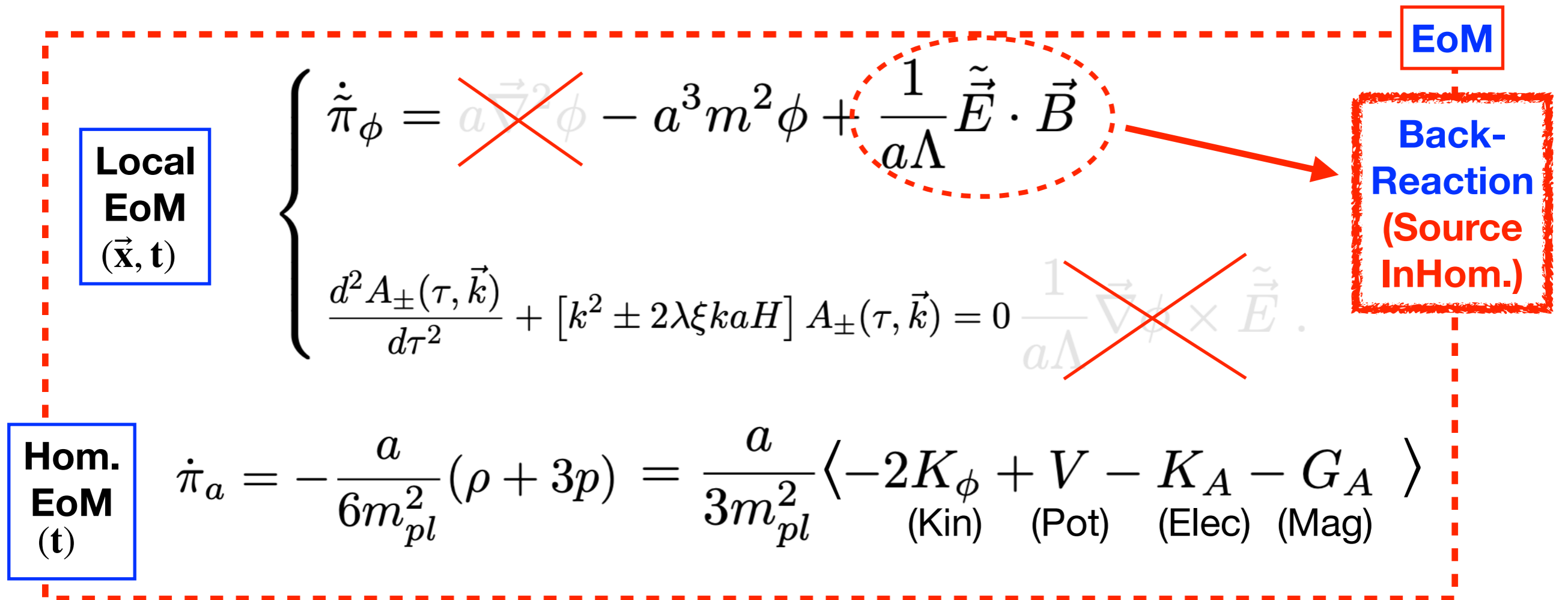
$$\dot{\pi}_a = -\frac{a}{6m_{pl}^2} (\rho + 3p) = \frac{a}{3m_{pl}^2} \left(\underbrace{\langle -2K_\phi + V \rangle}_{\text{(Kin) (Pot)}} - \underbrace{\langle K_A + G_A \rangle}_{\text{(Elec) (Mag)}} \right)$$

**Back-
Reaction
(Homog.
Approx.)**

Axion-Inflation

PROBLEM: PNG, GW and PBH \longrightarrow Analytical approximations !

Yes, we need a full lattice approach



Axion-Inflation

PROBLEM: PNG, GW and PBH \longrightarrow Analytical approximations !

Yes, we need a full lattice approach

**Local
EoM
(\vec{x}, t)**

$$\left\{ \begin{array}{l} \dot{\tilde{\pi}}_\phi = \cancel{a \vec{\nabla}^2 \phi} - a^3 m^2 \phi + \frac{1}{a\Lambda} \vec{E} \cdot \vec{B} \\ \dot{\vec{E}} = -\frac{1}{a} \vec{\nabla} \times \vec{B} - \frac{1}{a^3 \Lambda} \tilde{\pi}_\phi \vec{B} + \cancel{\frac{1}{a\Lambda} \vec{\nabla} \phi \times \vec{E}} \end{array} \right.$$

EoM

**Hom.
EoM
(t)**

$$\dot{\pi}_a = -\frac{a}{6m_{pl}^2} (\rho + 3p) = \frac{a}{3m_{pl}^2} \left\langle \begin{array}{cccc} -2K_\phi & + V & - K_A & - G_A \\ \text{(Kin)} & \text{(Pot)} & \text{(Elec)} & \text{(Mag)} \end{array} \right\rangle$$

**Back-
Reaction
(Source
InHom.)**

Axion-Inflation

PROBLEM: PNG, GW and PBH \longrightarrow Analytical approximations !

Yes, we need a full lattice approach

**Local
EoM
(\vec{x}, t)**

$$\left\{ \begin{array}{l} \dot{\tilde{\pi}}_\phi = a \vec{\nabla}^2 \phi - a^3 m^2 \phi + \frac{1}{a\Lambda} \vec{\tilde{E}} \cdot \vec{B} \\ \dot{\vec{\tilde{E}}} = -\frac{1}{a} \vec{\nabla} \times \vec{B} - \frac{1}{a^3 \Lambda} \tilde{\pi}_\phi \vec{B} + \frac{1}{a\Lambda} \vec{\nabla} \phi \times \vec{\tilde{E}} \end{array} \right.$$

EoM

**Back-
Reaction
(Fully
InHom.)**

**Hom.
EoM
(t)**

$$\dot{\pi}_a = -\frac{a}{6m_{pl}^2} (\rho + 3p) = \frac{a}{3m_{pl}^2} \left\langle \underbrace{-2K_\phi}_{\text{(Kin)}} + \underbrace{V}_{\text{(Pot)}} - \underbrace{(K_A + G_A)}_{\text{(Elec) (Mag)}} \right\rangle$$

Axion-Inflation

PROBLEM: PNG, GW and PBH \longrightarrow Analytical approximations !

Let's "latticeize" the system of EoM !

**Local
EoM**
(\vec{x}, t)

$$\left\{ \begin{array}{l} \dot{\tilde{\pi}}_{\phi} = a \vec{\nabla}^2 \phi - a^3 m^2 \phi + \frac{1}{a\Lambda} \vec{E} \cdot \vec{B} \\ \dot{\vec{E}} = -\frac{1}{a} \vec{\nabla} \times \vec{B} - \frac{1}{a^3 \Lambda} \tilde{\pi}_{\phi} \vec{B} + \frac{1}{a\Lambda} \vec{\nabla} \phi \times \vec{E} . \end{array} \right.$$

EoM

**Back-
Reaction**
(Fully
InHom.)

**Hom.
EoM**
(t)

$$\dot{\pi}_a = -\frac{a}{6m_{pl}^2} (\rho + 3p) = \frac{a}{3m_{pl}^2} \left\langle \underbrace{-2K_{\phi}}_{\text{(Kin)}} + \underbrace{V}_{\text{(Pot)}} - \underbrace{(K_A + G_A)}_{\substack{\text{(Elec)} \\ \text{(Mag)}}} \right\rangle$$

LATTICE FORMULATION of $\phi F \tilde{F}$

EoM

Inflaton EoM

$$\Delta_0^+ (a^3 \pi_\phi) = a_{+\hat{0}/2} \sum_i \Delta_i^- \Delta_i^+ \phi_{+\hat{0}/2} - a_{+\hat{0}/2}^3 m^2 \phi_{+\hat{0}/2} + \frac{1}{\Lambda} \sum_i \frac{1}{2} E_{i,+\hat{0}/2}^{(2)} \left(B_i^{(4)} + B_{i,+\hat{0}}^{(4)} \right)$$

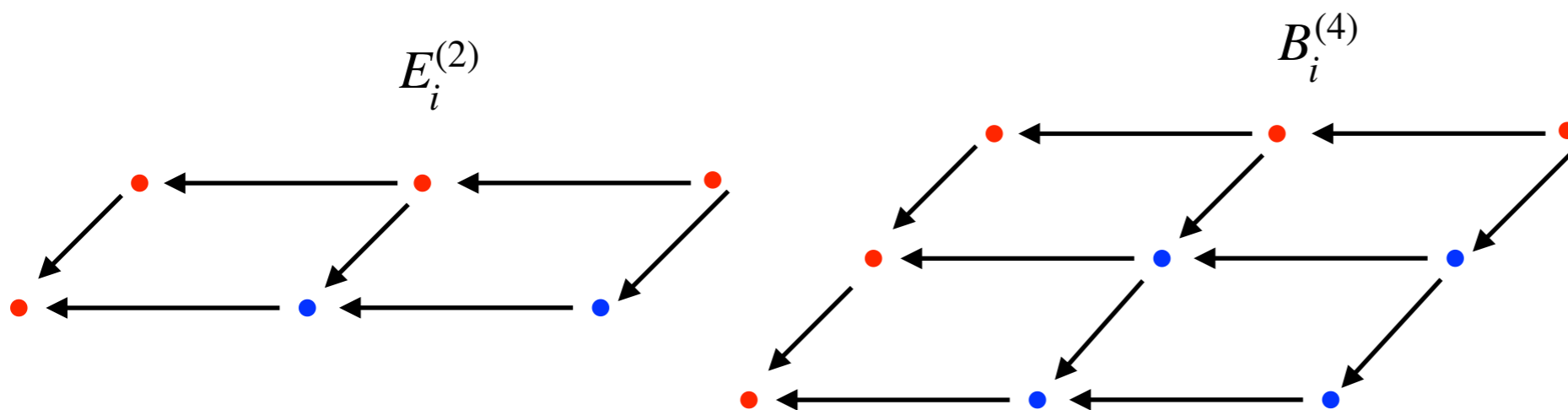
Gauge Fld EoM

$$\Delta_0^- \left(a_{+\hat{0}/2} E_{i,+\hat{0}/2} \right) = -\frac{1}{a} \sum_{j,k} \epsilon_{ijk} \Delta_j^- B_k - \frac{1}{2\Lambda} \left(\pi_\phi B_i^{(4)} + \pi_{\phi,+i} B_{i,+i}^{(4)} \right)$$

$$+ \frac{1}{8\Lambda} (2 + dx \Delta_i^+) \sum_{\pm} \sum_{j,k} \left\{ \epsilon_{ijk} [(\Delta_j^\pm \phi) E_{k,\pm j}^{(2)}]_{+\hat{0}/2} + [(\Delta_j^\pm \phi) E_{k,\pm j}^{(2)}]_{-\hat{0}/2} \right\}$$

$$a_{+\hat{0}/2} \sum_i \Delta_i^- E_{i,+\hat{0}/2} = -\frac{1}{4\Lambda} \sum_{\pm} \sum_i \left(\Delta_i^\pm \phi_{+\hat{0}/2} \right) \left(B_i^{(4)} + B_{i,+\hat{0}}^{(4)} \right)_{\pm i}, \quad (\text{Gauss Law})$$

DGF, Shaposhnikov 2017
Canivete, DGF 2018



Lattice gauge techniques

LATTICE FORMULATION of $\phi F \tilde{F}$

EoM

Inflaton EoM

$$\Delta_0^+ (a^3 \pi_\phi) = a_{+\frac{\hat{0}}{2}} \sum_i \Delta_i^- \Delta_i^+ \phi_{+\frac{\hat{0}}{2}} - a_{+\frac{\hat{0}}{2}}^3 m^2 \phi_{+\frac{\hat{0}}{2}} + \frac{1}{\Lambda} \sum_i \frac{1}{2} E_{i,+\frac{\hat{0}}{2}}^{(2)} \left(B_i^{(4)} + B_{i,+\hat{0}}^{(4)} \right)$$

Gauge Fld EoM

$$\Delta_0^- \left(a_{+\frac{\hat{0}}{2}} E_{i,+\frac{\hat{0}}{2}} \right) = -\frac{1}{a} \sum_{j,k} \epsilon_{ijk} \Delta_j^- B_k - \frac{1}{2\Lambda} \left(\pi_\phi B_i^{(4)} + \pi_{\phi,+i} B_{i,+i}^{(4)} \right) + \frac{1}{8\Lambda} (2 + dx \Delta_i^+) \sum_{\pm} \sum_{j,k} \left\{ \epsilon_{ijk} [(\Delta_j^\pm \phi) E_{k,\pm j}^{(2)}]_{+\frac{\hat{0}}{2}} + [(\Delta_j^\pm \phi) E_{k,\pm j}^{(2)}]_{-\frac{\hat{0}}{2}} \right\}$$

$$a_{+\frac{\hat{0}}{2}} \sum_i \Delta_i^- E_{i,+\frac{\hat{0}}{2}} = -\frac{1}{4\Lambda} \sum_{\pm} \sum_i \left(\Delta_i^\pm \phi_{+\frac{\hat{0}}{2}} \right) \left(B_i^{(4)} + B_{i,+\hat{0}}^{(4)} \right)_{\pm i}, \quad (\text{Gauss Law})$$

DGF, Shaposhnikov 2017
Canivete, DGF 2018

1. Lattice Gauge Inv: $A_\mu \longrightarrow A_\mu + \Delta_\mu^+ \alpha$
2. Cont. Limit to $\mathcal{O}(dx^2)$
3. Lattice Bianchi Identities: $\Delta_i^- (B_i^{(4)} + B_{i,+\hat{0}}^{(4)}) = 0, \dots$
4. Topological Term: $(F_{\mu\nu} \tilde{F}^{\mu\nu})_L = \Delta_\mu^+ K^\mu$ (**CS current**)
 $[F_{\mu\nu} \tilde{F}^{\mu\nu} = \partial_\mu K^\mu]$

Exact Shift Sym. on the lattice !

LATTICE FORMULATION of $\phi F \tilde{F}$

EoM

**Inflaton
EoM**

$$\Delta_0^+ (a^3 \pi_\phi) = a_{+\frac{\hat{0}}{2}} \sum_i \Delta_i^- \Delta_i^+ \phi_{+\frac{\hat{0}}{2}} - a_{+\frac{\hat{0}}{2}}^3 m^2 \phi_{+\frac{\hat{0}}{2}} + \frac{1}{\Lambda} \sum_i \frac{1}{2} E_{i,+\frac{\hat{0}}{2}}^{(2)} \left(B_i^{(4)} + B_{i,+\hat{0}}^{(4)} \right)$$

**Gauge
Fld
EoM**

$$\begin{aligned} \Delta_0^- \left(a_{+\frac{\hat{0}}{2}} E_{i,+\frac{\hat{0}}{2}} \right) &= -\frac{1}{a} \sum_{j,k} \epsilon_{ijk} \Delta_j^- B_k - \frac{1}{2\Lambda} \left(\pi_\phi B_i^{(4)} + \pi_{\phi,+i} B_{i,+i}^{(4)} \right) \\ &+ \frac{1}{8\Lambda} (2 + dx \Delta_i^+) \sum_{\pm} \sum_{j,k} \left\{ \epsilon_{ijk} [(\Delta_j^\pm \phi) E_{k,\pm j}^{(2)}]_{+\frac{\hat{0}}{2}} + [(\Delta_j^\pm \phi) E_{k,\pm j}^{(2)}]_{-\frac{\hat{0}}{2}} \right\} \end{aligned}$$

$$a_{+\frac{\hat{0}}{2}} \sum_i \Delta_i^- E_{i,+\frac{\hat{0}}{2}} = -\frac{1}{4\Lambda} \sum_{\pm} \sum_i \left(\Delta_i^\pm \phi_{+\frac{\hat{0}}{2}} \right) \left(B_i^{(4)} + B_{i,+\hat{0}}^{(4)} \right)_{\pm i}, \quad (\text{Gauss Law})$$

DGF, Shaposhnikov 2017
Canivete, DGF 2018

$$\dot{\pi}_\phi = -3H\pi_\phi + \frac{1}{a^2} \vec{\nabla}^2 \phi - m^2 \phi + \frac{1}{a^3 \Lambda} \vec{E} \cdot \vec{B},$$

$$\dot{\vec{E}} = -H\vec{E} - \frac{1}{a^2} \vec{\nabla} \times \vec{B} - \frac{1}{a\Lambda} \pi_\phi \vec{B} + \frac{1}{a\Lambda} \vec{\nabla} \phi \times \vec{E}$$

$$\vec{\nabla} \cdot \vec{E} = -\frac{1}{a\Lambda} \vec{\nabla} \phi \cdot \vec{B} \quad (\text{Gauss Law})$$

**EoM
Continuum**

LATTICE FORMULATION of $\phi F \tilde{F}$

EoM

Inflaton
EoM

$$\Delta_0^+ (a^3 \pi_\phi) = a_{+\frac{\hat{0}}{2}} \sum_i \Delta_i^- \Delta_i^+ \phi_{+\frac{\hat{0}}{2}} - a_{+\frac{\hat{0}}{2}}^3 m^2 \phi_{+\frac{\hat{0}}{2}} + \frac{1}{\Lambda} \sum_i \frac{1}{2} E_{i,+\frac{\hat{0}}{2}}^{(2)} \left(B_i^{(4)} + B_{i,+\hat{0}}^{(4)} \right)$$

Gauge
Fld
EoM

$$\begin{aligned} \Delta_0^- \left(a_{+\frac{\hat{0}}{2}} E_{i,+\frac{\hat{0}}{2}} \right) &= -\frac{1}{a} \sum_{j,k} \epsilon_{ijk} \Delta_j^- B_k - \frac{1}{2\Lambda} \left(\pi_\phi B_i^{(4)} + \pi_{\phi,+i} B_{i,+i}^{(4)} \right) \\ &+ \frac{1}{8\Lambda} (2 + dx \Delta_i^+) \sum_{\pm} \sum_{j,k} \left\{ \epsilon_{ijk} [(\Delta_j^\pm \phi) E_{k,\pm j}^{(2)}]_{+\frac{\hat{0}}{2}} + [(\Delta_j^\pm \phi) E_{k,\pm j}^{(2)}]_{-\frac{\hat{0}}{2}} \right\} \end{aligned}$$

$$a_{+\frac{\hat{0}}{2}} \sum_i \Delta_i^- E_{i,+\frac{\hat{0}}{2}} = -\frac{1}{4\Lambda} \sum_{\pm} \sum_i \left(\Delta_i^\pm \phi_{+\frac{\hat{0}}{2}} \right) \left(B_i^{(4)} + B_{i,+\hat{0}}^{(4)} \right)_{\pm i}, \quad (\text{Gauss Law})$$

DGF, Shaposhnikov 2017
Canivete, DGF 2018

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EoM
Continuum

LATTICE FORMULATION of $\phi F \tilde{F}$

EoM

Inflaton
EoM

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Gauge
Fld
EoM

$$\begin{aligned} \Delta_0^- \left(a_{+\frac{\hat{0}}{2}} E_{i,+\frac{\hat{0}}{2}} \right) &= -\frac{1}{a} \sum_{j,k} \epsilon_{ijk} \Delta_j^- B_k - \frac{1}{2\Lambda} \left(\pi_\phi B_i^{(4)} + \pi_{\phi,+i} B_{i,+i}^{(4)} \right) \\ &+ \frac{1}{8\Lambda} (2 + dx \Delta_i^+) \sum_{\pm} \sum_{j,k} \left\{ \epsilon_{ijk} [(\Delta_j^\pm \phi) E_{k,\pm j}^{(2)}]_{+\frac{\hat{0}}{2}} + [(\Delta_j^\pm \phi) E_{k,\pm j}^{(2)}]_{-\frac{\hat{0}}{2}} \right\} \end{aligned}$$

$$a_{+\frac{\hat{0}}{2}} \sum_i \Delta_i^- E_{i,+\frac{\hat{0}}{2}} = -\frac{1}{4\Lambda} \sum_{\pm} \sum_i \left(\Delta_i^\pm \phi_{+\frac{\hat{0}}{2}} \right) \left(B_i^{(4)} + B_{i,+\hat{0}}^{(4)} \right)_{\pm i}, \quad (\text{Gauss Law})$$

DGF, Shaposhnikov 2017
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EoM
Continuum

LATTICE FORMULATION of $\phi F \tilde{F}$

EoM

Inflaton
EoM

$$\Delta_0^+ (a^3 \pi_\phi) = a_{+\frac{\hat{0}}{2}} \sum_i \Delta_i^- \Delta_i^+ \phi_{+\frac{\hat{0}}{2}} - a_{+\frac{\hat{0}}{2}}^3 m^2 \phi_{+\frac{\hat{0}}{2}} + \frac{1}{\Lambda} \sum_i \frac{1}{2} E_{i,+\frac{\hat{0}}{2}}^{(2)} \left(B_i^{(4)} + B_{i,+\hat{0}}^{(4)} \right)$$

Gauge
Fld
EoM

$$\begin{aligned} \Delta_0^- \left(a_{+\frac{\hat{0}}{2}} E_{i,+\frac{\hat{0}}{2}} \right) &= -\frac{1}{a} \sum_{j,k} \epsilon_{ijk} \Delta_j^- B_k - \frac{1}{2\Lambda} \left(\pi_\phi B_i^{(4)} + \pi_{\phi,+i} B_{i,+i}^{(4)} \right) \\ &+ \frac{1}{8\Lambda} (2 + dx \Delta_i^+) \sum_{\pm} \sum_{j,k} \left\{ \epsilon_{ijk} [(\Delta_j^\pm \phi) E_{k,\pm j}^{(2)}]_{+\frac{\hat{0}}{2}} + [(\Delta_j^\pm \phi) E_{k,\pm j}^{(2)}]_{-\frac{\hat{0}}{2}} \right\} \end{aligned}$$

$$a_{+\frac{\hat{0}}{2}} \sum_i \Delta_i^- E_{i,+\frac{\hat{0}}{2}} = -\frac{1}{4\Lambda} \sum_{\pm} \sum_i \left(\Delta_i^\pm \phi_{+\frac{\hat{0}}{2}} \right) \left(B_i^{(4)} + B_{i,+\hat{0}}^{(4)} \right)_{\pm i}, \quad (\text{Gauss Law})$$

DGF, Shaposhnikov 2017
Canivete, DGF 2018

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$$\vec{\nabla} \cdot \vec{E} = -\frac{1}{a\Lambda} \vec{\nabla} \phi \cdot \vec{B} \quad (\text{Gauss Law})$$

EoM
Continuum

LATTICE FORMULATION of $\phi F \tilde{F}$

Lattice Formulation

EoM

$$\begin{aligned} \Delta_0^+ (a^3 \pi_\phi) &= a_{+\hat{0}/2} \sum_i \Delta_i^- \Delta_i^+ \phi_{+\hat{0}/2} - a_{+\hat{0}/2}^3 m^2 \phi_{+\hat{0}/2} \\ &\quad + \frac{1}{\Lambda} \sum_i \frac{1}{2} E_{i,+\hat{0}/2}^{(2)} (B_i^{(4)} + B_{i,+\hat{0}}^{(4)}), \\ \Delta_0^- (a_{+\hat{0}/2} E_{i,+\hat{0}/2}) &= -\frac{1}{a} \sum_{j,k} \epsilon_{ijk} \Delta_j^- B_k - \frac{1}{2\Lambda} (\pi_\phi B_i^{(4)} + \pi_{\phi,+i} B_{i,+i}^{(4)}) \\ &\quad + \frac{1}{8\Lambda} (2 + dx \Delta_i^+) \sum_{\pm} \sum_{j,k} \left\{ \epsilon_{ijk} [(\Delta_j^\pm \phi) E_{k,\pm j}^{(2)}]_{+\hat{0}/2} + [(\Delta_j^\pm \phi) E_{k,\pm j}^{(2)}]_{-\hat{0}} \right\} \\ a_{+\hat{0}/2} \sum_i \Delta_i^- E_{i,+\hat{0}/2} &= -\frac{1}{4\Lambda} \sum_{\pm} \sum_i (\Delta_i^\pm \phi_{+\hat{0}/2}) (B_i^{(4)} + B_{i,+\hat{0}}^{(4)})_{\pm i}, \quad (\text{Gauss Law}) \end{aligned}$$

Expansion

$$\begin{aligned} \left(\Delta_0^+ a_{-\hat{0}/2} \right)^2 &= \frac{a^2}{3m_{\text{pl}}^2} \rho_L, \\ \Delta_0^- \Delta_0^+ a_{+\hat{0}/2} &= -\frac{a_{+\hat{0}/2}}{6m_{\text{pl}}^2} (\rho_L + 3p_L)_{+\hat{0}/2} \end{aligned}$$

LATTICE FORMULATION of $\phi F \tilde{F}$

Lattice Formulation

EoM

$$\begin{aligned} \Delta_0^+ (a^3 \pi_\phi) &= a_{+\hat{0}/2} \sum_i \Delta_i^- \Delta_i^+ \phi_{+\hat{0}/2} - a_{+\hat{0}/2}^3 m^2 \phi_{+\hat{0}/2} \\ &\quad + \frac{1}{\Lambda} \sum_i \frac{1}{2} E_{i,+\hat{0}/2}^{(2)} (B_i^{(4)} + B_{i,+\hat{0}}^{(4)}), \\ \Delta_0^- (a_{+\hat{0}/2} E_{i,+\hat{0}/2}) &= -\frac{1}{a} \sum_{j,k} \epsilon_{ijk} \Delta_j^- B_k - \frac{1}{2\Lambda} (\pi_\phi B_i^{(4)} + \pi_{\phi,+i} B_{i,+i}^{(4)}) \\ &\quad + \frac{1}{8\Lambda} (2 + dx \Delta_i^+) \sum_{\pm} \sum_{j,k} \left\{ \epsilon_{ijk} [(\Delta_j^\pm \phi) E_{k,\pm j}^{(2)}]_{+\hat{0}/2} + [(\Delta_j^\pm \phi) E_{k,\pm j}^{(2)}]_{-\hat{0}} \right\} \\ a_{+\hat{0}/2} \sum_i \Delta_i^- E_{i,+\hat{0}/2} &= -\frac{1}{4\Lambda} \sum_{\pm} \sum_i (\Delta_i^\pm \phi_{+\hat{0}/2}) (B_i^{(4)} + B_{i,+\hat{0}}^{(4)})_{\pm i}, \quad (\text{Gauss Law}) \end{aligned}$$

Expansion

$$\begin{aligned} (\Delta_0^+ a_{-\hat{0}/2})^2 &= \frac{a^2}{3m_{\text{pl}}^2} \rho_L, \\ \Delta_0^- \Delta_0^+ a_{+\hat{0}/2} &= -\frac{a_{+\hat{0}/2}}{6m_{\text{pl}}^2} (\rho_L + 3p_L)_{+\hat{0}/2} \end{aligned}$$

$$\begin{aligned} \rho_L &= \bar{H}^{\text{kin}} + \frac{1}{a^2} \frac{1}{2} (\bar{H}_{-\hat{0}/2}^{\text{grad}} + \bar{H}_{+\hat{0}/2}^{\text{grad}}) + \frac{1}{2} (\bar{H}_{-\hat{0}/2}^{\text{pot}} + \bar{H}_{+\hat{0}/2}^{\text{pot}}) + \frac{1}{a^2} \frac{1}{2} (\bar{H}_{-\hat{0}/2}^E + \bar{H}_{+\hat{0}/2}^E) + \frac{1}{a^4} \bar{H}^B, \\ (\rho_L + 3p_L)_{+\hat{0}/2} &= 2(\bar{H}^{\text{kin}} + \bar{H}_{+\hat{0}}^{\text{kin}}) - 2\bar{H}_{+\hat{0}/2}^{\text{pot}} + \frac{2}{a_{+\hat{0}/2}^2} \bar{H}^E + \frac{1}{a_{+\hat{0}/2}^4} (\bar{H}^B + \bar{H}_{+\hat{0}}^B), \end{aligned}$$

$$\left(\begin{aligned} \bar{H}^{\text{kin}} &= \left\langle \frac{1}{N^3} \sum_{\vec{n}} \frac{\pi_\phi^2}{2} \right\rangle & \bar{H}^{\text{grad}} &= \left\langle \frac{1}{N^3} \sum_{\vec{n}} \frac{1}{2} \sum_i (\Delta_i^+ \phi_{+\hat{0}/2})^2 \right\rangle, & \bar{H}^{\text{pot}} &= \left\langle \frac{1}{N^3} \sum_{\vec{n}} \frac{1}{2} m^2 \phi_{+\hat{0}/2}^2 \right\rangle \\ \bar{H}^E &= \left\langle \frac{1}{N^3} \sum_{\vec{n}} \sum_i \frac{1}{2} E_{i,+\hat{0}/2}^2 \right\rangle & \bar{H}^B &= \left\langle \frac{1}{N^3} \sum_{\vec{n}} \sum_{i,j} \frac{1}{4} (\Delta_i^+ A_j - \Delta_j^+ A_i)^2 \right\rangle \end{aligned} \right)$$

LATTICE FORMULATION of $\phi F \tilde{F}$

Lattice Formulation

EoM

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Now I will show **our work**

Phys.Rev.Lett. 131 (2023) 15, 151003

e-Print: [2303.17436](https://arxiv.org/abs/2303.17436) [astro-ph.CO]

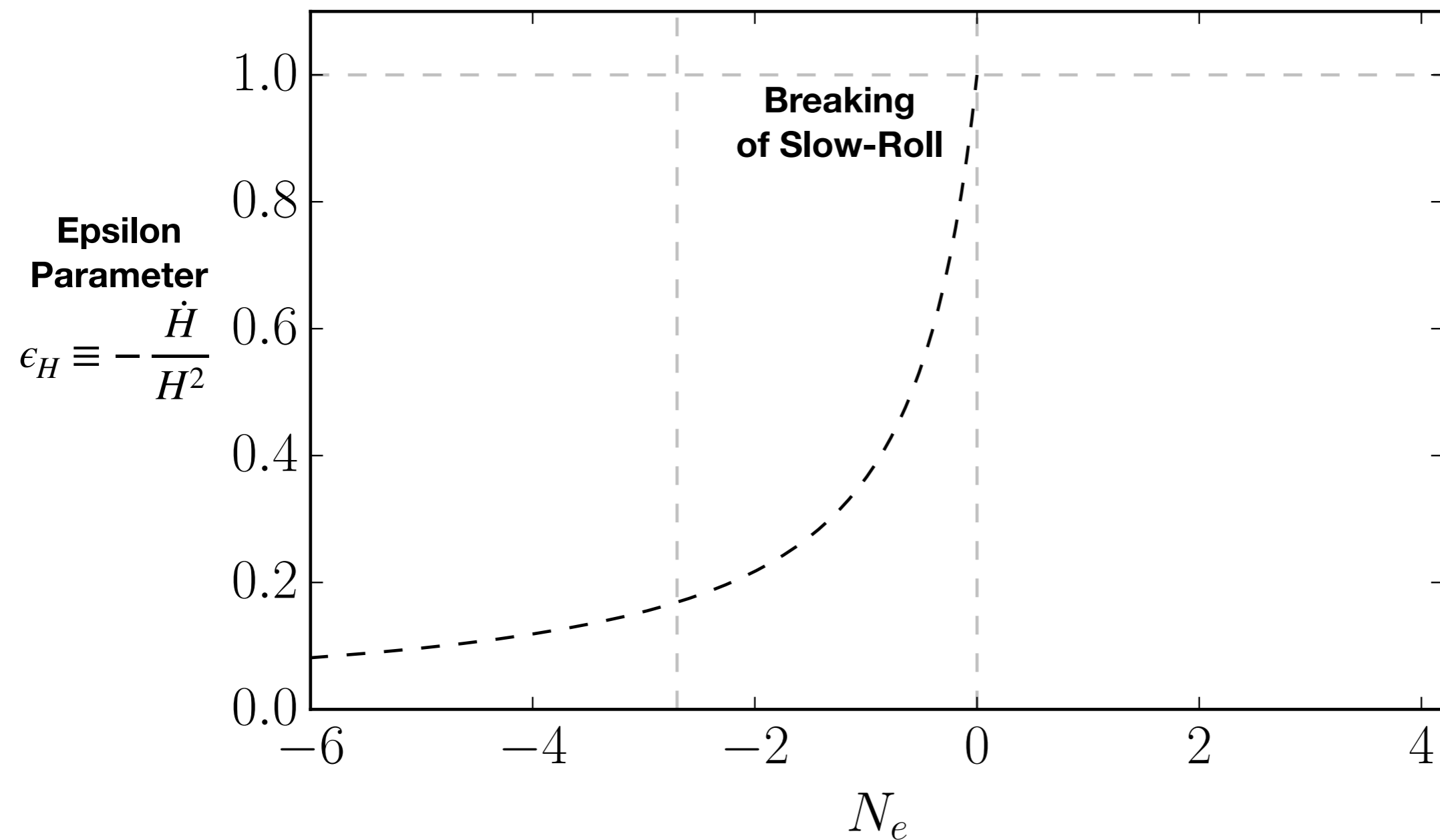


CosmoLattice

$$V(\phi) = \frac{1}{2}m^2\phi^2 \ ; \ \frac{\phi}{4\Lambda}F\tilde{F} \ ; \ \Lambda = \frac{m_p}{18}$$

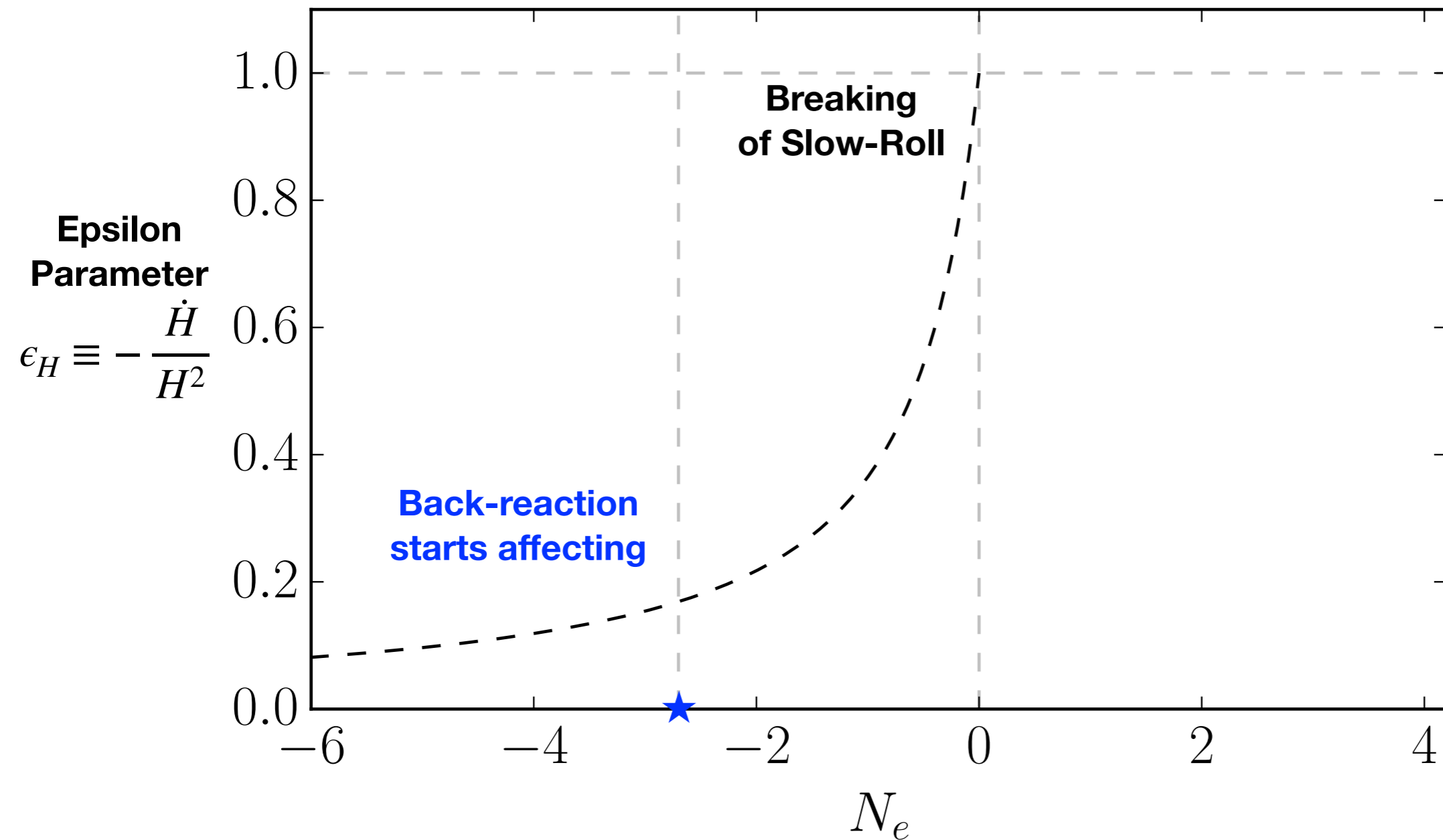
Axion-Inflation $\left(V(\phi) = \frac{1}{2}m^2\phi^2 ; \frac{\phi}{4\Lambda}F\tilde{F} ; \Lambda = \frac{m_p}{18} \right)$

Linear regime (---)



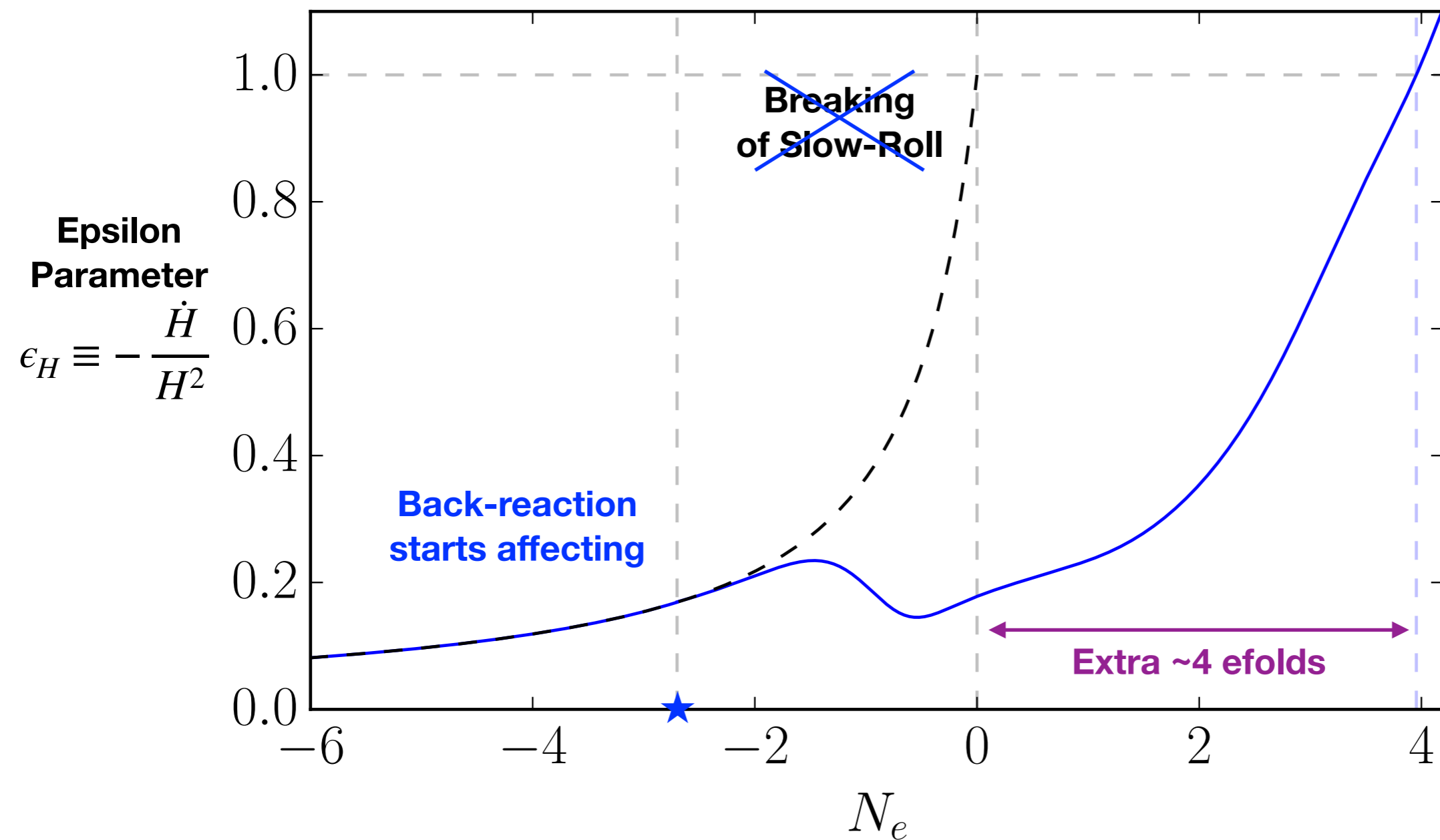
Axion-Inflation ($V(\phi) = \frac{1}{2}m^2\phi^2$; $\frac{\phi}{4\Lambda}F\tilde{F}$; $\Lambda = \frac{m_p}{18}$)

Linear regime (---)



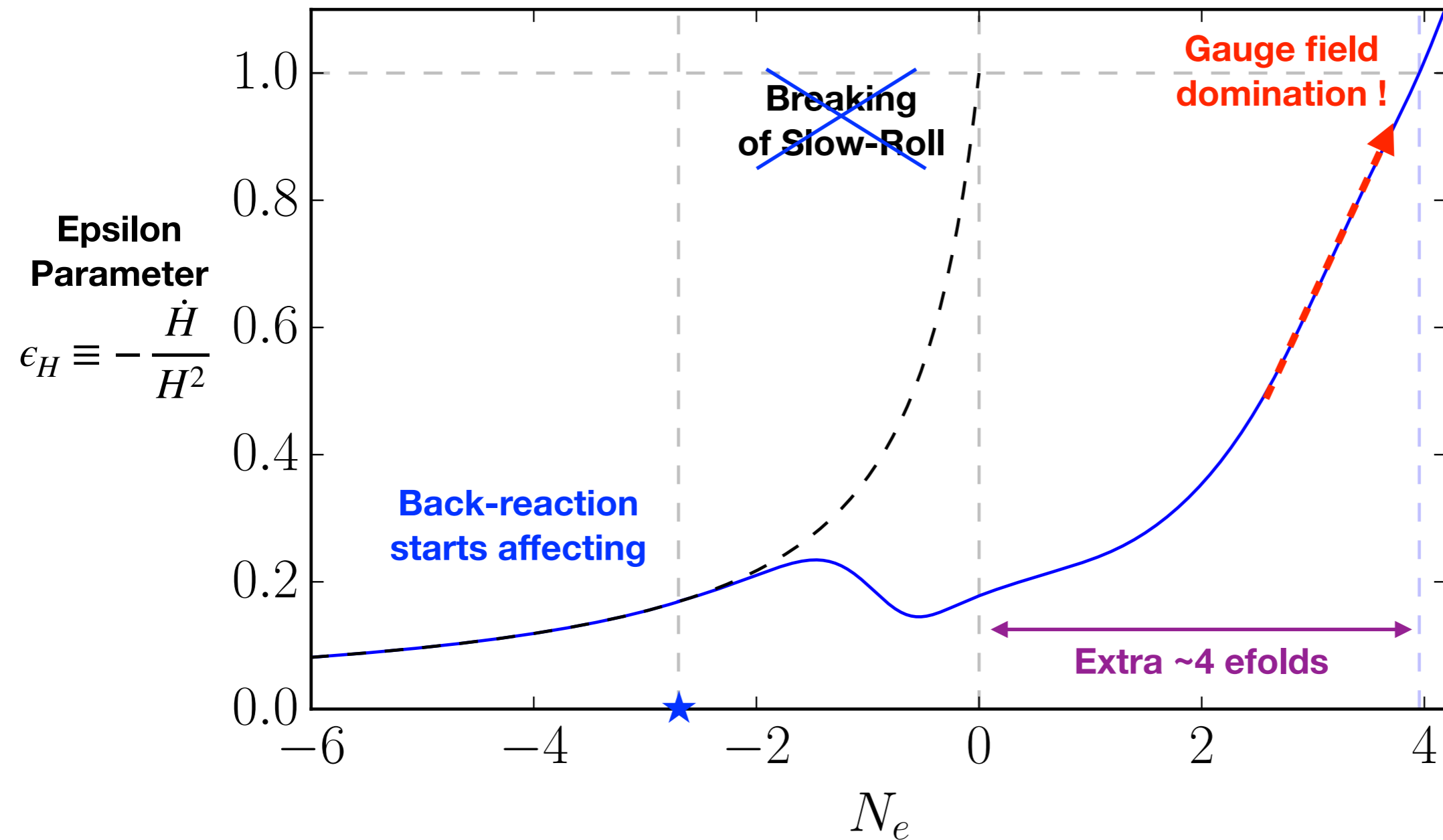
Axion-Inflation $\left(V(\phi) = \frac{1}{2}m^2\phi^2 ; \frac{\phi}{4\Lambda}F\tilde{F} ; \Lambda = \frac{m_p}{18} \right)$

Linear regime (---) Non-Linear regime (—)



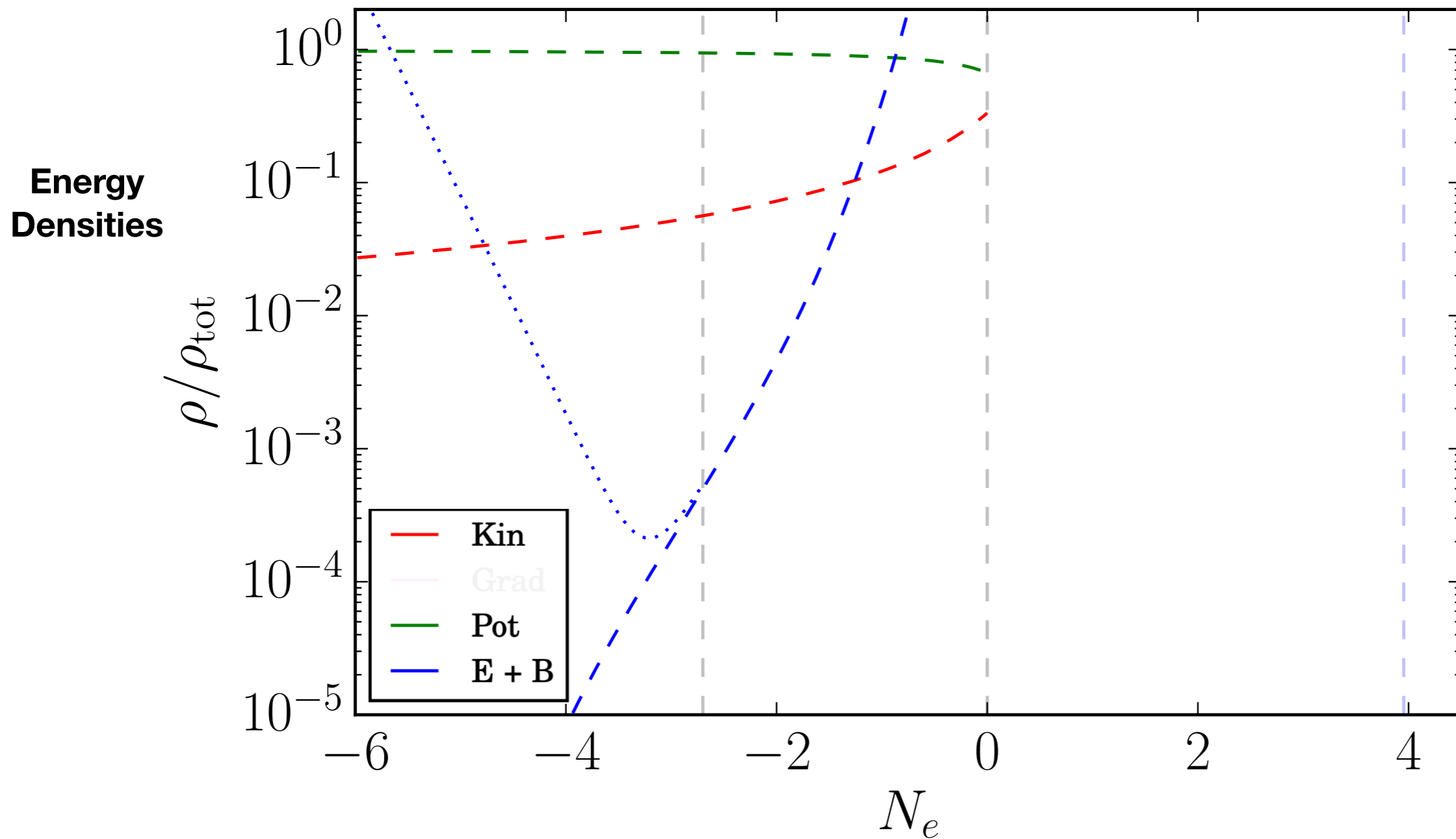
Axion-Inflation $\left(V(\phi) = \frac{1}{2}m^2\phi^2 ; \frac{\phi}{4\Lambda}F\tilde{F} ; \Lambda = \frac{m_p}{18} \right)$

Linear regime (---) Non-Linear regime (—)

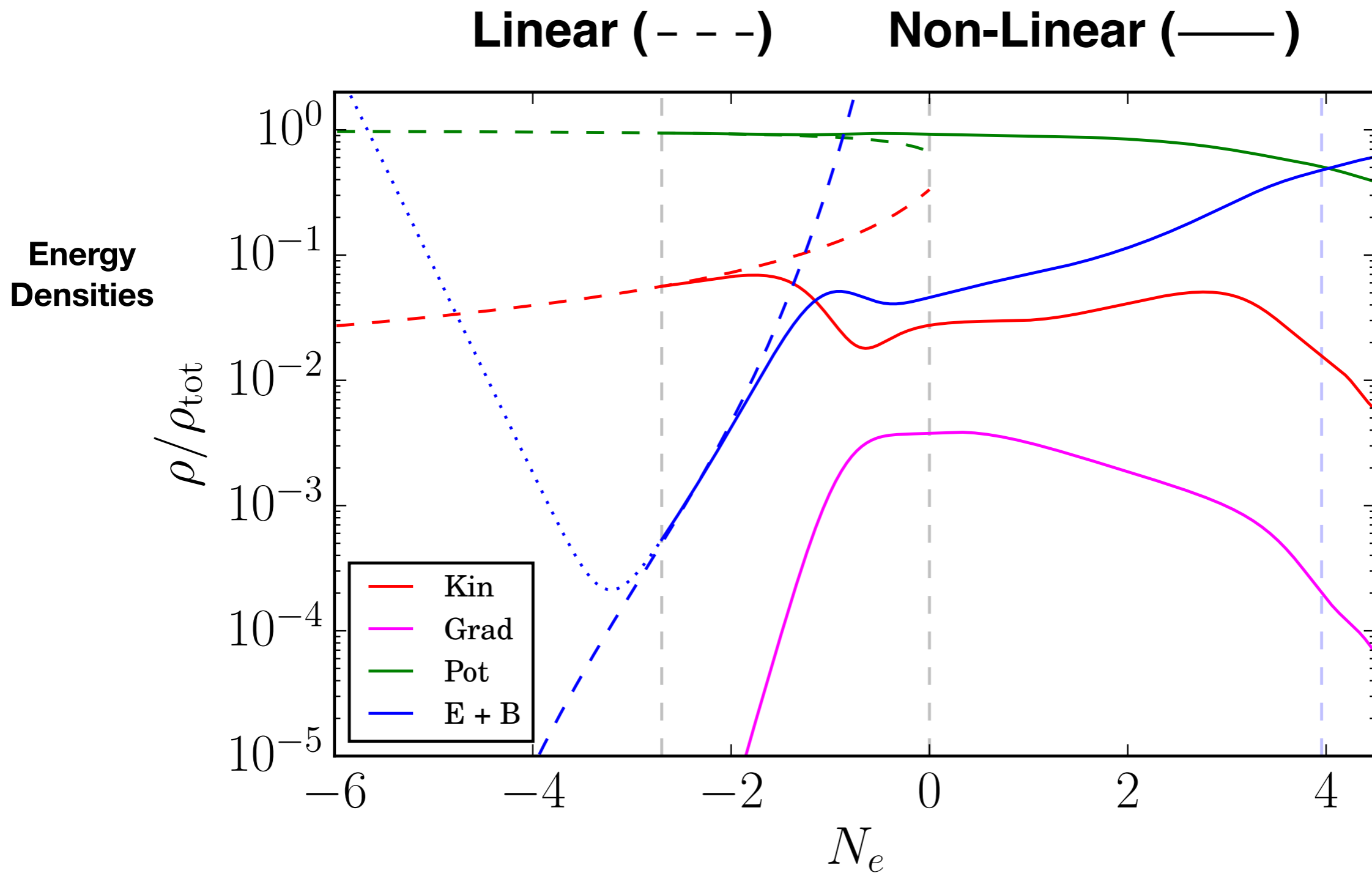


Axion-Inflation $\left(V(\phi) = \frac{1}{2}m^2\phi^2 ; \frac{\phi}{4\Lambda}F\tilde{F} ; \Lambda = \frac{m_p}{18} \right)$

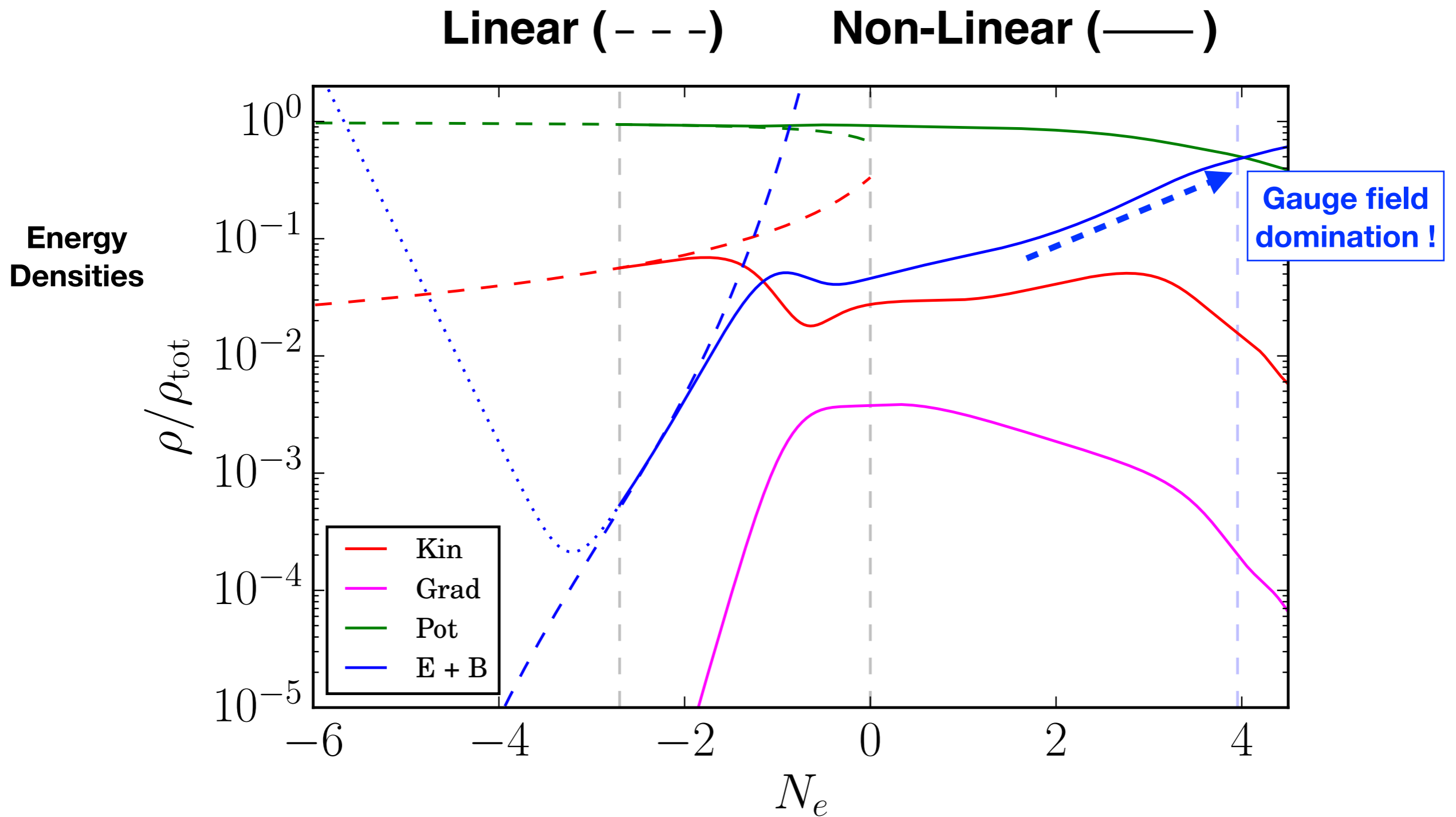
Linear (---)



Axion-Inflation $\left(V(\phi) = \frac{1}{2}m^2\phi^2 ; \frac{\phi}{4\Lambda}F\tilde{F} ; \Lambda = \frac{m_p}{18} \right)$

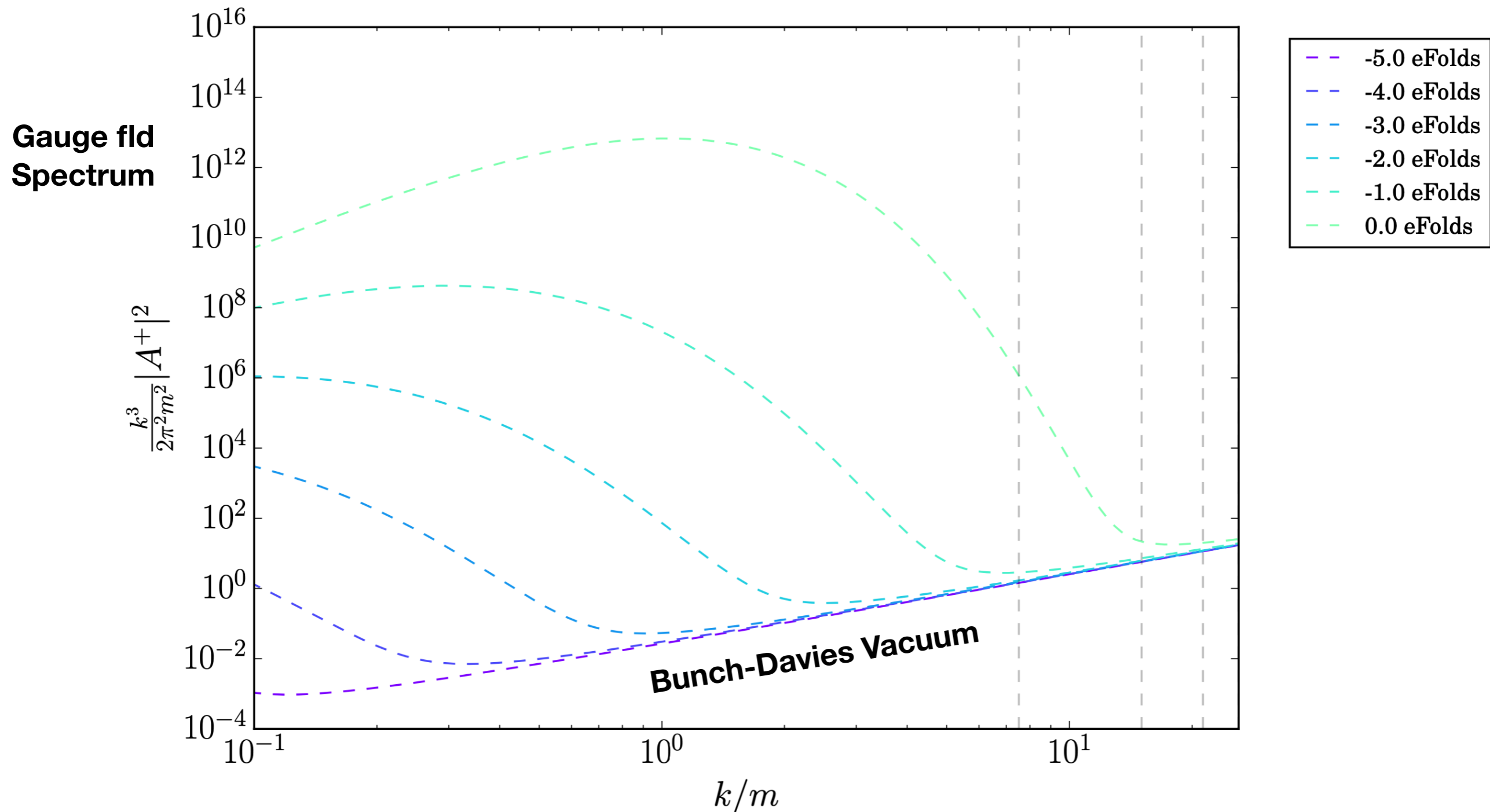


Axion-Inflation $\left(V(\phi) = \frac{1}{2}m^2\phi^2 ; \frac{\phi}{4\Lambda}F\tilde{F} ; \Lambda = \frac{m_p}{18} \right)$



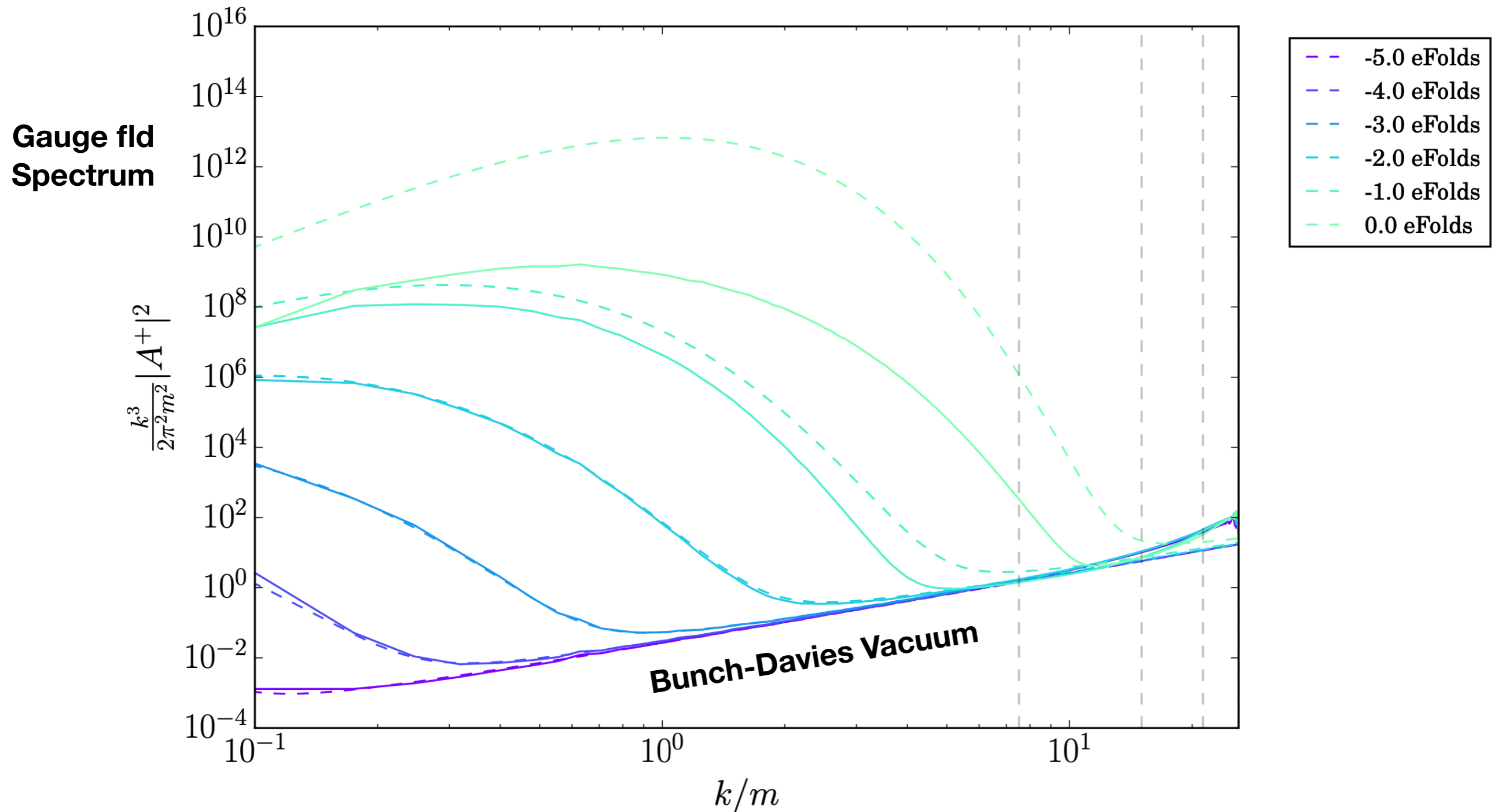
Axion-Inflation $\left(V(\phi) = \frac{1}{2}m^2\phi^2 ; \frac{\phi}{4\Lambda}F\tilde{F} ; \Lambda = \frac{m_p}{18} \right)$

Linear regime $\left(\begin{array}{c} \text{---} \\ \text{---} \\ \text{---} \end{array} \right)$



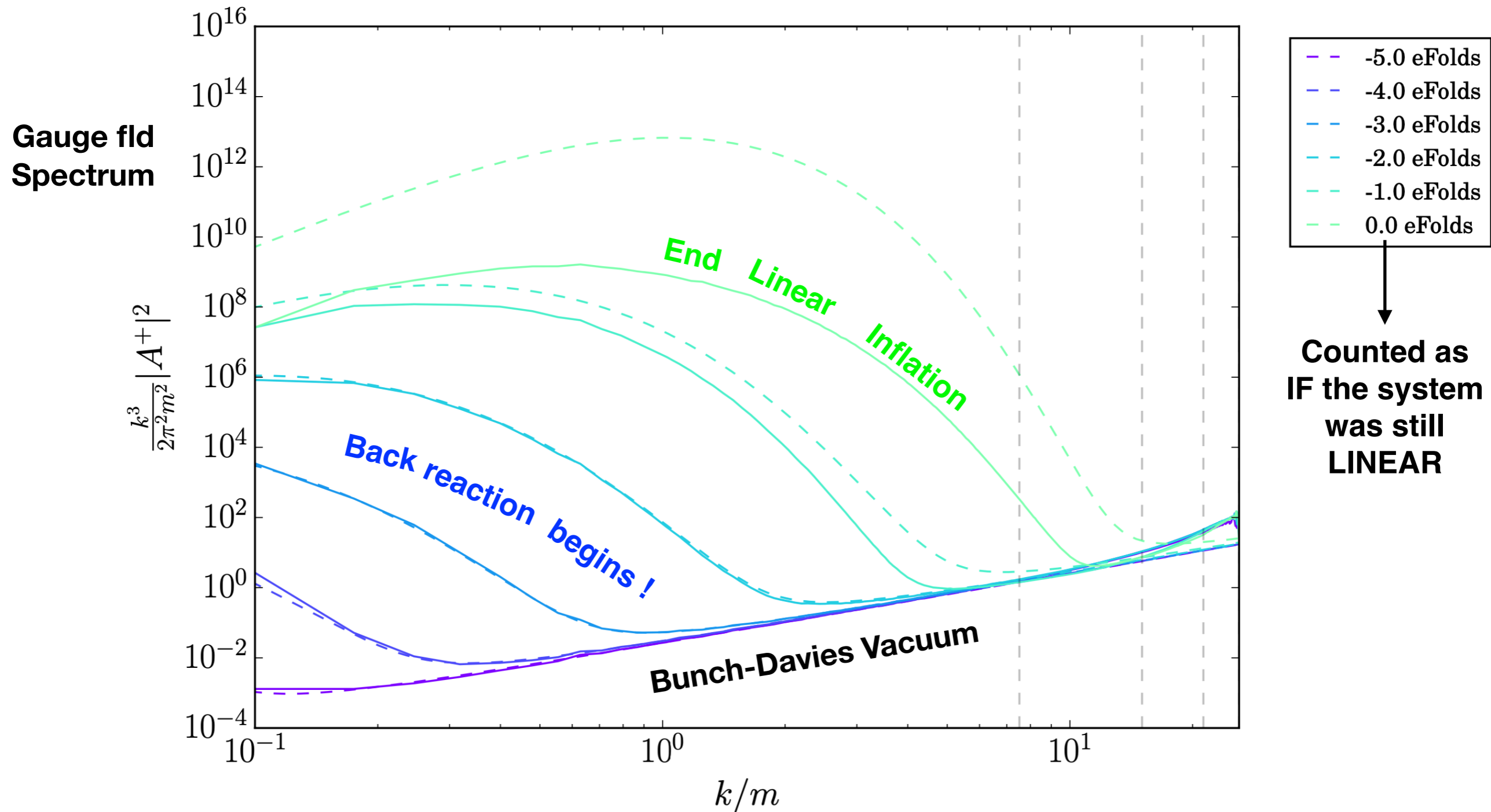
Axion-Inflation $\left(V(\phi) = \frac{1}{2}m^2\phi^2 ; \frac{\phi}{4\Lambda}F\tilde{F} ; \Lambda = \frac{m_p}{18} \right)$

Linear regime () Non-Linear regime ()

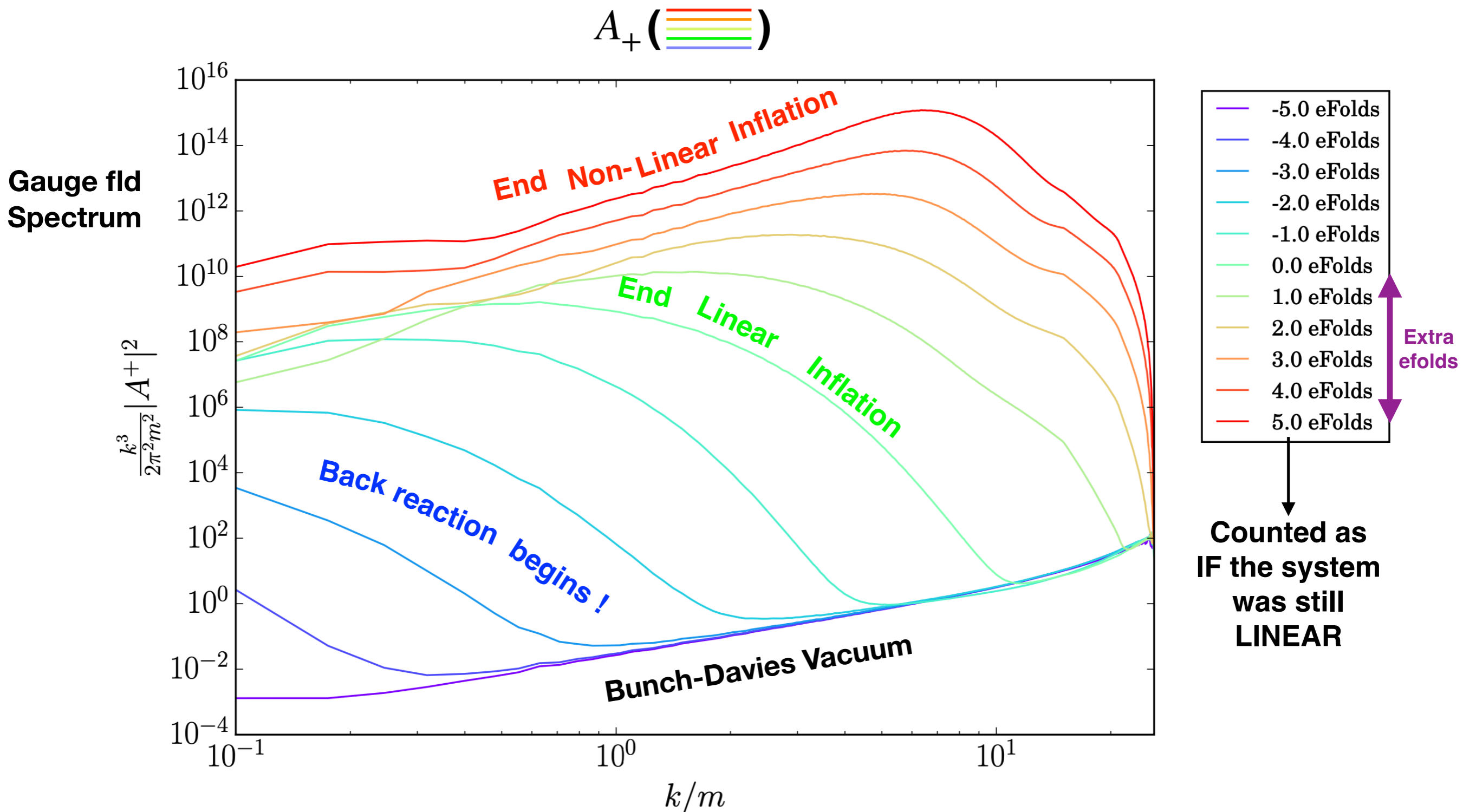


Axion-Inflation $\left(V(\phi) = \frac{1}{2}m^2\phi^2 ; \frac{\phi}{4\Lambda} F\tilde{F} ; \Lambda = \frac{m_p}{18} \right)$

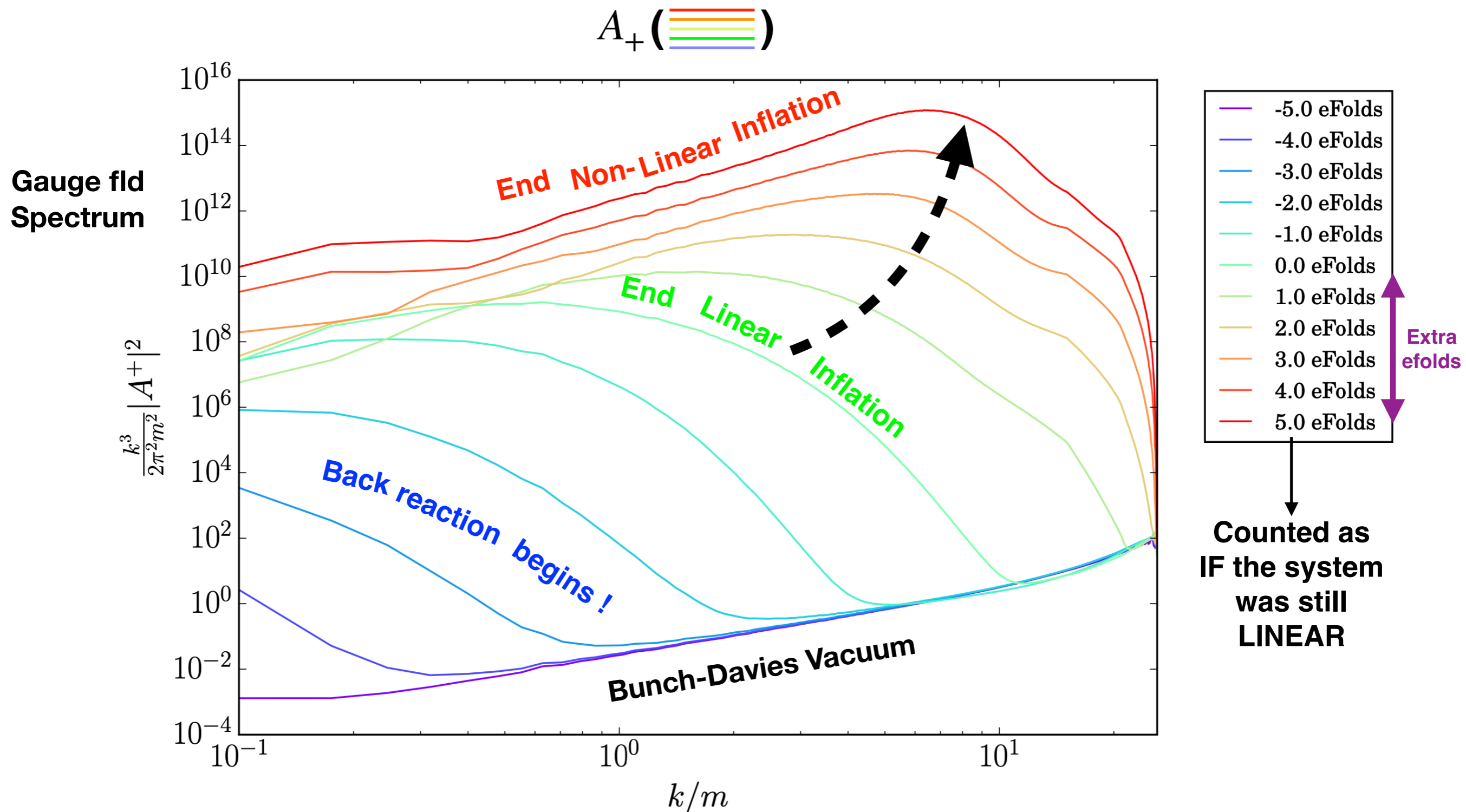
Linear regime () Non-Linear regime ()



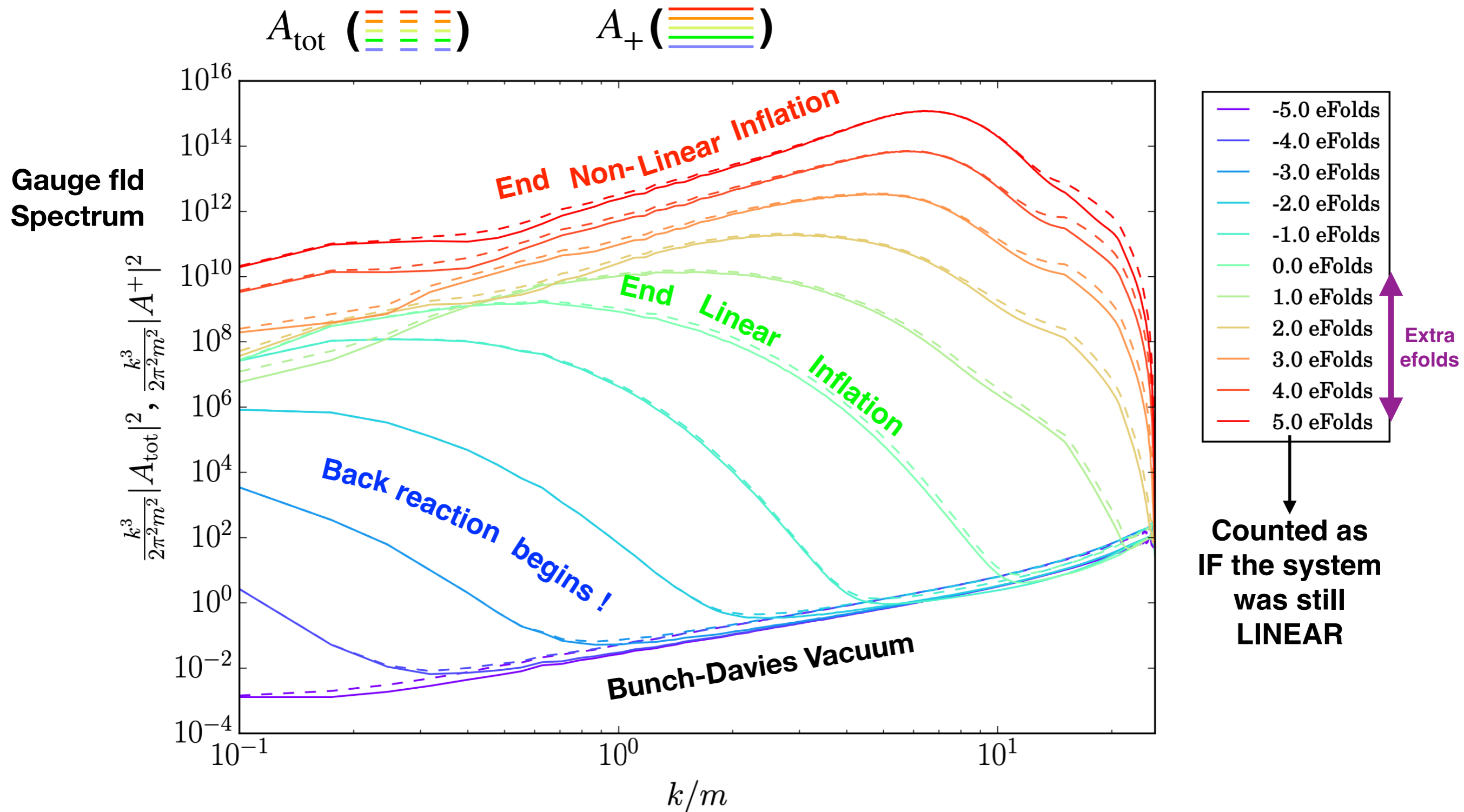
Axion-Inflation $\left(V(\phi) = \frac{1}{2}m^2\phi^2 ; \frac{\phi}{4\Lambda} F\tilde{F} ; \Lambda = \frac{m_p}{18} \right)$



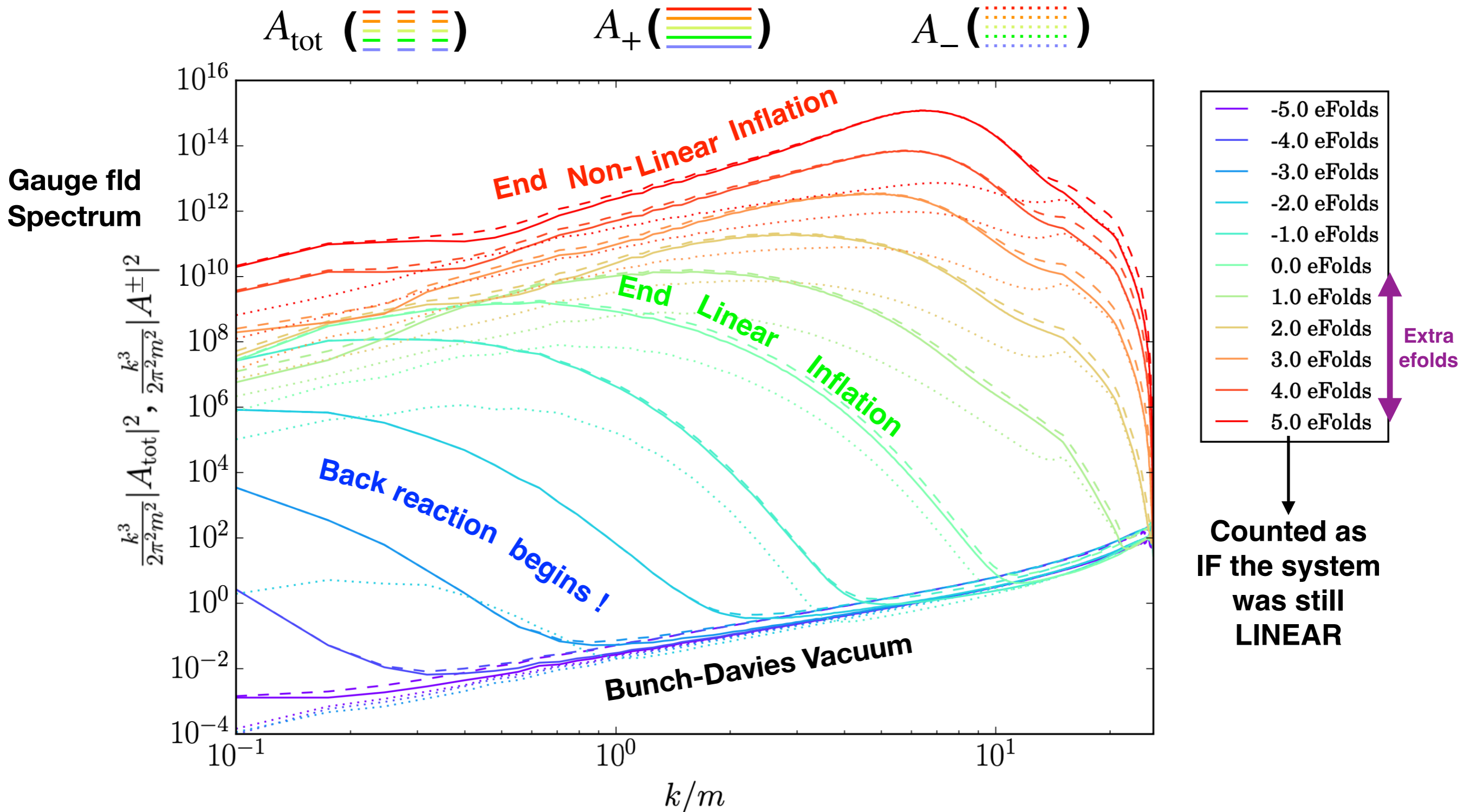
Axion-Inflation $\left(V(\phi) = \frac{1}{2}m^2\phi^2 ; \frac{\phi}{4\Lambda} F\tilde{F} ; \Lambda = \frac{m_p}{18} \right)$



Axion-Inflation $\left(V(\phi) = \frac{1}{2}m^2\phi^2 ; \frac{\phi}{4\Lambda} F\tilde{F} ; \Lambda = \frac{m_p}{18} \right)$



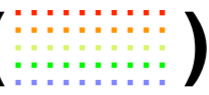
Axion-Inflation $\left(V(\phi) = \frac{1}{2}m^2\phi^2 ; \frac{\phi}{4\Lambda} F\tilde{F} ; \Lambda = \frac{m_p}{18} \right)$



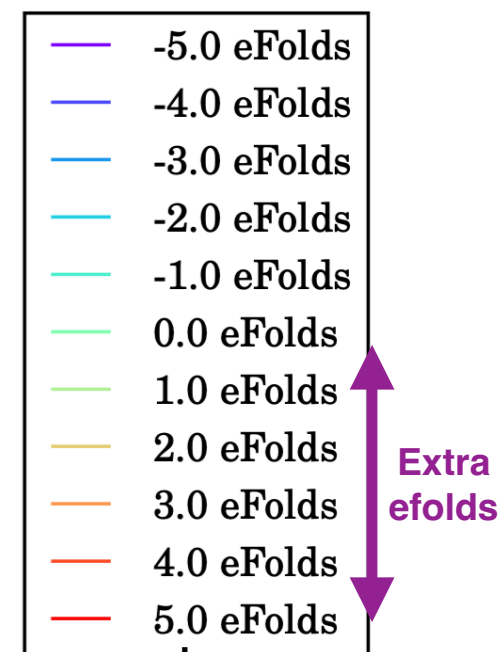
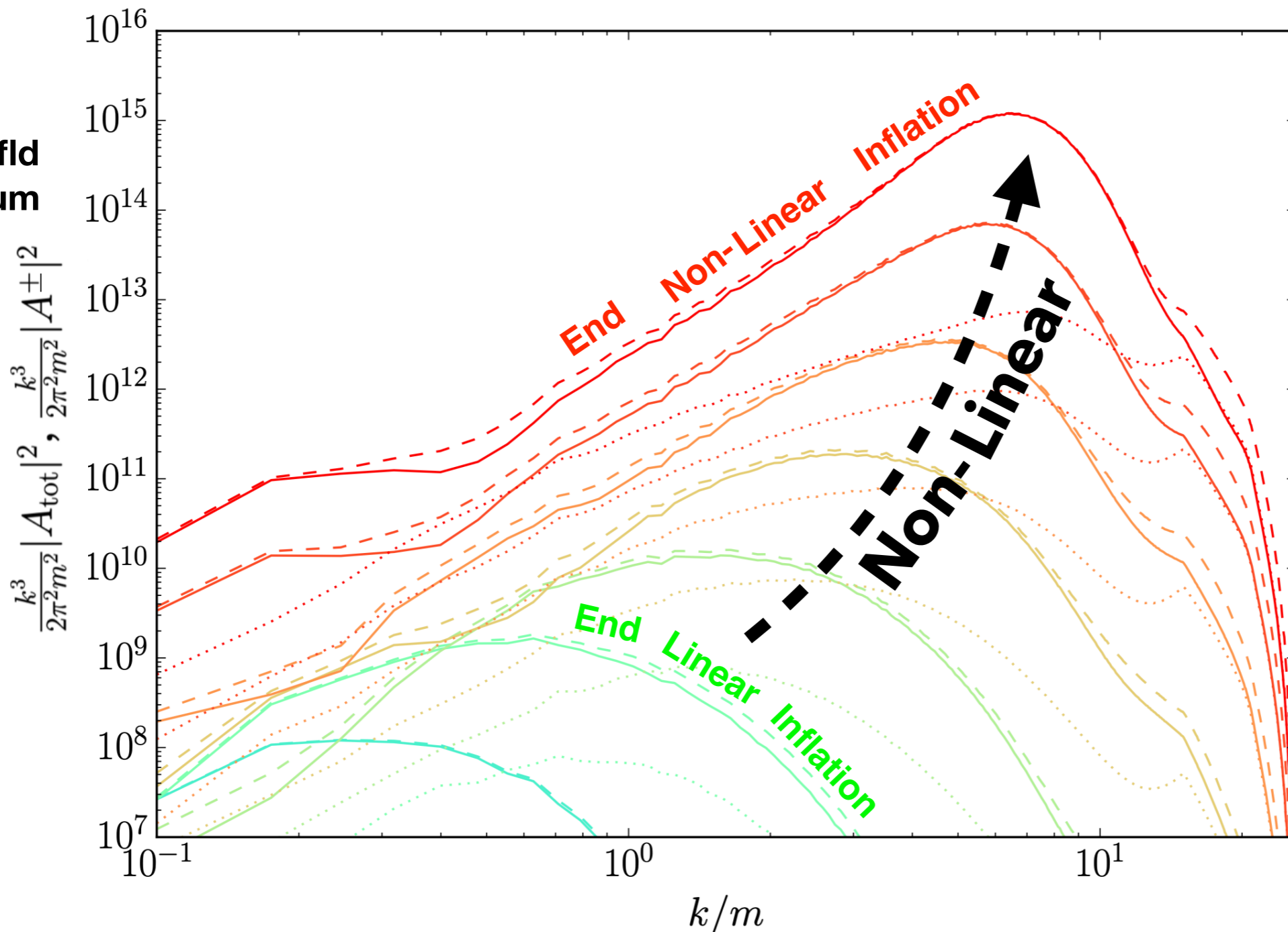
Axion-Inflation $\left(V(\phi) = \frac{1}{2}m^2\phi^2 ; \frac{\phi}{4\Lambda} F\tilde{F} ; \Lambda = \frac{m_p}{18} \right)$

A_{tot} ()

A_+ ()

A_- ()

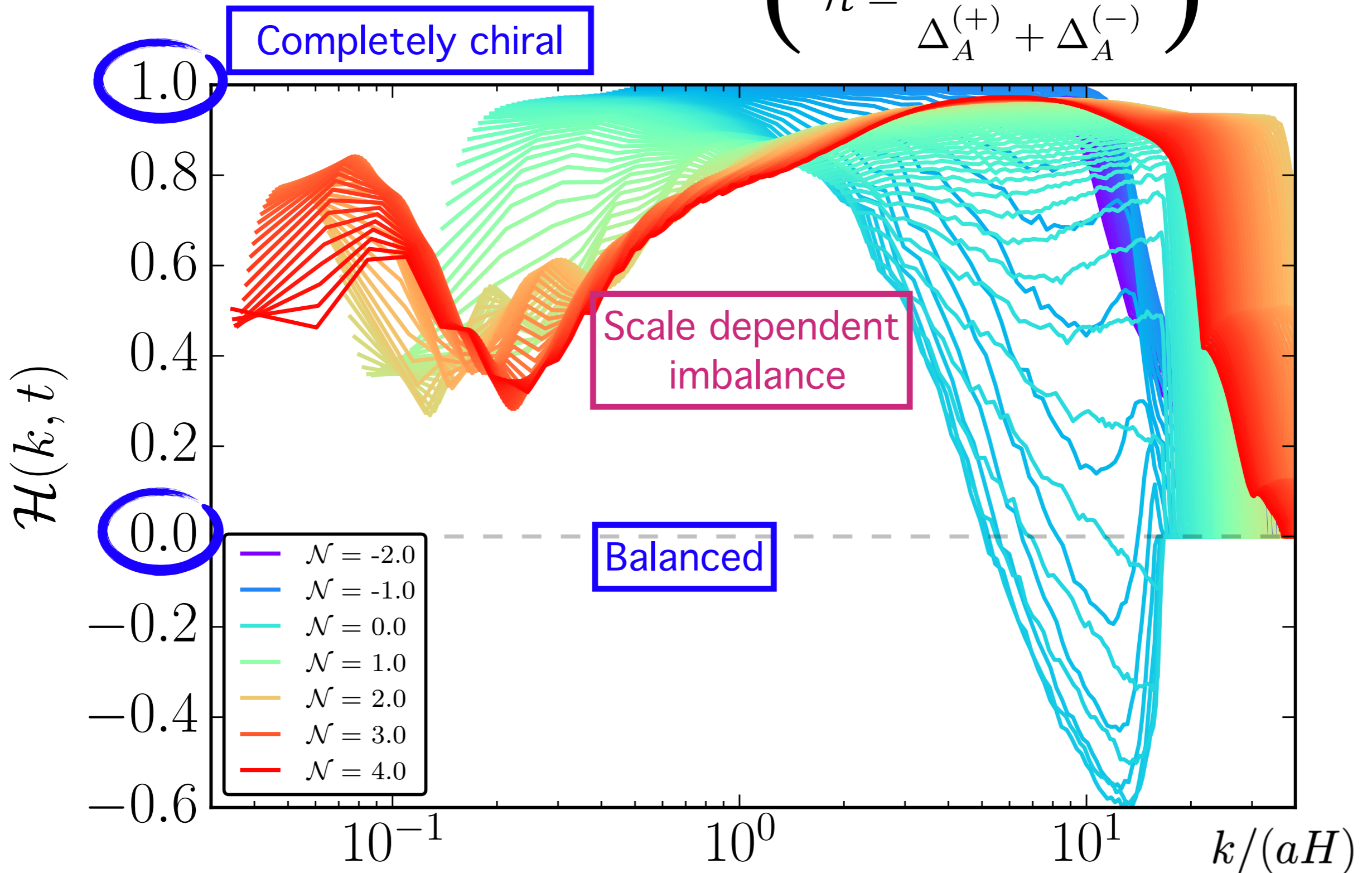
Gauge fld
Spectrum



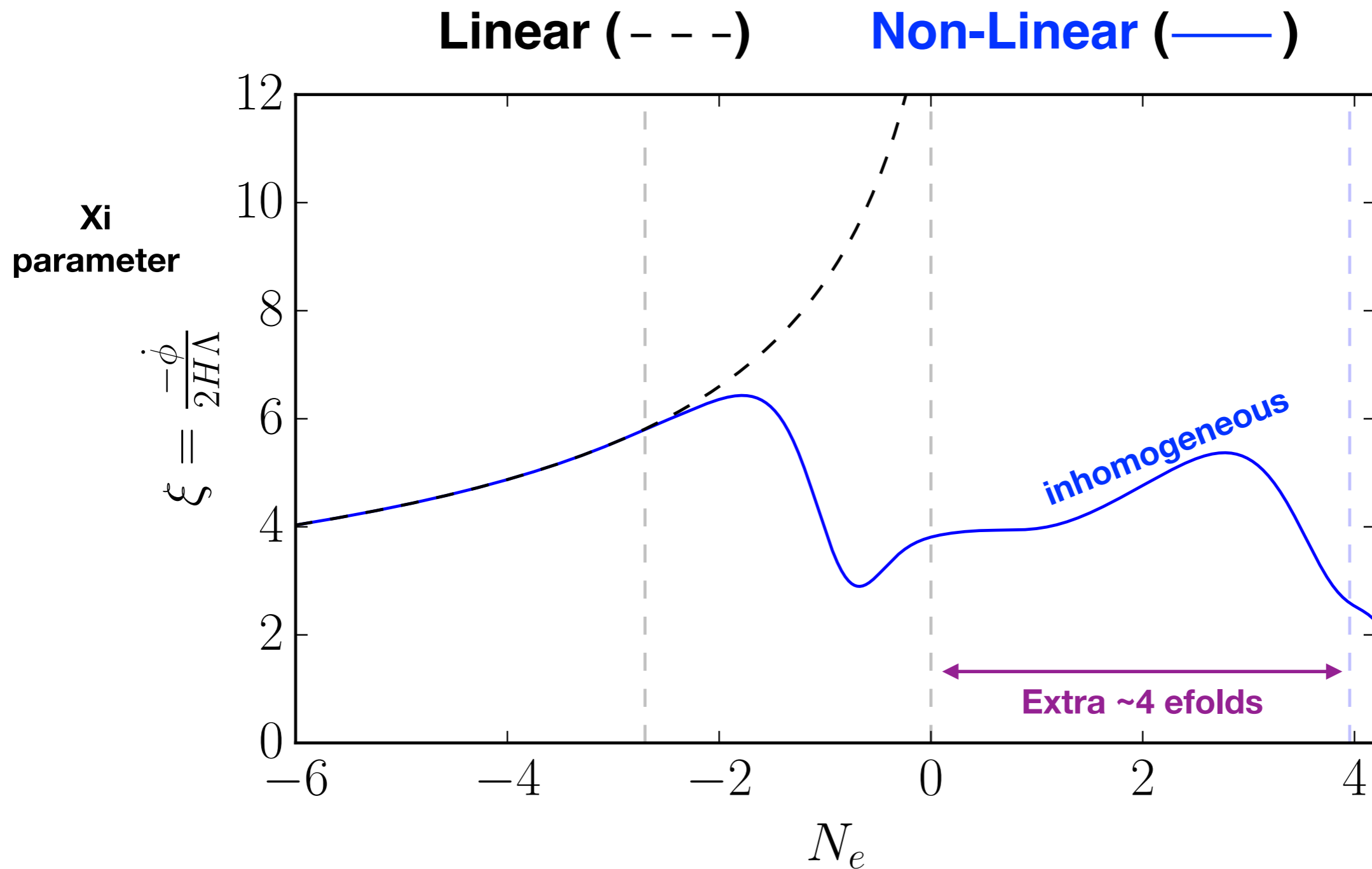
Counted as
IF the system
was still
LINEAR

Axion-Inflation $\left(V(\phi) = \frac{1}{2}m^2\phi^2 ; \frac{\phi}{4\Lambda}F\tilde{F} ; \Lambda = \frac{m_p}{18} \right)$

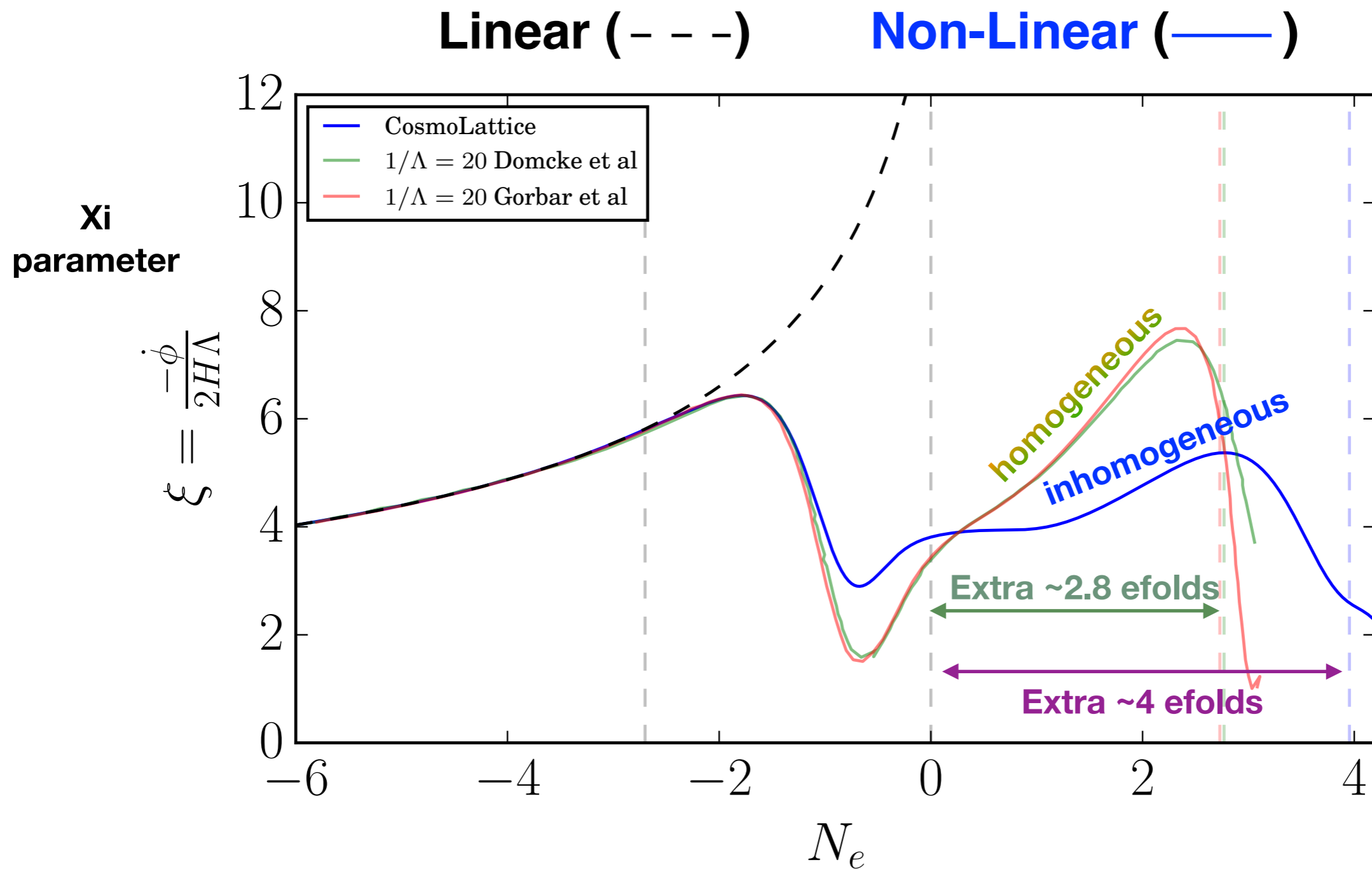
$$\left(\mathcal{H} = \frac{\Delta_A^{(+)} - \Delta_A^{(-)}}{\Delta_A^{(+)} + \Delta_A^{(-)}} \right)$$



Axion-Inflation ($V(\phi) = \frac{1}{2}m^2\phi^2$; $\frac{\phi}{4\Lambda}F\tilde{F}$; $\Lambda = \frac{m_p}{18}$)



Axion-Inflation $\left(V(\phi) = \frac{1}{2}m^2\phi^2 ; \frac{\phi}{4\Lambda}F\tilde{F} ; \Lambda = \frac{m_p}{18} \right)$



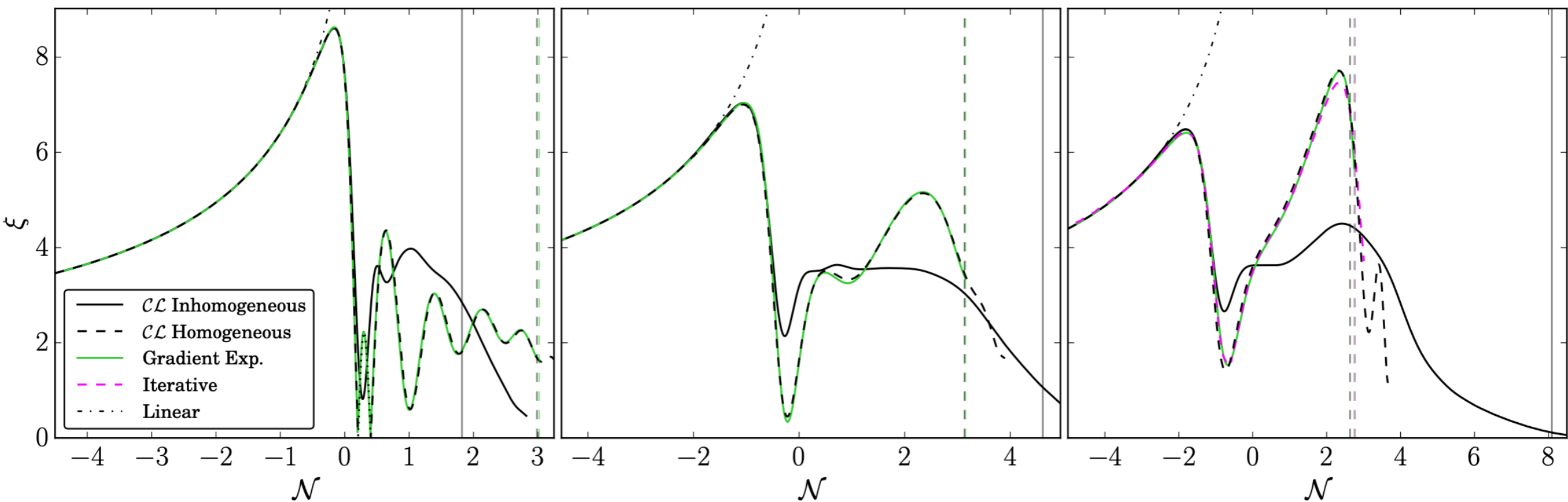
Axion-Inflation $\left(V(\phi) = \frac{1}{2}m^2\phi^2 ; \frac{\phi}{4\Lambda} F\tilde{F} ; \Lambda = \frac{m_p}{\alpha} \right)$

$(\alpha = 15, 18, 20)$

$\alpha_\Lambda = 15$

$\alpha_\Lambda = 18$

$\alpha_\Lambda = 20$



$$\Delta \mathcal{N}_{Hom} \simeq 3$$

$$\Delta \mathcal{N}_{InH} \simeq 1.8$$

$$\Delta \mathcal{N}_{Hom} \simeq 3$$

$$\Delta \mathcal{N}_{InH} \simeq 4.5$$

$$\Delta \mathcal{N}_{Hom} \simeq 3$$

$$\Delta \mathcal{N}_{InH} \simeq 8$$

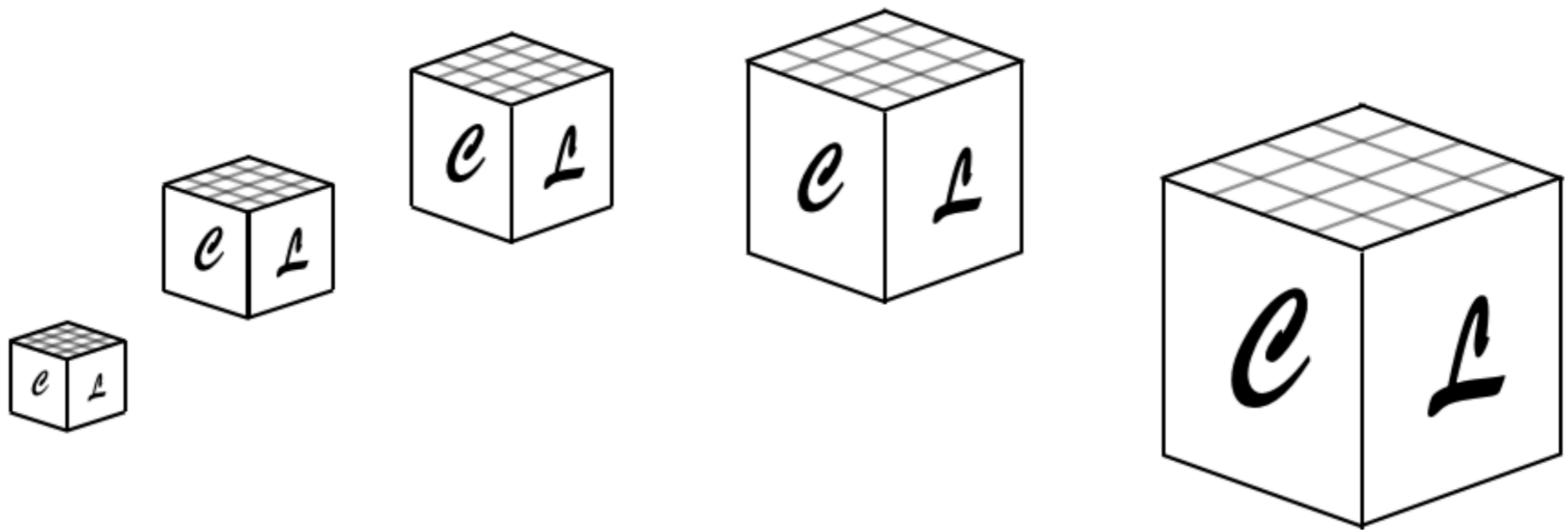
Axion-Inflation $\left(V(\phi) = \frac{1}{2}m^2\phi^2 ; \frac{\phi}{4\Lambda} F\tilde{F} ; \Lambda = \frac{m_p}{X} \right)$

$(X = 15, 20, 25)$

Summary

- * ξ Controls the Gauge field excitation
- * Linear change in ξ : exponential response in A_μ
- * Predictions/constraints (PNG, PBH and GWs) depend crucially on ξ : **we will re-assess real observability !**
- * **Adding Schwinger pair production easy via $\vec{J} = \sigma \vec{E}$**
- * Other phenomena: BAU, Magnetogenesis, ...

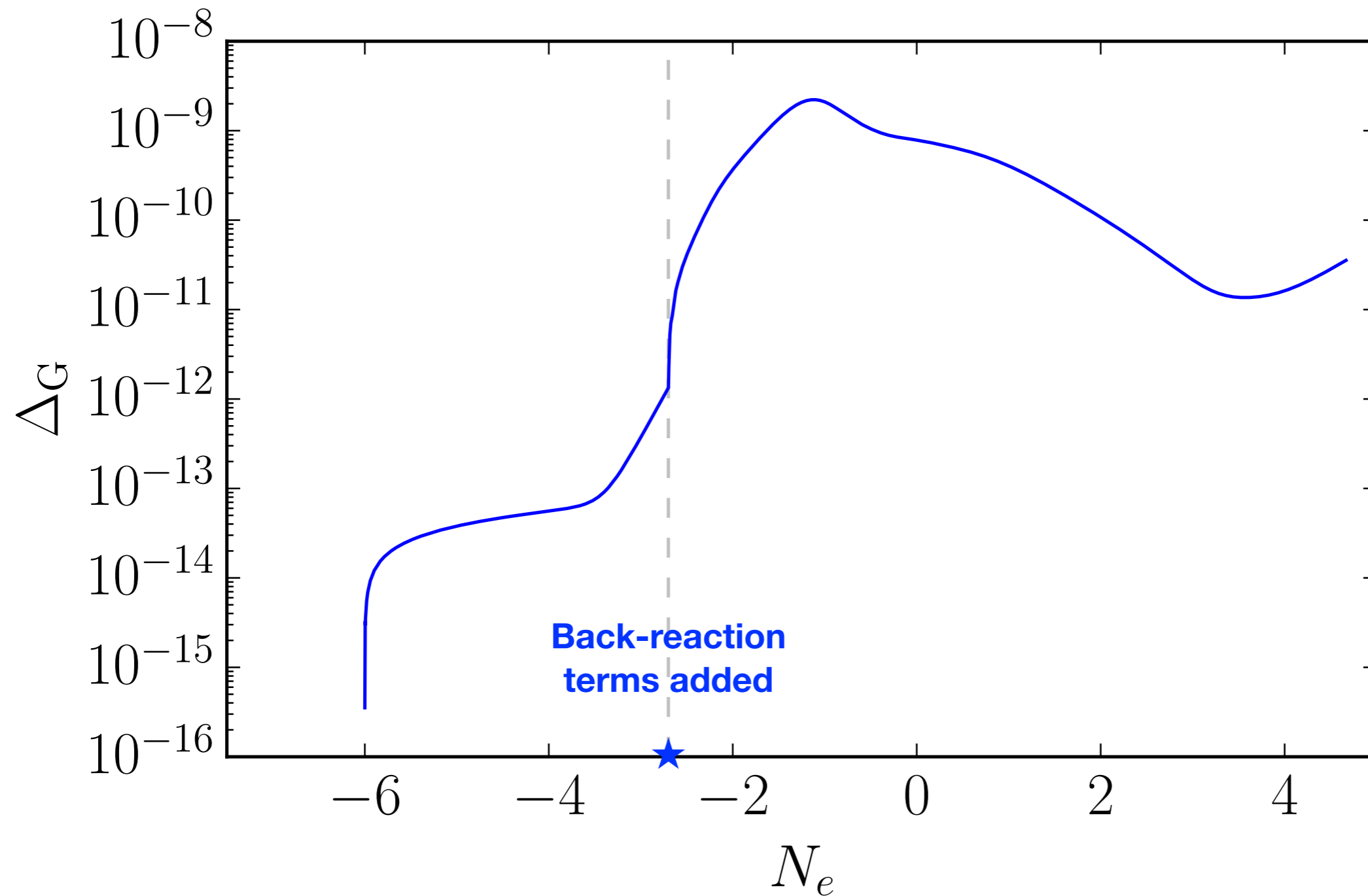
Thanks for your attention !



**Axion-inflation
extra stuff**

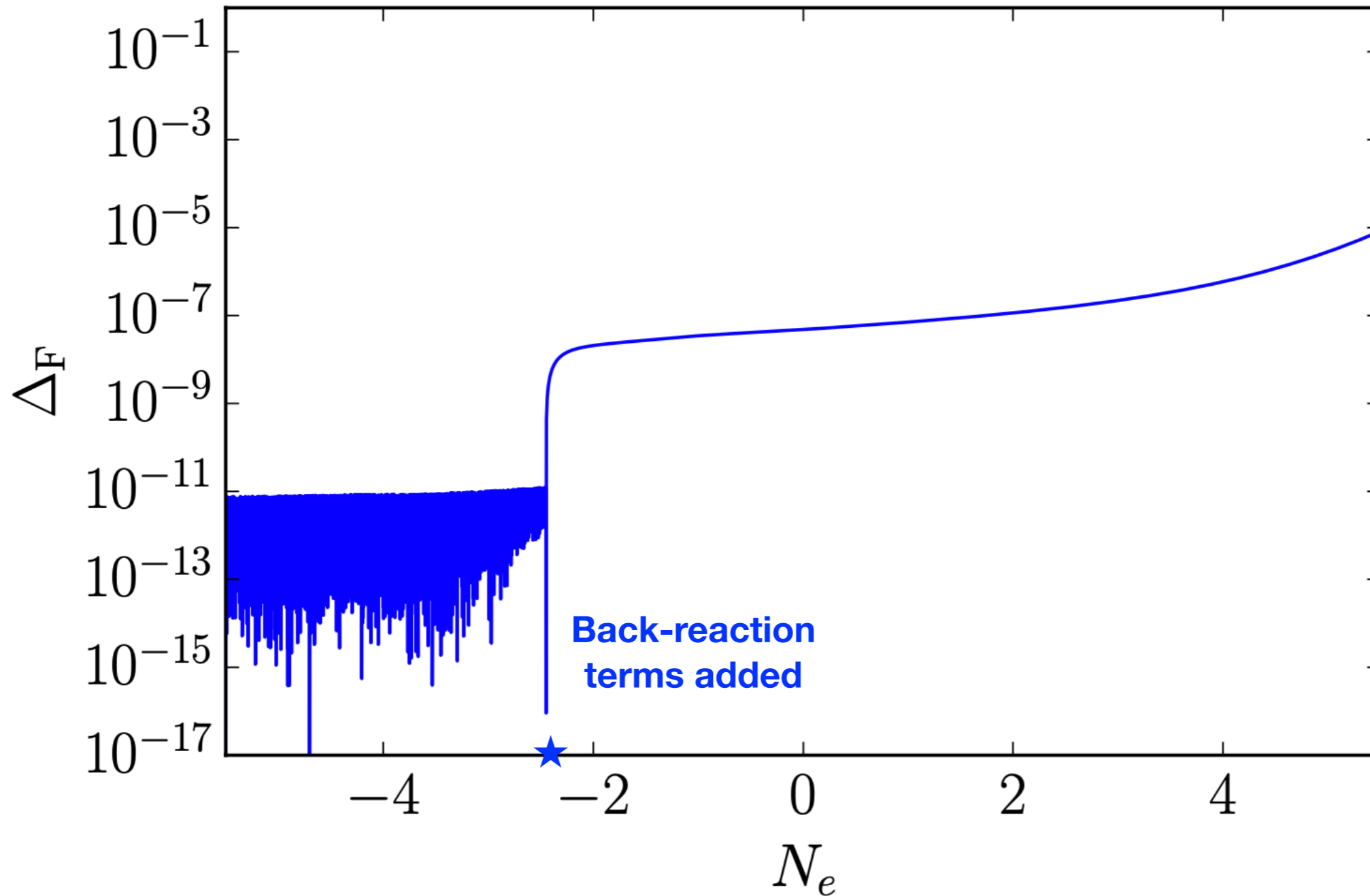
Gauss Constraint

$$\vec{\nabla} \cdot \vec{E} = -\frac{1}{a\Lambda} \vec{\nabla} \phi \cdot \vec{B}$$

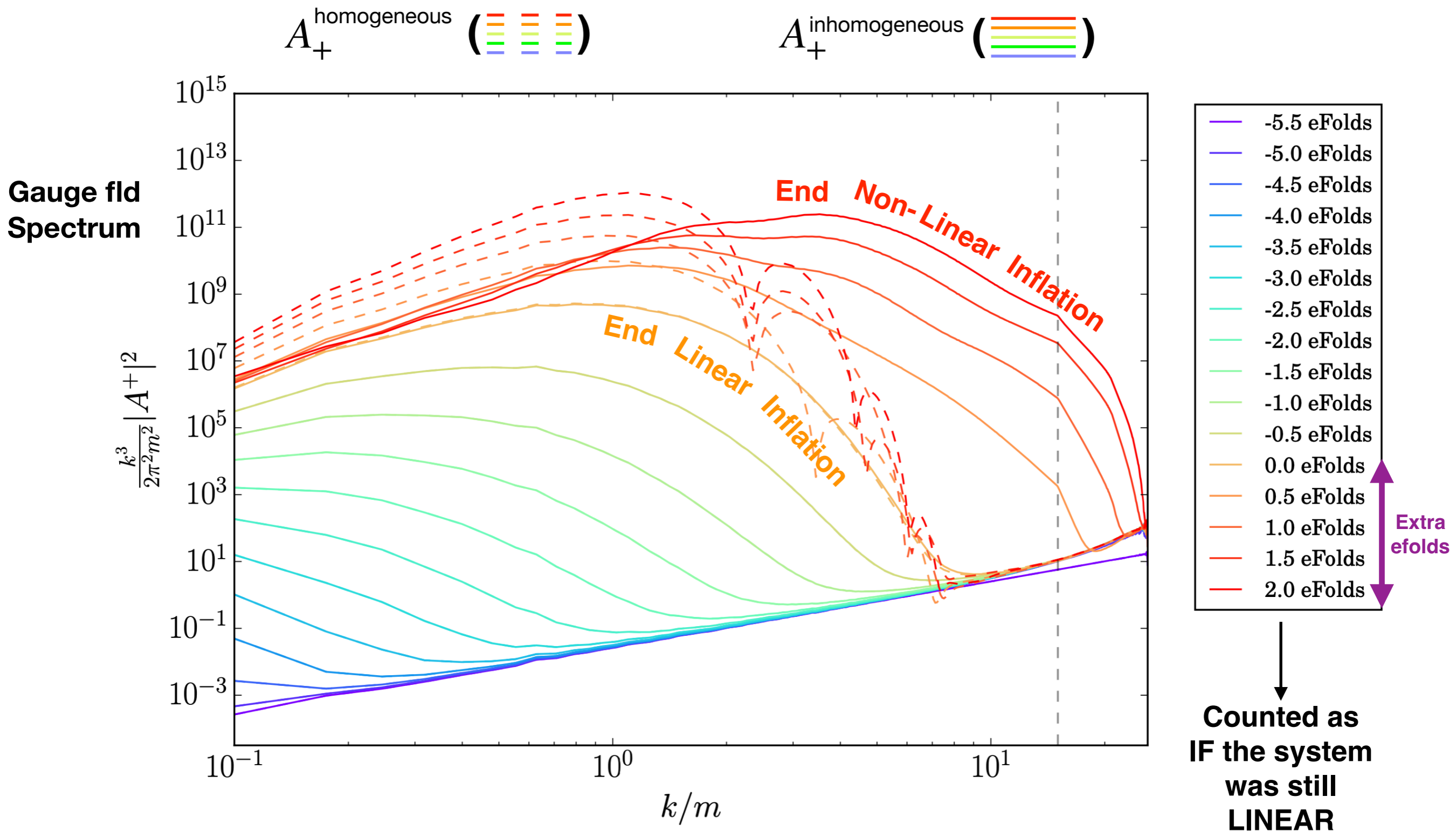


Hubble Constraint

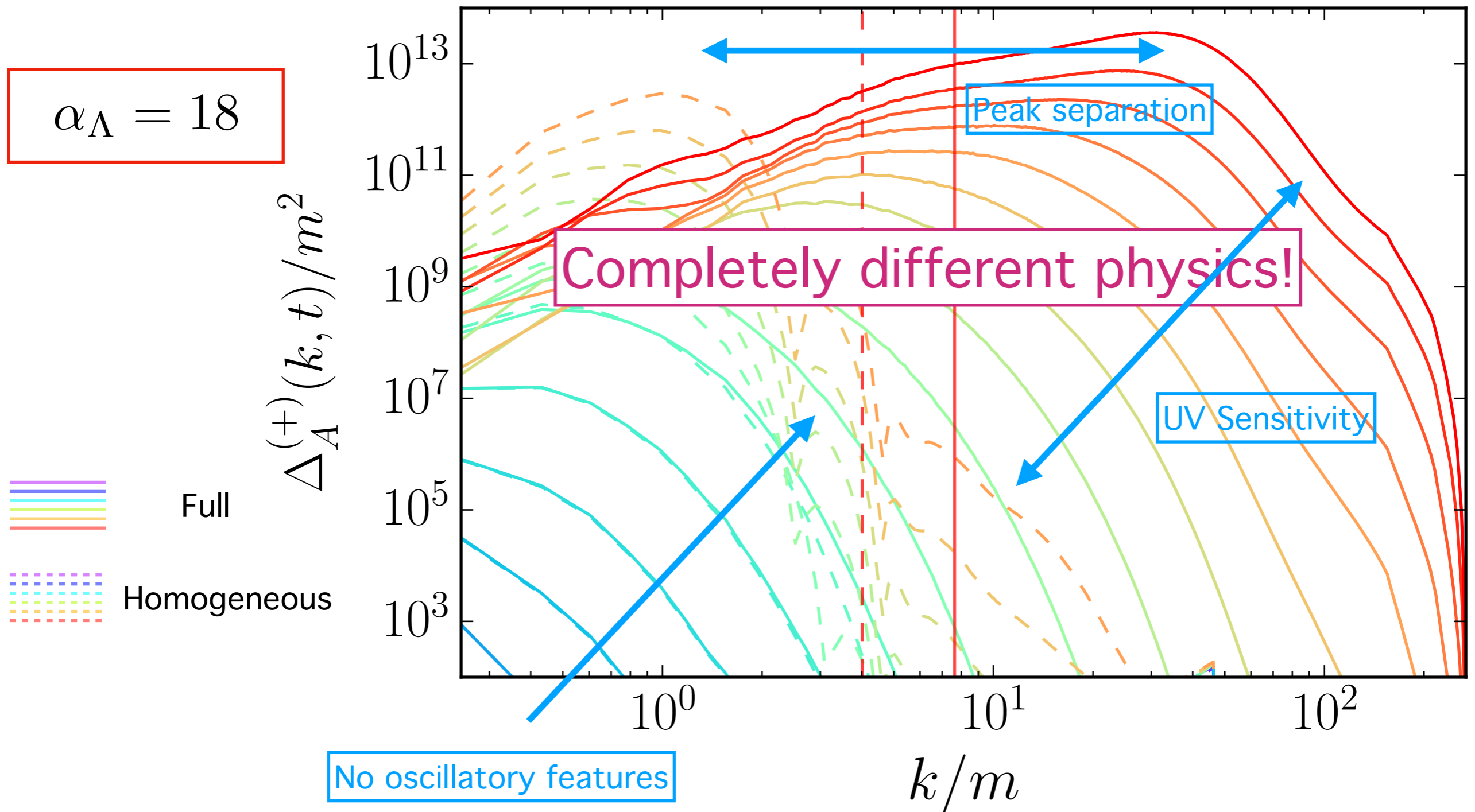
$$\pi_a^2 = \frac{a^2}{3m_{pl}^2} (K_\phi + G_\phi + V + K_A + G_A) \quad ; \quad \pi_a \equiv \dot{a}$$



Axion-Inflation $\left(V(\phi) = \frac{1}{2}m^2\phi^2 ; \frac{\phi}{4\Lambda}F\tilde{F} ; \Lambda = \frac{m_p}{15} \right)$

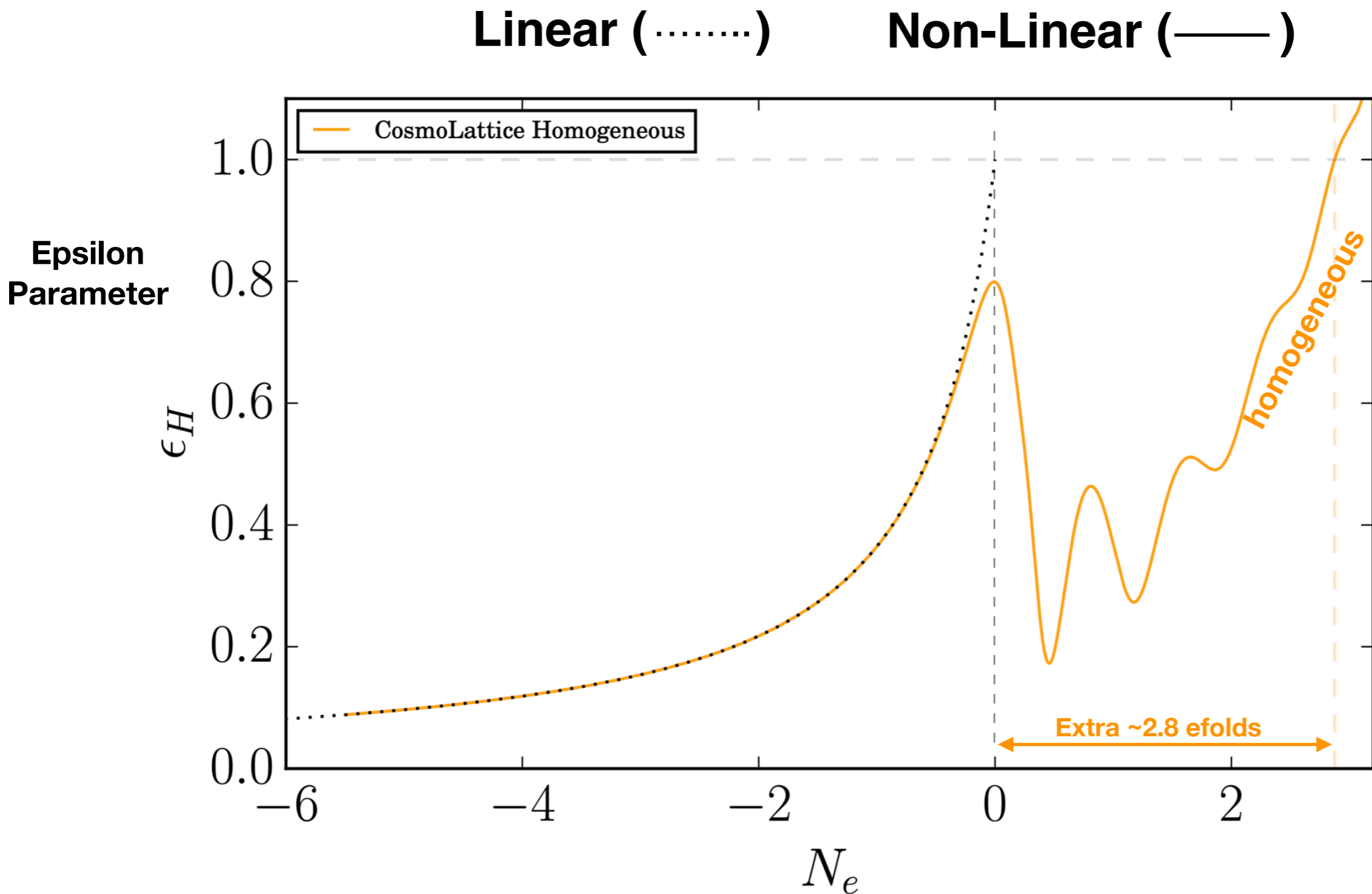


Homogeneous vs Inhomogeneous Backreaction spectrum evolution

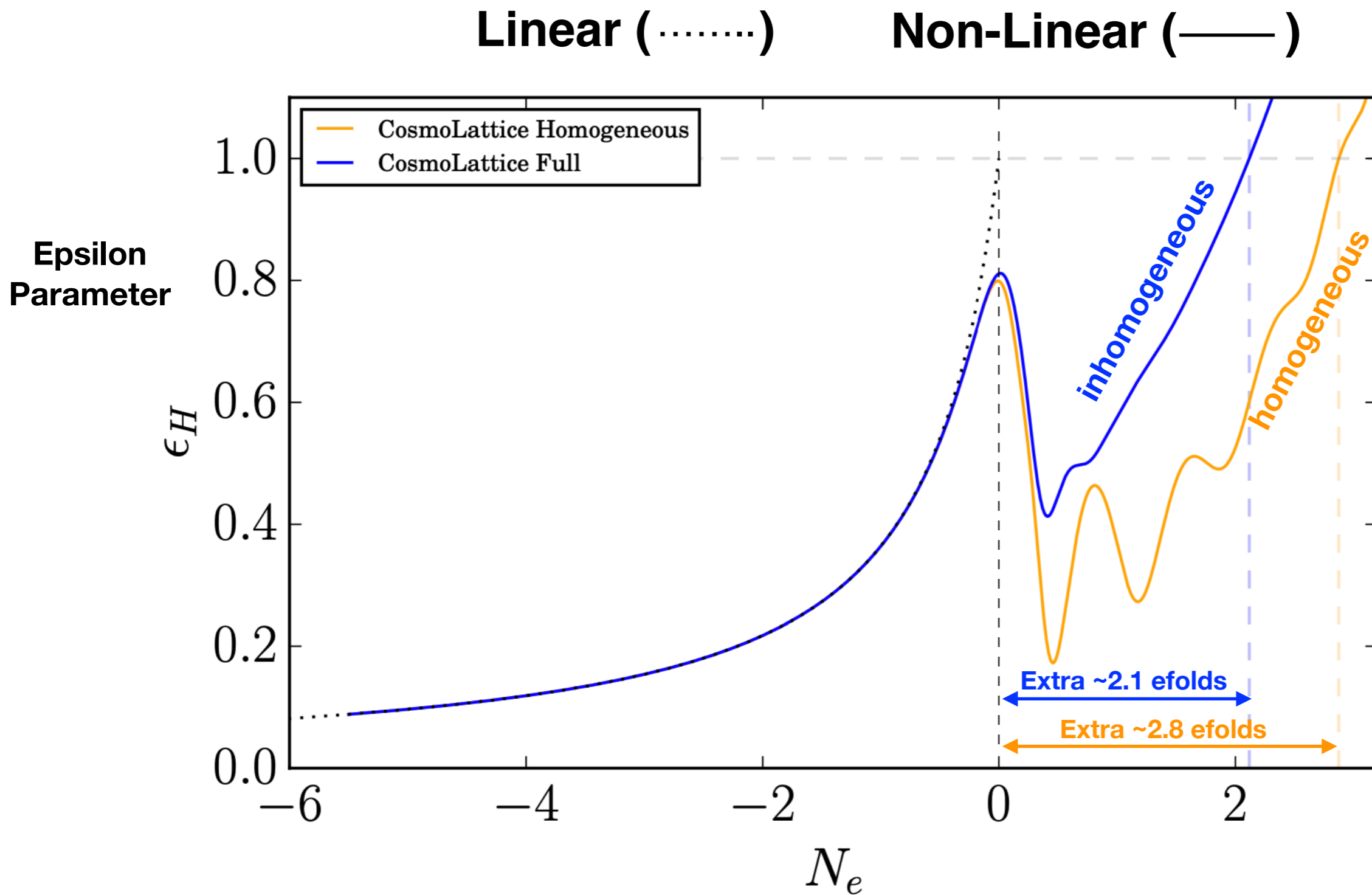


$$V(\phi) = \frac{1}{2}m^2\phi^2 ; \frac{\phi}{4\Lambda}F\tilde{F} ; \Lambda = \frac{m_p}{15}$$

Axion-Inflation $\left(V(\phi) = \frac{1}{2}m^2\phi^2 ; \frac{\phi}{4\Lambda}F\tilde{F} ; \Lambda = \frac{m_p}{15} \right)$

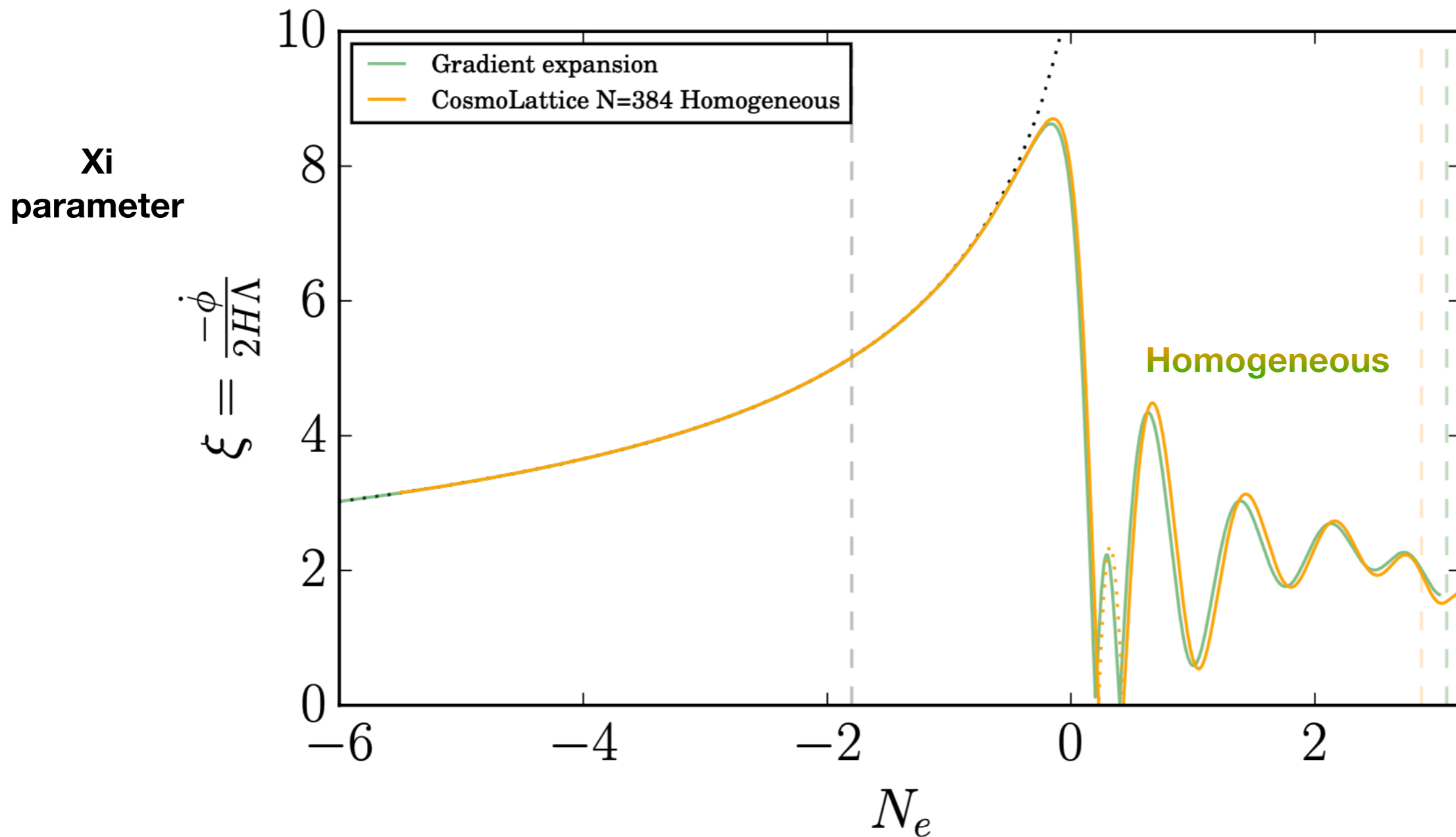


Axion-Inflation $\left(V(\phi) = \frac{1}{2}m^2\phi^2 ; \frac{\phi}{4\Lambda}F\tilde{F} ; \Lambda = \frac{m_p}{15} \right)$



Axion-Inflation $\left(V(\phi) = \frac{1}{2}m^2\phi^2 ; \frac{\phi}{4\Lambda}F\tilde{F} ; \Lambda = \frac{m_p}{15} \right)$

Homogeneous (—)



Axion-Inflation $\left(V(\phi) = \frac{1}{2}m^2\phi^2 ; \frac{\phi}{4\Lambda}F\tilde{F} ; \Lambda = \frac{m_p}{15} \right)$

Homogeneous (—) In-Homogeneous (—)

